



2023 PROGRAM PERFORMANCE REPORT (PPR)

In California, there are:

207
People in
state Dev.
Centers
(9/23)

396,375
People
served by
regional
centers
(5/23)

615,226
People with
I/DD – federal
definition
(11/2/23)

38,940,231
Total
people
(5/1/23)

GOAL 1

SELF-ADVOCACY

Council's Self-Advocacy Efforts



**20 Statewide &
87 Regional
Self-Advocacy Chats**



**1 Statewide &
18 Regional
Self-Advocacy Groups**



**67 Trainings &
577 Peer Leaders
Prepped**



**8 Self-Advocacy
Projects & 11
Events**

Self-Advocates Leadership Academy

Objective: Develop self-advocates' leadership skills for positive impact on disability service systems.

Outcomes & Impact:

- Improved communication, leadership, and problem-solving skills
- Active contributors to systemic changes

Results:

- Sharpened advocacy skills for community leaders.
- Better-equipped leaders for campaigns and initiatives.
- Enhanced critical thinking and conflict resolution skills.

Self-Advocacy: Successes (1 of 2)

This was a once in a lifetime opportunity! This academy really made us feel like we can shine for who we are and make a difference!

I feel more confident now! I feel like I know how to advocate better now for myself and that makes me want to do more things to help some of my peers and change things for the better for others.

Self-Advocacy: Anecdote

I supported one of the SALA (participants) in every class and I did not know how much I was going to learn and how engaged I'd be. This became such a learning experience for me and it's made me want to work more directly in the field of advocacy. I really learned a lot and would like to stay in touch with SCDD to keep learning and exploring opportunities to help and advocate. You all did such a great job teaching this academy!

Self-Advocacy: Thank You!!

I felt so happy to be part of a learning environment where I truly felt included, and like I mattered! I feel like the SCDD instructors really created a good and inclusive learning environment. I'm really thankful that I got invited to be a part of this.

Self-Advocacy Projects

Self-Advocacy Series: The Other Option

This project was imagined, built, and executed by a young emerging self-advocate and leader with high support needs who is also non-speaking

SCDD hosted and provided facilitation, guidance, feedback and support in preparation for and through each of the six (6) sessions

Outcome: 26 teens and young adults (and support staff/family members) are more knowledgeable about the exploration, skills, advocacy, and systems change work that is required for the futures they want.

Self-Advocacy: Successes (2 of 2)

What would you KEEP about The Other Option Workshop?

- The new friends I made and the fact that I have started to think on how my future should look like.
- I also now feel that I can brainstorm with these friends how and what the future can look like.
- Community and support and a great vision.
- The friends, the awesome community.

Self-Advocacy: Anecdote

After receiving training and technical assistance through SCDD, the Self-Advocacy Board of Los Angeles County (SABLAC) purchased its own Zoom account, using it to run its own virtual meetings. SABLAC has now become more independent and no longer uses SCDD's Zoom account.

Additionally, because of SCDD's investments, SABLAC's president is now able to schedule remote meetings and navigate the Zoom platform functions and settings independently.

Goal 1: Progress toward 5-year Measures

SA Trainings

108%



SA Trained

87%



**SA Reached
through SA
Groups**

69%



GOAL 2

SYSTEMS CHANGE

& ADVOCACY

Council's Systems Change Efforts



**Monitored 200
Systems/Entities
& 18 Bills**



1,870 Meetings



**271 Trainings &
4,785 Professionals
trained**



**3 Statewide Projects
14 Regional Projects
2 Cycle 45 Project**

Systems Change Initiatives: Policy Work (1 of 2)

CIVIL RIGHTS: Three (3) bills were passed and signed by the Governor

1. AB 248 (Mathis) The Dignity for All Act
2. AB 545 (Pellerin) Access for Voters with Disabilities
3. SB 544 (Laird) Bagley-Keene Open Meeting Act –
Teleconferencing

Systems Change Initiatives: Policy Work (2 of 2)

EDUCATION: Two (2) bills were passed and signed by the Governor

1. AB 447 (Arambula) Inclusive Higher Education Act
2. AB 87 (Quirk-Silva) Special education: §504 Plans - Team meetings

PUBLIC SAFETY: One (1) bill was passed and signed by the Governor

1. AB 946 (Nguyen) Emergency services - Endangered Missing Advisory

Systems Change Projects

(by topic area)

4 Education

3 Employment

6 Health

2 Housing

3 Safety

2 Self-Determination

Systems Change Projects (1 of 4)



