

Living with IDD & Dementia



This class teaches families caring for people living with **intellectual & developmental disabilities** about how Alzheimer's & dementia may affect them in the future. Topics include the **causes of dementia**, adapting to changes in behavior, planning for the future, & resources available to support families in the County of San Diego.

FREE & open to the community!

For more information or to pre-register visit alzsd.org/classes or call **(858) 492-4400**.

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**Monday,
February 26, 2024**

1 - 2:30 PM

Online via Zoom

Sign up:

