

North Bay Regional Advisory Committee

Meeting Minutes

Meeting of November 28, 2022

Posted at: scdd.ca.gov/northbay



I. Call to Order

- a. Meeting called to order.

II. Welcome & Introductions

RAC Member Attendance (mark if present)

- | | |
|--|---|
| <input type="checkbox"/> Chen Curtiss | <input type="checkbox"/> Zoe Bartholomew |
| <input checked="" type="checkbox"/> Ellen Sweigert | <input type="checkbox"/> Donna Martinez |
| <input type="checkbox"/> Maria Avina | <input checked="" type="checkbox"/> Bobby Craig |
| <input type="checkbox"/> Angela Zamora | <input type="checkbox"/> Holly Armijo |

Members of the Public

- | | |
|---------------------|----------------|
| Emmanuel Walker | Marr Angeles |
| Quanda Ellis Walker | Caronda Carter |
| Sara Scripps | Ronald |

SCDD Staff Attendance (mark if present)

- | | |
|--|--|
| <input checked="" type="checkbox"/> Lisa Hooks | <input checked="" type="checkbox"/> Tobias Weare |
|--|--|

III. Establish Quorum

- a. Quorum not present. No action can be taken. Meeting for informational purposes only.

IV. Public Comments

- a. Discussion about outreach, specifically outreach to youth with Intellectual/Developmental Disabilities (I/DD).
 - i. Suggestions to advance outreach included:
 1. Target transition aged youth & young adults through schools or transition programs.
 2. Utilize schools and the Regional Center (RC).
 3. Be mindful of historic and cultural differences.
 4. Be aware that not all members of the I/DD community are RC clients.

5. Be aware that many community members may be at work or school so meetings outside of normal business hours may be beneficial.
 6. Visiting programs is another way to engage the I/DD community.
 7. Outreach anywhere the youth are including libraries, parks, restaurants, people's houses (if safe), and other public spaces.
 8. Visit school programs and colleges.
 9. Outreach at transition fairs and other non-profit programs.
 10. Use both personal and professional social circles to distribute information.
 11. Special Olympics and local recreational camps.
 12. Use social media since people are already there.
 13. Using Zoom to make meetings more easily accessible.
 14. Teach youth how to conduct meetings properly.
 15. Churches can be a good outreach tool.
 16. Parent's groups.
- ii. Update on North Bay RC (NBRC) community outreach staff efforts. Lack of participation from stakeholders seems to be hampering outreach efforts.
 - iii. Recruitment of RAC members.
 1. Sara and Ronald are interested in serving on the RAC.
 2. We can recruit our friends and others to serve on the RAC as well.
 - iv. Ways that RAC members can be involved.
 1. Attend transition fairs.
 2. Join community groups.
 3. Participate in NBRC Community Conversations Meetings. They are held quarterly and allow input on the RC.
 - v. There is a need for more assistance and training for individuals with I/DD who are moving out of their family home to be as independent as possible.

V. Self-Determination Advisory Committee (SDAC) Update

- a. For more information on the local SDAC of the NBRC, please use this link: [Self-Determination Advisory Committee](#)

VI. Adjournment

- a. The RAC meeting adjourned at 1:28 pm.

The next RAC meeting will be:

March 27, 2023

11:30 AM to 1:30 PM