



2024 PROGRAM PERFORMANCE REPORT (PPR)

In California, there are:

112
People in
state Dev.
Centers

(9/24)

440,365
People
served by
regional
centers

(10/24)

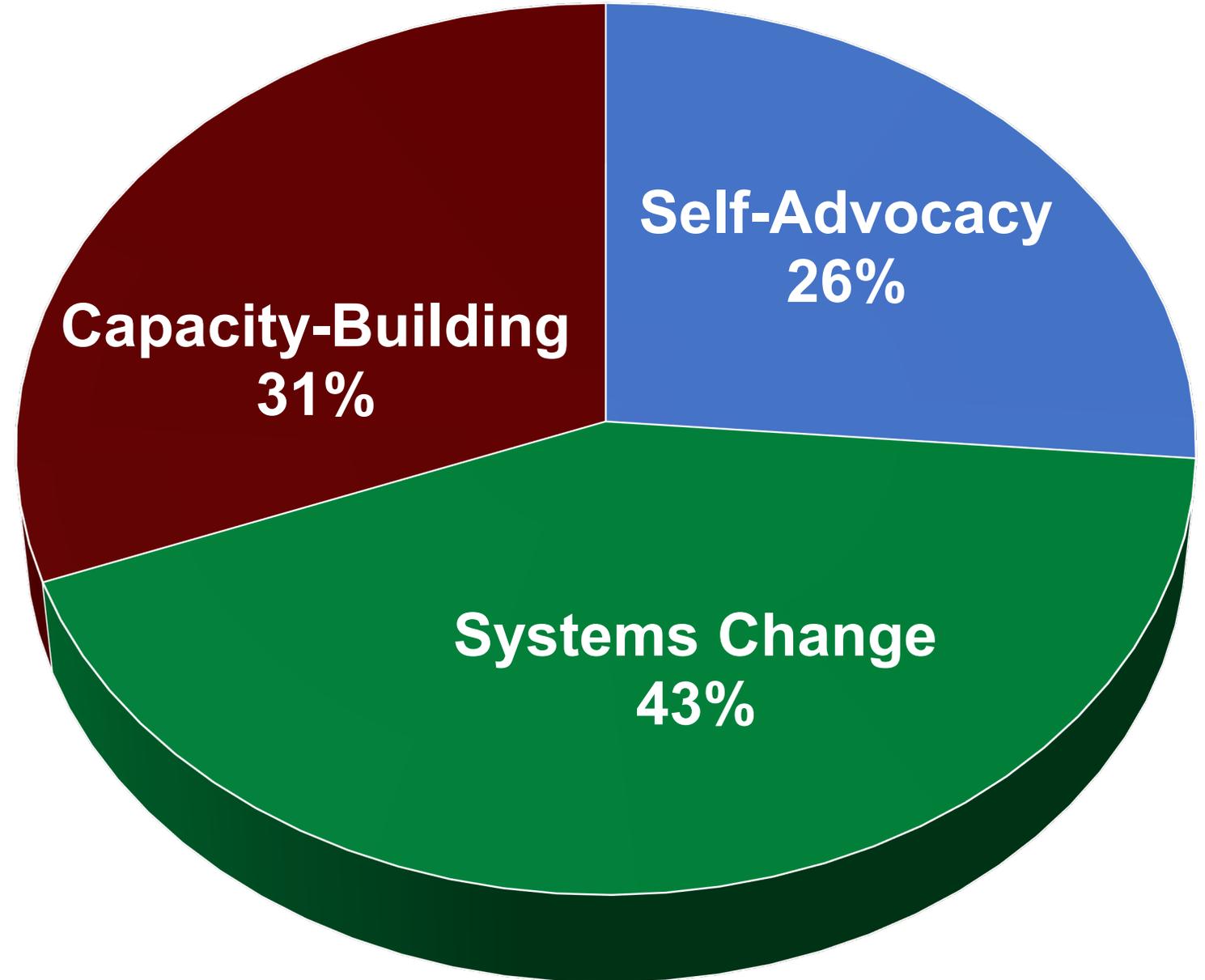
618,225
People with
I/DD – federal
definition

(5/1/24)

39,128,162
Total
people

(5/1/24)

2024
Activities by
Goal Area
(not including TA)



GOAL 1

SELF-ADVOCACY

Council's Self-Advocacy Efforts



**11 Statewide &
93 Regional
Self-Advocacy Chats**



**1 Statewide &
14 Regional
Self-Advocacy Groups**



**64 Trainings &
690 Peer Leaders
Prepped**



**9 Self-Advocacy
Projects & 7 Events
1 Cycle 46 Grant
Project**

Healthy U

Overview:

- Designed by a Self-Advocate (SA) to educate SA's on how to live a healthy lifestyle.
- SCDD provided guidance, support, facilitation, and hosted 9 sessions

Outcome:

- Provided an opportunity for the SA to develop skills to engage as a strong activist on an issue important to her and other SA's.
- Helped other SA's identify and ask for supports they need to foster a healthy, person-centered lifestyle.

