NOTICE/AGENDA

This is a teleconference and zoom meeting only. There is no physical location being made available to the public per Government Code Section 11133. Therefore, Committee members are not required to list their remote locations and members of the public may participate telephonically or by Zoom from any location. Accessible formats of all agenda and materials can be found online at www.scdd.ca.gov

MEETING ID: 863 1531 1583
MEETING PASSWORD: 778378

Check out Zoom Download Instructions and Tips on how to use Zoom to learn the basics about the Zoom platform.

OR

JOIN BY TELECONFERENCE: (VOICE ONLY)
CALL IN NUMBER: (669) 900-9128
MEETING ID: 863 1531 1583
MEETING PASSWORD: 778378

STATE COUNCIL ON DEVELOPMENTAL DISABILITIES
SELF-ADVOCATES ADVISORY COMMITTEE MEETING
POSTED AT: www.scdd.ca.gov

DATE: January 24, 2022
TIME: 2:00 P.M. to 5:00 P.M.

COMMITTEE CHAIR: Jeana Eriksen

Item 1. CALL TO ORDER

Item 2. WELCOME AND INTRODUCTIONS

Item 3. ESTABLISH QUORUM
Item 4. **PUBLIC COMMENTS**

This item is for members of the public only to provide comments and/or present information to the Committee on matters not on the agenda. Each person will be afforded up to three minutes to speak.

Item 5. **CHAIR REPORT AND ANNOUNCEMENTS**

A. Chair Report  
B. Online Meeting Etiquette  
C. Meeting Ground rules

Item 6. **APPROVAL OF NOVEMBER 29, 2021 MINUTES**

Item 7. **REVIEW OF COUNCIL BUSINESS**

Presented by: SCDD Executive Director Aaron Carruthers  
A. SCDD Agency Update  
B. Review of Council Agenda

**ITEMS RELATED TO COUNCIL BUSINESS ARE INCLUDED IN THE COUNCIL PACKET**

Item 8. **SAAC RECOMMENDATION ON SELF-DETERMINATION TRAINING MODULES**

Presented by: SCDD Staff
Item 9. MEMBER UPDATES  

A. Updates/Concerns from Regional Advisory Committees  
B. Emerging Issues  
C. Barriers to Self-Advocacy  

Item 10. COMMITTEE UPDATES  

A. Legislative and Public Policy Committee  
B. Membership Committee  
C. State Plan Committee  

Item 11. SSAN REPORT  

Item 12. ADJOURNMENT  

Next Meeting: March 21, 2022  

Accessibility  

Pursuant to Government Code Sections 11123.1 and 11125(f) and Executive Order N-29-20 (This Executive Order can be found by clicking the link on page one of the agenda, or by typing https://www.gov.ca.gov/wpcontent/uploads/2020/03/3.17.20-N-29-20-EO.pdf into your web browser), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Riana Hardin at (916) 263-8196 or Riana.Hardin@scdd.ca.gov. Please provide at least 3 business days prior to the meeting to allow adequate time to respond to all requests.  

All times indicated and the order of business are approximate and subject to change.
Committee Chair Jeana Eriksen will provide an update and SCDD staff will lead a discussion with the Committee regarding online meeting etiquette and why it is an important part of having a successful meeting. The presenters will provide ground rules to help facilitate open and respectful meetings and talk about helpful tools, such as Robert’s Rules of Order.
JANUARY 24, 2022
AGENDA ITEM 6
ACTION ITEM

SELF-ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES

Approval of November 29, 2021 Minutes

Action Recommended

Approve the November 29, 2021 SAAC Minutes

Attachments

November 29, 2021 SAAC Minutes
SELFADVOCATES ADVISORY COMMITTEE MEETING MINUTES
NOVEMBER 29, 2021

Members Present
Nicole Adler (SA)
Jeana Eriksen (SA)
Julio Garnica (SA)
Maria Marquez (SA)
Kara Ponton (SA)
Rosanna Ryan (SA)
Wesley Witherspoon (SA)

Others Attending
Rihana Ahmad
Chris Arroyo
Aaron Carruthers
Riana Hardin
Beth Hurn
Sarah May
Charles Nguyen
MaryAgnes Nolan
Nicole Patterson
Tina Reszler
Viri Salgado
Chris Snyder

1. CALL TO ORDER
Committee Vice-Chair and Presiding Officer Rosie Ryan called the meeting to order at 2:01 P.M.

2. WELCOME AND INTRODUCTIONS
Committee members and others in attendance introduced themselves.

3. ESTABLISHMENT OF QUORUM
A quorum was established.

4. PUBLIC COMMENT
There was no Public Comment.

5. CHAIR REPORT AND ANNOUNCEMENTS
There were no announcements to report.
6. **APPROVAL OF SEPTEMBER 13, 2021 MINUTES**

Members reviewed the minutes from the September 13th meeting. The minutes can be found starting on page 7 of the September SAAC packet.

**ACTION 1**

It was moved/seconded (Marquez [SA]/ Witherspoon [SA]) and carried to approve the September 13th minutes as presented. Motion Passed without objection.

7. **REVIEW OF COUNCIL BUSINESS**

In preparation for the November Council meeting, SCDD Executive Director Aaron Carruthers provided members with an overview of the agenda for the Council meeting and an update on the logistics for the Zoom meeting. Executive Director Carruthers, along with the Council Chair and other leaders in the I/DD community will be meeting with Governor Newsom to discuss the needs and concerns of Californians with I/DD. Council staff continues to educate communities across California about resources and supports available to them.

