State Council on Developmental Disabilities Bay Area Office

Community Outreach & Regional Advisory Committee (RAC) Meeting

Wednesday, September 25, 2024 Networking 5:15-5:30 PM Meeting 5:30-8:00 PM This is a hybrid meeting: In-Person with Zoom / Teleconference options.

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Members of the public may participate in-person, telephonically, or by Zoom from any location. Accessible formats of all agenda and materials can be found at least 10 days prior to the meeting at: www.scdd.ca.gov/bayarea/.

Join In-Person:

1 Frank H Ogawa Plaza, Oakland City Hall, Sergeant Ervin Romans Hearing Room/Hearing Room 2, Oakland, CA 94612, (Entrance on 14th Street).

Join by Zoom:

https://us02web.zoom.us/j/87913640247?pwd=hhbbW5f7O4KFBhVZk6b4H2634528Ts.1

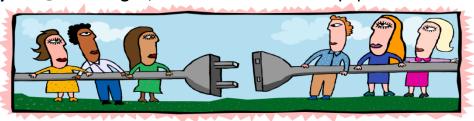
Or by Telephone, U.S. Toll-free: (877) 853-5257 or (888) 475-4499 Meeting ID: 879 1364 0247 Passcode: 216246

Collaboration is key! We invite members of the community to share input, issues and concerns. *All are welcome*. Featured: Bay Area RAC Vote for Chairperson, health equity practice & policy planning, RAC member & Councilmember updates, community partner updates, and more.

This meeting will feature live captioning and Spanish-language interpretation.

This meeting complies with Government Code Sections 11123.1, 11123.2, and 11125(f).

Members may be physically present at one or more teleconference locations. There may be members of the public body who are remotely participating in today's meeting that were granted a reasonable accommodation per the Americans with Disabilities Act. Individuals with disabilities who require accessible alternative formats of the agenda and related materials and/or auxiliary aids/services to participate in this meeting should contact us at 510-286-0439 or bayarea@scdd.ca.gov, at least five business days prior to the meeting.



Concilio Estatal en Discapacidades del Desarrollo Oficina del Área de la Bahía Alcance Comunitario Y Reunión del Comité Asesor Regional

Miércoles, 25 de septiembre de 2024 Oportunidad de red 5:15-5:30 PM Reunión 5:30-8:00 PM

Esta es una reunión híbrida: Presencial con opciones de Zoom/Teleconferencia.

El público puede participar en persona, por teléfono o por Zoom desde cualquier lugar. Los formatos accesibles de todos los programas y materiales se pueden encontrar al menos 10 días antes de la reunión en: www.scdd.ca.gov/bayarea/.

Únase en persona:

1 Frank H Ogawa Plaza, Ayuntamiento de Oakland, Sala de Audiencias del Sargento Ervin Romans/Sala de Audiencia 2, Oakland, CA 94612, (Entrada por calle 14).

Únase por Zoom:

https://us02web.zoom.us/j/87913640247?pwd=hhbbW5f7O4KFBhVZk6b4H2634528Ts.1

O por teléfono, número gratuito de EE. UU.:

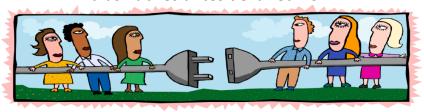
(877) 853-5257 o (888) 475-4499

ID de la reunión: 879 1364 0247 Contraseña: 216246

La colaboración es clave! Invitamos a los miembros de la comunidad a compartir sus opiniones, problemas e inquietudes. *Todos son bienvenidos*. Destacado: Voto del RAC del Área de la Bahía para presidente, práctica de equidad en salud y planificación de políticas, actualizaciones de miembros del RAC y miembros del Concilio, actualizaciones de socios comunitarios, y más.

Esta reunión tendrá subtítulos en vivo e interpretación en español.

Esta reunión cumple con las Secciones 11123.1, 11123.2 y 11125(f) del Código de Gobierno. Los miembros pueden estar físicamente presentes en uno o más lugares de teleconferencia. Es posible que haya miembros del público que participen de forma remota en la reunión de hoy a quienes se les concedió una adaptación razonable según la Ley de Estadounidenses con Discapacidades. Las personas con discapacidades que requieran formatos alternativos accesibles de la agenda y materiales relacionados y/o ayudas/servicios auxiliares para participar en esta reunión deben contactarnos al (510) 286-0439 o bayarea@scdd.ca.gov, al menos cinco días hábiles antes de la reunión.





STATE COUNCIL ON DEVELOPMENTAL DISABILITIES (SCDD)

BAY AREA REGIONAL ADVISORY COMMITTEE (RAC) MEETING & COMMUNITY OUTREACH

NOTICE & AGENDA*

Date Wednesday, September 25, 2024

Time Networking 5:15pm – 5:30p, Meeting 5:30pm – 8:00pm

Locations This is a hybrid meeting: In-Person with Zoom / Teleconference options. Members of the public may participate telephonically, or by Zoom from any location. This meeting will feature live captioning and Spanish-language

interpretation, via Zoom.

