The State Council on Developmental Disabilities (SCDD) has been contracted to assist DDS by providing orientation and training to all consumers and families who are interested in participating in the Self-Determination Program.
Overview of Orientation

- 5 modules
- Plain language
- 7 threshold languages
  - Spanish, Chinese, Vietnamese, Tagalog, Korean, Hmong, Farsi, Armenian, and Arabic
- All materials translated to threshold languages
- Videos, success stories, interactive exercises, and supplemental materials
Overview of Orientation

- Orientations will be offered at various times throughout the week and weekend
- Virtual, with future in-person opportunities
  - Real-time and simultaneous translation
- Paid co-trainers
  - Self-Advocates (SAs), and Family-Advocates (FAs) in the Self-Determination Program
Statewide Orientation adapts best practices from existing SDP trainings implemented by:

- DDS
- Independent Facilitators
- Financial Management Services
- Regional Centers
- Self-Advocacy groups
- Statewide Self-Determination Advisory Committee
5 Modules

1. Overview of the SDP
2. Person-Centered Planning
3. Individual Budget and Spending Plan
4. Working with Others (RC Staff, Independent Facilitator, FMS, Service Providers, SDP Team)
5. How to select and arrange Self-Determination Services
Orientation Vetting

- The orientation modules have been informed by self—advocates and family—advocates as required by DDS through:
  - SDP Participant feedback
  - Self—Determination Local Advisory Committee (SDLAC) meetings
  - SDP Group feedback and commentary
    - Self—advocate, family—advocate, community & independent facilitator
  - Self—Advocates Advisory Committee (SAAC)
Information was gathered during the orientation vetting process that has highlighted major emerging and ongoing Self-Determination Program trends.

Major trend categories:
- Resources
- Capacity and Quality Building
- Disparity and Equity
- Training
Major Self-Determination Program Trends

- **Resources**
  - Regional Center internal contact list and Self-Determination Program process checklist
  - Ongoing tracking and surveying
    - Participant numbers, ethnicity, age, diagnosis
  - Technology access and assistance

- **Capacity and Quality Building**
  - Financial management service (FMS), Person-centered planner, and Independent facilitators
  - Effective and efficient onboarding processes
    - FMS, Service providers, staff, etc.
Major Self-Determination Program Trends

- Disparity and Equity
  - Individual budgets, language barriers

- Training
  - Budget vs. Spending Plan
    - Unmet needs, use of generic resources
  - Finding & hiring staff and services
  - Payment determination, procedures, and policies
  - Services and supports paid for outside of the budget
  - Ombudsperson, Participant Choice Specialists, Family Resource Centers and SDACs roles
SSDAC Feedback

- Provide feedback that ensures that the learning objectives for the modules listed are effective for participants and families entering SDP.
  1. Overview of the SDP
  2. Person-Centered Planning
  3. Individual Budget and Spending Plan
  4. Working with Others (RC, Independent Facilitator, FMS, Service Providers, SDP Team)
  5. How to Select and Arrange SDP Services
Overview of the SDP Learning Objectives

- Define the Self-Determination Program
- Introduce the Principles of Self-Determination
- Discuss the steps to join the Self-Determination Program
- Introduce key roles and parts of the Self-Determination Program
- Talk about next steps
Person-Centered Planning Learning Objectives

- Explain person-centered planning
- Identify elements of person-centered planning
- Discuss your team
- Provide examples of person-centered planning
- Talk about preparing for your person-centered planning
Individual Budget and Spending Plan Learning Objectives

- Explain the individual budget and spending plan
- Discuss changing your individual budget
- Follow a participant through the budgeting and spending plan process
- Introduce resources and tools for the individual budget and spending plan
Working with Others Learning Objectives

- Explain and explore free supports
  - You, Your Team, Regional Center Staff & Family Resource Centers

- Explain and explore paid supports
  - Service Providers, Financial Management Service & Independent Facilitator (optional)

- Discuss how each support can help in the Self-Determination Program
How to Select and Arrange SDP Services
Learning Objectives

- Explain the Home and Community Based Services Final Rule
- Discuss finding services and supports
- Follow a participant while they select and arrange services
- Discuss how you buy things and hire supports
- Introduce resources and tools
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