Los Angeles Unified School District (LAUSD)

Alternatives to Conservatorship

IMPACT: Supports students' civil rights with alternatives to restrictive conservatorships. Students will become more effective self-advocates - not only in school settings, but in all environments and systems with which they interact and engage

Systems Change Projects (2 of 4)

Yolo County Oral Health Advisory Committee

- Make recommendations related to the implementation of the Yolo County Oral Health Program
- Assist with tracking oral health trends that impact people with I/DD and other disabilities
- Provide TA to ensure that Yolo County Oral Health Programs are accessible to people with I/DD and outreach materials are available in plain language

Outcome: People with I/DD will have increased access to oral health screenings and treatment to improve the overall health and life of program recipients

Systems Change Projects (3 of 4)

CA START East Bay Advisory Committee

Objective: Support, monitor, and provide resources and advocacy for the rollout of START Model services through two regional centers within the Bay Area.

- Provide recommendations for the implementation of START Model programs.
- Establish partnerships between vendors, staff, and other community stakeholders.

Impact: People with I/DD and their families will gain access to evidence-based, best-practice care coordination and services tailored to individuals with co-occurring I/DD and mental health/psychiatric disabilities.

Systems Change: Anecdote

After SCDD provided *Active Shooter* training to professionals at the Tichenor Clinic, a Director reported there was strong staff interest to review and revise emergency practices and protocols and develop even more for a potential active-shooter emergency. Tichenor's staff will also be sharing the Council's *Active Shooter Guide* with families and self-advocates and plan a future active-shooter drill for the clinic's staff, families and self-advocates.

Systems Change: Success Story (1 of 2)

As a result of public testimony provided by Council staff, the San Diego Regional Center (SDRC) changed its job announcement for hiring a Client Information Specialist, so that a college degree is no longer a posted requirement for the position. This was a major success, as the previous posting would have prevented many people with intellectual/developmental disabilities from even applying. SDRC staff stated that they very much appreciated this effort and are in full support of hiring a person with a disability for this job.

Systems Change: Success Story (2 of 2)

Since this effort by SCDD, the San Diego Regional Center (SDRC) has now hired an individual with a developmental disability, who has since successfully completed the paid internship. Not only was the Council instrumental in changing policy, but also made a significant impact toward competitive, integrated employment within the regional center system.

Systems Change: Thank You!!

I have gained so much knowledge and tools for helping other families. I feel great knowing that I make a positive difference with families and was able to do my job as a family advocate. I was able to help my adult child feel good about herself in making choices that she wants in her life and that makes her feel happy and safe. I will always continue to share what I have learned from all the RAC members and leaders. Thank you all. (*RAC member*)

GOAL 3

CAPACITY-BUILDING & ADVOCACY

Council's Capacity-Building Efforts



542 Collaborative Meetings



Provided TA to 4,444 People



320 Trainings & 164 Peer Leaders Prepped



**35 Capacity-Building Projects
2 Cycle 45 Projects
113 Events**

Capacity-Building Projects (by topic area):

20 Education

8 Employment

1 Formal & Informal Supports

1 Health

5 Safety

83 One-Time Events

Hoopa Tribe Education Collaboration and the Tribal Community IEP Gatherings

With these projects, the Council reached historically underserved populations, established important Tribal partnerships, and provided trainings about IEP's, §504 plans and other areas of systemic educational inequity for Native American students with disabilities in northern California regions.



IMPACT:

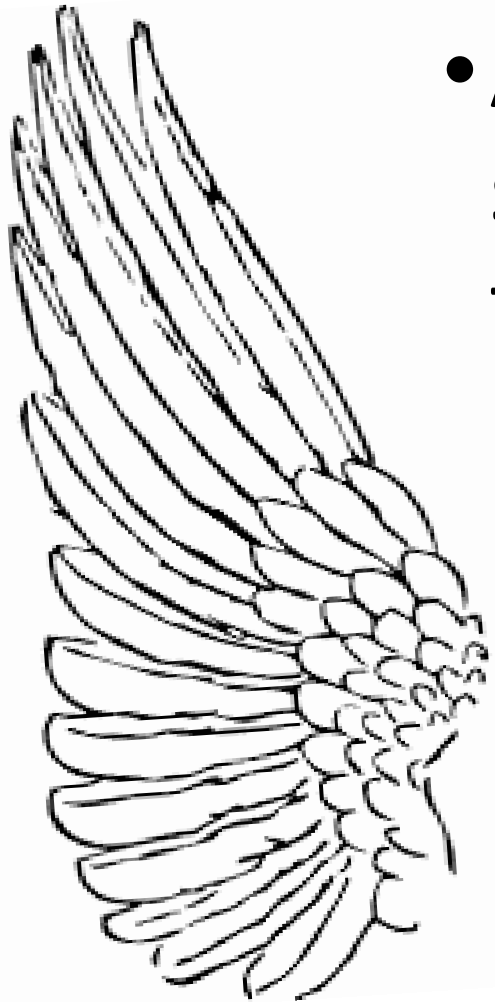
Tribal entities are beginning to develop a 'trusted relationship' with the Council, as a result of its consistent outreach, training and technical assistance efforts in northern California