This meeting complies with Government Code Sections 11123.1, 11123.2, and 11125(f). Members may be physically present at one or more teleconference locations. There may be members of the public body who are remotely participating in today's meeting that were granted a reasonable accommodation per the Americans with Disabilities Act. Individuals with disabilities who require accessible alternative formats of the agenda and related materials and/or auxiliary aids/services to participate in this meeting should contact us at 510-286-0439 or bayarea@scdd.ca.gov, at least five business days prior to the meeting.

Join In-Person:

Hosted by the Oakland Mayor's Commission on Persons with Disabilities.

1 Frank H Ogawa Plaza, Oakland City Hall, Sergeant Ervin Romans Hearing Room/Hearing
Room 2, Oakland, CA 94612, (Entrance on 14th Street).

Or Join by Zoom:

https://us02web.zoom.us/j/87913640247?pwd=hhbbW5f7O4KFBhVZk6b4H2634528Ts.1 Meeting ID: 879 1364 0247 Passcode: 216246

Or by Telephone:



U.S. Toll free (877) 853-5257 or (888) 475-4499 Meeting ID: 879 1364 0247 Passcode: 216246

For more information, contact the State Council on Developmental Disabilities Bay Area Regional Office, 510-286-0439 or bayarea@scdd.ca.gov.



5:30p Call to Order
Introductions / Welcomes
Establishment of Quorum

Grigsby



5:37p Approval of the June 2024 and August 2024 Meeting Minutes

Grigsby



5:40p Public Comment

An invitation to provide the public an opportunity to comment and/or present information to the Committee on **any matter that is not on the agenda**. Each public member has up to 3 minutes to speak. Written requests will be considered first. The Committee will provide a public comment period not to exceed 5 minutes total for all public comments prior to action on any agenda item. Legislative office elected officials or staff may also introduce themselves or provide comment.



5:50p Member Reports

SCDD Bay Area Regional Advisory Committee (RAC)

& SCDD Councilmembers

Grigsby



Hear updates from RAC members and Councilmembers on their regional and statewide advocacy work, trends / needs in their county, and priorities.



6:15p Community Reports

Grigsby

- People First Report
- Regional Center Reports
- County Developmental Disabilities Councils Reports
- National Council on Disability



6:45p Legislative Office Comments

Grigsby

An invitation for legislative offices in attendance to provide brief statements, comments on emerging issues, or updates impacting their constituents from disability communities.



6:55p Health Equity Practice & Policy Next Steps: Best Practice Overview

Nicholau

Review a summary of many best practices for accessible and sensory-friendly healthcare settings. In November's RAC meeting, the RAC will identify additional best practices & policy, and will identify champions / potential allies from local emergency departments to advance this work in the Bay Area.



7:05p Bay Area Regional Advisory Committee
Chairperson Election

Nicholau



RAC members will hear nomination summaries and will vote on a new chairperson.



7:15p Celebrating outgoing RAC members

Nicholau

RAC Chairperson, Elizabeth Grigsby, and RAC Member, John Marble, have completed two terms of service and leadership through the Bay Area RAC. This is a time to celebrate their service, leadership, and commitment to the Bay Area IDD and cross-disability community.



7:30p Visiting Councilmember Q&A and Discussion

Grigsby

A chance for Bay Area RAC members and State Councilmembers to connect, share highlights, and discuss their roles, policy, advocacy, and projects.



7:50p Other Announcements & Agenda Items for Future Meetings

Grigsby

An opportunity of members of the community to bring up ideas, needs, issues, and concerns.



8:00p Meeting Adjourned

Grigsby



*All times indicated, and the order of business are approximate and subject to change. Any agenda items have the potential to be brought for a vote.



CONCILIO ESTATAL EN DISCAPACIDADES DEL DESARROLLO (SCDD)

REUNIÓN DEL COMITÉ ASESOR REGIONAL (RAC) DEL ÁREA DE LA BAHÍA Y ALCANCE
NOTICIAS Y AGENDA*

Date

Date Miércoles, 25 de septiembre de 2024

Time

Oportunidad de red 5:15pm – 5:30p, Reunión 5:30pm – 8:00pm

Ubicación Esta es una reunión híbrida: en persona con opciones de zoom/teleconferencia. Los miembros del público pueden participar por

teléfono o a través de Zoom desde cualquier lugar. Esta reunión contará con subtítulos en vivo e interpretación en español, a través de Zoom.

Esta reunión cumple con las Secciones 11123.1, 11123.2, y 11125(f) del Código de Gobierno. Los miembros podrán estar físicamente presentes en una o más teleconferencias. Es posible que haya miembros del organismo público que participen de forma remota en la reunión de hoy a quienes se les concedió una adaptación razonable según la Ley de Estadounidenses con Discapacidades. Las personas con discapacidades que requieran formatos alternativos accesibles de la agenda y materiales relacionados y/o ayudas/servicios auxiliares para participar en esta reunión deben comunicarse con nosotros al (510) 286-0439 o bayarea@scdd.ca.gov, al menos cinco días hábiles antes de la reunión.

Únase en persona:

Organizado por la Comisión de Personas con Discapacidades del Alcalde de Oakland. 1 Frank H Ogawa Plaza, Ayuntamiento de Oakland, Sala de Audiencias del Sargento Ervin Romans/Sala de Audiencia 2, Oakland, CA 94612, (Entrada por calle 14).

