



NOTICE/AGENDA

This is a teleconference and zoom meeting only. There is no physical location being made available to the public per Government Code Section 11133. Therefore, Committee members are not required to list their remote locations and members of the public may participate telephonically or by Zoom from any location. Accessible formats of all agenda and materials can be found online at www.scdd.ca.gov

JOIN ZOOM MEETING: <https://bit.ly/SCDDSAACJan2022>

MEETING ID: **863 1531 1583**

MEETING PASSWORD: **778378**

Check out [Zoom Download Instructions](#) and [Tips on how to use Zoom](#) to learn the basics about the Zoom platform.

OR

JOIN BY TELECONFERENCE: (VOICE ONLY)

CALL IN NUMBER: **(669) 900-9128**

MEETING ID: **863 1531 1583**

MEETING PASSWORD: **778378**

STATE COUNCIL ON DEVELOPMENTAL DISABILITIES SELF-ADVOCATES ADVISORY COMMITTEE MEETING

POSTED AT: www.scdd.ca.gov

DATE: January 24, 2022

TIME: 2:00 P.M. to 5:00 P.M.

COMMITTEE CHAIR: Jeana Eriksen

-
- Item 1. CALL TO ORDER
 - Item 2. WELCOME AND INTRODUCTIONS
 - Item 3. ESTABLISH QUORUM

Item 4. PUBLIC COMMENTS

This item is for members of the public only to provide comments and/or present information to the Committee on matters not on the agenda. Each person will be afforded up to three minutes to speak.

Item 5. CHAIR REPORT AND ANNOUNCEMENTS

- A. Chair Report
- B. Online Meeting Etiquette
- C. Meeting Ground rules

Item 6. APPROVAL OF NOVEMBER 29, 2021 MINUTES

Page 7



Item 7. REVIEW OF COUNCIL BUSINESS

Page 13

Presented by: SCDD Executive Director Aaron Carruthers

- A. SCDD Agency Update
- B. Review of Council Agenda

**ITEMS RELATED TO COUNCIL BUSINESS ARE INCLUDED IN
THE COUNCIL PACKET**

**Item 8. SAAC RECOMMENDATION ON SELF-DETERMINATION
TRAINING MODULES**

Page 15

Presented by: SCDD Staff

Item 9. MEMBER UPDATES

Page 141

- A. Updates/Concerns from Regional Advisory Committees
- B. Emerging Issues
- C. Barriers to Self-Advocacy

Item 10. COMMITTEE UPDATES

Page 143

- A. Legislative and Public Policy Committee
- B. Membership Committee
- C. State Plan Committee

Item 11. SSAN REPORT

Page 145

Item 12. ADJOURNMENT

Next Meeting: March 21, 2022

Accessibility

Pursuant to Government Code Sections 11123.1 and 11125(f) and Executive Order N-29-20 (This Executive Order can be found by clicking the link on page one of the agenda, or by typing <https://www.gov.ca.gov/wpcontent/uploads/2020/03/3.17.20-N-29-20-EO.pdf> into your web browser), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Riana Hardin at (916) 263-8196 or Riana.Hardin@scdd.ca.gov. Please provide at least 3 business days prior to the meeting to allow adequate time to respond to all requests.

All times indicated and the order of business are approximate and subject to change.

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JANUARY 24, 2022
AGENDA ITEM 5
INFORMATION ITEM

SELF-ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES

Chair Report and Announcements

Committee Chair Jeana Eriksen will provide an update and SCDD staff will lead a discussion with the Committee regarding online meeting etiquette and why it is an important part of having a successful meeting. The presenters will provide ground rules to help facilitate open and respectful meetings and talk about helpful tools, such as Robert's Rules of Order.

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JANUARY 24, 2022

AGENDA ITEM 6

ACTION ITEM

SELF-ADVOCATES ADVISORY COMMITTEE

STATE COUNCIL ON DEVELOPMENTAL DISABILITIES

Approval of November 29, 2021 Minutes

Action Recommended

Approve the November 29, 2021 SAAC Minutes

Attachments

November 29, 2021 SAAC Minutes

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**SELF-ADVOCATES ADVISORY COMMITTEE MEETING MINUTES
NOVEMBER 29, 2021**

Members Present

Nicole Adler (SA)
Jeana Eriksen (SA)
Julio Garnica (SA)
Maria Marquez (SA)
Kara Ponton (SA)
Rosanna Ryan (SA)
Wesley Witherspoon (SA)

Others Attending

Rihana Ahmad
Chris Arroyo
Aaron Carruthers
Riana Hardin
Beth Hurn
Sarah May
Charles Nguyen
MaryAgnes Nolan
Nicole Patterson
Tina Reszler
Viri Salgado
Chris Snyder

1. CALL TO ORDER

Committee Vice-Chair and Presiding Officer Rosie Ryan called the meeting to order at 2:01 P.M.

2. WELCOME AND INTRODUCTIONS

Committee members and others in attendance introduced themselves.

3. ESTABLISHMENT OF QUORUM

A quorum was established.

4. PUBLIC COMMENT

There was no Public Comment.

5. CHAIR REPORT AND ANNOUNCEMENTS

There were no announcements to report.

Legend:

SA = Self-Advocate

FA = Family Advocate

DRAFT

6. APPROVAL OF SEPTEMBER 13, 2021 MINUTES

Members reviewed the minutes from the September 13th meeting. The minutes can be found starting on page 7 of the September SAAC packet.

ACTION 1

It was moved/seconded (Marquez [SA]/ Witherspoon [SA]) and carried to approve the September 13th minutes as presented. Motion Passed without objection.

7. REVIEW OF COUNCIL BUSINESS

In preparation for the November Council meeting, SCDD Executive Director Aaron Carruthers provided members with an overview of the agenda for the Council meeting and an update on the logistics for the Zoom meeting. Executive Director Carruthers, along with the Council Chair and other leaders in the I/DD community will be meeting with Governor Newsom to discuss the needs and concerns of Californians with I/DD. Council staff continues to educate communities across California about resources and supports available to them.

8. SCDD REPRESENTATIVE TO SSAN

The Statewide Self-Advocacy Network (SSAN) is a cross-disability training network and ongoing project of SCDD. SSAN works to promote Leadership and build bridges that strengthen advocacy among disability communities by focusing on policy change. In order to increase collaboration between SSAN and SCDD, a seat on SSAN is reserved for a member of the Council. Due to appointment term expirations, the SCDD SSAN Representative position is currently vacant.

While the Council Bylaws give the Chair of the Council the responsibility to distribute committee assignments and Council representation on outside boards, Section 2.4 E of the Council Bylaws states that SAAC is responsible for nominating a standing representative to SSAN. Due to the election of a new Council Chair, SAAC has chosen to recommend a new SCDD Representative to SSAN in order to provide an additional opportunity for leadership development for Self-Advocates serving on

Legend:

SA = Self-Advocate

FA = Family Advocate

Page 2

DRAFT

the Council. Committee Members Marquez (SA) and Ponton (SA) both expressed interest in the position.

ACTION 2

It was moved/seconded (Marquez [SA]/ Witherspoon [SA]) to nominate Councilmember Marquez (SA) as a Candidate for the SCDD Representative to SSAN.

It was moved/seconded (Ponton [SA]/ Witherspoon [SA]) to nominate Councilmember Ponton (SA) as a Candidate for the SCDD Representative to SSAN.

A roll call vote was taken for the two candidates interested in the open position, and Councilmember Marquez (SA) was chosen to represent SCDD on SSAN. A tally of the vote can be found on page 4 of the SAAC minutes.

9. SAAC FEEDBACK ON SELF-DETERMINATION MATERIALS

Christopher Arroyo, SCDD Los Angeles Regional Manager reviewed a draft of the SCDD Self-Determination Overview training and asked for feedback on the language of the materials. Feedback included: increasing the font size, typing out words that are included in images to ensure clarity, replacing the word “authority” with the word “power” when appropriate, clarifying the different FMS service models, explaining the fair hearing process, and making sure that the focus is on the individual receiving services.

10. MEMBER UPDATES

Members talked about ongoing concerns in their communities around the level of financial resources and training available within the self-determination program, the need for better authentic media representation of people with disabilities, concerns about rent increases and the lack of affordable housing options, the need for more investment in mental health services and the increase of natural disasters and the need for better emergency response and communication to people with disabilities.

Legend:

SA = Self-Advocate

FA = Family Advocate

Page 3

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11. SAAC RECOMMENDATIONS ON COUNCIL BUSINESS

No additional recommendations to the Council were made at this time.

12. COMMITTEE UPDATES

Committee members shared updates from other Council Committees and were referred to the committee reports included in the September Council Packet.

13. ADJOURNMENT

The meeting was adjourned at 3:58 P.M.

Vote Log

Member	Action 1	Action 2
Adler, Nicole	Aye	Marquez
Eriksen, Jeana	Aye	Marquez
Garnica, Julio	Aye	Marquez
Marquez, Maria	Aye	Marquez
Ponton, Kara	Aye	Ponton
Ryan, Rosie	Aye	Marquez
Witherspoon, Wesley	Aye	Marquez

Legend:

SA = Self-Advocate

FA = Family Advocate

JANUARY 24, 2022
AGENDA ITEM 7
INFORMATION ITEM

SELF ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES

Review of Council Business

State Council on Developmental Disabilities Executive Director Aaron Carruthers will review Council Business with the committee. This item may include:

- A. SCDD Agency Updates
- B. Review of Council Agenda items

Items related to this agenda item can be found in the Council Packet.