Capacity-Building: Anecdotes (1 of 3)

The Council's northern regions have had some success in reaching outlying and deeply remote areas with Community Resource Hubs, which has allowed contact with underserved and under-represented towns and individuals.

SCDD has done follow-up with in-person visits and/training for additional buy-in.

Academia de Liderazgo y Abogacía Sistémica (ALAS)



- A monolingual, 6-month systems change, social justice leadership training academy for Spanish-speaking family advocates

20 Family Advocates participated in this program

Capacity-Building: Anecdotes (2 of 3)

It helped me to listen to other parents who shared today and said that their children developed independence over the years and that it is possible! That was very encouraging.

I had attended to your training in the past and it really helped me to help my son be more independent and practice self-advocacy. In the past I'd just choose or speak for him but now I see the importance of giving him opportunities for those things.

Capacity-Building: Anecdotes (3 of 3)

I feel more prepared for my son's future; I feel like this helped me to start supporting him from now on about how to be more independent and make supported decisions in the future and to not always depend on me. I need to give him more space for that.

This helped me realize that I need to raise my expectations for my daughter's life after high school, and that I could also raise my expectations for how the school can support her right now when she is still in school so that when she graduates, she can be ready for employment and/or college.

Statewide Training Series

Throughout FFY 2023, regional (Los Angeles) staff provided weekly virtual statewide trainings focused on individual civil rights and systemic change techniques.

In two-week segments, each topic was first provided in English; the following week, that same training was provided in Spanish.

Trained 231 individuals

Anecdotes: Statewide Training Series

Participants reported that the Council's trainings positively impacted their lives, helping them to repair relationships with service agencies and access more services because of what they learned through SCDD.

SCDD developed positive feedback and goodwill from Spanish-speaking communities because of the language-accessible information, training and technical assistance it has provided.

Capacity-Building: Successes

Roundhouse Council: Thank You, Thank You, Thank you!! I appreciate you all coming and sharing your knowledge! I definitely got a lot out of the training, and I am grateful for the connections!

It is always so helpful to be able to have training in our own language. I am so grateful for interpretation whenever it's available, but it is just not the same. I am grateful that we were able to discuss this topic in our language and that we have resources that we can read and understand.

Capacity-Building: More Successes (Continued)

I never really thought about all my child could do after high school and how I can ask for services right now while he is in school. This helped me open my eyes to the possibilities and to what I can be doing right now.

It is always so helpful to be able to have training in our own language. I am so grateful for interpretation whenever it's available, but it is just not the same. I am grateful that we were able to discuss this topic in our language and that we have resources that we can read and understand.

Capacity-Building: Thank You!!

Alternatives to Conservatorship training is such a sensitive topic in our community, and I appreciate being given information and being informed about my options without being judged. Thank you for presenting with sensitivity to our feelings about this topic, because it is a complicated one. (Family Advocate)

Capacity-Building: Thank You!! (Continued)

Thank you for training us throughout the year. It has been so important, and I hope you never stop doing the trainings in Spanish and virtually because it helps us here in areas where we don't get a lot of help in our language.

I have learned so much this year with SCDD. Thank you! It has made such a difference for me and my family because we have been able to advocate better for our needs.

Capacity-Building: Thank You!! (Cont.)

I have learned so much this year with SCDD. Thank you! It has made such a difference for me and my family because we have been able to advocate better for our needs.

Thank you for talking about how mental health and disability can co-exist and how hard that is. This was so helpful!

This topic and self-reflection was so important. Sometimes I don't think about how my mood impacts my ability to help my kids.