O Únase por Zoom:

https://us02web.zoom.us/j/87913640247?pwd=hhbbW5f7O4KFBhVZk6b4H2634528Ts.1

ID de la reunión: 879 1364 0247 Contraseña: 216246

O por teléfono, número gratuito de EE. UU.:



U.S. Teléfono gratuito (877) 853-5257 o (888) 475-4499 ID de la reunión: 879 1364 0247 Contraseña: 216246

Para obtener más información, comuníquese con la Oficina Regional del Área de la Bahía del Concilio Estatal en Discapacidades del Desarrollo, (510) 286-0439 o bayarea@scdd.ca.gov.



5:30p Comienza la Reunión
Bienvenida
Establecimiento de Quórum

Grigsby



5:37p Aprobación de junio de 2024 y agosto de 2024 Acta de la Reunión Grigsby



5:40p Comentario Publico

Una invitación para brindar al público la oportunidad de comentar y/o presentar información al Comité sobre **cualquier asunto que no esté en la agenda.** Cada miembro del público tendrá 3 minutos para hablar. Las solicitudes por escrito se considerarán primero. El Comité proporcionará un período de comentario público que no exceda los 5 minutos en total para todos los comentarios públicos antes de la acción sobre cualquier punto de la agenda. Los funcionarios electos o el personal de la oficina legislativa también pueden presentarse o hacer comentarios.



5:50p Informes de Miembros

Comité Asesor Regional (RAC) del Area de la Bahía y miembros del Concilio Estatal en Discapacidades del Desarrollo (SCDD) Grigsby



Escuche las actualizaciones de los miembros del RAC y los miembros del Concilio sobre su trabajo regional y estatal, y sus prioridades.



6:15p Informes de la Comunidad

Grigsby

- Informes de "Gente Primero"
- Informes del Centro Regional
- Informes de los Concilios de Discapacidades del Desarrollo de los Condados
- Concilio Nacional en Discapacidad



6:45p Comentarios Adicionales de las Oficinas Legislativas

Grigsby

Una invitación para que las oficinas legislativas presentes proporcionen declaraciones breves, comentarios sobre temas emergentes o actualizaciones que impactan a sus electores de la comunidad de discapacidades.



6:55p Prácticas y Políticas de Equidad en Salud Próximos Pasos: Resumen de las Mejores Prácticas

Nicholau

Revisar un resumen de las mejores prácticas para entornos de atención médica accesibles y sensibles. En la reunión de noviembre del RAC, el RAC identificará las mejores prácticas y políticas adicionales, y determinará los campeones/aliados potenciales de los departamentos locales de emergencia para avanzar este trabajo en el Área de la Bahía.



7:05p Comité Asesor Regional del Area de la Bahía Elección del presidente

Nicholau



Los miembros del RAC escucharán resúmenes de las candidaturas y votarán por un nuevo presidente.



7:15p Celebración de los Miembros Salientes del RAC

Nicholau

La presidenta del RAC, Elizabeth Grigsby, y el miembro del RAC, John Marble, han completado dos períodos de servicio y liderazgo a través del RAC del Area de la Bahía. Este es un momento para celebrar su servicio, liderazgo y compromiso con la comunidad de IDD y personas con discapacidades.



7:30p Preguntas y Respuestas y Discusión de los Miembros del Concilio Visitante Grigsby

Una oportunidad para que los miembros del RAC del Area de la Bahía y los miembros del Concilio Estatal se conecten, compartan puntos destacados y discutan sus roles, políticas, actividades de abogacía y proyectos.



7:50p Otros Anuncios Y Elementos de la Agenda Para Futuras Reuniones Grigsby

Una oportunidad para que los miembros de la comunidad aporten ideas, necesidades, problemas e inquietudes.



8:00p 8:00p Fin de Reunión

Grigsby





| * Todos los horarios indicados y el orden del día son aproximados y están sujetos a cambios. | | | | |
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| Cualquier punto de la agenda tiene el potencial de ser sometido a votación. | | | | |
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State Council on Developmental Disabilities (SCDD) Bay Area Regional Advisory Committee (RAC) Meeting June 26, 2024, Minutes DRAFT

This meeting was hybrid--held in person, and through Zoom (video call or call-in)

Location: Marin County Office of Education, 1111 Las Gallinas Ave, San Rafael, CA 94903,

Board Room

Link: https://us02web.zoom.us/j/85624613247?pwd=SlilwDvQPwj98ar0O1ZbcCUa3E8lqQ.1

Meeting ID: 856 2461 3247 Passcode: 240436

Committee Members Attending in-person: Jennifer Fung, and Elizabeth Grigsby

Committee Members Attending through Zoom: Terri Carol, Marla Silversmith, Emily Witkin, and Florence Wong

Committee Members Absent: John Marble, Dr. Jennifer Pien

SCDD Staff: Sheraden Nicholau, Gabriela Solval, and Valerie Buell.