Self-Advocacy: Anecdote

The Self-Advocate leading Healthy U feels empowered to engage as a strong advocate and hopes to see Healthy U implemented in the RC system in the future as part of a person-centered planning process.

Statewide Expansion of SALA & ALAS

Expanded reach to new regions, increasing participation in systemic change initiatives and leadership development



Engaging more self-advocates statewide in leadership and advocacy activities



Both programs have reached a broader audience, fostering greater inclusion and empowering more individuals across California

Self-Advocacy: Successes

Graduates have expressed a commitment to engage in advocacy work as an ongoing responsibility, rather than a one-time effort.

Many participants are now motivated to join local boards and committees. Some have plans to get involved in providing public testimony, meeting with local government representatives, and advocating for more inclusive practices.

Self-Advocacy: Thank You!!

Thank you so much! My culture and love for Mexican culture was very respected. I'm glad that I was given the chance to speak in my language. SALA has made me want to get more involved. Our class on social justice made me want to go to the city board meetings and connect with the networks I already have, to make a difference! This will make me a better advocate anywhere I go!

Thank you!

Statewide Self-Advocacy Network (SSAN)

- Organized and hosted 2 webinars:
 - NDEAM (National Disability Employment Awareness Month)
 - DD Awareness Month
- Created Employment Tipsheets:
 - ✓ Resume Writing
 - ✓ Reasonable Accommodations
 - ✓ Dressing for Success
 - ✓ Sample Interview Questions



Self-Advocacy: Anecdote

Attendees of the webinar expressed appreciation for an event to showcase different types of employment for people with I/DD.

One attendee commented: "I think this was great! I really appreciate the panelists who give us, as case managers, a better perspective of what works and what doesn't."

Self-Advocacy: Anecdote

I learned about how to communicate what I need. Before, I used to just complain, but now I know how to ask for what I need and do it more effectively.

Goal 1: Progress toward 5-year Measures

SA Trainings

100%

SA Reached
(Trainings/Chats/Events)

107%

**SA Reached
through SA
Groups**

112%

GOAL 2
SYSTEMS CHANGE
& ADVOCACY

Council's Systems Change Efforts



**Monitored 204
Systems/Entities**



1,309 Meetings



**269 Trainings &
3,586 Professionals
trained**



**3 Statewide Projects
14 Regional Projects
2 Cycle 46 Projects**

**Systems
Change
Initiatives:
Policy
Work**

Sponsored 2 bills

Supported 14 bills

Monitored 58 bills

Systems Change: Success Story

Participants have learned how to research bills, find unbiased information, and apply critical thinking concepts to support or oppose legislation. A parent leader submitted ideas for SCDD's 'There Should Be a Law' contest, identifying systemic barriers and applying new problem-solving skills. Many parents - especially those who do not speak English - used to feel intimidated by the process and are now becoming confident partners and change agents. They now provide public testimony in an effective, confident way.

Cycle 46 Grant Project: Buildability

BuildAbility created video presentations (in English, Spanish and ASL) to educate SA, FA and employers about the regional center system, Paid Internship Program (PIP), supported employment, and the benefits of hiring people with intellectual and/or developmental disabilities (I/DD).

These videos and educational resources were showcased in four informational seminars and a social marketing campaign to increase engagement and awareness and encourage employers to hire more people with I/DD.

Cycle 46 Grant Project: The Arc San Francisco

The Arc San Francisco collaborated with self-advocates and a network of businesses, associations, and service providers to provide information and resources in support of inclusive hiring practices.

The grantee:

- Created resource packets and video content
- Provided TA for resume development and interviewing skills
- Organized an inclusive hiring event for Bay Area employers

Professional Capacity- Building

78 trainings in 41 counties

- Education (5)
- Health & Recreation (5)
- Health & Safety/First Responders (43)
- Disaster Response (5)
- Housing (4)
- Disability services (4)
- Formal/Informal service providers (9)
- Policymakers (2)
- Legal Students/Attorneys (1)

Systems Change: Anecdote

The biggest takeaway from this class was the importance of understanding and accommodating diverse needs, including communicating effectively, recognizing different disabilities, and using methods to ensure fair and respectful treatment to everyone.

