

Regional Grant Project Proposals

RO 1: North Coast

Education (Capacity-Building; Underserved Population - Tribal Communities)

The State Council on Developmental Disabilities (SCDD) is invested in ensuring that all California families and individuals with intellectual/developmental disabilities (I/DD) have access to an inclusive, free and appropriate public education (FAPE) that provides full inclusion of students with I/DD. SCDD acknowledges that there have been barriers in providing culturally competent, accessible FAPE information to California's richly diverse tribal communities and is seeking a trusted entity (e.g. agency, group, team or individual) within a tribal community to provide training, technical assistance (TA) and support to build capacity in families and children with I/DD who are eligible for/receiving special education services within a least restrictive setting. The pilot project will assist Native/tribal communities and SCDD to develop a working relationship and will serve as a replicable model (for other regions throughout the state), using demonstrated best or promising practices to provide effective, culturally competent outreach, support and services to underserved Native/tribal communities in California. The completed project will produce a report that identifies real/potential barriers, best/promising practices and effective strategies in assisting these families to obtain timely FAPE services that promote full inclusion for eligible children with I/DD in the least restrictive setting.

The project grantee will:

- ✓ 1) Have demonstrated cultural competence in program outreach and service to and 2) provide letters of support from underserved Native/tribal communities
- ✓ Have knowledge about and relevant experience with special education rights, programs and services, and IEP strategies, as delivered in the least restrictive setting
- ✓ Be committed to a special education delivery model that promotes full inclusion of students with I/DD and is provided within least restrictive educational settings

The grantee will develop and implement a pilot project that will:

- ✓ Identify and serve families within one or more tribal communities in the SCDD North Coast Regional Office (NCRO) catchment area (including Del Norte, Humboldt, Mendocino and/or Lake counties)
- ✓ Identify, build and measure the capacity of tribal families of children with I/DD to seek and obtain FAPE/special education services within least restrictive settings
- ✓ Provide culturally competent curriculum, training, referrals and support to tribal families of children with I/DD eligible for/receiving special education services
- ✓ Deliver a combination of in-class training, one-to-one technical assistance (TA) and modeling of effective strategies to develop and implement a culturally competent, Individualized Education Plan (IEP) for children (with I/DD) of tribal communities eligible for/receiving special education services within the least restrictive setting
- ✓ Demonstrate best or promising practices in culturally competent outreach, training and educational support efforts within Native/tribal community settings
- ✓ Be a replicable program, using identified promising or best practices

RO 2: North State

Accessible Health and Safety (Systems Change/Capacity-Building/Advocacy)

The State Council on Developmental Disabilities (SCDD) is invested in ensuring that all California families and individuals with intellectual/developmental disabilities (I/DD) have access to effective, timely and affordable healthcare with trained, culturally competent and professional practitioners. SCDD acknowledges that there have been barriers for individuals and families with I/DD in obtaining accessible health-related information, navigating health systems and/or communicating effectively with medical/dental and/or other health personnel and is seeking an entity (e.g. agency, group, team or individual) to improve communication tools (e.g. standardized checklists, plain language descriptions of common medical resources, conditions, terms, communication, diagnostic/treatment/care tips, providers, etc.) for individuals and families with I/DD and the healthcare professionals that serve them. The pilot project will serve as a replicable model (for other regions throughout the state), using demonstrated best or promising practices to provide effective, culturally competent outreach, information and/or training to medical professionals and individuals/families with I/DD in California. The completed project will produce a report that identifies real/potential barriers, best/promising practices and effective strategies in assisting individuals/families with I/DD to obtain effective health care from providers who are more culturally competent in identifying health-related needs and communicating effectively with individuals/families with I/DD. Priority will be given to projects that engage underserved populations (in urban and/or rural settings).