Accessibility Assistance: Interpreter Adriana, Interpreter Carmen, Captioner Carilyn, Captioner Marie

Legislative Office Representation: Leslie Bulbuk from Assemblymember Marc Berman's office, Donna Browne from Assemblymember Rebecca Bauer-Kahan's office, Nicholas Hargis from Representative Anna Eshoo's office, Alison Trinh from Representative Barbara Lee's office, and Gélser Zavala from Assemblymember Mia Bonta's office.

Guests Attending on Zoom: Ben Chen, Lisa Kleinbub, Patrick McKay, Eric Zigman, Alida Fisher, Bird, Aparna Kommineni, Eunice Taylor, Braden Conte, Sara Desumala, Jim Engvall.

5:30p Chair Elizabeth Grigsby called the meeting to order. Valerie Buell took roll call of RAC members and confirmed a quorum was present.

5:32p Approval of corrected meeting minutes for February 28, 2024, and minutes for April 24, 2024:

Moved: Marla Silversmith Seconded: Florence Wong Roll Call Vote:

- Ayes: Jennifer Fung, Elizabeth Grigsby Marla Silversmith, Emily Witkin, and Florence Wong
- Abstain: Terri Carol



5:34p Public Comments: Elizabeth Grigsby asked for public comments. Highlights included:

- Alida Fisher shared:
 - Community Alliance for Special Education (CASE) works to help train families in San Francisco, gives consultations, and partners with Support for Families. They recently did a training on special education rights and responsibilities.
- Nicholas Hargis from Representative Anna Eshoo's Office in District 16:
 - Invited constituents to reach out to their office if having issues with federal government processes or needs.
 - HR 7989, the Think Differently About Disability Employment Act that requires the Small Business Administration to provide assistance to individuals with disabilities who desire to become entrepreneurs or be self-employed.
 - HR 6248, the Think Differently Transportation Act requires the national railroad passenger corporation Amtrak to include information on compliance with the Americans with Disabilities Act (ADA) in a required annual report to Congress.
 - HR 6249, the Think Differently About Emergencies Act requires Federal Emergency Management Agency (FEMA) and the Government Accountability Office to report to Congress regarding assistance and resources provided by FEMA to persons with Intellectual and Developmental Disabilities (IDD) and their families impacted by major disasters.
- Leslie Bulbuk from Assemblymember Marc Berman's Office in District 23:
 - Shared information on District 23 and invited anyone who needs assistance with state agencies to reach out to their office for help.
 - There have been difficulties getting the budget passed and reach out to them with questions about the budget.
- Alison Trinh from Representative Barbara Lee's office in District 12:
 - Introduced herself and hopes to learn more about how their office can better support the priorities of this community at the federal level.

5:45p Member Reports: RAC Members and Councilmembers reported on their regional and statewide advocacy work and priorities.

Highlights include:

Terri Carol:

 Gave an introduction as a new RAC member and shared her background as a family advocate and as a professional in San Mateo County, coast side.
 Transportation, housing, and access to services are big issues in that area.

Jennifer Fung:

 Recently received the Self-Advocacy Leadership Academy (SALA) Certificate of Completion. She and her cohort advanced their knowledge about disability justice, civil rights, passing laws, and several other projects of interest.

Elizabeth Grigsby:



 Recently attended the Partners in Policymaking (PIP) three-day event in Los Angeles that teaches the attendees how to communicate with their legislators to inform them of issues of importance to the IDD community.

Marla Silversmith:

 Shared her background as a family advocate for her sister and her work with Special Education Local Plan Area (SELPA). She is currently working on leveraging appropriate puberty and sex education trainings for students with IDD in district.

• Emily Witkin

 Has worked at summer camp with toddlers. This included children with disabilities that require extra staff or accommodations, demonstrating it is not that difficult to provide in settings such as these. She would like to see that level of inclusion be the standard.

Florence Wong:

- Shared she is on the school board in Burlingame, on the San Mateo County Commission on Disabilities, and is a family advocate for her daughter.
- The San Mateo County Commission on Disabilities, in collaboration with Redwood City Parks and Recreation Foundation is hosting the annual Inclusion Festival at Morton Park in Redwood City on July 25, 2024, from 11:00 AM to 3:00 PM.

6:05p Community Reports:

People First Highlights:

- Patrick McKay read the report for Bay Area People First (BAPF):
 - Sheraden Nicholau gave a presentation to BAPF on the California state budget process and members learned about the process and the dates to expect the budget to be enacted.
 - o The next meeting will be August 21, 2024, from 4:15 PM to 5:15 PM on Zoom.
- Jim Engvall:
 - Introduced himself as the president of the San Mateo Chapter of People First and welcomes anyone interested in joining to reach out to him.

Regional Center Report Highlights.

- Eric Zigman gave the report for Golden Gate Regional Center (GGRC):
 - The Governor compromised on the delay to provider increases that were slated for July 1, 2024, and will now go into effect earlier, on January 1, 2025.
 - The Association of Regional Center Agencies (ARCA) has been advocating for the elimination of regional center family fees (which were suspended during the COVID pandemic). The 2024-25 budget deal includes elimination of the family fees ongoing.
 - GGRC's Alex Madrid, GGRC Board Chair, and some other board members participated in the Partners in Policymaking that RAC Chair, Elizabeth Grigsby,



attended. This cohort heard from national experts. The vice chair of the board is advocating for a Spanish language version of this program.

