Person Center Plan

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Person Centered Thinking

- It's about the individual
- It is about "YOU"
 - What do you like?
 - What do you dislike?
 - What are your dreams?
 - What are your strengths?
 - What are your goals?
 - What do you want to do?



Person Centered Planning

- The process where you and your team gather the information and put it together
- Your team is made up of:
 - YOU
 - Anyone YOU want:
 - Circle of support
 - Loved ones
 - Family
 - Friends
 - Service providers
 - Regional center
 - Teachers, and so on



Circle of Support



It starts with you and expands from those closest to you to those farther around you

Person Centered Planning

- Minnesota's Governor's Council on Developmental Disabilities video
- Click here to watch the video: https://www.youtube.com/watch?v=-mqqq5ICzHQ

- Publication: It's MY Choice
- https://mn.gov/mnddc/extra/publications/lts-My-Choice.pdf

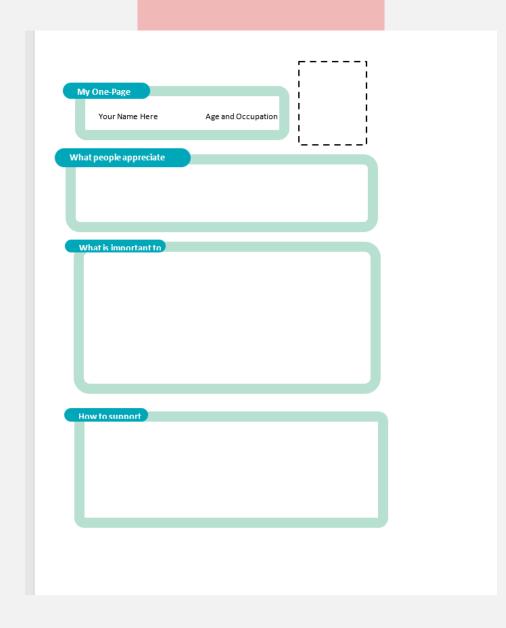
Person Center Plan (PCP)

- Its purpose is a fulfilling and joyful life by
 - Empowering you
 - Making connections
 - Making detailed plans on how to achieve outcomes
- It can be a simple document or complex
- It can be completed by you and your family or pay an individual/agency to do it for you
- For resources on who is certified to do PCP check with
 - your local regional center OR
 - State council on developmental disabilities regional office
- It's NOT required



Person Center Plan

- The Core Values are for YOU to have
 - Choice
 - Independence
 - Respect
 - Participation
 - Positive- be strength based, not deficit based



One page Description

A snapshot of you

Can be simple or Fancy





"A great Advocate for herself and others"

"Says what she thinks" "Easy to talk to"

Feeling like a belong to a

community

Sample of one page description



THANK YOU!