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JANUARY 24, 2022

**AGENDA ITEM 8
INFORMATION ITEM**

**SELF ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

SAAC Feedback on Self-Determination Materials

The Self-Advocates Advisory Committee serves as a voice for all Californians with intellectual and/or developmental disabilities, by advising the Council on issues that impact the lives of self-advocates and promoting State Council participation and peer advocacy that advances independence and inclusion. Section 2.4 D of the Council Bylaws gives SAAC responsibilities that include reviewing meeting materials and other Council produced materials to evaluate and make recommendations regarding plain language approaches.

As a follow-up to the November 2021 SAAC meeting, SCDD Self-Determination Program Manager, Joseph Hernandez would like SAAC members to provide feedback on the Self-Determination Program Training Modules meant to help guide self-advocates through the self-determination process.

Please take the time to carefully review all materials attached to this agenda item in order to participate in an active conversation and provide feedback on the plain language and accessibility of the attached curriculum. Additional thoughts or feedback relating to this agenda item not discussed during the meeting can be emailed to Joseph.Hernandez@scdd.ca.gov.

Attachments:

- SCDD Self-Determination Program DRAFT Orientation Person-Centered Planning Training Module on Page 17
- SCDD Self-Determination Program DRAFT Orientation Individual Budgets and Spending Plans Training Module on Page 43
- SCDD Self-Determination Program DRAFT Orientation Working with Others Training Module on Page 73
- SCDD Self-Determination Program DRAFT Orientation How to Select and Arrange Your Services Training Module on Page 109

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Self-Determination Program Orientation

Person-Centered Planning



~~DRAFT~~ Your Services Should be All About YOU!



[Link to Your Services Should be All About You Video](#)

DRAFT

Person-Centered Planning



With you at the center of planning, through the person-centered process **you** will:

1 Identify your hopes and dreams.

2 Identify what you like and what you're good at.

3 Identify and set meaningful goals for your life.

4 Choose who will provide services and supports to help you meet your goals.



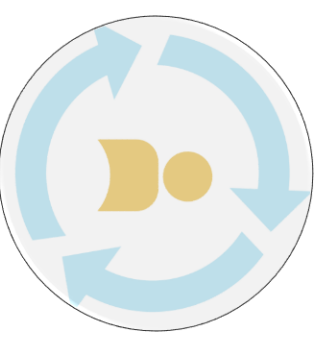
Values & Principles

Person-Centered

- ▶ Self-advocates & families have a central role
- ▶ Empowerment
- ▶ Choice
- ▶ Diversity
- ▶ Circles of support
- ▶ Community Integration
- ▶ Teamwork
- ▶ Accountability

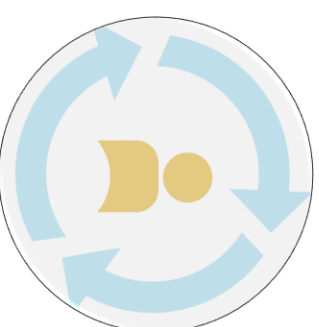
Self- Determination

- ▶ Freedom
- ▶ Authority
- ▶ Support
- ▶ Responsibility
- ▶ Confirmation



Person-Centered Planning

- ▶ What you want people to know about you
 - ▶ What is important TO you
 - ▶ What is important FOR you
 - ▶ What kind of support will help you
 - ▶ Action plan to reach your goals
-
- ▶ The Person-Centered Plan is used to make your Individual Program Plan (IPP)



Important TO and FOR You

What is Important

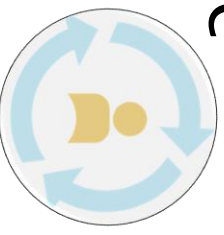
TO Me

- ▶ Living in my own home
- ▶ Attending sporting events
- ▶ Having money to go on dates
- ▶ Enjoying my hobbies

What is Important

FOR Me

- ▶ Having money for bills and food
- ▶ Not inviting strangers to live with me
- ▶ Advocating for the life I want to live



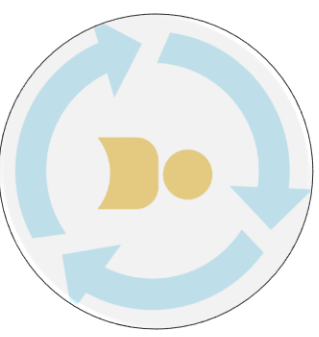
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Question

What is one thing that is important to YOU
and important for YOU?



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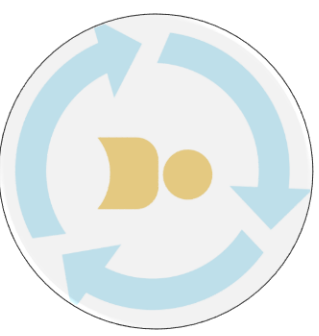
Person-Centered Planning

- ▶ A way to figure out, plan for, and work toward your “preferred future”
 - Your “preferred future” is the way you want to live your own life
- ▶ There are many ways to create a Person-Centered Plan (PCP)
 - These different ways are tools to discover what's important for your life
- ▶ You'll decide the items and services you'll need for your PCP



Person-Centered Planning

- ◆ It's about building your best life
 - You'll need to describe what that life looks like
 - You'll need to talk about your problems
 - You'll decide the role of your team
- ◆ Your PCP will tell what you want to do daily, what your goals are, who you want to be around, and many other things



DRAFT

Elements of Your PCP



[Link to Elements of Your PCP Video](#)



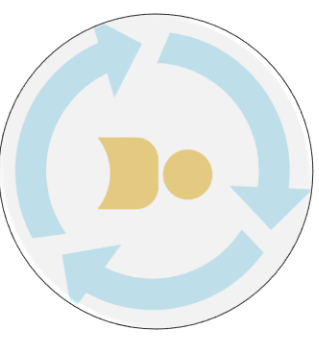
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Your Team

- ◆ Your Team is your circle of supports
- ◆ People who know you best and are a part of your life



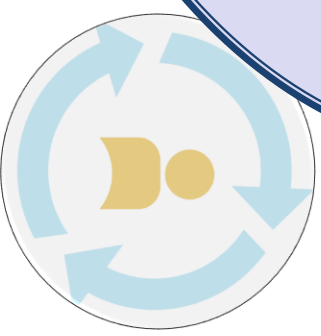
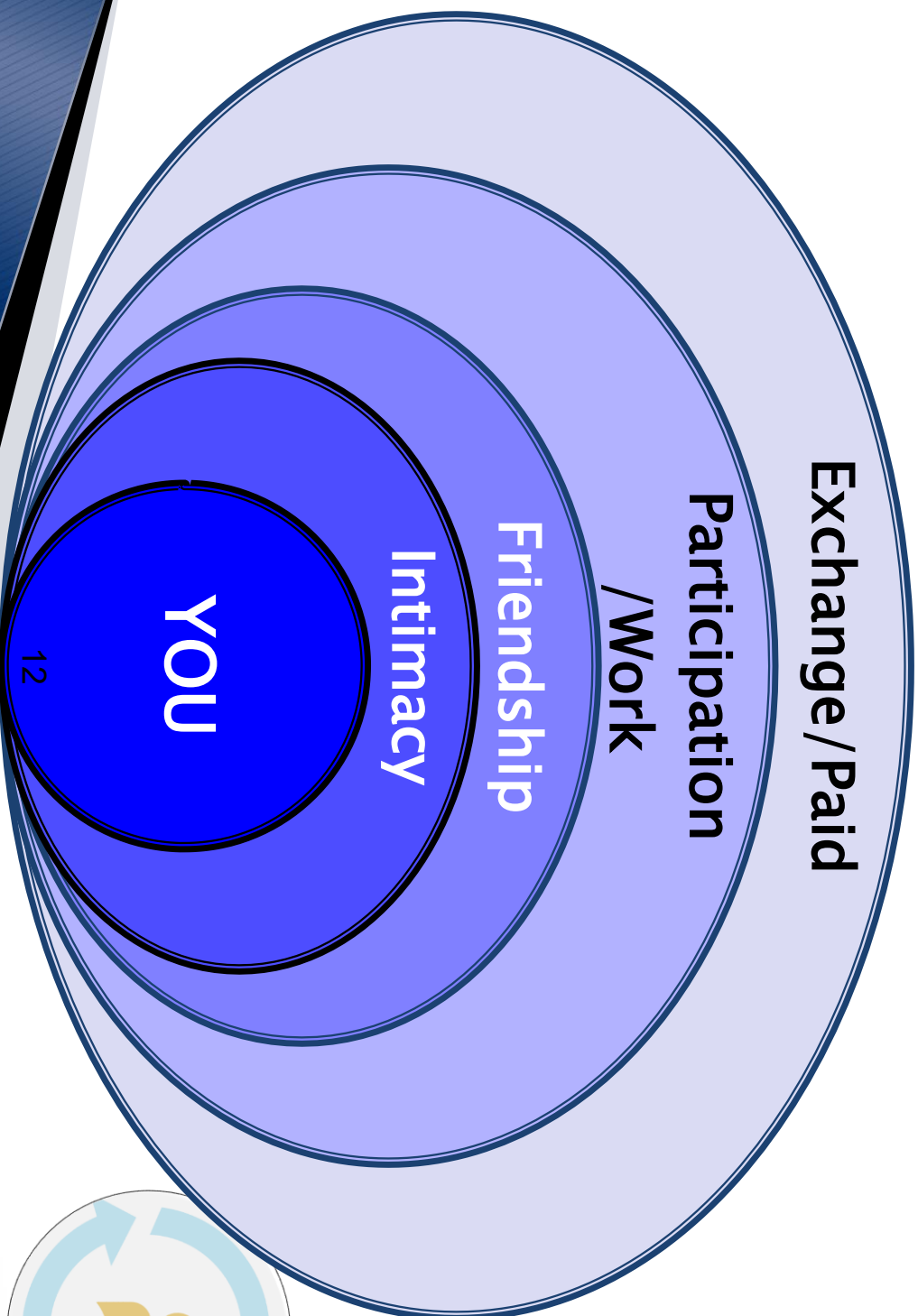
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Your Team

Think about your Relationship Circles



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Your Team

Can be...

