

2022-26 State Plan

Goal 1: Self-Advocacy

By 2026, the Council will maintain and/or increase the number of people with intellectual/developmental disabilities to become strong self-advocates, peer trainers and community leaders.

Objectives

1.1

The Council will provide information and resources through 300 regional/statewide self-advocacy chats, 40 regional/statewide projects/events and 200 trainings to strengthen 15,000 self-advocates in:

- 1)** Achieving self-governance with supports, as requested;
- 2)** Identifying and asking for the supports and services that they need;
- 3)** Becoming and serving as peer trainers;
- 4)** Developing skills and opportunities to engage as strong activists for issues that are important to them and their families; and,
- 5)** Participating in cross-disability coalitions representing California's population.

1.2

The Council will collaborate with and/or support self-advocates in peer networks, including cross-disability coalitions representing California's population, by providing facilitation, tangible supports and peer advocacy/leadership opportunities through at least 1 statewide and 12 regional self-advocacy entities, reaching 6,000 self-advocates.

1.3

In the event of unforeseen project opportunities, emerging needs, and/or community, cross-regional or statewide requests, the Council may engage in additional activities with and/or on behalf of self-advocates and those who support and serve them.

Goal 2: Systems Change/Advocacy

By 2026, the Council will lead in partnership with family/self-advocates and others to protect and enhance civil rights to improve community-based systems and be more fully inclusive and supportive of people with intellectual/developmental disabilities and their families.

Objectives

2.1

The Council will monitor and collaborate with local, regional and/or statewide entities to develop, improve and/or change 85 practices, 70 policies, and 20 regulations (or guidance), statutes and/or laws in the systems of regional centers, community-based services, and governmental entities. This work will include the areas of employment, education, housing, health/safety and/or emerging issues in ways that will benefit people with intellectual/developmental disabilities and protect their civil rights, promote full inclusion, and/or provide additional supports and services, improving their lives in tangible ways.

2.2

The Council will engage in 40 regional and 5 statewide innovative/special projects and/or events in the areas of employment, education, housing, health/safety and/or self-determination to:

- 1)** Support 45,000 people (family/self-advocates and others) in systems change efforts and give them information, skills and/or supports to increase their abilities to become effective advocates;
- 2)** Engage in professional training and/or other efforts to implement systems, demonstrate or support systems change; and/or,
- 3)** Increase services and/or improve supports for people with intellectual/developmental disabilities and their families.

2.3

The Council, in collaboration with California's four (4) partners (one Protection and Advocacy agency and three University Centers for Excellence in Developmental Disabilities), will seek to improve the generic service system that impacts people with intellectual/developmental disabilities by choosing one or more areas of emphasis in the State Plan, such as education, employment, housing, and/or health/safety, and report on how that system is serving people with I/DD, gaps in that service delivery system, recommendations on how to improve the systems to meet the goals of the DD Act, and/or pursue policy and practice changes in those areas. The collaboration will result in the review or development of 2 reports, 6 recommendations for policy or practice changes, and 2 Legislative or Administrative changes to policy or practice.

Goal 3: Capacity-Building/Advocacy

By 2026, the Council will increase partnerships with and support of more people with intellectual/developmental disabilities and their families, so they know their rights and can advocate for and receive supports and services.

Objectives

3.1

The Council will increase the capacity of 60,000 people with assistance and resources to identify and obtain the supports and services to help people with intellectual/developmental disabilities live a safer and healthier life, by:

- 1.** Establishing and/or collaborating with and supporting 10 family-advocate groups/networks,
- 2.** Providing (staff-led, peer-led and/or collaborative) training to 35,000 people (family/self-advocates/others) throughout the state – virtually, online and/or in person, and
- 3.** Providing technical assistance (TA)/advocacy clinics and/or resources, reaching 25,000 people.

3.2

The Council will engage in 150 projects and events in the areas of employment, education, housing, health/safety, and/or emerging issues, reaching 45,000 people (family/self-advocates/others) with information and resources to enhance their knowledge and increase their capacity to obtain supports and services that are important to them.

3.3

In order to reduce the barriers in obtaining a free, appropriate public education, the Council will work with 5,000 Spanish-speaking family/self-advocates throughout the state to advocate for and increase the number and type/quality of special education services they receive through their own local education agencies.