The project grantee will:

- ✓ Have demonstrated subject matter expertise in healthcare and related fields
- ✓ Have demonstrated cultural competence in the field of intellectual/developmental disabilities
- ✓ Have demonstrated linguistically, culturally and ethnically diverse cultural competence

The grantee will develop and implement a pilot project that will:

- ✓ Deliver a combination of in-class training, one-to-one technical assistance (TA) and best/promising practice-modeling of effective strategies to enhance communication between healthcare practitioners and families/individuals with I/DD
- ✓ Provide culturally competent, healthcare-related curriculum, resources, training, referrals and support to individuals/families with I/DD in the North State Regional Office (NSRO) area of California (Siskiyou, Modoc, Trinity, Shasta, Lassen, Tehama, Plumas, Glenn and Butte counties)
- ✓ Provide a plain language, standardized checklist to assist individuals/families with I/DD in communicating health-related concerns (e.g. dental/physical/unexplained pain, skin issues, mental/emotional concerns, potential STIs, etc.) to health practitioners and/or engage in monthly health/wellness self-checks (e.g. breast/testicular, etc.)
- ✓ Provide culturally competent, I/DD-related curriculum, resources (e.g. plain language checklists, self-help guides, etc.), training and technical assistance/support for health professionals/personnel
- ✓ Be a replicable program, using identified promising or best practices

RO 3: Sacramento

Health and Safety (Capacity-Building/Advocacy)

The State Council on Developmental Disabilities (SCDD) is invested in ensuring that all California families and individuals with intellectual/developmental disabilities (I/DD) engage safely and effectively with law enforcement and other first responders within home and/or community-based environments. SCDD acknowledges that individuals/families with I/DD have experienced adverse interactions and service barriers in regard to public safety and emergency response personnel and would benefit from structured opportunities for individuals to interact and spend time with, ask questions of and have discussions with first responders throughout the 10-county urban and rural catchment served by the SCDD Sacramento Regional Office (SacRO), which includes Sacramento, Yuba, Sutter, Colusa, Yolo, El Dorado, Alpine, Placer, Nevada and Sierra counties. SCDD is seeking a culturally competent entity (e.g. agency, group, team or individual) to develop/provide curriculum, resources (e.g. tip sheets, 1-page information sheets, personal safety/identification cards, etc.), trainings, skill acquisition and opportunities for participant preparation and practice, in order to effectively interact/communicate with first responders. Priority will be given to projects that focus on underserved populations (in urban and/or rural settings).

The project grantee will:

- ✓ Have demonstrated subject matter expertise in the law enforcement and related public safety/emergency response field(s)
- ✓ Have demonstrated cultural competence in the field of intellectual/developmental disabilities
- ✓ Have demonstrated linguistically, culturally and ethnically diverse cultural competence

The grantee will develop and implement a pilot project that will:

- ✓ Deliver a combination of in-class training, one-to-one technical assistance (TA) and best/promising practice-modeling of effective strategies to enhance communication between first responders and families/individuals with I/DD
- ✓ Provide culturally competent curriculum, resources, training and support to individuals/families with I/DD in the SCDD SacRO catchment area
- ✓ Provide plain language, standardized information to assist individuals/families with I/DD in identifying needs, effectively and safely responding to and asking/answering appropriate questions when communicating with first responders
- ✓ Provide culturally competent, I/DD-related information and technical assistance/support for public safety/emergency response professionals (to include but not be limited to: LE officers, emergency/911 dispatchers, fire personnel, EMS/EMT/ paramedic/transport responders, ER/medical professionals, etc.)
- ✓ Be a replicable program, developing and/ identifying and using promising or best practices

The project grantee will:

- ✓ Ensure that families identified/served through the project have been referred to/received information about SCDD, its mission/values, and SacRO staff and services by the conclusion of the project
- ✓ Complete the identified project no later than 10.1.23
- ✓ Be subject to non-performance penalties, in failing to meet identified project deadlines
- ✓ Provide bi-monthly progress reports to SCDD, as directed, with both quantitative and qualitative data
- ✓ Provide a copy of all curriculum, resources, materials, guidance, etc. used in the course of the project
- ✓ Provide a final report (by 10.15.23) with project results, findings, recommendations and descriptions of demonstrated best/promising practices, using both quantitative qualitative data and providing all source citation(s)

