

Sacramento Regional Advisory Committee (RAC) Meeting Minutes

December 9th, 2025

1. Call to Order

The Sacramento Regional Office Advisory Committee convened and proceeded with the meeting despite not meeting quorum requirements. As quorum was not established, discussions were held for informational purposes only. The meeting was officially called to order at 1:15 p.m. following initial technical delays related to Zoom access.

2. Quorum and Member Introductions

The Chair announced that quorum was not met, with only one voting member present. The committee proceeded with information sharing. Members and attendees introduced themselves, including a regional representative from Auburn and Nevada County and prospective members interested in future participation.

3. Key Discussion Topics

Rural Transportation and Service Access:

Participants discussed ongoing transportation challenges in rural communities and the impact on service access for individuals with disabilities. Plans were discussed to explore holding future meetings in rural areas to increase engagement.

Service Delivery and Employment Concerns:

Concerns were raised regarding unmet Individual Program Plan (IPP) services and employment outcomes for transition-age youth. Members emphasized the importance of improving communication, accountability, and employment preparation for youth with disabilities.

Transition-Age Youth and Workforce Preparation:

Updates were shared on efforts to strengthen employment readiness through training, social awareness skills, and statewide collaboration. Feedback from local surveys will help inform priorities at the State Council level.

Community Advocacy and Engagement:

Attendees shared personal experiences advocating for individuals with disabilities, including navigating regional center services. The committee encouraged increased parent and community involvement and discussed upcoming membership recruitment to fill vacant seats, particularly in rural areas.

4. Updates and Announcements

Newsletter Progress:

The committee reviewed progress on the Sacramento Regional Office newsletter, which highlights community events, trainings, and awareness topics. Feedback emphasized the value of including rural-focused information and community-submitted content.

Statewide Self-Advocacy Network (SAN):

Updates were provided on the upcoming SAN meeting and the importance of IPP and IEP documents as service agreements. Upcoming trainings were announced, including IPP/IEP basics, person-centered planning, and a new website for service-related information.

5. Future Planning:

The committee discussed inviting the regional center to provide housing updates at a future meeting and encouraged outreach to isolated community members during the holiday season.

6. Acknowledgments

The committee expressed appreciation to members, staff, and community participants for their advocacy, leadership, and ongoing support. Announcements were made regarding updated meeting invitations for 2026 and continued support for agenda and newsletter coordination.

7. Adjournment

The meeting concluded with shared gratitude and a continued commitment to improving services, engagement, and advocacy for individuals with disabilities throughout the Sacramento region.