(Law Enforcement Recruit Academy)

Disaster Preparedness and Response Trainings

- **3 Trainings** (180 Professionals)
- CDSS Disaster Services Branch Mass Care and Shelter Staff

Due to an increase in disasters, the Red Cross volunteer pool is stretched thin; state agencies are now partnering in preparedness and response efforts.

SCDD staff became FAST-certified to support people with (DAFN) in shelter settings.

CDSS leads the Mass Care and Shelter function, with Volunteer Emergency Services (VEST) and Functional Assessment Service (FAST) teams.

GOAL 3
CAPACITY-BUILDING
& ADVOCACY

Council's Capacity-Building Efforts



577 Collaborative Meetings



Provided TA to 12,854 People



358 Trainings & 239 Peer Leaders Prepped



28 Capacity-Building Projects & 90 Events

Radio Interviews

- 2 Spanish radio shows
 - Discussed disability awareness, inclusion, special education, regional center services, bullying prevention, inclusion strategies
 - Raised awareness about IDD challenge and promoted SCDD
 - Engaged with new audience, outreach
-



Capacity-Building: Thank You!!

The radio host sincerely appreciated SCDD staff's interview on bullying and the importance of educating the public about disabilities. He shared that he had not previously considered the impact of disabilities on the prevalence of bullying within this population. This experience opened his eyes to the needs of the IDD community and how he can actively support efforts to decrease bullying and promote greater inclusion in the community.

Capacity-Building: Anecdotes

After the interview, the radio host became inspired to support mothers of children with Autism and disabilities.

She reached out to SCDD staff and hosted her first resource fair for these mothers. The host plans to continue organizing events to support their mental health, spiritual growth, and community connections.

Emergency Preparedness

SCDD provided over 100 emergency preparedness trainings, collaborating with Federal Partners, regional centers, public health entities and family advocacy groups to expand our reach. Curriculum and resources were updated to target diverse and non-English-speaking underserved communities, including:

- Diverse refugee communities (e.g., Russian, Ukrainian, and Pashto/Dari-speaking families)
- Spanish-speaking migrant workers
- Black, Indigenous, and People of Color (BIPOC) families

Capacity-Building: Outcomes

During emergency preparedness training, BIPOC parents of infants, were concerned about caretakers' mental health needs.

SCDD staff created a post-partum tip sheet to assist Black women in advocating for mental health supports when they feel something is wrong.

Because post-partum education improves healthcare experiences, supporting healthier outcomes for mothers and children, SCDD provided resources about infant bonding, Early Start, developmental milestones, and social-emotional development.

Anecdote: Family Support Group

Madres Líderes' participants found a need for life planning and grief counseling within the I/DD community, prompted by the recent passing of two family advocates and two self-advocates in the close-knit Spanish-speaking community. A parent leader responded to the urgency of this need and is now successfully hosting a grief group for Spanish-speaking parents of children with I/DD, in collaboration with a spiritual family counselor and ongoing support, guidance, and TA from SCDD.

Capacity-Building: Success

A few months after attending an SCDD training on sexuality and disabilities, a family advocate reported that she requested a sex education goal on her child's IEP. The team included it and offered related services, as well. She was thrilled and expressed that she would not have thought of requesting this goal had it not been for the Council's training

Capacity-Building: Success

After attending SCDD's §4731 Complaints and Fair Hearings training, a family advocate filed a §4731 complaint against the regional center for a violation of her child's rights. Following the investigation, the requested services were approved without a formal fair hearing request. She now plans on starting her own Spanish-speaking support group to educate and empower other family advocates.

Capacity-Building: Thank You!!

I am grateful to SCDD because they really encouraged me and taught me how to increase the expectations, I have for my son with I/DD. I used to expect that he wouldn't and couldn't amount to much, but now I dream big with him, and I know he can do it.

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I've been in the regional center system a long time, but it wasn't until I began going to SCDD trainings that I truly learned how to advocate effectively; now I have more of the things my son needs.