RO 4: North Bay

Health & Safety/Early Identification & Intervention (Capacity-Building/Advocacy)

The State Council on Developmental Disabilities (SCDD) is invested in ensuring that all California families and individuals have access to early identification of intellectual/developmental disabilities (I/DD) and effective referrals to appropriate intervention, supports and services in a timely manner. SCDD acknowledges that families with at-risk infants and toddlers in underserved populations (e.g. black/African American, low-income, inner city and rural children, infants and toddlers who are homeless or in foster care and/or those residing on a reservation) are in need of timely resources/information, and diagnostic, referral, early intervention and related support services. Likewise, medical personnel and other health and daycare providers need information, training, technical assistance and resources about the programs, supports and services available to - and challenges associated with – families with children who have or at risk of acquiring or developing I/DD. SCDD is seeking a culturally competent entity (e.g. agency, group, team or individual) to develop/provide curriculum, resources (e.g. tip sheets, 1-page information sheets, personal safety/identification cards, etc.), outreach, trainings, skill acquisition and technical assistance (TA) for underserved families of at-risk infants/toddlers and the health and daycare professionals that serve them in the SCDD North Bay Regional Office (NBRO) urban and rural catchment areas (Sonoma, Napa and Solano counties).

The project grantee will:

- ✓ Have demonstrated subject matter expertise in health, childcare and related fields
- ✓ Have demonstrated cultural competence in the field of intellectual/developmental disabilities
- ✓ Have demonstrated linguistically, culturally and ethnically diverse cultural competence

The grantee will develop and implement a pilot project that will:

- ✓ Deliver a combination of culturally competent training, technical assistance (TA) and resources to enhance health professionals' and childcare personnel's early identification/reporting of infants/toddlers at-risk for having/developing I/DD in underserved populations
- ✓ Build culturally competent knowledge and referral capacity of health professionals and childcare personnel about community-based resources, supports and services available to families of infants/toddlers at-risk for having/developing I/DD in underserved populations
- ✓ Build skills sets of healthcare practitioners and childcare personnel and families/individuals with I/DD to enhance culturally competent communication and facilitate understanding of risk factors, I/DD, and community-based support/service/referral resources
- ✓ Provide a culturally competent, plain language, standardized checklist to assist childcare personnel and families of at-risk infants/toddlers in communicating health/developmental concerns (e.g. developmental milestone delays, behavioral issues, vision/hearing deficits, etc.) to health practitioners
- ✓ Be a replicable program, using identified promising or best practices

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RO 5: Bay Area

Employment (Capacity Building/Advocacy)

The State Council on Developmental Disabilities (SCDD) is invested in ensuring that all California job seekers with intellectual and/or developmental disabilities (I/DD) have an opportunity to access quality and individualized employment discovery, preparation, placement and support. SCDD is seeking a culturally/ethnically/linguistically competent entity (e.g. agency, group, team or individual) to develop/provide curriculum, resources, trainings, and skill acquisition and job placement opportunities that address job seekers with I/DD experiencing under-employment, unemployment and/or a pandemic-related layoff. Project leadership and program implementation must include people with disabilities from the targeted community. Priority will be given to projects that focus on diverse, underserved populations of individuals with I/DD in areas of language, ethnicity, culture and race.

The project grantee will:

- ✓ Have demonstrated subject matter expertise in Competitive Integrated Employment (CIE) and Customized Employment (CE)
- ✓ Have demonstrated cultural competence in the field of intellectual/developmental disabilities in culturally/ethnically/linguistically diverse, underserved populations.