- ▶ Family
- ▶ Friends
- ▶ Teachers
- ▶ Employers
- ▶ Social Workers
- ▶ Service Coordinators
- ▶ Community Leaders
- ▶ Health professionals
- ▶ And more...



Photo credited: Rodnae Production via Pexels

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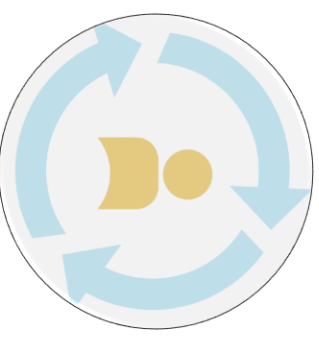
Fill In the Blank

_____ will be part of my team!



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Kevin the Baker



[Link to Kevin's Person-Centered Planning Video](#)



Poll

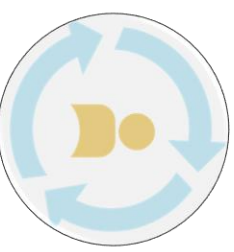
What resources are Kevin using?

- a) Mom
- b) Baking Coach
- c) Regional Center
- d) Church
- e) All of them



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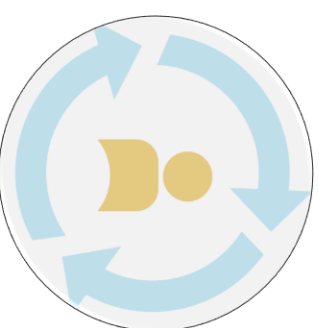
Photo credited: Disability:IN



DRAFT Benefits of

Person-Centered Planning

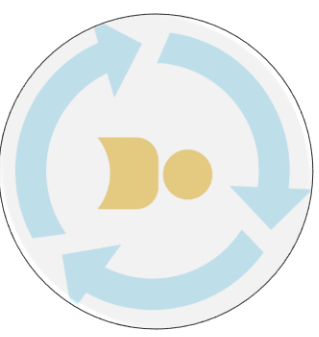
- ▶ You are in control
 - Where does it happen?
 - When does it happen?
 - Who gets to be there?
- ▶ It's about celebrating you
- ▶ People who know you best help
- ▶ You are in charge
- ▶ There are no wrong answers
- ▶ It's about discovery



~~DRAFT~~ Choosing Your Person-Centered Planner

My Person-Centered Planner should know:

- ▶ You can make your own decisions
- ▶ Understand how you communicate
- ▶ How to respect cultural diversity
- ▶ That health and safety across your life are important
- ▶ Ask your regional center and other support groups for PCP resources and lists

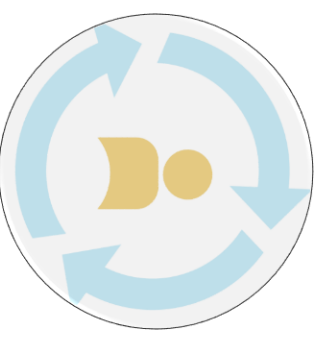


Choosing My Person-Centered Planner

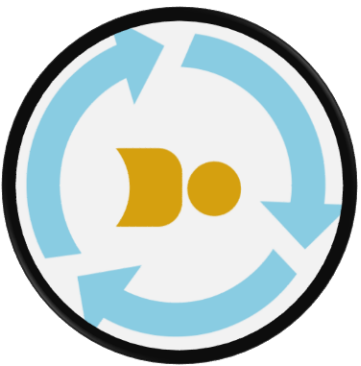
- ◆ Different people communicate differently
 - Behavior is communicative
 - Preferred communication
 - Picture format, People Exchange Communication System (PECS)



Photo credited: Disabled And Here



Preparing for Your PCP



Start with

YOU!

What do
you want
your life to
look like?



Think

about those
who know
you best,
they will be
your team



Pre-planning

meeting: talk
about roles and
responsibilities,
get input from
your team

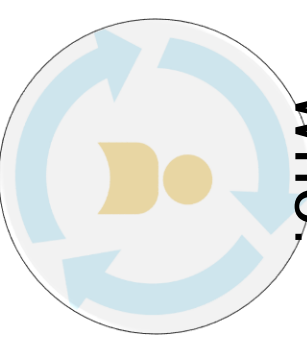


Set a date

for your
PCP. When?

Where?

Who?



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Jalen's PCP



[Link to Jalen's Person-Centered Planning Video](#)

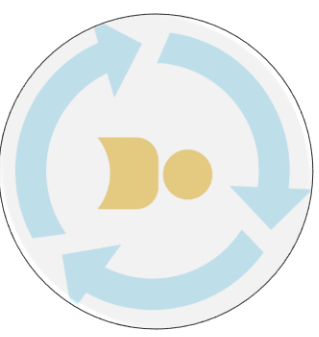
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Question

Who is in control of the PCP?

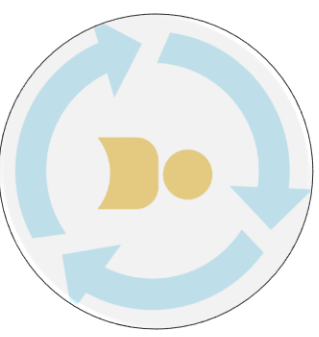


Photo credited: Rodna22 Production via Pexels



Resources

- ▶ DDS
 - [IPP Resource Manual: A Person-Centered Approach](#)
 - [Frequently Asked Questions](#)
 - ▶ [“What is Person Centered Planning?”](#), [Families Leading Planning UK](#)



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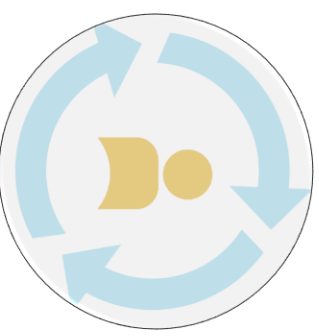


Resources

PCP Methods

- ▶ [MAPS](#) – Making Action Plans
- ▶ [PATH](#) – Planning Alternative Tomorrows with Hope
- ▶ [Personal Passport](#)
- ▶ [Essential Lifestyle Planning](#)

And Many More!

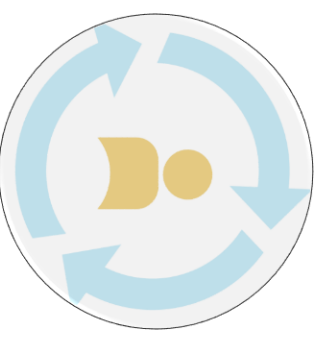


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Questions?



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Self-Determination Orientation

Individual Budgets and Spending Plans



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Let's Meet Sofia



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Your Individual Budget

- ◆ Determining Your Individual Budget

IPP



SPENT IN THE
LAST
12
MONTHS



DRAFT

Sample Annual Cost Statements

03/20/2017
Page 1 of 1

Statement of Services Provided

DO NOT PAY
THIS IS NOT A BILL

9999999 First Name Last Name

January 1, 2016 to December 31, 2016

CPC NAME CPC CODE

Service: 905 Owner Operated-adult Res Facility
Provider: HCXXXX XXXX

Unit Type: M Monthly

Total Amount Paid: **\$19,596**
Total Units: **12.00**

Jan-2016	Feb-2016	Mar-2016	Apr-2016	May-2016	Jun-2016	Jul-2016	Aug-2016	Sep-2016	Oct-2016	Nov-2016	Dec-2016
Amounts	1,534	1,534	1,534	1,534	1,534	1,732	1,732	1,732	1,732	1,732	1,732
Units	1	1	1	1	1	1	1	1	1	1	1

Service: 510 Adp-adult Development Program
Provider: HCXXXX XXXX

Unit Type: DM Days Per Month

Total Amount Paid: **\$7,572**
Total Units: **247.00**

Jan-2016	Feb-2016	Mar-2016	Apr-2016	May-2016	Jun-2016	Jul-2016	Aug-2016	Sep-2016	Oct-2016	Nov-2016	Dec-2016
Amounts	563	593	681	622	622	652	730	603	603	603	666
Units	19	20	23	21	21	22	20	23	19	19	21

Service: 055 Community Integration Training Prg
Provider: HCXXXX XXXX

Unit Type: D Days Per Month

Total Amount Paid: **\$11,144**
Total Units: **247.00**

Jan-2016	Feb-2016	Mar-2016	Apr-2016	May-2016	Jun-2016	Jul-2016	Aug-2016	Sep-2016	Oct-2016	Nov-2016	Dec-2016
Amounts	828	872	1,003	916	916	959	934	1,074	887	887	981
Units	19	20	23	21	21	22	20	23	19	19	21

Service: 880 Trans Additional Com
Provider: HCXXXX XXXX

Unit Type: DM Days Per Month

Total Amount Paid: **\$3,240**
Total Units: **246.00**

Jan-2016	Feb-2016	Mar-2016	Apr-2016	May-2016	Jun-2016	Jul-2016	Aug-2016	Sep-2016	Oct-2016	Nov-2016	Dec-2016
Amounts	238	250	288	250	263	275	277	319	263	263	291
Units	19	20	23	20	21	22	20	23	19	19	21

Total Amount Paid: **\$41,552**
Total Units: **752**

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Your Individual Budget

- ▶ When Can Your Individual Budget Change

UNMET NEED

Needed services in your IPP were not used.

There were needs not addressed in your IPP.

OR

CHANGE IN CIRCUMSTANCE

Life has changed, and so have your needs.