# Goal 3: Progress toward 5-year Measures

**People Trained**

**86%**

**Technical Assistance  
(People)**

**95%**

**Events/Projects:  
People Reached**

**108%**

**SA/FA reached  
(Obj. 3.3)**

**54%**

# 2024 OVERVIEW

# Disparity Outreach

## Activities Serving Diverse Populations

- **238** Cross-disabilities
- **133** Mental illness
- **82** African-American
- **108** Asian
- **91** Native/Tribal/Alaskan Native
- **48** Other
- **600** Hispanic/Spanish-speakers
- **56** Homeless/Unhoused
- **46** Elders
- **126** Rural/Frontier
- **74** LGBTQ
- **31** Native Hawaiian/Pacific Islander
- **26** Veterans

# Disparity Outreach

## Activities Inclusive of non-English Languages

|           |                            |              |                             |
|-----------|----------------------------|--------------|-----------------------------|
| <b>3</b>  | <b>Arabic</b>              | <b>7</b>     | <b>Indigenous Languages</b> |
| <b>3</b>  | <b>Braille</b>             | <b>1</b>     | <b>Pashto/Dari</b>          |
| <b>16</b> | <b>Chinese (Cantonese)</b> | <b>89</b>    | <b>Sign Language</b>        |
| <b>46</b> | <b>Chinese (Mandarin)</b>  | <b>1,196</b> | <b>Spanish</b>              |
| <b>1</b>  | <b>Farsi</b>               | <b>23</b>    | <b>Tagalog</b>              |
| <b>2</b>  | <b>Hmong</b>               | <b>3</b>     | <b>Thai</b>                 |
| <b>8</b>  | <b>Japanese</b>            | <b>58</b>    | <b>Vietnamese</b>           |
| <b>43</b> | <b>Korean</b>              |              |                             |

# 2024 Collaborative Partners

## Federal Partners

DRC

UCD Mind Institute

UCLA Tarjan Center

USC Children's  
Hospital

## State Agencies/Depts.

Cal Able      CDPH

Cal OES      CHP

Caltrans      CHHS

CCRD      DDS

CDA      DOR

CDCR      DSS

CDE      ODI

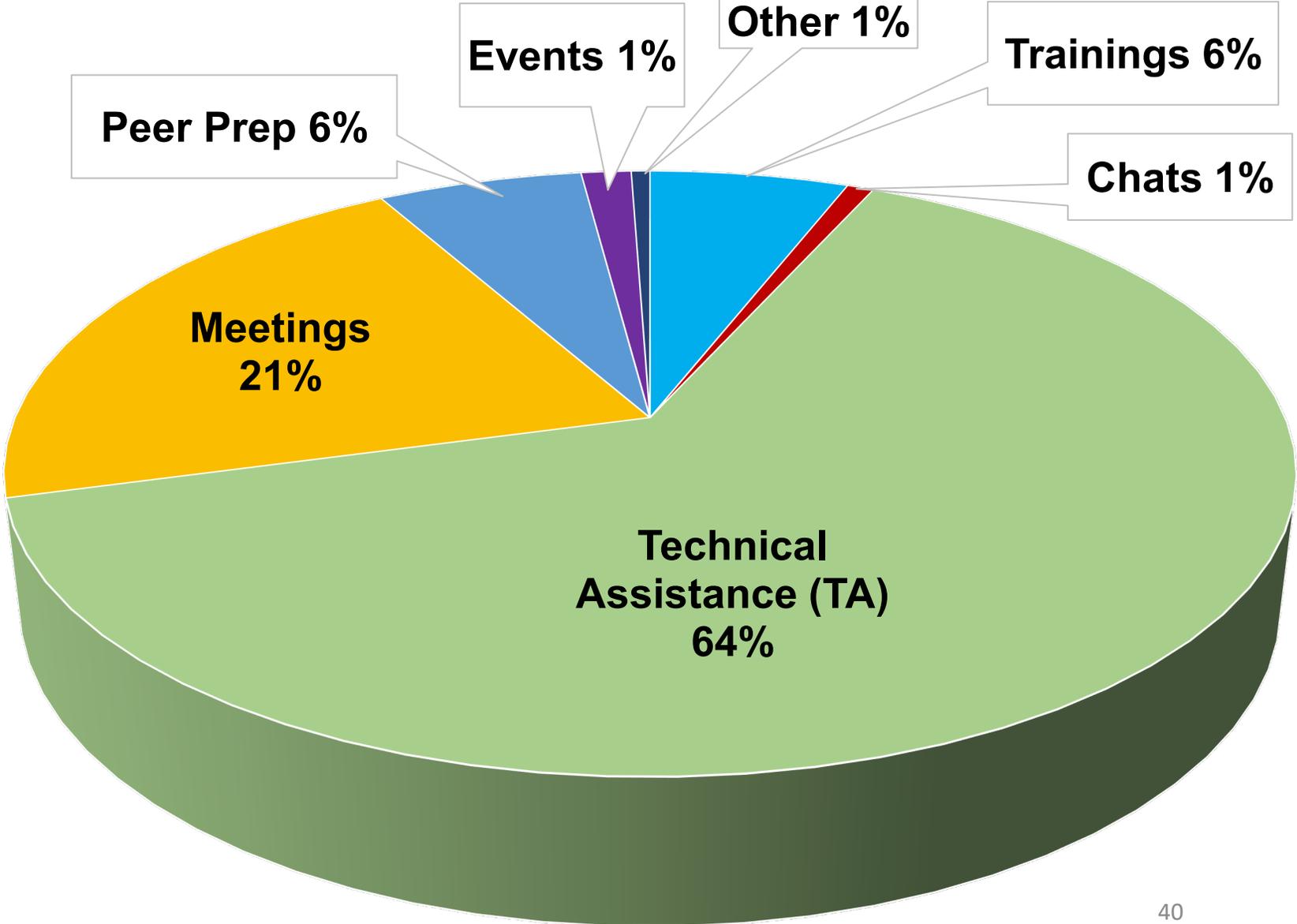
## Other State & Local Collaborative Partners