The grantee will develop and implement a pilot project that will:

- ✓ Deliver a combination of discovery model preparation work, training, job development, and promising/best practice job development for people with I/DD who are underemployed, unemployed or have been laid off during the pandemic
- ✓ Provide connections and pathways for ongoing employment support post-placement, either directly or through partnerships with other funding sources and service providers
- ✓ Provide culturally competent, I/DD-related information and technical assistance/support for employers/trade associations/unions and other entities with which the job seeker will engage
- ✓ Be a replicable program, developing and/ identifying and using promising or best practices

Health and Safety (Systems Change/Advocacy)

The State Council on Developmental Disabilities (SCDD) is invested in ensuring that all California families and individuals with intellectual/developmental disabilities (I/DD) engage safely and effectively with law enforcement (LE) and other first responders within home and/or community-based environments. SCDD acknowledges that individuals/families with I/DD have experienced adverse interactions and service barriers in regard to public safety and emergency response personnel and would benefit from structured opportunities for individuals to interact and spend time with, ask questions of and have discussions with first responders throughout the 5-county catchment area served by the SCDD Bay Area Regional Office (BARO), which includes Marin, Contra Costa, Alameda, San Mateo and San Francisco counties. SCDD is seeking a culturally/ethnically/linguistically competent entity (e.g. agency, group, team or individual) to develop/provide curriculum, resources (e.g. tip/information sheets, personal safety/identification cards, etc.), trainings, skill acquisition and opportunities for participant preparation and practice, in order to effectively interact/communicate with first responders. Projects should support people with I/DD, their families and/or public safety professionals in systems change efforts and/or capacity-building through providing and/or supplementing skills, knowledge, resources and tools. Project leadership and program implementation must include people with disabilities from the targeted community. Priority will be given to projects that focus on linguistically, ethnically and culturally diverse, underserved populations of individuals/families with I/DD.

The project grantee will:

- ✓ Have demonstrated subject matter expertise in the law enforcement and related public safety/emergency response field(s)
- ✓ Have demonstrated cultural competence in the field of intellectual/developmental disabilities in culturally/ethnically/linguistically diverse, underserved populations
- ✓ Have demonstrated linguistically, culturally and ethnically diverse cultural competence

The grantee will develop and implement a pilot project that will:

- ✓ Deliver a combination of in-class training, technical assistance (TA) and best/promising practice-modeling of effective strategies to enhance communication between first responders and culturally/ethnically/linguistically diverse families/individuals with I/DD in underserved populations
- ✓ Provide plain language, standardized information to assist individuals/families with I/DD in identifying needs, effectively and safely responding to and asking/answering appropriate questions when communicating with first responders
- ✓ Provide culturally competent, I/DD-related information and technical assistance/support for public safety/emergency response professionals (to include but not be limited to: LE officers, emergency/911 dispatchers, fire personnel, EMS/EMT/ paramedic/transport responders, ER/medical professionals, etc.)
- ✓ Be a replicable program, developing and/ identifying and using promising or best practices

RO 6: North Valley Hills

Housing (Capacity-Building/Advocacy)

The State Council on Developmental Disabilities (SCDD) is invested in ensuring that families and individuals with intellectual/developmental disabilities (I/DD) have the information, training, resources, guidance and technical assistance to identify and obtain affordable, safe, accessible housing and live full, independent lives in communities and homes of their choosing throughout the lifespan. SCDD acknowledges that families and individuals with I/DD experience barriers in understanding and navigating systems and obtaining desired housing within the SCDD North Valley Hills Regional Office (NVHRO) catchment area (San Joaquin, Stanislaus, Tuolumne, Calaveras and Amador counties). The Council is seeking a culturally competent entity (e.g. agency, group, team or individual) to develop a service/resource toolkit, technical assistance and training to assist families/individuals with I/DD in understanding tenant and housing rights and subsidized housing programs, obtaining ILS/SLS services, as needed, and exploring a variety of housing options, including home ownership. Priority will be given to projects that focus on culturally, ethnically and linguistically diverse, underserved populations (in urban and/or rural settings).