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~~DRAFT~~ Service Handled Outside of the Individual Budget

- ▶ Insurance co-payments, deductibles, or co-insurance
- ▶ Competitive Integrated Employment (CIE) Incentives
- ▶ Paid Internship Program (PIP) payments
- ▶ Rental payments consistent with Welfare and Institutions Code section 4689(i)
- ▶ SSI and/or SSP payments



Your Individual Budget

- ◆ The money from your individual budget will need to pay for a Financial Management Service, and an Independent Facilitator if you want to use one
- ◆ Your budget will be certified (confirmed) by your Regional Center and included with your IPP



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Sofia's Individual Budget

Sofia

IPP

Annual
Cost
Statement

SPENT IN THE
LAST
12
MONTHS

UNMET NEED
CHANGE IN
CIRCUMSTANCE

SPENT IN
THE LAST
12
MONTHS

= \$2,100



Sofia's Individual Budget

Sofia



Monthly
40 Hours
Respite

Provided
7 Hours
Respite

Unused
33 Hours
Respite

33 hours x \$25 per hour = \$825 per month
\$825 per month x 12 months = **\$9,900**

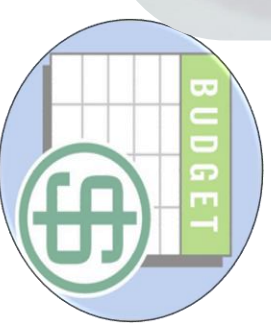


Activity

List any unmet needs or change of circumstance you might have.



Photo credited: Trillium Services Inc.



DDS Individual Budget Tool

Word

Individual_Budget_Calculation_Certification_Tool ▾

Accessibility Mode Download Save a copy to OneDrive. Print ...

Self-Determination Program
Individual Budget Calculation and Certification Tool

Participant:
UCI #:
Date of Birth (M/D/Y):
Regional Center:
Service Coordinator:
Prior 12 Month Period:

This tool is intended to guide you through building the individual budget for a participant in the Self-Determination Program (SDP). It is structured as a series of tables that will allow you to calculate a final budget amount. The individual budget should be calculated and certified in conjunction with, or prior to, development of the Individual Program Plan (IPP) and Spending Plan for SDP.

This is a protected document intended to preserve formulas in the tables. Enter amounts into the grey areas within the tables, as applicable. There are some fields that require manual calculations. Totals will automatically calculate in the tables as you move through the document. Automatically calculated fields appear orange and cannot be edited.

Upon completion of the individual budget calculation, please sign the form to reflect Regional Center (RC) certification and participant review.

Please email sdp@dds.ca.gov for questions regarding the use of this tool and/or the development of the Individual budget.

1. **Baseline Amount: Determine the baseline annual expenditures. How much was spent in the most recent 12 months?**

The individual budget amount is based on the most recent 12 months of all regional center expenditures used to purchase services in the IPP. Enter the total amount paid by a Regional Center

Page 1 of 5

100% Give Feedback to Microsoft

[Link to DDS Individual Budget Tool](#)

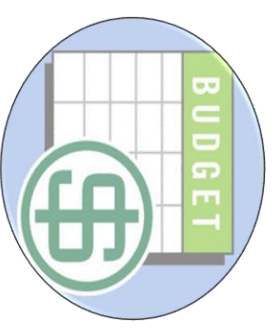
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Fill In the Blank

The individual budget amount is based on the amount of money the regional center spent on your services in the last ____ months.



Photo Credited: Kamppz Production via Pexel



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Spending Plan Rules

- ◆ You must use generic resources first
- ◆ Under the Self-Determination Program
- ◆ Regional Center is still the payer of last resort



Photo Credited: KamphusProduction via Pexels

Support Category	Amount
Employment Supports	\$6,480
Community Living Supports	\$4,212
Community Integration Supports	\$49,200
Non-Medical Transportation	\$1,200
Community Integration Supports	\$4,320
Participant-Directed Goods and Services	\$120
Independent Facilitator	\$1,000
Special Management Service (FMS)	\$1,980
	\$80,000

~~DRAFT~~ Generic Resources and Natural Supports



Frommuhle Interaction Supports
©1 2011

[Link to Frank D. Lanterman Regional Center's Generic Resources and Natural Supports Video](#)

-

Community Integration Supports	\$4,320
Participant-Directed Goods and Services	\$120
Aurelius via Pexel	
(Participant Allocation)	\$500
Financial Management Service (FMS)	\$1,980
	\$6,820

Your Spending Plan

- ◆ Identifies the services you will use and items you will need to carry out your IPP
- ◆ Shows how the funds from your individual budget will be used over the next year
- ◆ You and your team decide what services and supports you will spend your money on
- ◆ Your Spending Plan cannot exceed the funds in the individual budget
- ◆ Goods (items) and services must be eligible for the program



Community Integration Supports	\$6,480
Community Transportation	\$4,212
Community Integration Supports	\$4,200
Participant-Directed Goods and Services	\$1,200
Independent Facilitator	\$1,000
Social Management Service (SMS)	\$1,980
	\$17,872

Spending Plan Categories

Money from the Individual Budget goes into three categories:

- ▶ Living Arrangement– support at home
- ▶ Employment and Community– support for employment and community activities
- ▶ Health and Safety– support for health and safety

Each of these categories has specific services that you will use to make your Spending Plan



Community Integration Supports	\$49,200
Community Living Supports	\$4,320
Transportation	\$1,000
Participant-Directed Goods and Services	\$120
Independent Facilitator	\$1,000
Social Management Service (SMS)	\$1,980
	\$80

Self-Determination Service Codes

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Self-Determination Program Service Codes by Budget Category

Budget Category	SDP Services	Service Code	Description/Providers
Living Arrangement (310 - 330)	Respite Services	310	Respite (Individual and Agency) In-home
		311	Respite Facility - Out-of-Home
	Live-In Caregiver	312	Live-In Caregiver
	Homemaker	313	Homemaker
	Housing Access Supports	314	Housing Access Supports
	Financial Management Service	315	FMS Fiscal Agent
		316	FMS Co-Employer
		317	FMS Fiscal/Employer Agent
	Community Living Supports	320	Community Living Supports (Individual and Agency)
		321	Residential Facility
Employment & Community Participation (331 - 355)	Community Integration Supports	331	Community Integration Supports
	Participant-Directed Goods and Services	333	Participant-Directed Goods and Services
	Individual Training and Education	334	Individual Training and Education
	Employment Supports	335	Employment Supports
	Technology Services	336	Technology Supports
	Transition/Set Up Expenses	337	Transition Set-Up Expenses
	Non-Medical Transportation	338	Non-Medical Transportation
	Prevocational Supports	339	Prevocational Supports
	Independent Facilitator	340	Independent Facilitator
Health and safety (356 - 399)	Environmental Accessibility Adaptation	356	Environmental Accessibility
	Acupuncture Services	357	Acupuncture Services
	Personal Emergency Response Systems (PERS)	358	Personal Emergency Response Systems
	Home Health aide	359	Home Health Aide
	Communication Support	360	Communication Support
	Skilled Nursing	361	Skilled Nursing
	Nutritional Consultation	362	Nutritional Consultation
	Crisis Intervention and Supports	363	Crisis Intervention and Supports
	Behavioral Intervention Services	364	Behavioral Intervention Services
	Specialized Medical Equipment and Supplies	365	Specialized Medical Equipment and Supplies
	Family/Consumer Training	366	Family/Consumer Training
	Dental Services	367	Dental Services
	Lenses and Frames	368	Lenses and Frames
	Optometric-Optician Services	369	Optometric-Optician Services
	Psychology Services	370	Psychology Services
	Training and Counseling Services for Unpaid Caregivers	371	Training and Counseling Services for Unpaid Caregivers
	Speech - Hearing and Language	372	Speech - Hearing and Language
	Chiropractic Services	373	Chiropractor
	Massage Therapy	374	Massage Therapist
	Occupational Therapy	375	Occupational Therapy
	Physical Therapy	376	Physical Therapy
	Vehicle Modifications and Adaptations	377	Vehicle Modifications and Adaptations
	Family Support Services	378	Child Day Care Facility

Home Support	\$6,480
Community Living Supports	\$4,212
Community Integration Supports	\$49,200
Non-Medical Transportation	\$1,200
Community Integration Supports	\$4,320
Participant-Directed Goods and Services	\$120
Facilitator	\$1,000
Management Service (FMS)	\$1,980
	\$870

[Link to DDS Self-Determination Codes](#)

Self-Determination Service Definitions

Self-Determination Program Service Definitions

Acupuncture Services

Acupuncture services are covered to prevent, modify, or alleviate the perception of severe, persistent chronic pain resulting from a generally recognized medical condition. Acupuncture is defined in the Business and Professions Code, Section 4927 as "the stimulation of a certain point or points on or near the surface of the body by the insertion of needles to prevent or modify the perception of pain or to normalize physiological functions, including pain control, for the treatment of certain diseases or dysfunctions of the body and includes the techniques of electroacupuncture, cupping, and moxibustion." Acupuncture services (with or without electric stimulation of the needles) are limited to two services in any one calendar month, although additional services can be provided based upon medical necessity. All acupuncture services for children under age 21 are covered in the state plan pursuant to the EPSDT benefit. Acupuncture services in this waiver are only provided to individuals age 21 and over and only when the limits of services furnished under the approved state plan are exhausted.

Behavioral Intervention Services

Behavior intervention services include the use and development of intensive behavioral intervention programs to improve the participant's development and behavior tracking and analysis. The intervention programs are restricted to generally accepted, evidence-based, positive approaches. Depending on the participant's needs, behavioral intervention services may be provided in multiple settings, including the participant's home, workplace, etc. Behavioral intervention services are designed to assist individuals in acquiring, retaining and improving the self-help, socialization and adaptive skills necessary to reside successfully in home and community-based settings. Services may be provided to family members if they are for the benefit of the participant. Services for family members may include training and instruction about treatment regimens, including training on the use of medications, and risk management strategies to enable the family to support the participant.