8. **SCDD REPRESENTATIVE TO SSAN**

The Statewide Self-Advocacy Network (SSAN) is a cross-disability training network and ongoing project of SCDD. SSAN works to promote Leadership and build bridges that strengthen advocacy among disability communities by focusing on policy change. In order to increase collaboration between SSAN and SCDD, a seat on SSAN is reserved for a member of the Council. Due to appointment term expirations, the SCDD SSAN Representative position is currently vacant.

While the Council Bylaws give the Chair of the Council the responsibility to distribute committee assignments and Council representation on outside boards, Section 2.4 E of the Council Bylaws states that SAAC is responsible for nominating a standing representative to SSAN. Due to the election of a new Council Chair, SAAC has chosen to recommend a new SCDD Representative to SSAN in order to provide an additional opportunity for leadership development for Self-Advocates serving on.
the Council. Committee Members Marquez (SA) and Ponton (SA) both expressed interest in the position.

**ACTION 2**

It was moved/seconded (Marquez [SA]/ Witherspoon [SA]) to nominate Councilmember Marquez (SA) as a Candidate for the SCDD Representative to SSAN.

It was moved/seconded (Ponton [SA]/ Witherspoon [SA]) to nominate Councilmember Ponton (SA) as a Candidate for the SCDD Representative to SSAN.

A roll call vote was taken for the two candidates interested in the open position, and Councilmember Marquez (SA) was chosen to represent SCDD on SSAN. A tally of the vote can be found on page 4 of the SAAC minutes.

**9. SAAC FEEDBACK ON SELF-DETERMINATION MATERIALS**

Christopher Arroyo, SCDD Los Angeles Regional Manager reviewed a draft of the SCDD Self-Determination Overview training and asked for feedback on the language of the materials. Feedback included: increasing the font size, typing out words that are included in images to ensure clarity, replacing the word “authority” with the word “power” when appropriate, clarifying the different FMS service models, explaining the fair hearing process, and making sure that the focus is on the individual receiving services.

**10. MEMBER UPDATES**

Members talked about ongoing concerns in their communities around the level of financial resources and training available within the self-determination program, the need for better authentic media representation of people with disabilities, concerns about rent increases and the lack of affordable housing options, the need for more investment in mental health services and the increase of natural disasters and the need for better emergency response and communication to people with disabilities.
11. SAAC RECOMMENDATIONS ON COUNCIL BUSINESS
No additional recommendations to the Council were made at this time.

12. COMMITTEE UPDATES
Committee members shared updates from other Council Committees and were referred to the committee reports included in the September Council Packet.

13. ADJOURNMENT
The meeting was adjourned at 3:58 P.M.

Vote Log

<table>
<thead>
<tr>
<th>Member</th>
<th>Action 1</th>
<th>Action 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adler, Nicole</td>
<td>Aye</td>
<td>Marquez</td>
</tr>
<tr>
<td>Eriksen, Jeana</td>
<td>Aye</td>
<td>Marquez</td>
</tr>
<tr>
<td>Garnica, Julio</td>
<td>Aye</td>
<td>Marquez</td>
</tr>
<tr>
<td>Marquez, Maria</td>
<td>Aye</td>
<td>Marquez</td>
</tr>
<tr>
<td>Ponton, Kara</td>
<td>Aye</td>
<td>Ponton</td>
</tr>
<tr>
<td>Ryan, Rosie</td>
<td>Aye</td>
<td>Marquez</td>
</tr>
<tr>
<td>Witherspoon, Wesley</td>
<td>Aye</td>
<td>Marquez</td>
</tr>
</tbody>
</table>
JANUARY 24, 2022
AGENDA ITEM 7
INFORMATION ITEM

SELF ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES

Review of Council Business

State Council on Developmental Disabilities Executive Director Aaron Carruthers will review Council Business with the committee. This item may include:

A. SCDD Agency Updates
B. Review of Council Agenda items

Items related to this agenda item can be found in the Council Packet.
THIS PAGE IS INTENTIONALLY BLANK
The Self-Advocates Advisory Committee serves as a voice for all Californians with intellectual and/or developmental disabilities, by advising the Council on issues that impact the lives of self-advocates and promoting State Council participation and peer advocacy that advances independence and inclusion. Section 2.4 D of the Council Bylaws gives SAAC responsibilities that include reviewing meeting materials and other Council produced materials to evaluate and make recommendations regarding plain language approaches.

As a follow-up to the November 2021 SAAC meeting, SCDD Self-Determination Program Manager, Joseph Hernandez would like SAAC members to provide feedback on the Self-Determination Program Training Modules meant to help guide self-advocates through the self-determination process.

Please take the time to carefully review all materials attached to this agenda item in order to participate in an active conversation and provide feedback on the plain language and accessibility of the attached curriculum. Additional thoughts or feedback relating to this agenda item not discussed during the meeting can be emailed to Joseph.Hernandez@scdd.ca.gov.

Attachments:

- SCDD Self-Determination Program DRAFT Orientation Person-Centered Planning Training Module on Page 17
- SCDD Self-Determination Program DRAFT Orientation Individual Budgets and Spending Plans Training Module on Page 43
- SCDD Self-Determination Program DRAFT Orientation Working with Others Training Module on Page 73
- SCDD Self-Determination Program DRAFT Orientation How to Select and Arrange Your Services Training Module on Page 109
Link to Your Services Should be All About You Video

Your Services Should be All About You!
With you at the center of planning, through the person-centered process, YOU will:

1. Identify your hopes and dreams.
2. Identify what you like and what you're good at.
3. Identify and set meaningful goals for your life.
4. Choose who will provide services and supports to help you meet your goals.

