



Furthering Health
Education and
Opportunities for
People with I/DD

The logo for the Adaptive Parent Project (APP). It features a blue stylized figure of a person in a wheelchair, positioned in the center. The text "Adaptive Parent Project" is written in a blue, sans-serif font, curving around the figure. The entire logo is set within a light gray hexagonal background.

Adaptive Parent Project

(APP)

**Adaptive Parent
Project**

Adaptive Parent Project: Description

To create a continuing education curriculum to improve communication between healthcare providers and patients with I/DD

To develop accessible, user-friendly, inclusive educational material for patients with I/DD in plain language

Adaptive Parent Project: Description

(Cont.)

Target population: Individuals with I/DD that live in the state of California and healthcare providers who serve this population

Input and feedback: Open to all residents of California regardless of region

Collaborative partners: Rady Children's Hospital San Diego (RCHSD) San Diego County Breastfeeding Coalition (SDCBC) and Gia's Club

Adaptive Parent Project: Implementation & Outcomes

**10 chats with 10
participants
(SA & FA)**

**6 meetings with 6
participants
(SA, FA, and
professionals)**

**1 webinar with 27
participants
(professionals &
others, including
international
participants)**

Implementation & Outcomes (Cont.)

Expanded on current best practices from research articles that focused on people with I/DD in each of the eight (8) specialties covered

Researched healthcare professionals, communication strategies, and supporting individuals with I/DD

Adaptive Parent Project: Deliverables

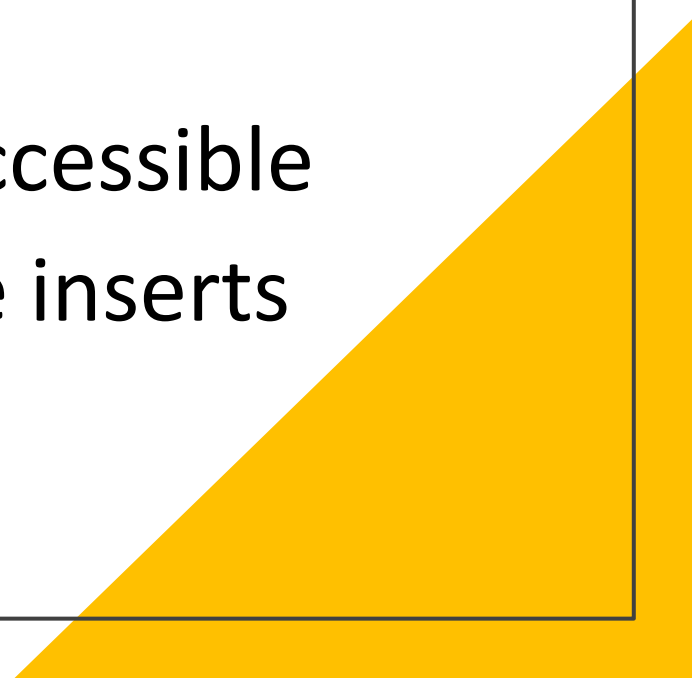
What to Expect When Going to the Doctor, Tips for People with Disabilities

Educating Health Professionals on Serving People with Disabilities: Communication and Disability

**Communication Strategies for the Healthcare Provider:
Best Practices for Working with People with Intellectual and Developmental Disabilities**

Accessible Lactation: Assisting Parents with Disabilities

Adaptive Parent Project: Deliverables (Cont.)

- ❑ Eight (8) plain language healthcare brochures
 - ❑ A Resource List for San Diego County
 - ❑ A County Resource List Template
 - ❑ All deliverable materials were made accessible
 - ❑ The brochure and healthcare brochure inserts were translated into Spanish
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- A large yellow triangle is positioned in the bottom right corner of the slide, pointing towards the top right.

Adaptive Parent Project: Barriers

Selecting which healthcare topics to cover and how to narrow down the most crucial education topics to educate health professionals on supporting people with disabilities

The volume of research and scholarly articles dedicated to individuals with intellectual and developmental disabilities (I/DD) remains limited.

Adaptive Parent Project: Lessons Learned/Status

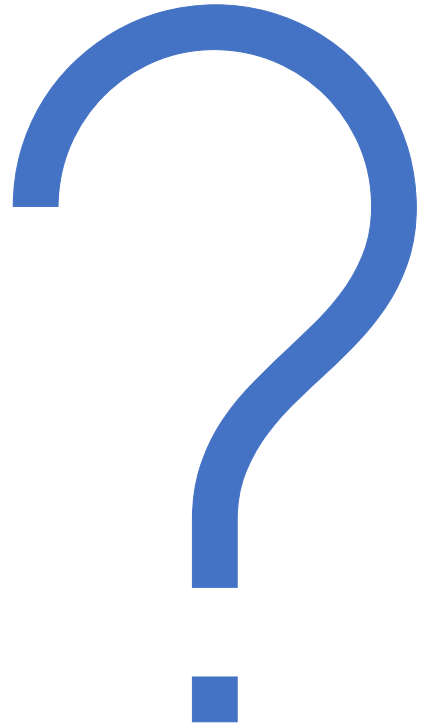


LESSONS LEARNED:

EXPENSIVE AND EXPANSIVE

STATUS:

**SECURING FUNDING AND
EXPANDING SERVICES**



Questions?