The project grantee will:

- ✓ Have demonstrated subject matter expertise in housing, funding sources, service/support options and housing rights-related topics
- ✓ Have demonstrated cultural competence in the field of intellectual/developmental disabilities

The grantee will develop and implement a pilot project that will:

- ✓ Develop/provide a plain language toolkit, curriculum, information/tips, resources/materials, etc. about housing/tenant/renter's rights (including maintenance, evictions, Fair Housing, etc.), subsidized housing programs, obtaining ILS/SLS services, as needed, funding options, the broad range of housing options, including home ownership, etc.
- ✓ Deliver a combination of guidance/technical assistance (TA) and multi-modal instruction about housing throughout the lifespan to families/individuals with I/DD
- ✓ Be a replicable program, developing and/ identifying and using promising or best practices

RO 7: Central Coast

Self-Determination/Transition (Self-Advocacy)

The State Council on Developmental Disabilities (SCDD) is invested in ensuring that all California families and individuals with intellectual/developmental disabilities (I/DD) have access to generic and developmental supports and services that are necessary to living full, independent lives in communities of their choosing. SCDD acknowledges that there have been barriers in providing culturally competent, accessible information to underserved populations (e.g. rural communities, bi-lingual or non-English-speaking individuals, 'high-need' families, etc.). The Council is seeking a culturally competent entity (e.g. agency, group, team or individual) to develop a service resource toolkit and identify and engage culturally/ethnically/linguistically diverse families and individuals with I/DD in cohort-based classes, workshops and mentoring groups for the purpose of providing training, facilitation, coaching, planning, leadership and self-determination opportunities, technical assistance (TA)/support, and resource/referral information about the developmental disabilities service system (in one or more focus areas) and generic, community-based supports and services. The intended goal of the project model will be to increase the capacity for autonomy, authority and leadership of families and PwI/DD when seeking supports and navigating service systems, especially during periods of life transition. The completed project will produce a report that identifies real/potential barriers, best/promising practices and effective strategies in assisting families and individuals with I/DD to gain leadership and self-advocacy skills in applying their service rights, and information, knowledge and confidence in identifying needs, accessing supports and self-advocating for necessary services – whether specialized or generic. Priority will be given to projects that provide measures for sustainability and focus on diverse, underserved populations (in urban and/or rural settings) of individuals/families with I/DD.

The project grantee will:

- ✓ Have demonstrated subject matter expertise in both the developmental disabilities and generic, community-based service delivery systems
- ✓ Have demonstrated cultural competence in the field of intellectual/developmental disabilities
- ✓ Have demonstrated linguistically, culturally and ethnically diverse cultural competence

The grantee will develop and implement a pilot project that will:

- ✓ Work with underserved populations (e.g. rural communities, bi-lingual or non-English-speaking families, 'high-need' families, etc.) in the SCDD CCRO catchment area (Monterey, San Benito, Santa Clara, Santa Cruz, San Luis Obispo, Santa Barbara & Ventura counties)
- ✓ Use a cohort-based system to provide peer support, mentoring and leadership opportunities for families/individuals with I/DD in underserved populations
- ✓ Focus on one or more areas within the developmental services system
- ✓ Increase knowledge in families/individuals with I/DD of diverse, inclusive service delivery systems
- ✓ Increase autonomy, authority and leadership skills of PwI/DD when seeking/navigating services and delivery systems

- ✓ Deliver a combination of in-class training, technical assistance (TA) and best/promising practice-modeling of effective strategies to enhance self-determination, leadership and planning skills in culturally/ethnically/linguistically diverse families/individuals with I/DD in underserved populations (in urban and/or rural settings)
- ✓ Provide culturally competent, plain language information/training/resources to assist individuals/families with I/DD to develop/maintain peer support/mentor cohorts, identify needs, develop person-centered plans, and effectively/assertively communicate with case managers and service delivery personnel/providers
- ✓ Be replicable, developing and/ identifying and using promising or best practices

RO 8: Sequoia

Health and Safety (Capacity-Building/Advocacy)

The State Council on Developmental Disabilities (SCDD) is invested in ensuring that adults with intellectual/developmental disabilities (I/DD) have the information and skills to engage in healthy, safe personal and social relationships and appropriate, safe interactions in public and work environments. SCDD acknowledges that individuals with I/DD have experienced barriers in acquiring accurate, complete information about physical anatomy, sexuality, gender identity/preference/expression, hygiene, personal health/safety, consent/boundaries, safe internet practices, intimacy and establishing/maintaining trusted, consensual relationships, leading to deficits in knowledge and practical personal/social skills needed to safely engage in positive, meaningful interactions and relationships. The Council is seeking a culturally competent entity (e.g. agency, group, team or individual) to identify/use best/promising practices to provide information, training, guidance and resources about reproductive health, sexuality, healthy/safe relationships, internet safety, etc. to adults with I/DD in the SCDD Sequoia Regional Office (SeqRO) catchment area (Mariposa, Merced, Madera, Fresno, Kings, Tulare and Kern counties). Priority will be given to projects that focus on underserved populations (in urban and/or rural settings).