The participation of parent(s) of minor children is critical to the success of a behavioral intervention plan. The person-centered planning team determines the extent of participation necessary to meet the individual's needs. "Participation" includes the following meanings: Completion of group instruction on the basics of behavior intervention; Implementation of intervention strategies, according to the intervention plan; If needed, collection of data on behavioral strategies and submission of that data to the provider for incorporation into progress reports; Participation in any needed clinical meetings; provision of suggested nominal behavior modification materials or community involvement if a reward system is used. If the absence of sufficient participation prevents successful implementation of the behavioral plan, other services will be provided to meet the individual's identified needs.

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Thursday, June 7, 2018

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ig Supports	\$4,212
gration Supports	\$49,200
inspiration	\$1,200
gration Supports	\$4,320

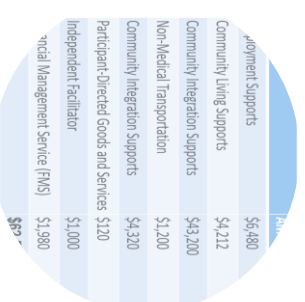
Self-Determination Program

[Link to DDS Self-Determination Service Definitions](#)

Your Spending Plan

- ▶ If you want to make changes to your spending plan, you can move up to 10% from one budget category to another
- ▶ You can use your team to estimate unknown cost and add them to the spending plan
- ▶ Make sure you include your Financial Management Service and Independent Facilitator (optional) costs

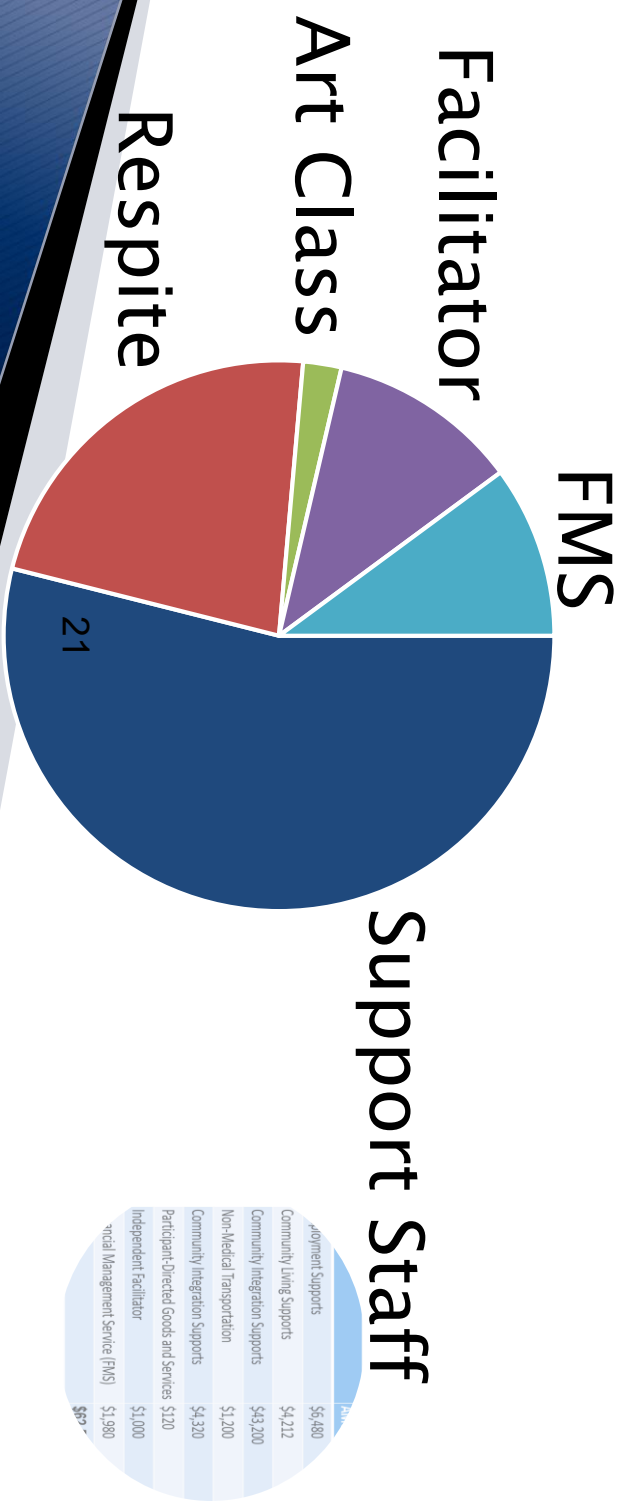
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Category	Amount
Employment Supports	\$6,480
Community Living Supports	\$4,212
Community Integration Supports	\$49,200
Non-Medical Transportation	\$1,200
Community Integration Supports	\$4,320
Participant-Directed Goods and Services	\$120
Independent Facilitator	\$1,000
Social Management Service (FMS)	\$1,980
Total	\$80,000

Your Spending Plan

- ◆ From your Person-Centered Plan
 - What do you have to pay for?
 - How much for each service or item?
 - What generic resources and natural supports will be used?



Question

What services or items would you put on your spending plan?



Photo credited: Rodnae22 Production via Pexels

Program	Amount
Employment Supports	\$6,480
Community Living Supports	\$4,212
Community Integration Supports	\$49,200
Non-Medical Transportation	\$1,200
Community Integration Supports	\$4,320
Participant-Directed Goods and Services	\$120
Independent Facilitator	\$1,000
Special Management Service (FMS)	\$1,980
	\$79,412

Sofia's Spending Plan

- ▶ Let's look at services and items Sofia listed in her PCP that she will need to put in her Spending Plan

Service	Who Supports?
GOAL: Sofia wants to be more independent and comfortable at home	
– Electric wheelchair	Medi–Cal/Foundation
– Parent training	Medi–Cal
GOAL: Sofia wants to hang out with friends and go to camp	
– Staff support year around while with friends	SDP
– Summer Camp	SDP



Sofia's Spending Plan

Service	Who Supports?
GOAL: Sofia wants to go to middle school with good supports	
School aide	School district
Speech & Physical Therapy	School district
Communication device	School district
Advocacy at IEP (by Independent Facilitator)	SDP
GOAL: Sofia wants to learn to be an artist or graphic designer	
- Accessible Computer	Grant
- Art class	SDP
- Staff support while at art class	SDP
Plus – Independent Facilitator and FMS	SDP



Sofia's Spending Plan

SERVICE	AMOUNT
Community Integration Supports Staff support after school and during art class for 5 hours/week, 32 weeks/year @ \$20/hour Staff support in the summer 20 hours/week, 4 weeks @ \$20/hour	\$4,800
Respite Services Summer camp	\$2,000
Community Integration Supports Art class	\$200
Independent Facilitator Person-Centered Planning, Access to IPP, IEP, & Public Benefits Agencies	\$1,000
Financial Management Services (FMS)	\$900
TOTAL	\$8,900

Activity

Goal: You want to move out of your parent's home and live on your own

- ▶ You are going to hire a home skills coach to help you learn the skills you need to be more independent
- ▶ They will work 6 hours / week and cost \$27 / hr
- ▶ [SDP Service Codes](#)
- ▶ [SDP Services Definitions](#)

- ▶ Fill in the Spending Plan line below.



Service	Service Category	Service Code	Amount
?	?	?	?

Activity

- ▶ Service
 - Community Living Supports – Home Skills Coach
- ▶ Service Category
 - Living Arrangement
- ▶ Service Code
 - 320 – Community Living Supports (Individual and Agency)
- ▶ Amount
 - Coach pay – 52 weeks/year x 6hours/week = 312 hours/year x \$27/hour = \$8424/year

Service	Service Category	Service Code	Amount
Comm. Living Supports	Living Arrangement ²⁷	320	\$8424

~~DRAFT~~ Your Individual Budget and Spending Plan



Community Integration Supports

is \$120

\$4,320

\$1,000

\$1,980

\$60

[Link to Frank D. Lanterman Regional Center's Individual Budgets & Spending Plans Video](#)

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Questions?



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Program	Per Participant
Employment Supports	\$6,480
Community Living Supports	\$4,212
Community Integration Supports	\$49,200
Non-Medical Transportation	\$1,200
Community Integration Supports	\$4,320
Participant-Directed Goods and Services	\$120
Independent Facilitator	\$1,000
Social Management Service (SMS)	\$1,980
	\$80*

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Self-Determination Program Orientation

Working with Others



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Working with Others

- ▶ Part 1: You, Your Team, Service Providers & Others
- ▶ Part 2: Independent Facilitator & Financial Management Service

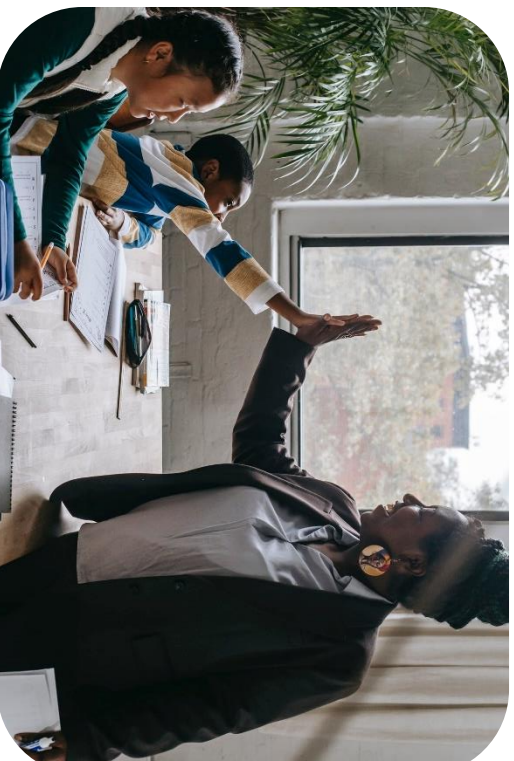
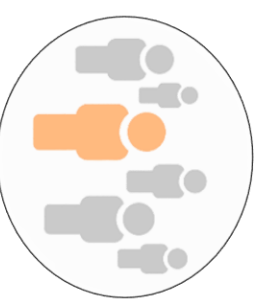


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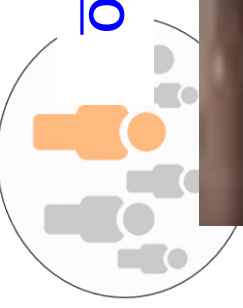


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The Power of Relationships



[Link to The Power of Relationships Video](#)

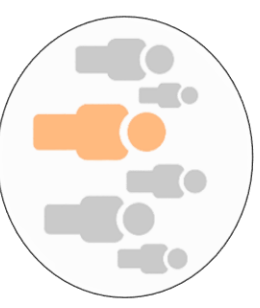


Part 1: Who supports you?