- Lisa Kleinbub gave the report for Regional Center of the East Bay (RCEB):
 - The CA Health and Human Services (HHS) agency in Sacramento is working on a Master Plan for Developmental Services and looking for people to join the workgroups. Friday is the deadline for joining.
 - By January 1, 2025, there will be a standard Individual Program Plan (IPP) for all regional centers that will be utilized and rolled out over the next six months, driven by a person-centered process to help guide outcomes people want.
 - RCEB is sponsoring Congreso Familiar on August 3, 2024, a free conference for Spanish speaking individuals served and families. It will be in Hayward at Chabot College.

Developmental Disabilities (DD) Councils Report Highlights:

- Ben Chen gave the report for the Alameda County Developmental Disabilities Council (ACDDC):
 - The ACDDC held their annual meeting in June and welcomed some new chairs to the Council. Geneva Carlos Valentino is the new Council President and Rachel Longen the new Vice President.
 - The Joint Annual Awards Event was held on June 6, 2024, at the Pleasantville Community Center. It was well attended, and Sheraden Nicholau was the Master of Ceremonies for this event.
 - The Annual Strategic Planning Session will happen on July 10, 2024, from 9:30
 AM to 12:00 PM and will be a hybrid meeting on Zoom and in person at 1100 San Leandro Blvd. Room 402 in San Leandro.
 - The County Health Improvement Plan will focus on access to care, economic opportunities, and security & peaceful communities & families. They will also launch the next round of community health needs assessment. Both will include individuals with IDD.

National Council on Disability Report Highlights:

- Sheraden Nicholau read the report from Sascha Bittner:
 - June 27, 2024, the National Council on Disability will have a public meeting, the quarterly business meeting, on Zoom at 10:00 AM. Registration is required. They will have a panel on the fetal surgery gene editing report, followed by questions and answers from the members and then public comments on the most notable disability policy achievements since last summer.

6:37p Legislative Office Comment after reports:

No Comments



6:39p Florence Wong gave the Presentation and lead the Discussion from the San Mateo County Abuse Roundtable Group: Caregiver Abuse Registry: "Why do we need one in California?"

RAC member Wong shared a power point presentation that reviewed the need and background on a Caregiver Abuse Registry for CA. This reviewed the problem, the statistics, the likely victims, and attempts to create this registry in California that have failed in the past. Highlights and Questions & Answers:

- Perpetrators are often in roles of paid or unpaid caregivers, who are not likely to get caught or prosecuted. In-Home Supportive Services (IHSS) requires recipients to hire caregivers, and screening is limited.
- Risk levels of violent victimization are four times higher for disabled people, compared to nondisabled people. Persons with IDD are the highest risk group.
- There are related registries in many other states.
- National Adult Protective Services Association (NAPSA) published a report. Some recommendations were adequate funding, dedicated staff, employment restrictions, and the scope of abusers included in the registry.
- Abuse Roundtable Group established in 2019. Collaborates with San Mateo County Commission on Disabilities (CoD) and District Attorney's Victim Services Department. Includes individuals with disabilities, law enforcement, SCDD, and many more.
 - Through this collaboration, law enforcement saw the caliber of the crisis intervention trainings (CIT) available, and the consults available, and allocated more time to the needs of people with IDD in their county's CIT trainings.
- Attempt to establish registry in CA include:
 - AB 1192 Approved by legislature, however was vetoed by Governor Arnold Schwarzenegger.
 - California Attorney General Rob Bonta issued a press release August 1, 2023, that shines a light on this abuse and vows to prosecute abusers.
 - AB 1544 unanimously passed Assembly, stalled in Senate Public Safety Committee, and appears to be dead.
 - Child Abuse Central Index (CACI) exists and was established in 1965 and may be the model for getting one in CA, as it is already established.
- Alida Fischer asked why the previous bill died in committee and if there is a way to put it through a different committee. As far as we know, there is not another committee who can take it up and there is a link in the power point where you can see the opposition's comments.
- Emily Witkin asked if the caregiver abuse registry would include the type of abuse or neglect a person has been charged with, to help people with disabilities access more detailed info as they make hiring decisions.



- Jennifer Fung asked why abusers are not caught and prosecuted. Often abuse is
 occurring in the home and there is no other witness except the victim. If victim is not
 believed or understood, or if it is not reported by the person, justice will not be served.
- Marla Silversmith asked if the registry is set up so a random person cannot just enter information.
 - o Correct, it must be substantiated by an entity that did the investigation.
- Sara Desumala asked what to do when we witness abuse, but the victim doesn't know they are being abused.
 - o Adult Protective Services (APS) will investigate if it is reported to them.
- Jim Engval asked if the person helping the victim communicate is also the abuser, what can be done.
 - There are many people who are mandated reporters, including SCDD staff, law enforcement, teachers, social workers, regional center staff, etc. that the victim can reach out to.

7:45p Planning for September:

Sheraden Nicholau reminded the RAC:

- Two RAC leaders will term off in September and there will be an election for the new RAC chair.
- This RAC may request the Bay Area Regional Office facilitate a special session meeting in August if they would like to attend to these needs before the September meeting.

