

# Statewide SDAC

Introduction and Request

Self Determination Advocate Leaders

# The Self Determination Self Advocate Leadership Committee

- Kecia Weller
- Priyanka Nookala
  
- SDSALC (kw)
  - Includes self advocates and family members
  - Includes adults (over 18) interested in self determination
  - Meets monthly by Zoom on Second Mondays at 3:00
  - Invitations to join meeting sent to 191 stakeholders each month
  - Attendance between 8 to 20 participants per month.
  - Facilitated by David Grady, SCDD Central Coast staff.

# The Mission Statement (pn)

- Based on the Five Principles of Self Determination: Freedom, Authority, Support, Responsibility, and Confirmation, the Self Determination Advocate Leadership Committee will work with other stakeholders and advocates to support service models that...
  - **Makes sure all people served by the regional center are fully informed about self-determination.**
  - Are easy, are available to everyone, and follow clear procedures necessary to get services.
  - Are always improving to be more effective, that guarantee communication and materials for self-determination are in plain language and accessible.
  - Makes sure decision makers at all levels gets rid of barriers to self-determination
  - When SD is provided, it's timely, productive, and respectful of the advocates and their person-centered preferences.

# Our Concern

- Not every person with a case open at Regional Center knows about Self Determination
  - Priyanka's story
  - Kecia's story

# Our Research (dg)

- Emailed Local Advisory Committees and Participant Choices Specialists from 8 regional centers a survey requesting information about how people receiving services from regional center are notified about self determination.

# Our Findings (pn)

- Answers back from only 4 Regional Centers
  - Inform in a number of ways:
    - Social Media and RC Website
    - Informational Meetings
    - Mailed Letters
    - At annual IPP, with one RC beginning on 7/1/22, requiring material shared at IPP annual
    - Tracked in IPP
    - Reported in writing or verbally at Local Advisory Committee meetings

# Our Findings (pn)

- Low Response Rate
- No Standard Practice
- Inconsistent messaging at IPP (stories of service coordinators dismissing self determination or speaking negatively)
- Individual receptivity based on particular need or timing (“information lost in paperwork”)
- General marketing, information sharing, and awareness building difficulties throughout Regional Center system. Not everyone is receiving the social media message.

# Our Findings (kw)

- 4 General Responses

- Yes, have heard about Self Determination and have gone to orientation, and transitioning
- Yes, have heard about Self Determination, but not for me.
- Yes, have heard about Self Determination but have heard negative things about it, **or was discouraged from participating?**
- **No, have not heard about Self Determination.**



# SDA Leadership Request (pn, kw, dg)

- Require Self Determination model be discussed by service coordinator and planning team at all IPP meetings. (kw)
- Plain Language written fact sheet reviewed, discussed, and distributed at all IPPs. (pn)
- Discussion and material distribution documented in IPP and other database. (dg)
- Data on Self Determination discussions be shared at all local advisory committee meetings and reported at SSDAC meetings. (dg)
- Insure **objective** presentation of SD information by service coordinators. (pn)

# SDA Leadership Request

- SD Advocate Leadership Committee willing to work with SSDAC and all LACs to make this request to DDS and all Regional Centers and help with implementation. (kw, pn)
- SD Advocate Leadership Committee willing to work SSDAC and LACs on other outreach projects. (dg)
  - Instagram or Tik Tok idea.

# Indication of Success (kw)

- More and more people served by regional center report they have heard about self determination as one possible method to receive services and supports.
- Local Advisory Chairs can report back to SSDAC the information they receive from Regional Centers about SD notification at IPP's from the advisory committee reports they receive.