Person-Centered Planning
Person-Centered
Self-Advocates & Families have a Central Role
Circles of Support
Diversity
Empowerment
Choice

Self-Determination
Freedom
Authority
Support
Responsibility

Commitment

Values & Principles

Teamwork
Integration
Community
The Person-Centered Plan is used to make your Individual Program Plan (IPP) DRAFT

- Action plan to reach your goals
- What kind of support will help you
- What is important FOR you
- What is important TO you
- What you want people to know about you

Person-Centered Planning DRAFT
What is Important TO Me

- Living in my own home
- Attending sporting events
- Having money to go on dates
- Enjoying my hobbies

What is Important FOR Me

- Having money for bills and food
- Not inviting strangers to live with me
- Advocating for the life I want to live
- Living in my own home

FOR ME

What is Important TO YOU

DRAFT
What is one thing that is important to YOU and important for YOU?
A way to figure out, plan for, and work toward your “preferred future”

Your “preferred future” is the way you want to live your own life.

There are many ways to create a Person-Centered Plan (PCP)

There are different ways to discover what’s important for your life.

You’ll decide the items and services you’ll need for your PCP.

Person-Centered Planning
It's about building your best life around, and many other things.

Your PCP will tell you what your goals are, who you want to be daily, and many other things.

You'll need to describe what you want to do daily, what your goals are, who you want to be around, and many other things.

Your PCP will tell you what you want to do daily, what your goals are, who you want to be around, and many other things.

You'll decide the role of your team.

You'll need to talk about your problems like what that life looks like.

You'll need to describe what that life looks like.

It's about building your best life.
Elements of Your PCP
Your Team is your circle of supports

People who know you best and are a part of your life

Photo credited: Ivan Samkov via Pexels
Think about your Relationship Circles

Your Team

YOU
Intimacy
Friendship
Participation/Paid Exchange

DRAFT
Can be…
• Family
• Friends
• Teachers
• Employers
• Social Workers
• Service Coordinators
• Community Leaders
• Health Professionals
• And more…
• Your Team
Will be part of my team!

Fill in the blank
Link to Kevin's Person-Centered Planning Video

Kevin the Baker

Good Things about Me:
1. I have my food handling license (and my
2. I have a good balance
3. I love to watch movies when I bake
4. I like to make muffins and pipe cupcakes
5. I have a website
6. I have a logo for my baking business
7. I am good with technology and learn it fast
8. I like to use Google Maps and find places!

www.kevinthebaker.com
What resources are Kevin using?

- (a) Mom
- (b) Baking Coach
- (c) Regional Center
- (d) Church
- (e) All of them

Poll 1
You are in control

Where does it happen?
When does it happen?
Who gets to be there?

It's about discovery
There are no wrong answers
You are in charge
People who know you best help

It's about celebrating you
Who gets to be there?
When does it happen?
Where does it happen?
You are in control

Person-Centered Planning
Benefits of

DRAFT
My Person-Centered Planner should know:

- You can make your own decisions
- Understand how you communicate
- How to respect cultural diversity
- That health and safety across your life are important
- Ask your regional center and other support groups for PCP resources and lists

Choosing Your Person-Centered Planner
Different people communicate differently. Behavior is communicative.

Preferred communication

Preferred communication

Preferred communication

Preferred communication

Preferred communication

Preferred communication

Picture format, People Exchange Communication System (PECS)

Different people communicate differently.
Start with YOU!
What do you want your life to look like?

Think about those who know you best, they will be your team.
Pre-planning meeting: talk about roles and responsibilities, get input from your team.

Set a date for your PCP. When?
Who?
Where?

Preparing for your PCP

DRAFT
Who is in control of the PCP?
Families Leading Planning UK

“What is Person Centered Planning?”

Frequently Asked Questions

Approach

IPP Resource Manual: A Person-Centered

Resources
Decision-Making by People with Disabilities

To Make Choices: International Laws &
Autistic Self-Advocacy Network's The Right

Resources

National Resource Center for Supported
And Many More!

- Essential Lifestyle Planning
- Personal Passport with Hope
- PATH - Planning Alternative Tomorrows
- MAPS - Making Action Plans

PCP Methods

Resources
Questions?
Individual Budgets and Spending Plans

Orientation
Self-Determination
Determining Your Individual Budget

Your Individual Budget

DRAFT
| Units | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | 41 | 42 | 43 | 44 | 45 | 46 |
|-------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Amounts | 246.00 | 33.40 | 1.74 | 0.95 | 0.96 | 1.91 | 1.00 | 1.03 | 0.87 | 0.97 | 1.04 | 1.07 | 1.06 | 1.00 | 1.03 | 1.06 | 1.07 | 1.04 | 1.03 | 1.07 | 1.06 | 1.00 | 1.03 | 1.06 | 1.07 | 1.04 | 1.03 | 1.07 | 1.06 |
| Days Per Month | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | 41 | 42 | 43 | 44 | 45 | 46 |
| Days Per Month | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | 41 | 42 | 43 | 44 | 45 | 46 |
| Days Per Month | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | 41 | 42 | 43 | 44 | 45 | 46 |
| Days Per Month | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | 41 | 42 | 43 | 44 | 45 | 46 |

**Sample Annual Cost Statements**

_CPC NAME CPC CODE_ 99999999 First Name Last Name 09/20/2017

_PAGE 1 OF 1_ January 1, 2016 to December 31, 2016

_THIS IS NOT A BILL_ DO NOT PAY_
When can your individual budget change?