7:53p Motion to ask the Bay Area Regional Office to book a special session in July or August. Moved: Elizabeth Grigsby Seconded: Marla Silversmith Roll Call Vote:

All Ayes

7:54p Other Announcements (highlights):

• Elizabeth Grigsby shared she intends to continue participating in the RAC meetings in the future and in her advocacy as a meeting guest once her term ends officially.

7:57p Meeting Adjourned.



State Council on Developmental Disabilities (SCDD)
Bay Area Regional Advisory Committee (RAC) Meeting
August 21, 2024, Minutes DRAFT

This meeting was hybrid--held in person, and through Zoom (video call or call-in)

Location: Marin County Office of Education, 1111 Las Gallinas Ave, San Rafael, CA 94903,

Board Room

Link: https://us02web.zoom.us/j/85624613247?pwd=SlilwDvQPwj98ar0O1ZbcCUa3E8lqQ.1

Meeting ID: 856 2461 3247 Passcode: 240436

Committee Members Attending in-person: Elizabeth Grigsby, Emily Witkin

Committee Members Attending through Zoom: Terri Carol, John Marble, Florence Wong

Committee Members Absent: Jennifer Fung and Dr. Jennifer Pien, Marla Silversmith

Council Members Attending in-person: Alex Reyes

Council Members Attending through Zoom: Nicole Adler

SCDD Staff: Sheraden Nicholau, Gabriela Solval, and Valerie Buell.

Accessibility Assistance: Interpreter Brittney, Interpreter Carmen, Captioner Carilyn,

Captioner Saavy

Guests Attending in-Person: Sara Desumala

Guests Attending on Zoom: Sana Shooshtari, Kylechoate, Ulisess Arias, Bird Sellergren,

Debra Adler

5:30p Chair Elizabeth Grigsby called the meeting to order. Valerie Buell reviewed housekeeping, then took roll call of RAC members and confirmed a guorum was present.

5:33p Public Comments: Elizabeth Grigsby asked for public comments. Highlights included:

 Debra Adler thanked Sheraden Nicholau and other members of SCDD who supported Nicole Adler as she served as a Grand Marshall for San Francisco's Pride Parade.

5:37p Sheraden Nicholau lead the review of advocacy issue topics and next steps:

This was a recap of the presentations given at the last two meetings with a focus on:

Health and healthcare equity with an emphasis on intersectional advocacy;



- The Statewide Caregiver Abuse Registry in San Mateo's Commission on Disabilities.
- Sheraden Nicholau put forth the questions:
 - Would the RAC like additional presentations and sessions around health and healthcare equity work?
 - o Would the RAC like additional presentations on the abuse registries?
 - Would the RAC like to move forward with advocacy action based on what they have learned so far?
- Discussion was held and two motions were put forward.

6:25p Motion to pursue hospital emergency department training and sensory-friendly and accessible spaces within emergency departments, both general and psychiatric.

Moved: Florence Wong Seconded: Emily Witkin

Roll Call Vote:

All Ayes

6:30p Motion to have RAC member Florence Wong and one other member to provide guidance and support for the Caregiver Abuse Registry as they pursue next steps exploring an adult caregiver abuse registry in California.

Moved: Florence Wong Seconded: Elizabeth Grigsby

Roll Call Vote:

All Ayes

6:34p Sheraden Nicholau and Chair Grigsby lead the review of the RAC elections process:

The September meeting will have the chairperson election on the agenda. Elizabeth Grigsby and Sheraden Nicholau gave a review of tasks and responsibilities of the chairperson role in working with the Bay Area Regional Office staff and with Vice Chair, Marla Silversmith, in planning upcoming meeting agendas, inviting guests, etc.

Emily Witkin nominated herself for the chairperson for the September election. Sheraden welcomes this nomination and any additional nominations between now and the upcoming RAC meeting.

6:41p Planning for the September 2024, RAC Meeting:

- Sheraden Nicholau informed members of the following:
 - Council Chairperson, Wesley Witherspoon, and Vice Chairperson, Lee Bycel, are planning to attend in person.
 - Elections will be held.



- Next steps around health and healthcare equity goal work.
- Discussion / Q&A between RAC and Council members visiting.

6:50p Other Announcements (highlights):

- Sara Desumala shared that Bay Area People First officers are meeting and checking in with their local chapters for upcoming activities.
- Florence Wong has been speaking with some people who are part of the Disability Studies Minor at UC Berkeley. The RAC may be interested in having them present at a future meeting.
- Elizabeth Grigsby shared the Healthcare Plan in San Mateo is interested in providing public comment at the September RAC meeting.
- Sheraden asked if the RAC would like to see public speaking and legislative advocacy training as a future agenda topic.

7:04p Meeting Adjourned.

State Council on Developmental Disabilities Regional Advisory Committee

Chairperson Candidate Information

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Emily Witkin

County Represented:

Contra Costa County

Leadership & Advocacy Experience:

In addition to RAC membership, I currently serve as a member of the BART Accessibility Task Force. I was elected class president for the Transitions Options Program (TOPS) I attended through Mount Diablo Unified School District for the 2019-2020 school year. TOPS is an educational program serving adults with autism and related disabilities. During that time, I organized fundraisers for a class trip, and worked to expand student leadership by creating new leadership positions and establishing regular student council meetings, and give us more voice in shaping our program.

