



## NOTICE/AGENDA

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**ZOOM LINK:**

<https://bit.ly/SCDDSAACMay2023>

**MEETING ID: 873 1981 4592**

**MEETING PASSWORD: 450202**

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**(669) 900-9128**

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**MEETING PASSWORD: 450202**

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### **STATE COUNCIL ON DEVELOPMENTAL DISABILITIES SELF-ADVOCATES ADVISORY COMMITTEE MEETING**

POSTED AT: [www.scdd.ca.gov](http://www.scdd.ca.gov)

**DATE:** May 22, 2023

**TIME:** 1:30 P.M. to 4:30 P.M.

**COMMITTEE CHAIR:**

Nicole Adler

**Item 1. CALL TO ORDER**

**Item 2. ESTABLISH QUORUM**

**Item 3. WELCOME AND INTRODUCTIONS**

**Item 4. PUBLIC COMMENTS**

This item is for members of the public only to provide comments and/or present information to the Committee on matters not on the agenda. Each person will be afforded up to 3 minutes to speak.

Additionally, there will be up to 5 minutes allocated to hear from the public on each agenda item, with each person allotted up to 1 minute to comment.

**Item 5. APPROVAL OF MARCH 20, 2023 MINUTES**



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**Item 6. MEMBER UPDATES**

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- A. Updates/Concerns from Regional Advisory Committees
- B. Emerging Issues or Barriers to Self-Advocacy
- C. Community self-advocacy projects/activities
- D. SCDD Committee Updates
- E. Recommendations for Future Meetings and Projects

**Item 7. REVIEW OF COUNCIL BUSINESS**

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Presented by: SCDD Staff

- A. SCDD Agency Update
- B. Review of Council Agenda
- C. Developmental Center Update

**ITEMS RELATED TO COUNCIL BUSINESS ARE INCLUDED IN THE COUNCIL PACKET**

## **Item 8. SCDD TRAVEL POLICY TRAINING**

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Presented by: SCDD Staff

## **Item 9. LIVING IN CHANGING TIMES**

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## **Item 10. ADJOURNMENT**

Next Meeting: July 17, 2023

### **Accessibility**

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**All times indicated and the order of business are approximate and subject to change.**

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**MAY 22, 2023**  
**AGENDA ITEM 5**  
**ACTION ITEM**

**SELF-ADVOCATES ADVISORY COMMITTEE**  
**STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

**Approval of March 20, 2023 Minutes**

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***Action Recommended***

Approve the March 20, 2023 SAAC Minutes

***Attachments***

- March 20, 2023 SAAC Minutes

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**SELF-ADVOCATES ADVISORY COMMITTEE MEETING MINUTES  
MARCH 20, 2023**

**Members Present**

Nicole Adler (SA)  
Jeana Eriksen (SA)  
Julio Garnica (SA)  
Maria Marquez (SA)  
Kara Ponton (SA)  
Alex Reyes (SA)  
Rosanna Ryan (SA)  
Wesley Witherspoon (SA)  
Eric Ybarra (SA)

**Members Absent**

Julie Gaona (SA)

**Others Attending**

Rihana Ahmad  
Chris Arroyo  
Renee Bauer  
Aaron Carruthers  
Sofia Cervantes  
Janet Fernandez  
Dena Hernandez  
Riana Hardin  
Beth Hurn  
Peter Mendoza  
Charles Nguyen  
Victoria Schlusser

**1. CALL TO ORDER**

Committee Chair Nicole Adler called the meeting to order at 1:36 P.M.

**2. WELCOME AND INTRODUCTIONS**

Committee members and others in attendance introduced themselves.

**3. ESTABLISHMENT OF QUORUM**

A quorum was established.

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Legend:

SA = Self-Advocate

FA = Family Advocate

**4. MEMBER UPDATES**

Members shared issues of concern in their communities including the impact recent weather-related power outages had on self-advocates, access to services during emergency situations, the need to promote inclusion in all school activities, access to facilitation and personal care services, and low attendance at self-advocacy meetings.

**5. PUBLIC COMMENT**

A public member, Alex the Poet, introduced himself to the committee.

**6. APPROVAL OF JANUARY 23, 2023 MINUTES**

Members reviewed the minutes from the January 23<sup>rd</sup>, 2023 meeting. The minutes can be found starting on page 7 of the March 2023 SAAC packet.

**ACTION 1**

It was moved/seconded (Ybarra [SA]/ Eriksen [SA]) and carried to approve the January 23<sup>rd</sup> minutes as presented. Motion passed without objection.