- **Unmet Need**: Needed services in your IPP were not used. There were needs not addressed in your IPP.
- **Change in Circumstance**: Life has changed, and so have your needs.

**OR**

Needed services in your IPP were not used. The needed services in your IPP were not used.

When can your individual budget change?
- SSI and/or SSI payments
- Institutions Code section 4689(!)
- Rental payments consistent with Welfare and Institutions Code section 4689(!)
- Paid Internship Program (PIP) payments
- Incentives
- Competitive Integrated Employment (CIE)
- Insurance
- Insurance co-payments, deductibles, or co-

Individual Budget
Service Handled Outside of the
The money from your individual budget will need to pay for a Financial Management Service, and an Independent Facilitator if you want to use one. Your Regional Center and IPP will be certified (confirmed) by your budget will be included with your IPP Service, and an Independent Facilitator if needed to pay for a Fiscal Management from your Individual Budget.
Sofia's Unmet Need

Annual Cost Statement

12 Months

Spent in
The Last
12
Months

IPP

SPENT
IN THE
LAST
12
MONTHS

$2,100

Change in Circumstance

Unmet Need

Sofia's Individual Budget

Draft
**Sofia's Individual Budget**

**New** Individual Budget: $12,000

**Used**:
- Respite Provided: 7 hours
- Respite Unused: 33 hours
- Monthly: $2,100

**Unused**:
- Respite Provided: 33 hours

**Unmet**:
- Respite Provided: 40 hours
- Respite Unused: 33 hours

**Regional Center Certifies**
- 33 hours x $25 per hour = $825 per month
- $825 per month x 12 months = $9,900

**Draft**

- $2,100
- $9,900
- $12,000

**Unused Need**
List any unmet needs or change of circumstance you might have.
The individual budget amount is based on the amount of money the regional center spent on your services in the last ___ months.

The individual budget amount is based on the

Fill in the Blank
You must use generic resources first. Under the Self-Determination Program, the Regional Center is still the payer of last resort.
Link to Frank D. Lanternman Regional Center's Generic Resources and Natural Supports Video

Generic Resources and Natural Supports
You can spend money for services that help with:

- Supporting your safety
- Supporting your health
- Supporting your choices
- Independence
- Inclusion in your community

Spending Plan Rules
Identifies the services you will use and items you will need to carry out your IPP.

Shows how the funds from your individual budget will be used over the next year.

Your Spending Plan cannot exceed the funds in the individual budget.

Goods (items) and services must be eligible for the program.

You and your team decide what services and supports you will spend your money on.
Money from the Individual Budget goes into three categories:

- **Living Arrangement** - support at home
- **Employment and Community** - support for employment and community activities
- **Health and Safety** - support for health and safety

Each of these categories has specific services that you will use to make your Spending Plan.
<table>
<thead>
<tr>
<th>Service Category</th>
<th>Program Service Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employment</td>
<td>100</td>
<td>Employment Services</td>
</tr>
<tr>
<td>Education</td>
<td>200</td>
<td>Education Services</td>
</tr>
<tr>
<td>Transportation</td>
<td>300</td>
<td>Transportation Services</td>
</tr>
<tr>
<td>Health</td>
<td>400</td>
<td>Health Services</td>
</tr>
<tr>
<td>Child Care</td>
<td>500</td>
<td>Child Care Services</td>
</tr>
<tr>
<td>Home Care</td>
<td>600</td>
<td>Home Care Services</td>
</tr>
<tr>
<td>Food Services</td>
<td>700</td>
<td>Food Services</td>
</tr>
<tr>
<td>Housing</td>
<td>800</td>
<td>Housing Services</td>
</tr>
<tr>
<td>Personal Care</td>
<td>900</td>
<td>Personal Care Services</td>
</tr>
</tbody>
</table>

This table represents the Self-Determination Program Service Codes by Budget Category.
will be provided to meet the individual’s identified needs. If the expression of services in a given determination, or an agreement that the service is needed, is consistent with the person’s comprehensive determination, the services may be provided to meet the person’s identified needs.

Family to support the participant

All persons who are members of the participant’s family, or who have knowledge of the participant’s needs, are encouraged to provide input regarding the participant’s needs and services. This input may be provided to meet the participant's identified needs.

Behavioral Intervention Services

Behavioral intervention services include the use of development programs to improve the participant’s development, and to prevent the participant from developing behavioral or emotional problems.

Acupuncture Services

Acupuncture services are covered to prevent, modify, or alleviate the perception of severe, persistent chronic pain.
If you want to make changes to your spending plan, you can move up to 10% from one budget category to another.

You can use your team to estimate unknown costs and add them to the spending plan.

Make sure you include your Financial Management Service and Independent Facilitator (optional) costs.