Experience with the State Council's Bay Area RAC:

I have been a RAC member since 2023, prior to which I attended several meetings as a member of the public, beginning in at least 2019.

Interest in Serving as a RAC Chairperson:

I want to be more involved in advocacy work in general, and the RAC in particular, and this seems like a great opportunity for that. I'm especially interested in healthcare access, and have a lot of ideas in that area that I would like to help make happen.



A Sampling of Best Practices & Policies for

Accessible and Sensory-Friendly Hospitals / Healthcare Settings

Sensory Tools & Support Items:

- Tablets with calming games, music, and videos.
- Mood lighting machines / lamps.
- Blackout shades.
- White noise machines.
- Stress balls.
- Weighted lap pads / blankets.
- Sunglasses (different sizes, all easy to sanitize).
- Fidget toys (age appropriate).
- Sound-based fidget toys like rain sticks.
- Headphones, with disposable covers.
- Eye masks, with disposable covers.
- Social stories (to use before, during, and after, via video, cards / posters / handouts).
- Visual Schedules / visual icons / cue cards.
- 'First / Then' boards.
- Bean bag chairs / loungers.
- Picture Exchange Communication System (PECS).
- Pillows and similar items to squeeze, hold, touch.



- Small indoor tents / forts / sectioned off areas of spaces for privacy and less visual input.
- Timers / sand timers / liquid timers / hourglasses (non-glass / break resistant).
- Yoga balls.
- Pipe cleaners / bendy straws / bubbles (fidgets for patients to use on-site and then to take with them after their appointment).
- Ceiling mounted lifts in clinical rooms. Portable lifts for other areas.
- Adult size changing tables and spaces to accommodate a patient and their caregivers.
- Dimmer switches / lights

Practices & Protocol:

- Integrate disability access, inclusion, and sensory needs into all new programs, initiatives, trainings, and protocol.
- Plan for multi-tiered interventions, trainings, and practices: individual level, department level, institution level.
- Develop accessible and sensory friendly efforts and interventions at the following levels:
 - Clinical and admin staff training, setting review and remediation, visit preparation, check in / waiting period, care & services, discharge & follow up.



- This involves reviewing protocol and policy around: funding, billing,
 staff training, equipment, communication / public relations.
- Provide accommodations / options for easier drive-up, parking, and entrance with less traffic / crowd.
- Provide wait areas that are less crowded and sensory friendly.
- Allow for spaces in wait areas and in clinical care rooms for the patient to sit, lay down, stand, jump, recline, stim, etc.
- Provide options for check in that minimize interaction required.
- Clinical staff 'dressing down' for increased comfort for those that have experienced previous medical trauma.
- Provide greater amounts of time for transition steps and for clinical care.
- Maintain a patient and family advisory group / council / committee to provide consultation and review on hospital and healthcare setting policy and practice.
- Regularly engage disability stakeholders (individuals, orgs, coalitions, committees) to get feedback, consult, and to stay up to date on best practices.
- Track qualitative and quantitative data on the progress.
 - Review and make adjustments based on the data, at regular intervals.
- Utilize caregiver knowledge where appropriate.
- Presume competence.



Best Practices collected 2021-2023, provided by the following partners:

Autism Friendly Initiative, Boston Medical Center

CA Children's Services

Dr. Lisa Iezzoni, M.D., M.Sc., Harvard Medical School

Karen Turner, Occupational Therapist and Lead of the Patient Navigator Program at Massachusetts General Hospital

Barbie Vartanian, Executive Director of The Viscardi Center's Project Accessible Oral Health

Dr. Neil Katsura, DDS, Aloha Pediatric Dentistry

Dr. Clarissa Kripke, MD, FAAFP, Director of UCSF Office of Developmental Primary Care

Jo Cummins, Program Coordinator, UCSF Office of Developmental Primary Care Ability Now Bay Area Pop Up Clinics





State Council on Developmental Disabilities



• website • www.scdd.ca.gov

• email • bayarea@scdd.ca.gov

1515 Clay Street, Suite 803 Oakland, CA 94612 (510) 286-0439

To: Regional Advisory Committee (RAC) Members & Interested Parties **From:** State Council on Developmental Disabilities' Bay Area Regional Office

Date: September 4, 2024

Re: 2024-2025 Schedule of State Council Bay Area

Regional Advisory Committee (RAC) Meetings

Members of the public are welcomed and encouraged to participate in these Bay Area Regional Advisory Committee (RAC) meetings.

Specific meeting details and accessible formats of all agenda and materials can be found at least 10 days prior to the meeting at: www.scdd.ca.gov/bayarea/. These meetings comply with Government Code Sections 11123.1, 11123.2, and 11125(f).

Individuals with disabilities who require accessible alternative formats of the agenda and related materials and/or auxiliary aids/services to participate in any meeting should contact us at **bayarea@scdd.ca.gov** or call us at **510.286.0439**, a least five (5) business days before that meeting.