- ◆ You
- ◆ Your Team
 - Regional Center Staff
- ◆ Service Providers and Other People You Can Hire



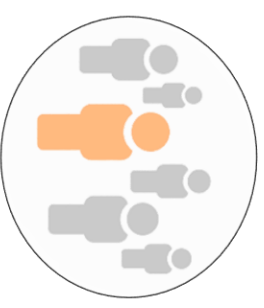
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You

You:

- ▶ are the most important person on your team!
- ▶ can request help to think about your goals, hopes, and dreams
- ▶ can request help from others to develop your Person-Centered Planning
- ▶ can request help to understand how to achieve your goals through the Self-Determination Program
- ▶ are not alone!



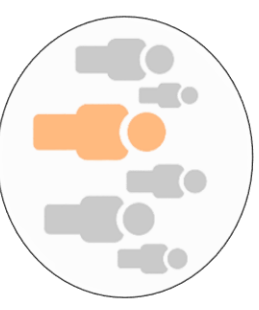
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Question

Who is the most important person on your team?



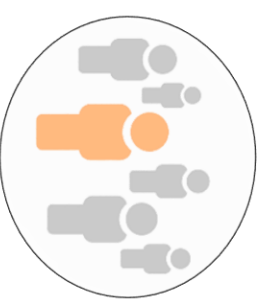
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DRAFT Your Team

Who can you ask to work with you?

- ▶ Anyone you choose!!
- ▶ They should be:
 - People you trust and feel comfortable with
 - People who know you best
 - People who can help you develop and achieve your goals
- ▶ You can also say who you **do not** want on your team

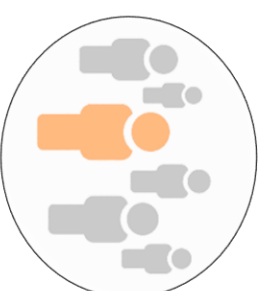


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Your Team

Your Team can have:

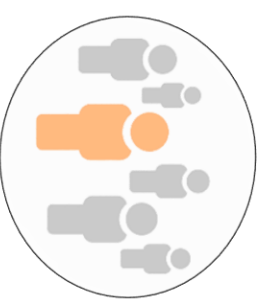
- ▶ Family
- ▶ Friends
- ▶ Neighbors
- ▶ Regional Center Staff
- ▶ Teacher, therapist, doctor, coach, or religious leader
- ▶ Supervisor, boss, or co-workers
- ▶ Independent Facilitator (optional)



Regional Center Staff

Your Service Coordinator:

- Shares information about the Self-Determination Program
- Helps you make and review your Individual Program Plan (IPP) each year
- Certifies the amount of your individual budget
- Helps you to be healthy and safe

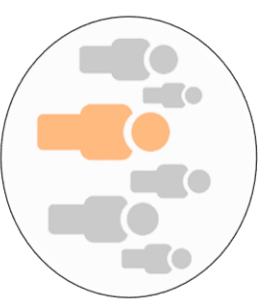


Regional Center Staff

Your Service Coordinator:

- Is available when you have questions or need help
- Is available to help you with other tasks, at your request
- Can provide some of the services of an Independent Facilitator, at your request

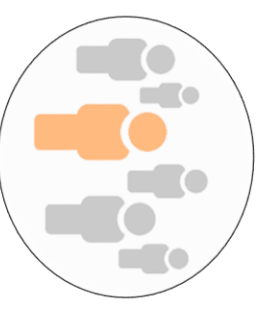
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Poll

Select all the people you would like to have
on your Team:

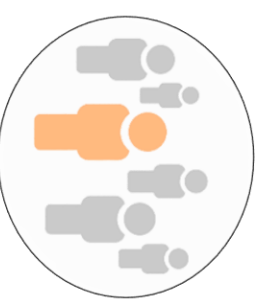
Family member	Coach
Friend	Religious leader
Neighbor	Boss
Service Coordinator	Co-worker
Teacher	Independent Facilitator
Staff person	Other
Doctor	



DRAFT Service Providers and Other People You Can Hire

▶ Service Providers

Traditional Services	Self-Determination
Service Providers are “vendored”	Service Providers can be “vendored” and “non-vendored”
RC and DDS decide rates	You decide the rate



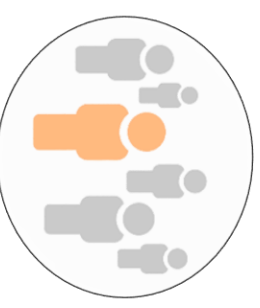
DRAFT Service Providers and Other People You Can Hire

What roles do you need your provider to fill & what kind of provider do you want?

- ▶ What do you Need?
- ▶ What do you Want?



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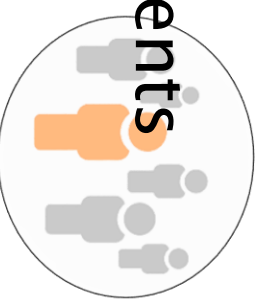


DRAFT Service Providers and Other People You Can Hire

Choosing the right person for the right role is important!

Service Agreements with your service providers or staff might include:

- ▶ Expectations on the job
- ▶ Hours and days of the job
- ▶ How you will keep track of when they work
- ▶ Start/end dates
- ▶ Rate of pay
- ▶ Where the service will take place
- ▶ Reporting, tracking, or billing requirements

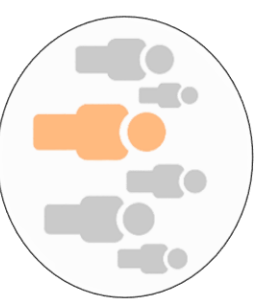


Part 2: Who supports you?

- ▶ Independent Facilitator
- ▶ Financial Management Service



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Independent Facilitator

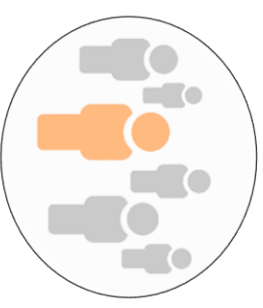


[Link to Frank D. Lanterman Regional Center's Independent Facilitator Video](#)

Independent Facilitator

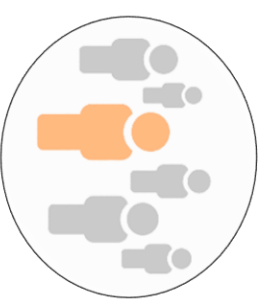
Video Recap:

- ▶ You may choose to have an Independent Facilitator, it is not required
- ▶ You can be your own Facilitator
- ▶ A Facilitator can be paid from your Spending Plan or can be unpaid
- ▶ You decide what your Facilitator will help with



Independent Facilitator

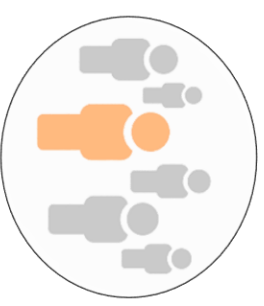
- ▶ An Independent Facilitator **MUST**
 - Take a training on the Self-Determination principles
 - **NOT** provide any other service to you
- ▶ An Independent Facilitator **CAN**
 - Be paid from your budget
 - Be a service coordinator
 - Be a family member or friend
 - Help you with part or all your plan



Independent Facilitator

An Independent Facilitator can help you with your program by:

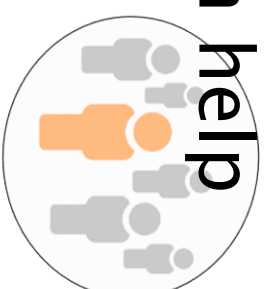
- ▶ Defining needs
- ▶ Participating in the Person-Centered Planning
- ▶ Helping with the Individual Program Plan
- ▶ Finding & securing resources
- ▶ Negotiating, writing, and monitoring contracts
- ▶ Helping you make your Individual Budget and Spending Plan
- ▶ Fixing issues



Independent Facilitator

How your Independent Facilitator can help with your Service Providers and others you hire:

- ▶ They can help pick providers, build unique services, and write contracts
- ▶ They can help with ongoing maintenance and support as needed and at your request
- ▶ Your Facilitator can be a professional or someone you know
- ▶ Facilitators may know others who can help you with your IPP goals



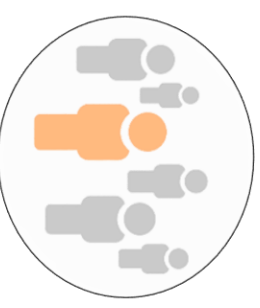
Independent Facilitator

Choosing the right Independent Facilitator

- ▶ What do you NEED?
- ▶ What do you WANT?
- ▶ How can the Facilitator help?