Goal 3: Progress toward 5-year Measures

People Trained

46%

A horizontal progress bar for 'People Trained' showing 46% completion. The bar is dark blue with a lighter blue segment representing the remaining 54%.

**Technical Assistance
(People)**

44%

A horizontal progress bar for 'Technical Assistance (People)' showing 44% completion. The bar is dark blue with a lighter blue segment representing the remaining 56%.

**Capacity-Building
Projects**

146%

A horizontal progress bar for 'Capacity-Building Projects' showing 146% completion. The bar is dark blue and extends beyond the right edge of the chart area.

**SA/FA reached
(Obj. 3.3)**

40%

A horizontal progress bar for 'SA/FA reached (Obj. 3.3)' showing 40% completion. The bar is dark blue with a lighter blue segment representing the remaining 60%.

2023 OVERVIEW

Disparity Outreach

Activities Serving Diverse Populations

- **422** Cross-disabilities
- **215** Mental illness
- **105** African-American
- **94** Asian
- **98** Native/Tribal/Alaskan Native
- **104** Other
- **526** Hispanic/Spanish-speakers
- **86** Homeless/Unhoused
- **71** Elders
- **171** Rural/Frontier
- **48** LGBTQII2
- **25** Native Hawaiian/Pacific Islander
- **13** Veterans

Disparity Outreach

Activities Inclusive of non-English Languages

1	Arabic	11	Korean
3	Braille	22	Other
6	Chinese (Cantonese)	261	Plain Language
25	Chinese (Mandarin)	61	Sign Language
1	Farsi	981	Spanish
3	Hmong	4	Tagalog
1	Japanese	47	Vietnamese

2023 Collaborative Partners

Federal Partners

DRC

UCD Mind Institute

UCLA Tarjan Center

USC Children's
Hospital

State Agencies/Depts.