Your Spending Plan

DRAFT
From your Person-Centered Plan

What do you have to pay for?
• What generic resources and natural supports will be used?
• How much for each service or item?
What services or items would you put on your spending plan?
<table>
<thead>
<tr>
<th>Service</th>
<th>Who Supports</th>
</tr>
</thead>
<tbody>
<tr>
<td>SDP Summer Camp</td>
<td>SDP</td>
</tr>
<tr>
<td>SDP Staff Support Year Around While with Friends</td>
<td>SDP</td>
</tr>
<tr>
<td>Electric Wheelchair</td>
<td>Medi-Cal/Foundation</td>
</tr>
<tr>
<td>Parent Training</td>
<td>Medi-Cal</td>
</tr>
<tr>
<td>SDP Summer Camp</td>
<td>SDP</td>
</tr>
<tr>
<td>SDP Staff Support Year Around While with Friends</td>
<td>SDP</td>
</tr>
<tr>
<td>Electric Wheelchair</td>
<td>Medi-Cal/Foundation</td>
</tr>
</tbody>
</table>

Spending Plan

Let's look at services and items Sofia listed in her PCP that she will need to put in her Spending Plan. Sofia wants to be more independent and comfortable at home and go to camp and hang out with friends.
<table>
<thead>
<tr>
<th>Service</th>
<th>Who Supports?</th>
</tr>
</thead>
<tbody>
<tr>
<td>SDP</td>
<td>Plus – Independent Facilitator and FMS</td>
</tr>
<tr>
<td>SDP</td>
<td>Staff support while at art class</td>
</tr>
<tr>
<td>SDP</td>
<td>Art class</td>
</tr>
<tr>
<td>Grant</td>
<td>Accessible Computer</td>
</tr>
</tbody>
</table>

**GOAL: Sofia wants to go to middle school with good supports**

**GOAL: Sofia wants to learn to be an artist or graphic designer**

- Accessible Computer
- Art class
- Staff support while at art class
- Advocacy at IEP (by Independent Facilitator)
- Staff support while at art class
- SDP
- Speech & Physical Therapy
- Speech & Physical Therapy
- School aide
- School district

**Who Supports?**

**Service**

**Sofia’s Spending Plan**

**DRAFT**
<table>
<thead>
<tr>
<th>Service</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Financial Management Services (FMS)</td>
<td>$900</td>
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<tr>
<td>Benefits Agencies</td>
<td></td>
</tr>
<tr>
<td>Person-Centered Planning, Access to IPP, IEP, &amp; Public Benefits Agencies</td>
<td></td>
</tr>
<tr>
<td>Independent Facilitator</td>
<td>$1,000</td>
</tr>
<tr>
<td>Art class</td>
<td></td>
</tr>
<tr>
<td>Community Integration Supports</td>
<td>$200</td>
</tr>
<tr>
<td>Summer camp</td>
<td></td>
</tr>
<tr>
<td>Respite Services</td>
<td>$2,000</td>
</tr>
<tr>
<td>$20/hour</td>
<td></td>
</tr>
<tr>
<td>Staff support in the summer 20 hours/week, 4 weeks @ $20/hour</td>
<td></td>
</tr>
<tr>
<td>32 weeks/year</td>
<td></td>
</tr>
<tr>
<td>Staff support after school and during art class for 5 weeks</td>
<td></td>
</tr>
<tr>
<td>Community Integration Supports</td>
<td>$4,800</td>
</tr>
</tbody>
</table>

TOTAL: $8,900
Goal: You want to move out of your parent's home and live on your own.

- You are going to hire a home skills coach to help you learn the skills you need to be more independent.
- They will work 6 hours/week and cost $27/hr.

<table>
<thead>
<tr>
<th>Service Category</th>
<th>Service Code</th>
<th>Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SDP Service Codes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SDP Services Definitions</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Fill in the Spending Plan Line below:

- You are going to hire a home skills coach to move out of your parent's home and live on your own.

Activity

DRAFT
<table>
<thead>
<tr>
<th>Amount</th>
<th>Service Code</th>
<th>Service Category</th>
<th>Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>$8424</td>
<td>320</td>
<td>Living Arrangement</td>
<td>Community Living Supports (Individual and Agency)</td>
</tr>
</tbody>
</table>

Coach pay – 52 weeks/year x 6 hours/week = 312 hours/year x $27/hour = $8424/year
Working with Others

Program Orientation

Self-Determination

DRAFT
Part 1: You, Your Team, Service Providers & Others

Part 2: Independent Facilitator & Financial Management Service

Others

Working with Others
You
Your Team
Can Hire

Service Providers and Other People You

- Regional Center Staff
- Your Team

Part 1: Who Supports You?
You: are the most important person on your team!

- You can request help to think about your goals, hopes, and dreams.
- You can request help from others to develop your Person-Centered Planning.
- You can request help to understand how to achieve your goals through the Self-Determination Program.
- You are not alone!
Who is the most important person on your team?
Who can you ask to work with you?

- Anyone you choose!!!
- They should be:
  - People you trust and feel comfortable with
  - People who know you best
  - People who can help you develop and achieve your goals

You can also say who you do not want on your team.