The project grantee will:

- ✓ Have demonstrated subject matter expertise in adult education and health and safety-related topics
- ✓ Have demonstrated cultural competence in the field of intellectual/developmental disabilities

The grantee will develop and implement a pilot project that will:

- ✓ Develop/provide plain language curriculum, information/tips, resources/materials, etc. about health and safety-related topics for adults with I/DD, to include (but not be limited to) reproductive health, self-exams, sexuality, healthy/safe relationships, boundaries, internet safety, preventing/recognizing/reporting abuse, etc.
- ✓ Deliver a combination of guidance/technical assistance (TA) and multi-modal instruction in reproductive/health/safety topics (as listed above) for adults with I/DD
- ✓ Be a replicable program, developing and/ identifying and using promising or best practices

RO 10: Los Angeles

Self-Determination (Systems Change/Advocacy)

The State Council on Developmental Disabilities (SCDD) is invested in ensuring that all California families and individuals with intellectual/developmental disabilities (I/DD) have access to generic and developmental supports and services that are necessary to living full, independent lives in communities of their choosing. SCDD acknowledges that staff shortages associated with the pandemic cycles of FFY 2020-2021 created extraordinary burdens on families/individuals with I/DD in need of direct service providers (DSP) during varied times and in preferred environments through California's Self-Determination Program (SDP). The Council is seeking a culturally competent entity (e.g. agency, group, team or individual) to develop and pilot an innovative program/vehicle for providing trained and experienced direct service providers (DSP) to SDP participants in the SCDD Los Angeles Regional Office (LARO) catchment area (Los Angeles County). Priority will be given to replicable projects that focus on economically, culturally, ethnically and linguistically underserved populations.

The project grantee will:

- ✓ Have demonstrated cultural competence in the field of intellectual/developmental disabilities
- ✓ Have demonstrated subject matter expertise in California's Self-Determination Program (SDP) and community-based direct service providers/delivery systems
- ✓ Have demonstrated diverse linguistic, cultural, ethnic and economic cultural competence in underserved communities, including the various Native/tribal populations

The grantee will develop and implement a pilot project that will:

- ✓ Develop/provide an innovative entity through which trained, experienced direct service providers (DSP) can be staffed to serve participants in the Self-Determination Program (SDP) outside of traditional agency hours
- ✓ Deliver culturally competent training and guidance/technical assistance (TA) to DSP personnel serving economically, culturally, ethnically and/or linguistically diverse families/individuals with I/DD through the SDP service delivery model in Los Angeles County
- ✓ Develop/deliver an online resource page for SDP participants to identify/contact/schedule DSPs for employment during varied times in preferred environments
- ✓ Coordinate with regional centers and local/statewide Self-Determination Committees to disseminate pilot project information to Committee members and SDP participants in the LARO catchment area

RO 11: Orange County

Housing (Capacity-Building/Advocacy)

The State Council on Developmental Disabilities (SCDD) is invested in ensuring that families and individuals with intellectual/developmental disabilities (I/DD) have the information, training, resources, guidance and technical assistance to advocate for, identify and obtain affordable, safe, accessible housing and live full, independent lives in communities and homes of their choosing throughout the lifespan. SCDD acknowledges that families and individuals with I/DD experience barriers in understanding and navigating systems and obtaining desired housing within the SCDD Orange County Regional Office (OCRO) catchment area (Orange County). The Council is seeking a culturally competent entity (e.g. agency, group, team or individual) to develop a service/resource toolkit, technical assistance and training to assist families/individuals with I/DD in understanding tenant and housing rights and subsidized housing programs, obtaining ILS/SLS services, as needed, and exploring a variety of housing options, including home ownership. Additionally, families/individuals with I/DD will learn about engaging actively in housing-related public advocacy efforts, opportunities to provide public testimony/comment, and how to find and serve on housing-related boards and committees. Priority will be given to projects that focus on culturally, ethnically and linguistically diverse, underserved populations (in urban and/or rural settings).