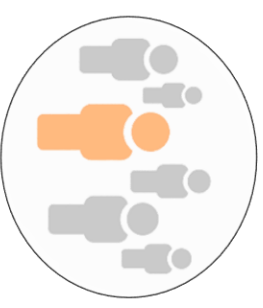
Photo Credited: Mikhail Nilov via Pexels



Independent Facilitator

Working with a paid Independent Facilitator

- ▶ Ask about what the Facilitator would like to be paid and what they will do for you
- ▶ Talk to other Facilitators to find the one that you like the most and want to pay
- ▶ The cost of your facilitator will be included in your Spending Plan



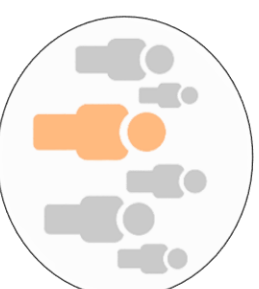
Poll

Will you have an Independent Facilitator?

- ▶ Yes
- ▶ No
- ▶ Unsure



Photo credited: Disability:IN



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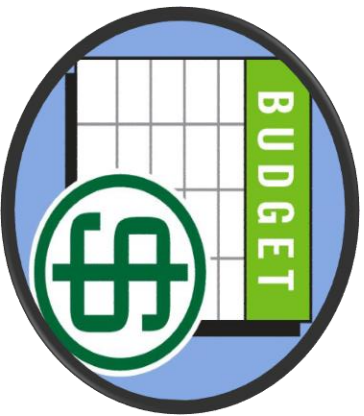
Financial Management Service



[Link to Frank D. Lanterman Regional Center's Financial Management Service Video](#)

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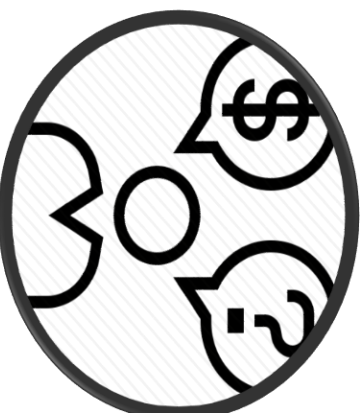
Financial Management Service



Support With
Spending
Plan



Uses Budget
to Pay for
Services

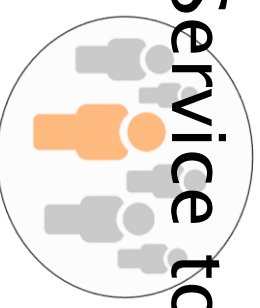


Provides You
Monthly
Summaries



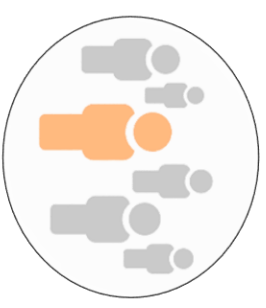
Checks
Background
and
Qualifications

You must use a Financial Management Service to be in Self-Determination



Financial Management Service

- ▶ You must choose an FMS that is vendored with your Regional Center
- ▶ FMSs have contracts with the Regional Center about their service and how it is done
- ▶ The cost of your FMS will be included in your Spending Plan
- ▶ You can change your FMS



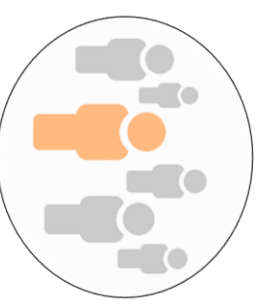
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Question

Do you handle money or payments from your Spending Plan?



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~~DRAFT~~ Models of Financial Management Service



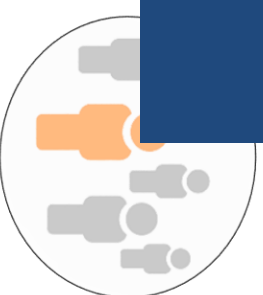
Bill Payer



Sole Employer



Co-Employer



Bill Payer Model

Bill Payer



FMS will
pay the
bills.



The people
who help you
already work
for an
agency.



You do NOT
want to be
the
employer of
your workers.



FMS will
purchase
items from
a company
for you.



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Sole Employer Model

Sole Employer



You DO want to be the employer of your workers.



Must obtain any necessary insurances related to employment.



FMS will pay the bills.



Checks Background and Qualifications



Assists you in following all applicable employment laws.

YOU

FMS



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Co-Employer Model

Co-Employers



You want to SHARE being the employer of your workers.



Follows all applicable employment laws.



Handles necessary insurances related to employment.



SHARES being the employer.



Checks background and qualifications.



FMS will pay the bills.

YOU

FMS



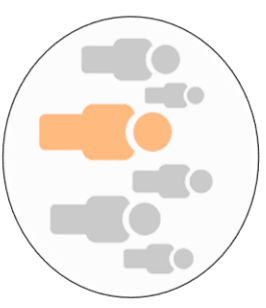
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Fill In the Blank

You must use a vendored _____
for Self-Determination.



Photo Credited: Kampus Production via Pexel



~~DRAFT~~ Cost of Financial Management Service

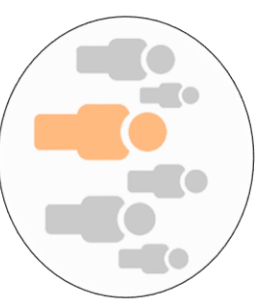
Self-Determination Program Maximum Financial Management Services (FMS) Rates

FMS Model	Number of Services	Max Rate Per Month
FMS as Bill Payer	1-3	\$50
	4-6	\$75
	7+	\$100
Participant as Sole Employer	1-2	\$110
	3-4	\$125
	5+	\$150
Participant & FMS as Co-Employers	1-2	\$125
	3-4	\$140
	5+	\$165

Financial Management Service

Choosing the right Financial Management Service (FMS)

- ▶ Talk to different FMSs
- ▶ FMS models and costs
- ▶ FMS communication methods
- ▶ Employer burden
 - This will be included in staff wages
- ▶ Payment and purchase policies
- ▶ Resources and tools



FMS Payment Policies

Ask your FMS for their payment policy

- ▶ For Items
 - Type– card, invoice, over the phone, check, etc.
 - Frequency– monthly, as scheduled, when needed
 - Process– How do you ask? How long does it take?
- ▶ For Staff
 - Frequency– every 2 weeks, monthly
 - Timekeeping process– paper, electronic, online
 - Benefits– sick time, health insurance, etc.

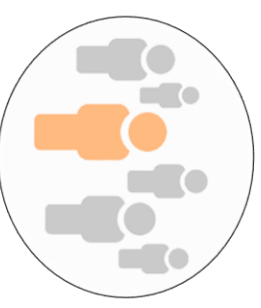


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Questions?



Photo credited: Marcus Aurelius via Pexels



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Self-Determination Program Orientation

How to Select and Arrange Your
Self-Determination Services



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Meet Jason



Photo Credited: Mart Production via Pexels



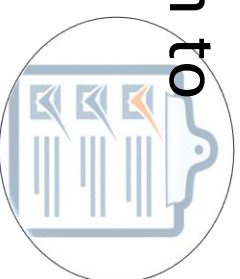
DRAFT Self-Determination Program Services

- ◆ You must use your Spending Plan to carry out your IPP
- ◆ You will choose services, supports, and items to help you reach your IPP goals
- ◆ You must use generic resources
- ◆ Services should align with the Principles of Self-Determination



Principles of Self-Determination

- ▶ **Support** to live your chosen life including full inclusion in your community.
- ▶ **Freedom** to choose the life you want.
- ▶ **Authority** to control the dollars spent to pursue your preferred life.
- ▶ **Responsibility** for your own decisions and accountable for the use of your budget.
- ▶ **Confirmation** by the review of your program to make sure it reflects your wishes



Poll

Which principle do you like the most?

- a) Freedom
- b) Authority
- c) Support
- d) Responsibility
- e) Confirmation
- f) All of them



DRAFT Types of Services in Self-Determination



114

Generic
Services

Natural
Supports

Regional
Center
Services

Non-
vendored
Services



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Your Services Need to Meet:

- ▶ Home and Community Based Services (HCBS)
Final Rule– Inclusion
- ▶ SDP Service Definitions
 - [Link to SDP Service Definitions](#)



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HCBS Overview



[Link to HCBS Overview Video](#)



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Fill in the Blank

Your services need to meet the _____ Rule.

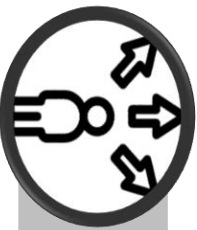


Photo Credited: Kampus Production via Pexel



HCBS Final Rule

Home & Community-Based Services Final Rule



You make your own choices



You live in neighborhoods of
your choosing



You can work and volunteer



You can make friends with
people with and without
disabilities

The Self-
Determination
Program is
designed so that
you are included
in **YOUR**
community.



DRAFT Making Sure Your Services are Meet HCBS Finale Rule

Setting Assessment and Process



The provider will complete a self-assessment of the setting



The selected provider, the regional center and **YOU** will conduct an onsite assessment...



If the provider **passes** you can use this service



If the provider **does not pass**, you can work with them towards change. If not you can **NOT** have services in this setting.



The FMS verifies the **completion** of the assessment process



Finding Your Services

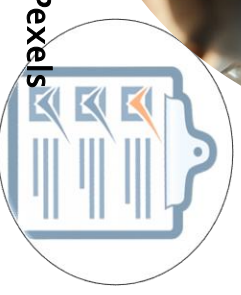
Your Service Coordinator and Independent Facilitator are here to help

Think about:

- ▶ What's around you
- ▶ Services you use
- ▶ People you can hire
- ▶ RC vendor lists
- ▶ Your Team



Photo Credited: Cliff Booth via Pexels



Question

How would you find possible options or services in your neighborhood for Self-Determination?