Cal Able CHHS

Cal OES DDS

CDA DIR

CDE DOR

CDCR DSS

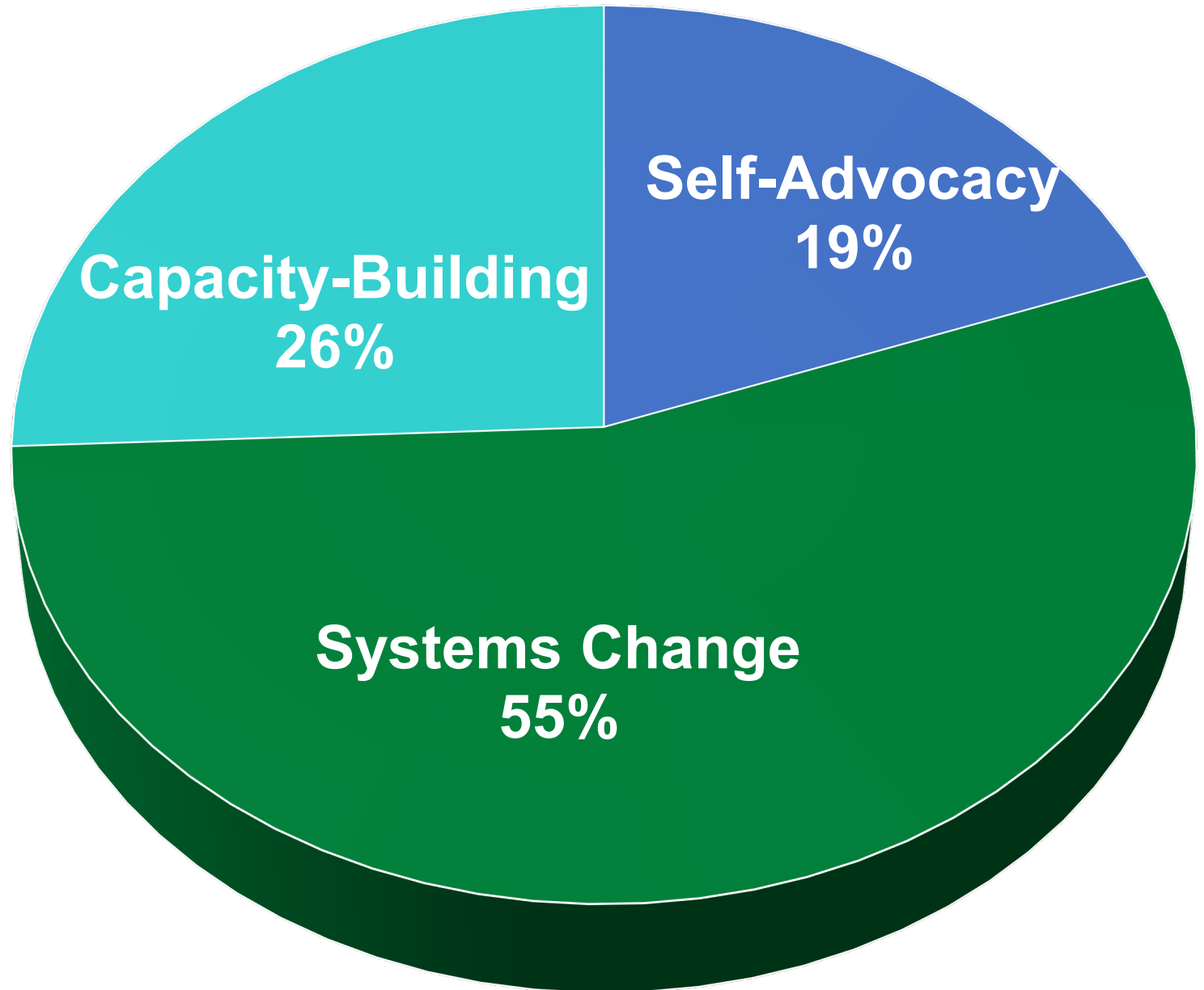
CDPH ODI

Other State & Local Collaborative Partners

Over 850 entities
throughout the
state

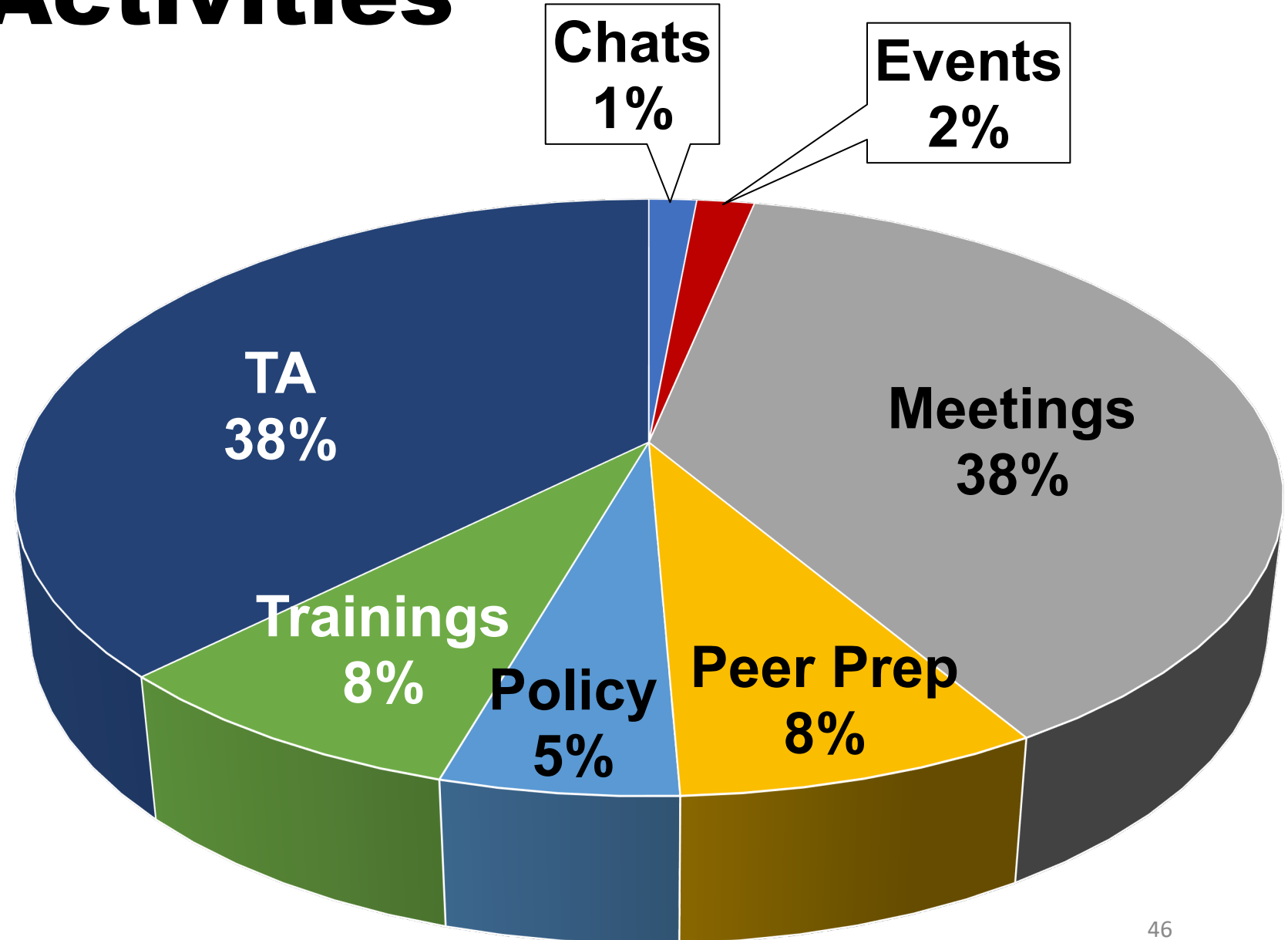
(e.g. regional centers,
school districts,
community-based
organizations, etc.)