The project grantee will:

- ✓ Have demonstrated subject matter expertise in housing policy, housing availability/trends, funding sources, statewide/regional housing entities, service/support options and housing rights-related topics
- ✓ Have demonstrated cultural competence in the field of intellectual/developmental disabilities

The grantee will develop and implement a pilot project that will:

- ✓ Develop/provide a plain language toolkit, curriculum, information/tips, resources/materials, etc. about housing/tenant/renter's rights (including maintenance, evictions, Fair Housing, etc.), subsidized housing programs, funding options, the broad range of planned/available housing options, local/regional/state policy entities associated with housing issues, etc.
- ✓ Deliver a combination of guidance/technical assistance (TA) and multi-modal instruction about housing throughout the lifespan to families/individuals with I/DD
- ✓ Provide information and support for families/individuals with I/DD to engage in housing-related public policy advocacy efforts
- ✓ Be a replicable program, developing and/ identifying and using innovative, promising or best practices

RO 12: San Bernardino

Health and Safety (Capacity-Building/Advocacy)

The State Council on Developmental Disabilities (SCDD) is invested in ensuring that all California families and individuals with intellectual/developmental disabilities (I/DD) living with secondary mental health diagnoses have access to effective, timely and affordable mental health care with trained, culturally competent and professional practitioners. The Council acknowledges that there have been barriers in obtaining inclusive, accessible mental health treatment and support(s) for families/individuals dually diagnosed with I/DD and mental health disorders within the SCDD San Bernardino Regional Office (SBRO) catchment area (including Mono, Inyo, San Bernardino and Riverside counties). SCDD is seeking an entity (e.g. agency, group, team or individual) to identify, improve and/or demonstrate tools (e.g. standardized checklists, plain language descriptions of available mental health resources, conditions, terms, diagnostic/treatment/care tips, providers, etc.) for individuals and families with I/DD and the mental health care professionals that serve them. The pilot project will serve as a replicable model (for other regions throughout the state), using demonstrated best or promising practices to provide effective, culturally competent outreach, information, training and/or support to mental health practitioners and individuals/families with I/DD in California. This may include (but not be limited to) individual/group interventions, trainings, advocacy efforts, etc. designed to increase resilience and promote mental health and reduce concerns about/potential for suicide/suicide attempts, stress/anxiety, maladaptive behaviors and other mental health issues due to mental health crises, isolation and lack of supports during the pandemic experienced by families/individuals with I/DD. The completed project will produce a report that identifies real/potential barriers, evidence-based best/promising practices and effective strategies in assisting individuals/families with I/DD to obtain effective mental health treatment from providers (who are 1] culturally competent in identifying and meeting mental health-related needs in individuals with multiple diagnoses and 2] communicating effectively with individuals/families with I/DD). Priority will be given to projects that engage and serve linguistically, economically, culturally and/or ethnically underserved populations (in urban and/or rural settings), including Native/tribal communities.

The project grantee will:

- ✓ Have demonstrated cultural competence in the field of both intellectual/developmental disabilities and mental health disorders and treatment models
- ✓ Engage collaboratively with regional center personnel, community-based mental health practitioners and individuals/families with I/DD and co-occurring mental health conditions
- ✓ Have demonstrated diverse linguistic, cultural, ethnic and economic cultural competence in underserved communities, including the various Native/tribal populations

The grantee will develop and implement a pilot project that will:

- ✓ Identify/use promising/best practices to provide support, education and information about mental health treatment options, advocacy, and coping mechanisms/skills for families/individuals with I/DD experiencing mental health challenges
- ✓ Create innovative, evidence-based and supportive approaches to reduce thoughts/incidents of suicide, stress, anxiety, maladaptive behaviors and other mental health issues in those with I/DD