Over 750 entities  
throughout the  
state

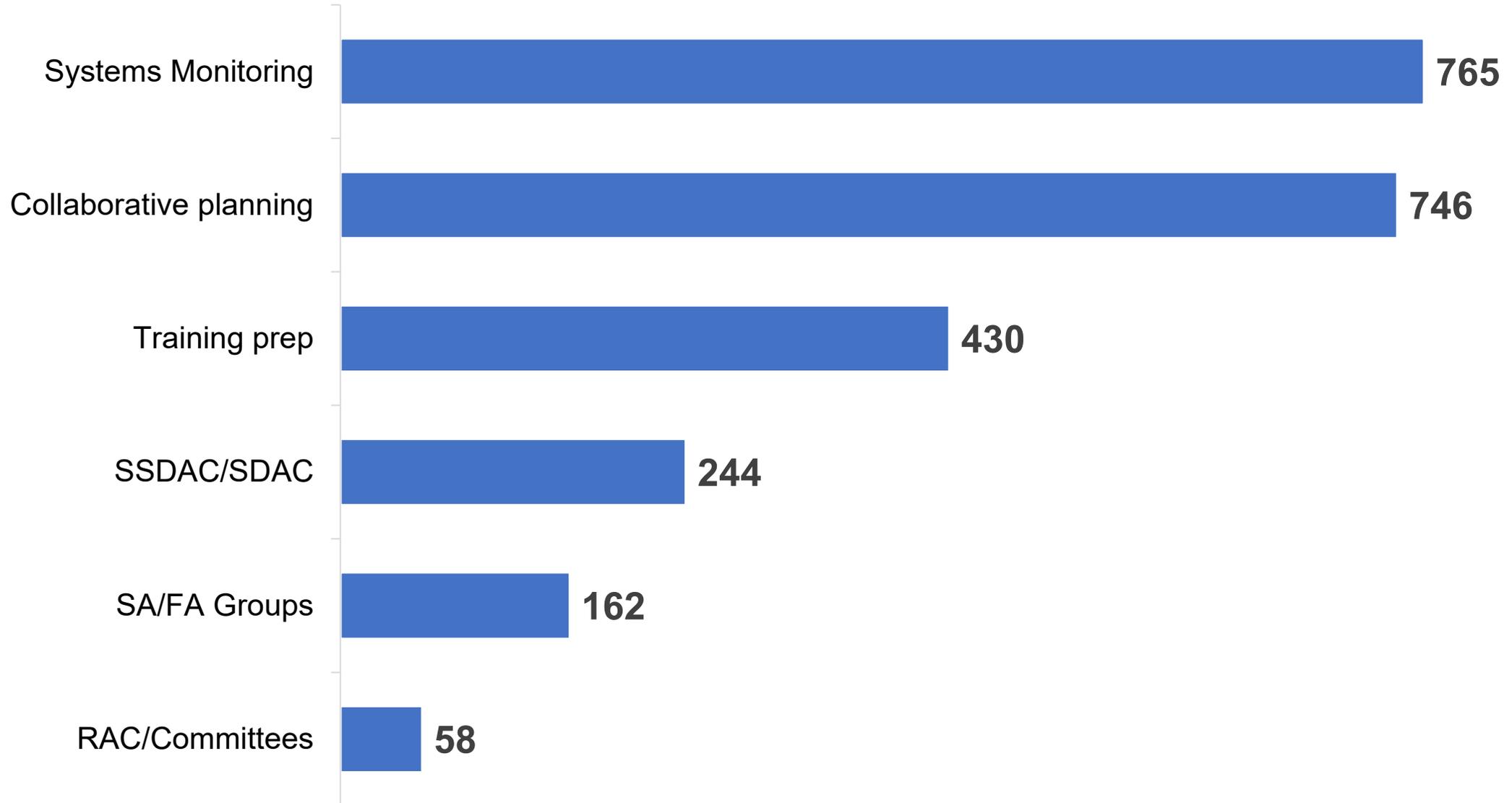
(e.g. regional centers,  
school districts,  
community-based  
organizations, etc.)