2023
Activities by
Goal Area
(not including TA)

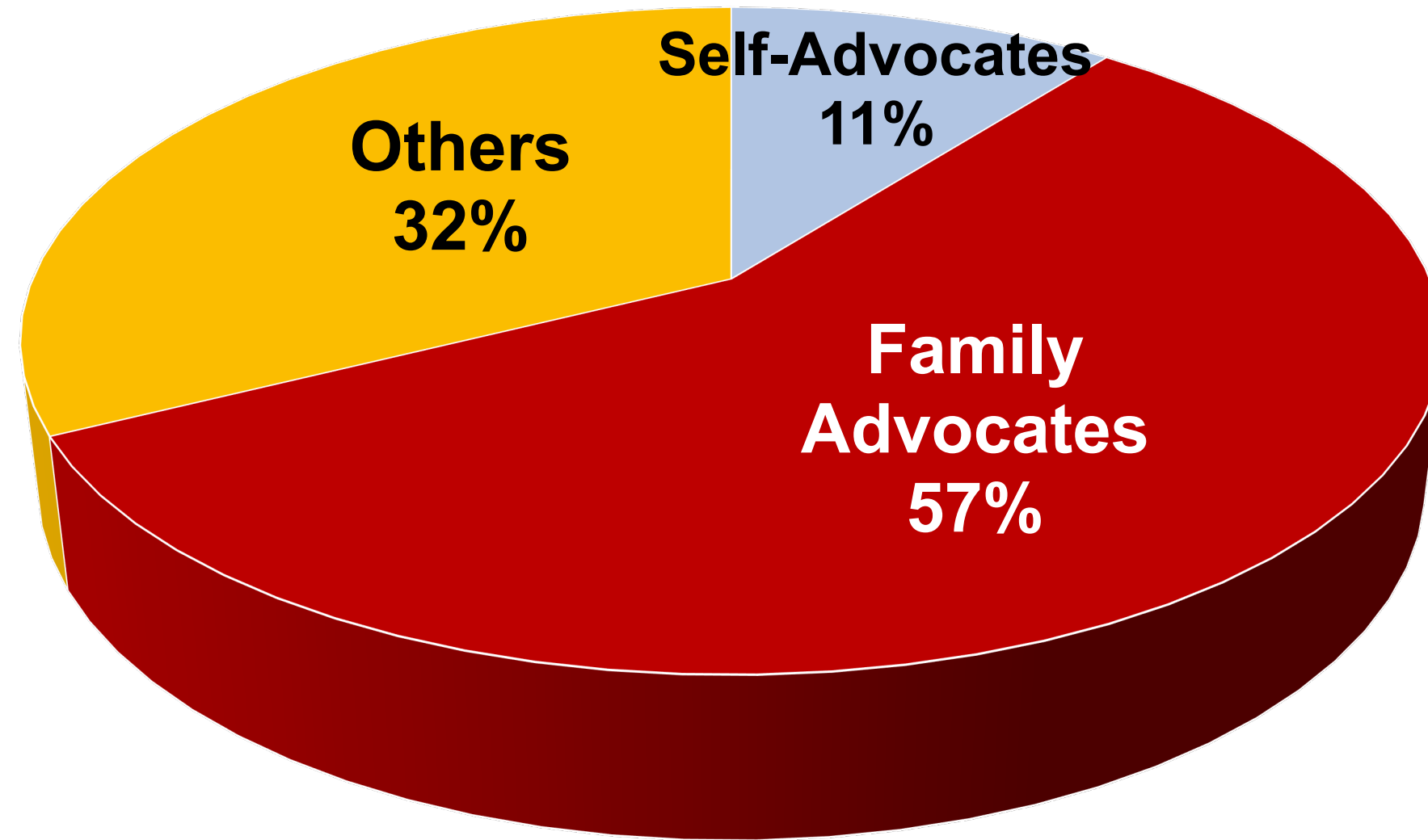


2023 Major Activities

**Total # of
Activities:
7,126**



2023: Total People Trained (all Goals)