Networking from 5:15 PM to 5:30 PM, RAC Meeting from 5:30 PM to 8:00 PM.

September 25, 2024 Hybrid meeting, in-person location in Alameda County

December 04, 2024 Hybrid meeting, in-person location in Contra Costa

County

February 26, 2025 Hybrid meeting, in-person location in San Mateo County

April 30, 2025 Hybrid meeting, in-person location in Marin County

June 25, 2025 Hybrid meeting, in-person location in San Francisco



State Council on Developmental Disabilities



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1515 Clay Street, Suite 803 Oakland, CA 94612 (510) 286-0439

Para: Miembros del Comité Asesor Regional (RAC) y partes interesadas

De: Oficina Regional del Área de la Bahía del Concilio Estatal de Discapacidades del

Desarrollo

Fecha: 4 de septiembre de 2024

Re: Calendario 2024-2025 del Concilio Estatal Reuniones del Comité

Asesor Regional (RAC) del Área de la Bahía

Se da la bienvenida y se alienta a los miembros del público a participar en estas reuniones del Comité Asesor Regional (RAC) del Area de la Bahía.

Los formatos accesibles del programa y materiales pueden encontrarse al menos 10 días antes de la reunión en: www.scdd.ca.gov/bayarea/. Estas reuniones cumplen con las secciones 11123.1, 11123.2 y 11125(f)

Las personas con discapacidad que necesiten formatos alternativos accesibles del programa y los materiales relacionados y/o ayudas auxiliares/servicios para participar en cualquier reunión deben comunicarse con nosotros a través de **bayarea@scdd.ca.gov** o llámenos al **510.286.0439** al menos cinco (5) días hábiles antes de esa reunión.

Oportunidad de red 5:15 PM a 5:30 PM, Reunión de 5:30 PM a 8:00 PM.

25 de septiembre de 2024 Reunión híbrida, ubicación en persona en el

condado de Alameda

4 de diciembre de 2024 Reunión híbrida, ubicación en persona en el

condado de Contra Costa

26 de febrero de 2025 Reunión híbrida, ubicación en persona en el condado

de San Mateo

30 de abril de 2025 Reunión híbrida, ubicación en persona en el condado

de Marin

25 de junio de 2025 Reunión híbrida, ubicación en persona en el condado

de San Francisco



The State Council on Developmental Disabilities' (SCDD) Bay Area Regional Advisory Committee (RAC) is taking applications for membership!

RACs represent the communities they represent, including geographically and ethnically. The Bay Area RAC is especially interested in meeting applicants who identify as a male or nonbinary; and /or identify as a self-advocate; and/or identify as Latino/a or Hispanic, Black or African American.

Thank you for your continued efforts in being a voice for the community!

Appointed RAC members:

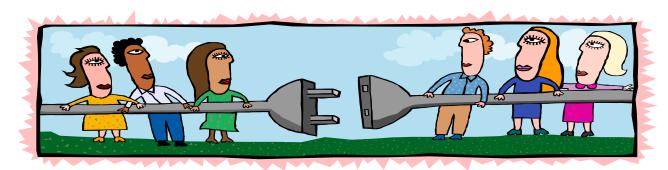
- Advise SCDD and its Regional Office on local issues in Marin, San Francisco, San Mateo, Alameda, and Contras Costa counties.
- Identify and provide input regarding local systemic needs within its communities.
- Provide public information programs /events for people with intellectual and developmental disabilities, families, professional groups, and the general public to increase awareness of areas identified in the SCDD state plan; and more!

To apply online:

https://docs.google.com/forms/d/e/1FAIpQLSepqt80u578ELHgcPJNzsjO71PPvxZ1txZn77P5Cm 6iVbvBzg/viewform?c=0&w=1

Or contact us for more information:

bayarea@scdd.ca.gov 510.286.0439





El Concilio Estatal en Discapacidades del Desarollo (SCDD) Comité Asesor Regional (RAC) del Area de la Bahía está aceptando solicitudes de membresía!

Los RAC representan a las comunidades que representan, incluidos los grupos geográficos y étnicos. El RAC del Área de la Bahía está especialmente interesado en conocer a los solicitantes que se identifican como hombre o no binarios; y/o se identifican como autodefensores; y/o se identifican como latinos o hispanos, negros o afroamericanos.

¡Gracias por sus continuos esfuerzos en ser una voz para la comunidad!

Miembros designados del RAC:

- Asesorar al SCDD y a su Oficina Regional sobre asuntos locales.
- Identificar y proporcionar información sobre las necesidades sistémicas locales dentro de sus comunidades.
- Proporcionar programas de información pública / eventos para personas con discapacidades intelectuales y de desarrollo, familias, grupos profesionales y el público en general para aumentar la conciencia de las áreas identificadas en el plan estatal SCDD; y más!

Para solicitar en línea:

https://docs.google.com/forms/d/e/1FAIpQLSepqt80u578ELHgcPJNzsjO71PPvxZ1txZn77P5Cm 6iVbvBzg/viewform?c=0&w=1

O contáctenos para más información:

<u>bayarea@scdd.ca.gov</u> (510) 286.0439