# 2024 Major Activities

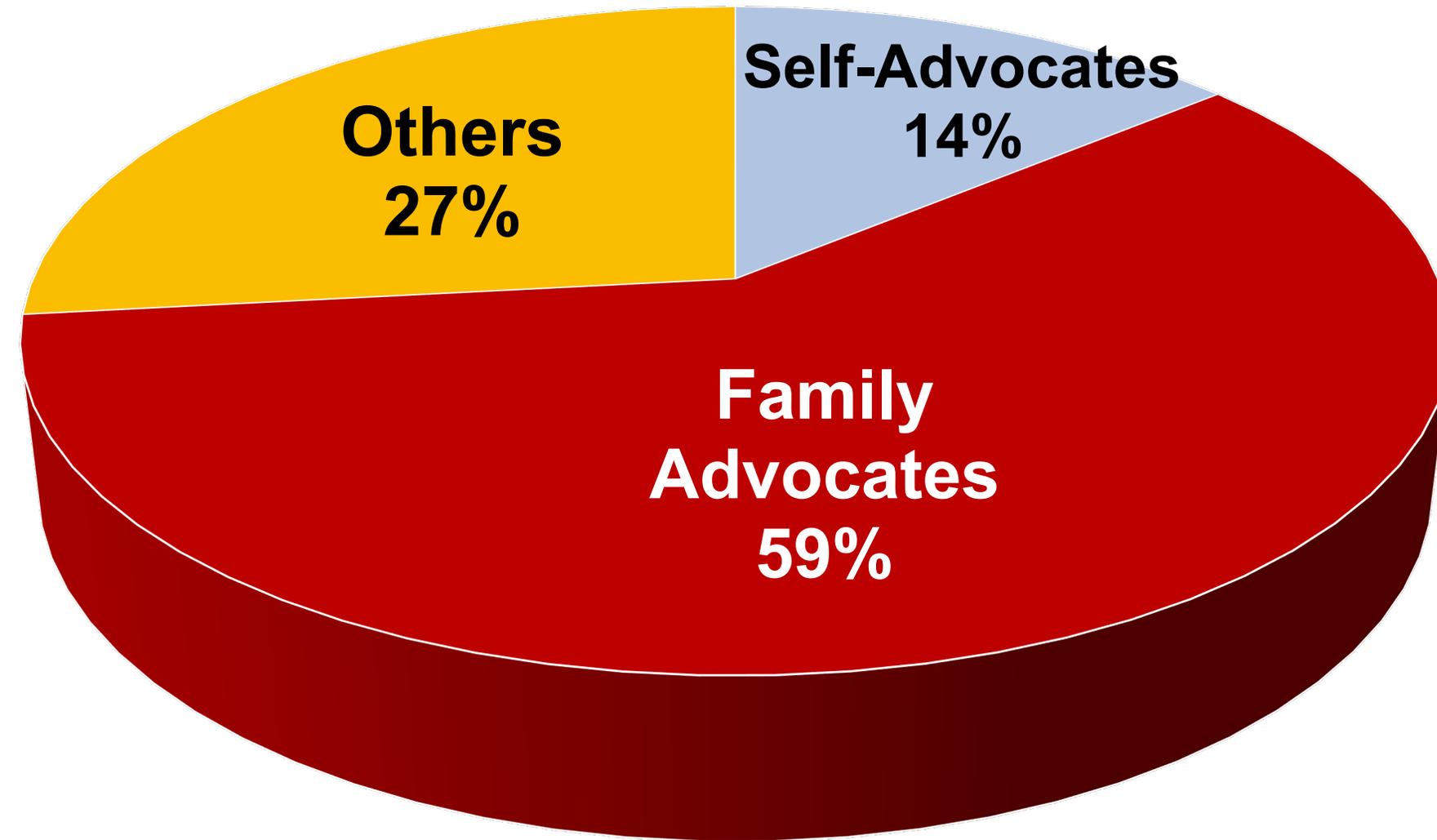
**Total # of  
Activities:  
11,559**



# 2024 Types of Meetings



# 2024: Total People Trained (all Goals)

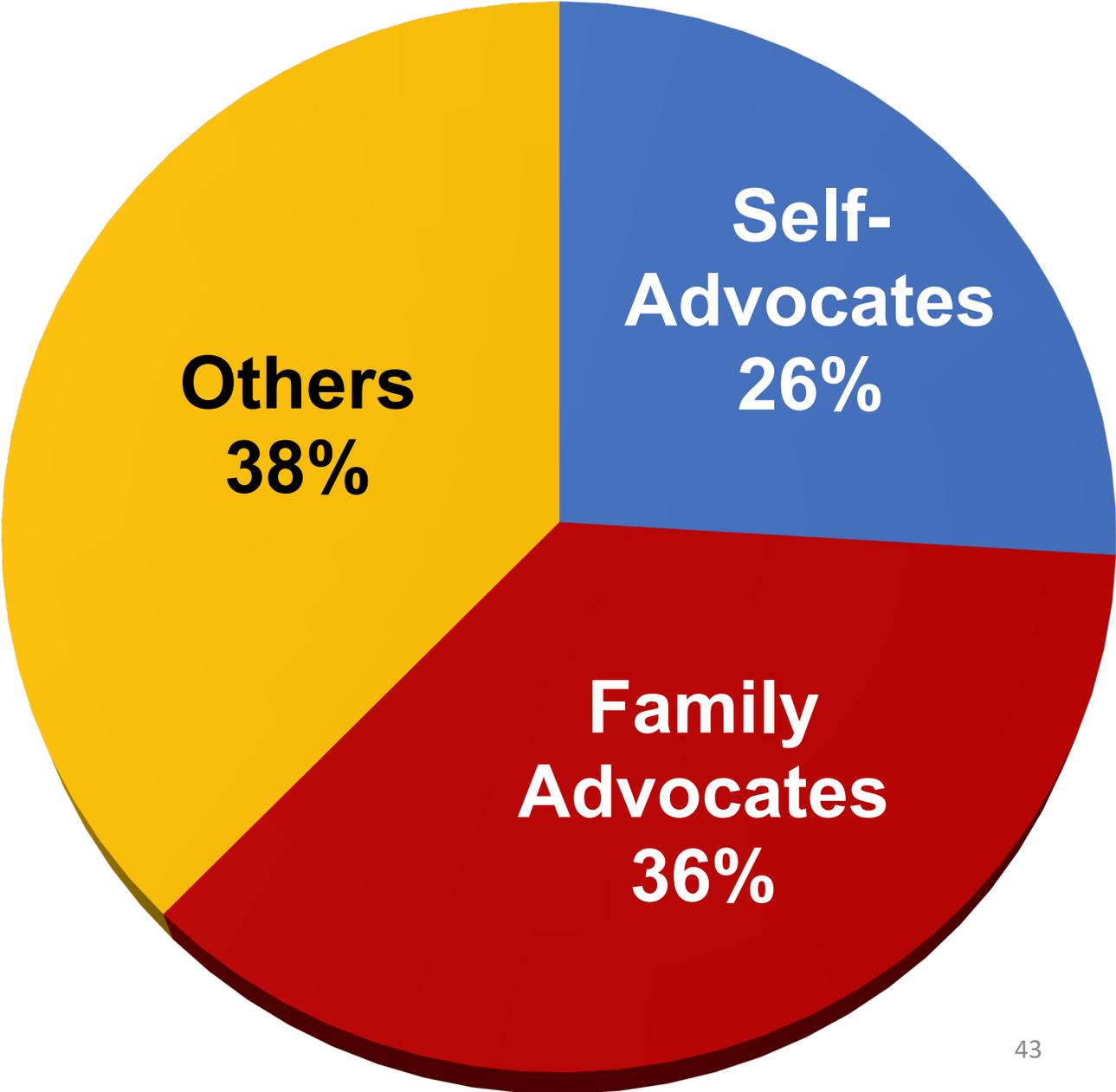


Total trainings:  
691

Total people trained:  
20,979

# 2024: Total Technical Assistance

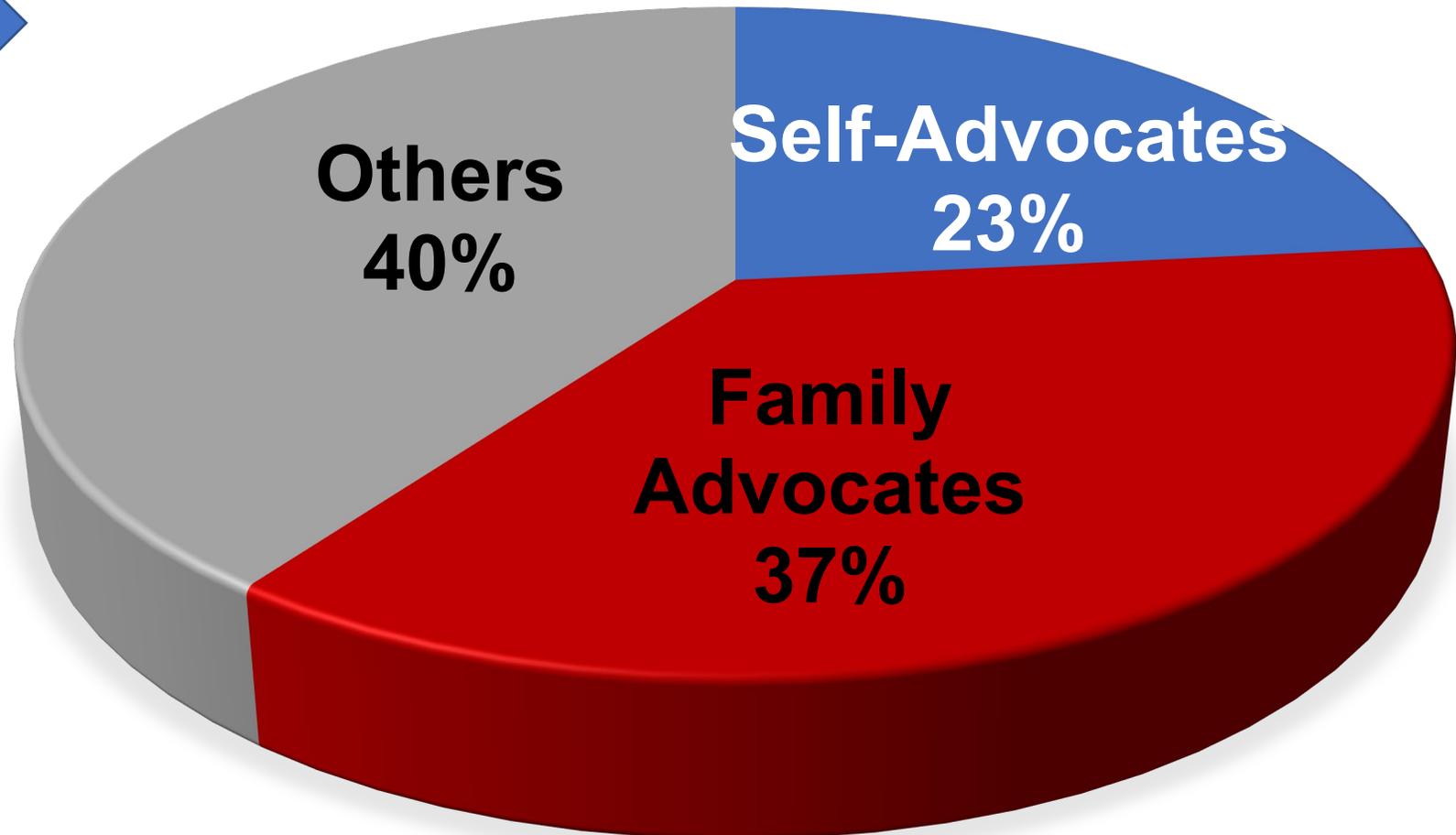
**Total People  
reached  
through TA:  
13,304**



# 2024 Total People Reached

(through trainings, meetings, events & technical assistance)

**87,930  
people**



# Federal Performance Measures



86% SA & FA increased  
advocacy as result of  
the Council's work



90% are better able to  
say what they want or  
what is important to  
them



96% satisfaction rate

# Key Takeaways



**Met or exceeded Year 3  
measures**



**Attention to systems change  
work is reflected in data**



**Reached more Self-Advocates**



**Increased language access**



Total number of Californians directly reached through SCDD activities and outreach efforts in 2024:

**156,086**