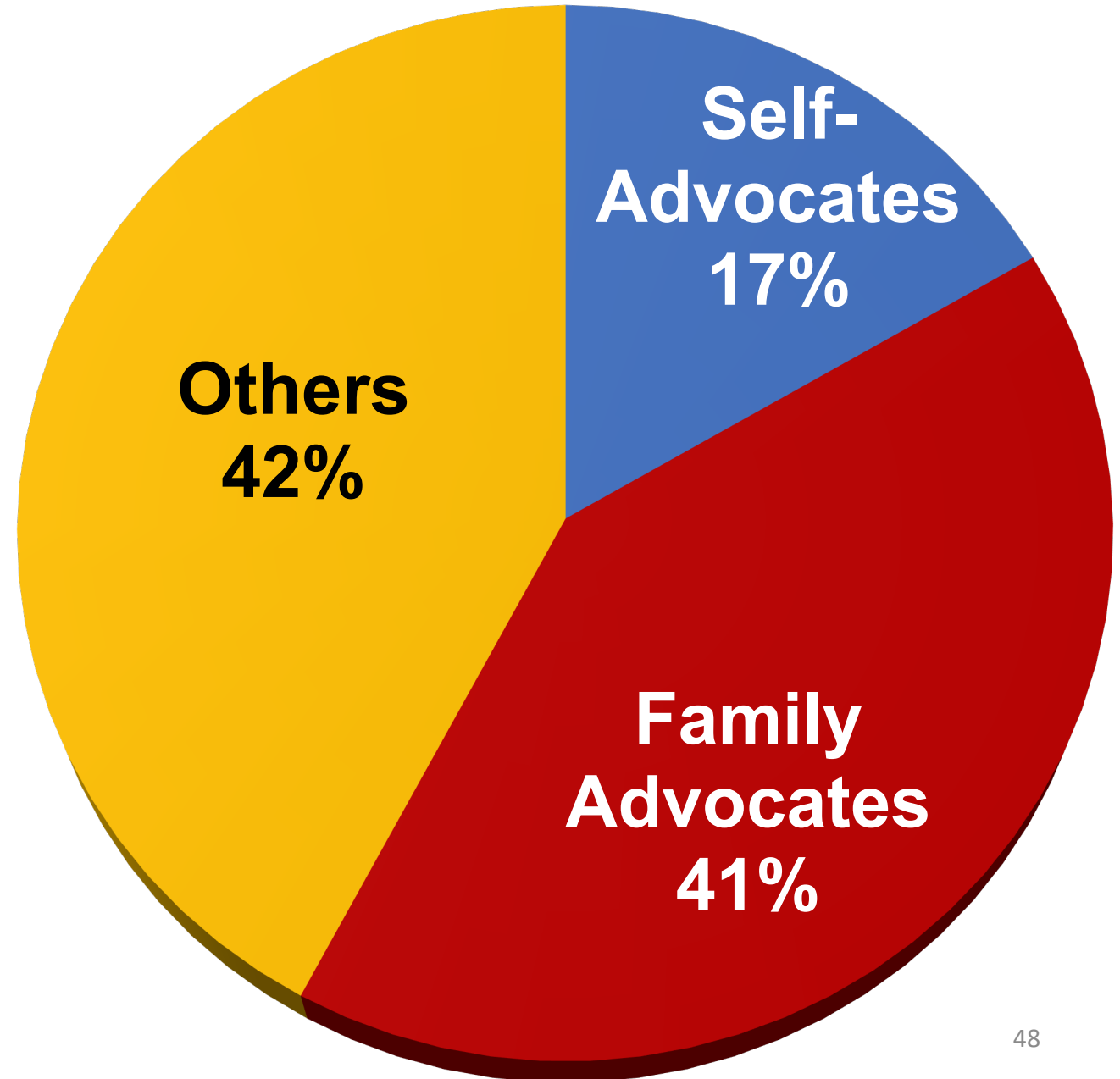


Total
trainings:
658

Total people
trained:
19,912

2023: Total Technical Assistance

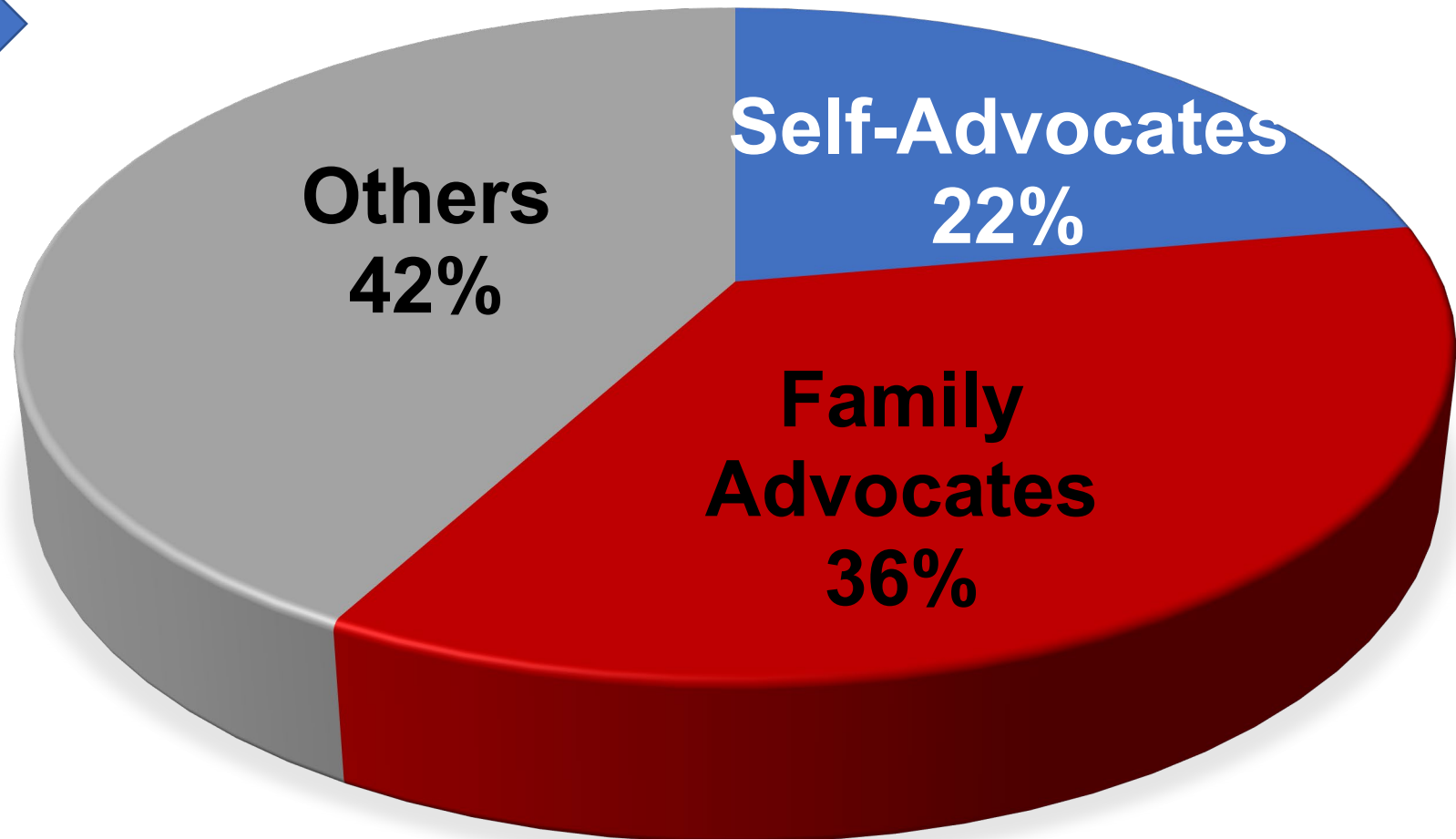
**Total People
reached
through TA:
5,164**



2023 Total People Reached

(through trainings, meetings, events & technical assistance)

**84,139
people**



Key Takeaways



**State Plan Goal/Objective
Progress – met or exceeded
Year 2 measures**



**Attention to systems
change work is reflected in
data**



**Increased outreach to
underserved communities**