Who can you ask to work with your team?
Your Team can have:

- Family
- Friends
- Neighbors
- Regional Center Staff
- Supervisor, boss, or co-workers
- Teacher, therapist, doctor, coach, or religious leader
- Independent Facilitator (optional)

Your Team
Your Service Coordinator:
- Shares information about the Self-Determination Program
- Helps you make and review your Individual Program Plan (IPP) each year
- Certifies the amount of your individual budget
- Helps you to be healthy and safe
- Certifies individual determination budget
- Shares information about the Self-

Regional Center Staff
Your Service Coordinator:

- Is available when you have questions or need help
- Is available to help you with other tasks, at your request
- Can provide some of the services of an Independent Facilitator, at your request

Regional Center Staff

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Select all the people you would like to have on your Team:

- Family member
- Friend
- Neighbor
- Service Coordinator
- Teacher
- Staff person
- Independent Facilitator
- Co-worker
- Boss
- Religious Leader
- Coach
- Other

Select all the people you would like to have.
<table>
<thead>
<tr>
<th>Service Providers: You decide the rate</th>
<th>RC and DDS decide rates</th>
</tr>
</thead>
<tbody>
<tr>
<td>“Vendored” and “non-vendored” Service Providers can be “vendored” and “non-vendored”</td>
<td></td>
</tr>
<tr>
<td>Self-Determination</td>
<td>Traditional Services</td>
</tr>
</tbody>
</table>

You Can Hire Service Providers and Other People
What do you need?
What do you want?

Fill in what kind of provider do you want? What roles do you need your provider to have?
Choosing the right person for the right role is important!

Service Agreements with your service providers might include:

- Expectations on the job
- Hours and days of the job
- Rate of pay
- Start/end dates
- Reporting, tracking, or billing requirements
- Where the service will take place
- How you will keep track of when they work
- Expecations on the job

Service Agreements with your service providers.

You can hire other people.
Financial Management Service
Independent Facilitator

Part 2: Who supports you?
You may choose to have an Independent Facilitator, it is not required. You can be your own Facilitator. A Facilitator can be paid from your Spending Plan or can be unpaid. You decide what your Facilitator will help with.

Video Recap: Independent Facilitator
An Independent Facilitator MUST
◦ Take a training on the Self-Determination principles
◦ Be paid from your budget

An Independent Facilitator CAN
◦ Be a family member or friend
◦ Be a service coordinator
◦ Be paid from your budget
◦ Provide any other service to you

An Independent Facilitator MUST
◦ Help you with part or all your plan
An Independent Facilitator can help you with:

- Defining needs
- Participating in the Person-Centered Planning
- Helping you make your Individual Program Plan
- Finding & securing resources
- Negotiating, writing, and monitoring contracts
- Fixing & resolving issues
- Helping you with the Individual Budget and Spending Plan

Defining needs by:

An Independent Facilitator can help you with...
How your Independent Facilitator can help with your Service Providers and others you hire:

- They can help pick providers, build unique services, and write contracts.
- They can help with ongoing maintenance and support as needed and at your request.
- Your Facilitator can be a professional or someone you know.
- Your Independent Facilitator can help with your IPP goals.
- They can help pick providers, build unique services, and write contracts.

**Independent Facilitator**
Choosing the Right Independent Facilitator

What do you NEED?

What do you WANT?

How can the Facilitator help?
Working with a paid Independent Facilitator

Ask about what the Facilitator would like to be paid and what they will do for you.

Talk to other Facilitators to find the one that you like the most and want to pay.

The cost of your facilitator will be included in your Spending Plan.

Working with a paid Independent Facilitator
Will you have an Independent Facilitator?

- Yes
- No
- Unsure
- Unsure
Link to Frank D. Lanterman Regional Center's Financial Management Service Video

Financial Management Service (FMS)
You must use a Financial Management Service to be in Self-Determination.

Financial Management Service

1. Uses Budget
2. Provides You Monthly Summaries
3. Support With Spending
4. Qualifications and Background Checks

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You must choose an FMS that is vendored with your Regional Center.

FMSs have contracts with the Regional Center about their service and how it is done.

The cost of your FMS will be included in your Spending Plan.

You can change your FMS.
Do you handle money or payments from your Spending Plan?
Models of Financial Management Service
FMS will pay for you. The agency will pay the bills.

FMS will purchase items for your workers. You do NOT want to be the employer of the people you help who already work for an agency.

Bill Payer Model

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Sole Employer

You DO want to be the employer of your workers. Must obtain any necessary insurances related to employment. FMS will pay the bills.

YOU

FMS

Assists you in following all applicable employment laws. Qualifications and background checks.

Sole Employer Model

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Co-Employers

You want to share being the employer of your workers.

YOU

FMS follows all applicable employment laws.

Handles necessary insurances related to employment.

Checks background and qualifications.

FMS will pay the bills.

FMS shares being the employer.

Co-Employer Model

DRAFT
You must use a vendored

Fill in the Blank
Management Service
Cost of Financial Management Service (FMS) Rates

<table>
<thead>
<tr>
<th>Max Rate Per Month</th>
<th>Number of Services</th>
<th>Model</th>
</tr>
</thead>
<tbody>
<tr>
<td>$165</td>
<td>5+</td>
<td>FMS as Co-Employers</td>
</tr>
<tr>
<td>$140</td>
<td>3-4</td>
<td>Participant as FMS Participant</td>
</tr>
<tr>
<td>$125</td>
<td>1-2</td>
<td>Participating as Sole Employer</td>
</tr>
<tr>
<td>$150</td>
<td>5+</td>
<td>FMS as Sole Payee</td>
</tr>
<tr>
<td>$125</td>
<td>3-4</td>
<td></td>
</tr>
<tr>
<td>$110</td>
<td>1-2</td>
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<tr>
<td>$100</td>
<td>7+</td>
<td></td>
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<tr>
<td>$95</td>
<td>4-6</td>
<td></td>
</tr>
<tr>
<td>$60</td>
<td>1-3</td>
<td></td>
</tr>
</tbody>
</table>

Self-Determination Program

Maximum Financial Management Service (FMS) Rates
Choosing the right Financial Management Service (FMS)

- Talk to different FMSs
- FMS models and costs
- Payment and purchase policies
- This will be included in staff wages
- Employer burden
- FMS communication methods
- Resources and tools

Financial Management Service
For Items

- **Type** - card, invoice, over the phone, check, etc.
- **Frequency** - monthly, as scheduled, when needed
- **Process** - how do you ask? How long does it take?