**7. REVIEW OF COUNCIL BUSINESS**

SCDD Executive Director Aaron Carruthers provided members with an update on the status of the agency and an overview of the March Council meeting agenda. Staff members from the offices of Assemblymember Arambula's and Senator Caballero's will be attending the Council meeting to talk about SCDD sponsored legislation. Members shared their concerns about affordable housing and how people have treated them differently because of their disability.

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Legend:

SA = Self-Advocate

FA = Family Advocate



**8. CYCLE 46 GRANTS**

SCDD State Plan and Self-Advocacy Manager Rihana Ahmad provided a demonstration of the new grant submission platform for SCDD and reviewed proposed project descriptions for Cycle 46 Program Development Grants. Members provided feedback and made suggestions to improve the project descriptions. Suggestions from members included defining what a “toolkit” is and that it should include existing resources, consistency with how acronyms are used, the need to develop/update an acronym list for grantees, and the need to develop resources to help transition age youth understand the Ticket to Work Program and resources for how to get their first job.

**9. SCDD FACILITATION GUIDE FEEDBACK**

Self-Advocacy Disability Expert Advisory Panel (DEAP) Co-Chairs, Dena Hernandez, North Valley Hills Regional Office Manager, and Peter Mendoza, Sacramento Regional Office staff, reviewed the DRAFT SCDD Facilitation Guide with members for feedback. Members shared their thoughts on the language, design, and tone of the document. Several members thought that the document would be a helpful resource for self-advocates interested in serving on boards.

**10. SELF-ADVOCACY PROJECT HIGHLIGHT**

SCDD Los Angeles Regional Office Manager Chris Arroyo provided members with an overview of the syllabus for the Self-Advocates Leadership Academy (SALA) and asked for feedback on the program. Members suggested that future Academies include information about asking for facilitation and personal care services.

**11. SSAN REPORT**

Councilmember Maria Marquez provided the committee with a report on SSAN activity since the January meeting.

**12. ADJOURNMENT**

The meeting was adjourned at 4:25 P.M.

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Legend:

SA = Self-Advocate

FA = Family Advocate

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**MAY 22, 2023**  
**AGENDA ITEM 6**  
**INFORMATION ITEM**

**SELF ADVOCATES ADVISORY COMMITTEE**  
**STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

***Member Updates***

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Each member will have five minutes to give the committee updates on local and regional concern(s) for people with intellectual and developmental disabilities (I/DD). Updates may include:

- A. Updates/Concerns from the Regional Advisory Committees (RAC)
- B. Emerging issues or barriers to self-advocacy
- C. Community self-advocacy projects/activities
- D. SCDD Committee Updates

**Attachments:**

None

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**MAY 22, 2023**  
**AGENDA ITEM 7**  
**INFORMATION ITEM**

**SELF ADVOCATES ADVISORY COMMITTEE**  
**STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

***Review of Council Business***

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State Council on Developmental Disabilities staff will review Council Business with the committee. This item may include:

- A. SCDD Agency Updates
- B. Review of Council Agenda items
- C. Developmental Center Updates

**Items related to this agenda item can be found in the Council Packet.**

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**MAY 22, 2023**

**AGENDA ITEM 8  
INFORMATION ITEM**

**SELF ADVOCATES ADVISORY COMMITTEE  
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

***SCDD Travel Policy Training***

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In preparation for the July in-person Council and SAAC meeting, SCDD staff will provide members of the Self-Advocates Advisory Committee with a training on SCDD policies related to travel and the process for arranging travel and filing travel expense claims.

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**MAY 22, 2023**  
**AGENDA ITEM 9**  
**INFORMATION ITEM**

**SELF ADVOCATES ADVISORY COMMITTEE**  
**STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

***Living in Changing Times***

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Since the start of the COVID-19 Pandemic, self-advocates have reported changes to their mental health due to prolonged periods of social isolation and disruptions to daily activities. Members of the Self-Advocates Advisory Committee (SAAC) have mentioned that mental health is an ongoing issue of concern in their communities as we continue to navigate uncertain times.

This agenda item serves as an opportunity for the committee to talk about their concerns about mental health, self-advocacy, and community participation as the state and national public health emergency come to an end and the Council prepares to resume holding some meetings in-person.

Here are some questions to think about for this discussion item:

- How has your mental health changed over the last few years?
- What problems have you noticed since the shift to remote activities?
- Are there any activities, concerns, or strategies SCDD should keep in mind as we shift back to in-person activities?

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**MAY 22, 2023**  
**AGENDA ITEM 11**  
**INFORMATION ITEM**

**SELF ADVOCATES ADVISORY COMMITTEE**  
**STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

***Adjournment***

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The next committee meeting is scheduled for July 17, 2023.

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