- ✓ Develop/provide plain language curriculum, information/tips, resources/materials, etc. about mental health and related topics for families/individuals with I/DD, to include (but not be limited to) suicide, stress, anxiety, maladaptive behaviors and other mental health issues, as well as identifying/seeking immediate assistance for critical and/or acute mental health conditions
- ✓ Deliver a combination of guidance/technical assistance (TA) and multi-modal instruction in mental health topics (as listed above) for adults with I/DD
- ✓ Be a replicable program, developing and/ identifying and using evidence-based, innovative, promising and/or best practices

RO 13: San Diego Imperial

Education/Service Rights (Capacity-Building; Underserved Population - Tribal Communities)

The State Council on Developmental Disabilities (SCDD) is invested in ensuring that all California families and individuals with intellectual/developmental disabilities (I/DD) have access to culturally competent disability-related, educational and generic, community-based supports and services, many of which are provided for under both federal and California law (e.g. including [but not limited to] laws guaranteeing a free, appropriate public education [FAPE], regional center service rights under the Lanterman Developmental Disabilities Services Act, etc.). SCDD acknowledges that there have been barriers (e.g. myths, misunderstandings, fears, etc.) in providing culturally competent, accessible information and advocacy about service/support, FAPE and other rights to California's richly diverse tribal communities. The Council is seeking a trusted entity (e.g. agency, group, team or individual) within a tribal community to provide training, technical assistance (TA), information/resources and support to build capacity in families and children with I/DD who are eligible for and/or receiving developmental disability-related and/or special education (within a least restrictive environment (LRE)/appropriate setting) services. The pilot project will provide a working relationship between Native/tribal communities and SCDD and will serve as a replicable model (for working with other regional offices throughout the state), demonstrating innovative, best and/or promising practices to provide effective, culturally competent outreach, training, information, support and services to underserved Native/tribal communities in the SCDD San Diego Imperial Regional Office (SDIRO) catchment area (including both San Diego and Imperial counties). The completed project will produce a report that identifies real/potential barriers, best/promising practices and effective strategies in assisting these families to obtain timely, regional center and special education services for eligible children with I/DD in the appropriate setting(s).

The project grantee will:

- ✓ 1) Have demonstrated cultural competence in outreach, support and service to and 2) provide letters of support from underserved Native/tribal communities
- ✓ Have knowledge about and relevant experience with special education (as delivered in the LRE/appropriate setting), generic and regional center eligibility, program and service rights
- ✓ Be committed to culturally competent special education and regional center delivery models

The grantee will develop and implement a pilot project that will:

- ✓ Identify and serve families/individuals with I/DD within one or more tribal communities in the SCDD San Diego Imperial Regional Office (SDIRO) catchment area
- ✓ Identify, increase and measure the capacity of tribal families of children with I/DD to seek and obtain FAPE/special education services within LRE/appropriate settings
- ✓ Identify, increase and measure the capacity of tribal families of children with I/DD to seek and obtain regional center services
- ✓ Reduce barriers associated with cultural issues, myths, misunderstandings, fears, etc., as well as any cultural perception of 'blame' within tribal communities regarding educational and regional center service systems and people with I/DD

- ✓ Provide culturally competent curriculum (FAPE rights, Lanterman Act, eligibility, due process, advocacy options, etc.), training, referrals, information/resources, advocacy and support to tribal families of children with I/DD eligible for/receiving special education and/or regional center services
- ✓ Deliver a combination of in-class training, one-to-one technical assistance (TA) and modeling of effective strategies to develop and implement culturally competent, Individualized Education Plans (IEP), Individual Family Support/Program Support Plans (IFSP/IPP) for families/children (with I/DD) of tribal communities eligible for/receiving special education and/or regional center services
- ✓ Demonstrate best or promising practices in culturally competent outreach, training and educational/service support efforts within Native/tribal community settings
- ✓ Be a replicable program, identifying innovative, promising and/or best practices