For Staff

- **Frequency** - every 2 weeks, monthly
- **Timekeeping process** - paper, electronic, online
- **Benefits** - sick time, health insurance, etc.

Ask your FMS for their payment policy
How to Select and Arrange Your
Self-Determination Services

Orientation
Self-Determination Program
You must use your Spending Plan to carry out your IPP goals.

You will choose services, supports, and items to help you reach your IPP goals.

You must use generic resources.

Services should align with the Principles of Self-Determination.

Self-Determination Program
Support to live your chosen life including full inclusion in your community.

Freedom to choose the life you want.

Authority to control the dollars spent to pursue your preferred life.

Responsibility for your own decisions and accountable for the use of your budget.

Confirmation by the review of your program to make sure it reflects your wishes.
Which principle do you like the most?

a) Freedom
b) Authority
c) Support
d) Responsibility
e) Confirmation
f) All of them
Self-Determination
Types of Services in

Generic Services
Non-Vendored Center Services
Regional Center Services
Natural Supports
Services
Services
Your Services Need to Meet:

Final Rule - Inclusion
Home and Community Based Services (HCBS)
Many people with disabilities still do not have the opportunities they would like to be active and included members of their communities.
Your services need to meet the __________ Rule.

Fill in the blank.
You make your own choices

You live in neighborhoods of your choosing

You can work and volunteer

You can make friends with people with and without disabilities

The Self-Determination Program is designed so that you are included in YOUR community.
The provider will complete a self-assessment of the setting. If the setting services in this setting are not complete, you can work with them. If the provider does not pass the assessment, you can work with them towards change. If the provider passes the assessment, you can use this service. If the selected provider, the regional center, and FMS verify the completion of the assessment process, the provider will complete the assessment of the setting. Setting Assessment and Process.
Your Service Coordinator and Independent Facilitator are here to help. Think about:

- What's around you
- Services you use
- People you can hire
- RC vendor lists
- Your Team

Facilitator are here to help your Service Coordinator and Independent Facilitator.
Determination

Determine in your neighborhood for Self

How would you find possible options or

Question
Jason has finished his Person-Centered Planning and is using the goals from his IPP to find services and resources.
Financial Management Service (FMS)

- SDP Participant paperwork
- Service Provider paperwork
- Staff paperwork
- Service Agreement (optional)

The paperwork will change depending on your FMS model and the FMS you choose.

Forms You’ll Need

Service Agreements (optional)
You may need to buy things that help with a need or goal in your IPP. The items must be in your Spending Plan. Your FMS will make these purchases for you.

You may need to buy things that help with a Unique Supports, Items, and Activities, Medical Supplies, Technology Assistive Equipment/
Finding the Right Staff

- Ask your team for
  - Suggestions
  - Resources
- Post jobs in your community and/or on the internet
- Use organizations and support groups that can help you find staff

Photo credited: Disabled And Here
Interviewing

Schedule interview where and when you want

Have your questions ready

Take notes on their answers

You may want to ask for proof of licensing or certification

Call references

Photo Credited: Disabled And Here
Once you have picked your Service Providers and Staff:

They will fill out paperwork from your FMS.
They may need to fill out a contract.
They will fill out paperwork from your FMS and Staff.

Staff will need to share proof of who they are:

- Social Security card
- Driver's license
- ID
- Passport

Once you have picked your Service Providers.
Jason has been talking with his FMS during his SDP process and has been filling out the paperwork needed. Providers and staff have been filling out the paperwork during his SDP process and has been having his Service during his FMS.
Jason is hiring

An agency for his job coach

◦ Interview
◦ Service Provider paperwork

His neighbor to support him during the day

◦ Interview
◦ Staff paperwork
◦ Background check if needed

Improve his social skills

His friend as a social coach to help him

His neighbor to support him during the day

An agency for his job coach

Jason is hiring

Jason
Things Jason is buying:

- Gym membership
- Uber
- Public Transportation Card
Ask your FMS for their payment policy.

**For Items**
- Type: card, invoice, over the phone, check, etc.
- Frequency: monthly, as scheduled, when needed
- Process: How do you ask? How long does it take?

**For Staff**
- Frequency: every 2 weeks, monthly
- Timekeeping process: paper, electronic, online
- Benefits: sick time, health insurance, etc.

**Tips**
- Card, invoice, over the phone, check, etc.
- Paper, electronic, online

Benetits - sick time, health insurance, etc.
You agree to participate, and provider agrees to provide certain services. 

Think about:

- **Roles** - Who is responsible for what? What happens if something goes wrong?
- **Confidentiality** - Your information is not shared unless you want.
- **Termination** - How can the agreement be ended?

You agree to participate, and provider agrees.
You may want to have agreements with your Service Providers that include:

- **Terms**
  - Service description
  - Plan, how will it get done?
  - Length of service
  - Payment type
  - Hours of service, some may have a minimum requirement
  - Monthly rate
  - Hourly/weekly rate
  - Payment due date
  - Payment type
  - Fee of Services
  - Length of service, e.g., 3-month, 6-month, etc.

Service Providers that include:

You may want to have agreements with your Service Providers.
Before signing, did you:

- Negotiate terms of service?
- Review any contracts and service agreements carefully?
- Make sure your FMS payment policy fits the agreement?
- Ask to change the agreement if you did not like it?
Are all staff or service providers required to get a background check?
Background checks are required by the Department of Developmental Services (DDS). Background checks help:

- Keep you and your family healthy and safe
- Alert you of candidates who might have committed a serious crime
Who is required to get a background check?

- Staff providing direct personal care

Can you request additional staff obtain a background check?

- Yes, anyone you want

Who is responsible for paying for the background check?

- The person providing the service
Who can you hire?

- No criminal record - they can work for you
- Minor crime - DDS must approve an exemption filed by the provider
- Major crime - cannot work for you

No criminal record - they can work

No criminal record - they can work

Who can you hire?

Background checks
Jason has finalized all service agreements and his staff have passed their background checks. He will be starting his Self-Determination Program next month!
Questions?
JANUARY 24, 2022
AGENDA ITEM 9
INFORMATION ITEM

SELF ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES

Member Updates

Members will have five minutes to provide the committee with updates regarding local and regional issues of concern for people with intellectual and developmental disabilities. Updates may include:

A. Updates/Concerns from the Regional Advisory Committees
B. Emerging Issues
C. Barriers to Self-Advocacy
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SELF-ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES

Committee Updates

SAAC members will have an opportunity to share any updates from other SCDD Committees. The following committees have met since the November Council meeting:

- Legislative Committee
- Membership Committee
- State Plan Committee

Attachments

None
The SSAN met on December 8th & 9th over Zoom. Councilmember Maria Marquez will provide the committee with an update on SSAN activity since the last meeting.

The next SSAN meeting will take place on March 9th & 10th 2022 over Zoom.

**Attachment**

- December 2021 SSAN Report
- 2020–2021 SSAN Annual Report
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Report from the Statewide Self-Advocacy Network

**Recent Activity:** The Statewide Self-Advocacy Network (SSAN) held their last meeting of 2021 on December 8th & 9th, 2021 using Zoom.

**Focus of Meeting:**

The December 2021 Zoom SSAN meeting was held over the course of two days. SSAN opened Day 1 of the meeting by sharing their favorite holiday traditions.

Peter Mendoza, CPS II Sacramento Regional Office and SCDD Disability Advisory Committee (DAC) Member asked for SSAN members’ feedback and collaboration on a section of their video training project focused on different types of disabilities. Members expressed interest in contributing to this project and suggested that this item be brought back at the March 2022 meeting.

SCDD Executive Director Aaron Carruthers provided SSAN members with an update on SCDD activity since the September SSAN meeting. Executive Director Carruthers talked about the challenges of responding to the ongoing public health crisis of COVID–19 and keeping everyone safe. SCDD continues to address vaccine hesitancy among Californians with I/DD and their communities by providing timely, up to date and easy to understand information about the different types of COVID—19 vaccines. SCDD sponsored California Senate Bill 639 was signed by Governor Newsom and will go into full effect in January 2025. SCDD will be asking for input from people with I/DD who have experience working in sheltered workshops receiving subminimum wage in order to put together a report for the California Legislature.

SSAN Members talked about the impact of the landmark Americans with Disabilities Act (ADA) on improving access and building standards in the USA. A representative from Special Olympics Southern California presented on the impact words have on the way the broader public thinks about people with disabilities and the different types of projects that Special Olympics does throughout the year to support athletes with disabilities, educate communities and advocate for disability rights. This includes “Spread the Word to End the Word,” an ongoing Special Olympics campaign to encourage the public to stop using the “R” word in everyday language. You can take part in their effort by [Taking the Pledge](#) with Spread the Word today.

On Day 2 of the SSAN meeting, Rihana Ahmad, SCDD Manager – State Plan and Self-Advocacy, provided SSAN members with an overview of the 2022–2026 SCDD State Plan and how the work SCDD staff will be engaging in presents opportunities for collaboration between SSAN and SCDD staff. Members shared ideas about the issues and focus areas SSAN should prioritize for 2022.
Report from the Statewide Self-Advocacy Network

The SSAN members discussed the structure of the SSAN workgroups and the importance of being active participants in their chosen workgroup(s). The SSAN workgroups met in breakout rooms to talk about current and potential projects, and to set their meeting schedule for 2022.

Actions Taken:

- Approved the Minutes from the September 2021 SSAN Meeting
- Approved the December 2021 Edition of SSAN Newsletter
- Approve the 2020–2021 SSAN Annual Report

2020—2022 SSAN Leadership:

Chair: Desiree Boykin, ARCA Representative
Vice-Chair: Paul Mansell, SCDD San Diego Regional Representative
Secretary: Robert Levy, UC Davis MIND Institute UCEDD Representative

SSAN Workgroups:

- Operations (formerly Officers, Bylaws, and Membership)
- Self-Determination
- Employment
- Legislative and Civic Engagement
- Newsletter and Communications
- Youth Engagement

The next SSAN Meeting is scheduled for March 9–10 2022 over Zoom. Please visit the SSAN Page on the SCDD website for more information.
JANUARY 24, 2022
AGENDA ITEM 12
INFORMATION ITEM

SELF ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES

Adjournment

The next committee meeting is scheduled for March 21, 2022.