Photo credited: Rodnae Production via Pexels



Jason

Jason has finished his Person-Centered Planning and is using the goals from his IPP to find services and resources



Photo Credited: Mart Production via Pexels



Forms You'll Need

- ◆ Financial Management Service (FMS)
 - SDP Participant paperwork
 - Service Provider paperwork
 - Staff paperwork
- ◆ The paperwork will change depending on your FMS model and the FMS you choose
- ◆ Service Agreements (optional)
 - You can make your own or find ones



Buying Things

- ◆ You may need to buy things that help with a need or goal in your IPP
- ◆ The items must be in your Spending Plan
- ◆ Your FMS will make these purchases for you



Equipment/
Assistive
Technology



Medical
Supplies



Unique
Activities,
Items,
Supports



Finding the Right Staff

- ▶ Ask your team for
 - Suggestions
 - Resources
- ▶ Post jobs in your community and/or on the internet
- ▶ Use organizations and support groups that can help you find staff

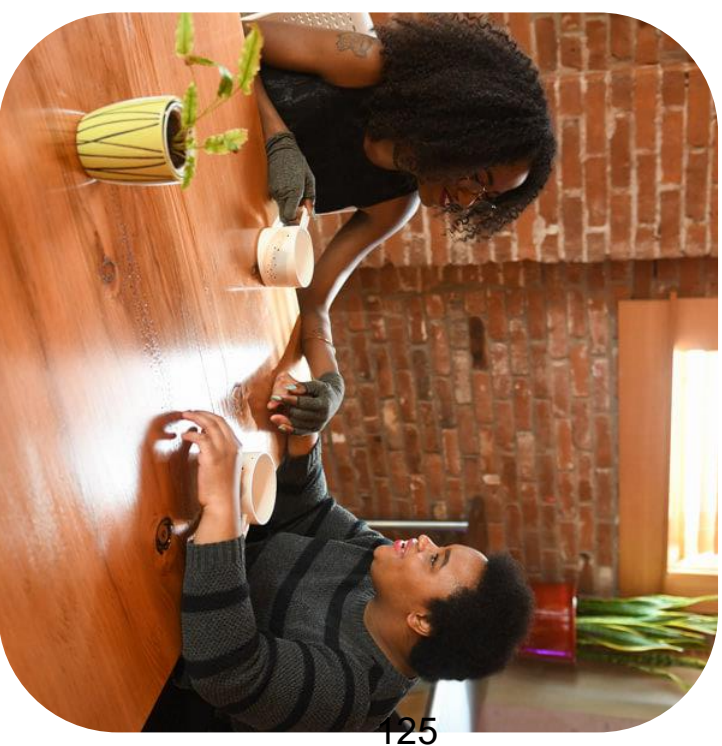
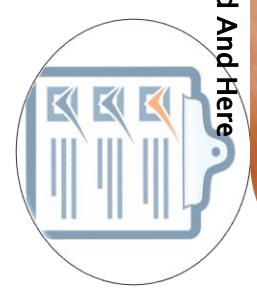


Photo credited: Disabled And Here



Interviewing

- ▶ Schedule interview where and when you want
- ▶ Have your questions ready
- ▶ Take notes on their answers
- ▶ You may want to ask for proof of licensing or certification
- ▶ Call references

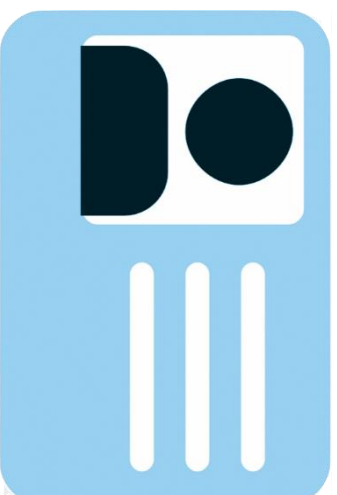


Photo Credited: Disabled And Here



Hiring

- ◆ Once you have picked your Service Providers and Staff
 - They will fill out paperwork from your FMS
 - They may need to fill out a contract
 - They may need a background check
- ◆ Staff will need to share proof of who they are:
 - Social Security card
 - ID
 - Driver's license
 - Passport



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Jason

Jason has been talking with his FMS during his SDP process and has been having his Service Providers and Staff fill-out the paperwork needed



Photo Credited: Mart₂₀ Production via Pexels



Jason

Jason is hiring

- ▶ An agency for his job coach
 - Interview
 - Service Provider paperwork
- ▶ His neighbor to support him during the day
- ▶ His friend as a social coach to help him improve his social skills
 - Interview
 - Staff paperwork
 - Background Check if needed



Jason

Things Jason is buying:

- ▶ Gym membership
- ▶ Uber
- ▶ Public Transportation Card



Photo Credited: Mart₂₂ Production via Pexels



FMS Payment Policies

Ask your FMS for their payment policy

- ▶ For Items
 - Type– card, invoice, over the phone, check, etc.
 - Frequency– monthly, as scheduled, when needed
 - Process– How do you ask? How long does it take?
- ▶ For Staff
 - Frequency– every 2 weeks, monthly
 - Timekeeping process– paper, electronic, online
 - Benefits– sick time, health insurance, etc.



Service Provider Agreements

- ◆ You agree to participate, and provider agrees to provide certain services
- ◆ Think about:
 - Roles– Who is responsible for what? What happens if something goes wrong?
 - Termination– How can the agreement be ended?
 - Confidentiality– Your information is not shared unless you want



Service Provider Agreements

You may want to have agreements with your Service Providers that include:

Terms

- ▶ Service description
- ▶ Plan, how will it get done?
- ▶ Hours of service, some may have a minimum requirement

Fee of Services

- ▶ Hourly/weekly/monthly rate
- ▶ Payment due date
- ▶ Payment type
- ▶ Length of service i.e., 3-month, 6-month, etc.



Service Provider Agreements

Before signing, did you:

- ◆ Negotiate terms of services?
- ◆ Review any contracts and service agreements carefully?
- ◆ Make sure your FMS payment policy fits the agreement?
- ◆ Ask to change the agreement if you did not like it?



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Question

Are all staff or service providers required to get a background check?



Photo credited : Rodnae Production via Pexels



Background Checks

- ◆ Background checks are required by Department of Developmental Services (DDS)
- ◆ Background checks help:
 - Keep you and your family healthy and safe
 - Alert you of candidates who might have committed a serious crime




Background Checks

- ◆ Who is required to get a background check?
 - Staff providing direct personal care
- ◆ Can you request additional staff obtain a background check?
 - Yes, anyone you want
- ◆ Who is responsible for paying for the background check?
 - The person providing the service




Background Checks

Who can you hire?

▶ No criminal record –  they can work for you

▶ Minor crime – DDS must approve an exemption filed by the provider

▶ Major crime –  Cannot work for you



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Jason

Jason has finalized all service agreements and his staff have passed their background checks.

He will be starting his Self-Determination Program next month!



DRAFT

Questions?



Photo credited: Marcus Aurelius via Pexels



JANUARY 24, 2022
AGENDA ITEM 9
INFORMATION ITEM

SELF ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES

Member Updates

Members will have five minutes to provide the committee with updates regarding local and regional issues of concern for people with intellectual and developmental disabilities. Updates may include:

- A. Updates/Concerns from the Regional Advisory Committees
- B. Emerging Issues
- C. Barriers to Self-Advocacy

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JANUARY 24, 2022
AGENDA ITEM 10
INFORMATION ITEM

SELF-ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES

Committee Updates

SAAC members will have an opportunity to share any updates from other SCDD Committees. The following committees have met since the November Council meeting:

- Legislative Committee
- Membership Committee
- State Plan Committee

Attachments

None

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JANUARY 24, 2022
AGENDA ITEM 11
INFORMATION ITEM

SELF ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES

Statewide Self-Advocacy Network Report

The SSAN met on December 8th & 9th over Zoom. Councilmember Maria Marquez will provide the committee with an update on SSAN activity since the last meeting.

The next SSAN meeting will take place on March 9th & 10th 2022 over Zoom.

Attachment

- December 2021 SSAN Report
- 2020–2021 SSAN Annual Report

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Report from the Statewide Self-Advocacy Network

Recent Activity: The Statewide Self-Advocacy Network (SSAN) held their last meeting of 2021 on December 8th & 9th, 2021 using Zoom.

Focus of Meeting:

The December 2021 Zoom SSAN meeting was held over the course of two days. SSAN opened Day 1 of the meeting by sharing their favorite holiday traditions.

Peter Mendoza, CPS II Sacramento Regional Office and SCDD Disability Advisory Committee (DAC) Member asked for SSAN members' feedback and collaboration on a section of their video training project focused on different types of disabilities. Members expressed interest in contributing to this project and suggested that this item be brought back at the March 2022 meeting.

SCDD Executive Director Aaron Carruthers provided SSAN members with an update on SCDD activity since the September SSAN meeting. Executive Director Carruthers talked about the challenges of responding to the ongoing public health crisis of COVID-19 and keeping everyone safe. SCDD continues to address vaccine hesitancy among Californians with I/DD and their communities by providing timely, up to date and easy to understand information about the different types of COVID-19 vaccines. SCDD sponsored [California Senate Bill 639](#) was signed by Governor Newsom and will go into full effect in January 2025. SCDD will be asking for input from people with I/DD who have experience working in sheltered workshops receiving subminimum wage in order to put together a report for the California Legislature.

SSAN Members talked about the impact of the landmark Americans with Disabilities Act (ADA) on improving access and building standards in the USA. A representative from Special Olympics Southern California presented on the impact words have on the way the broader public thinks about people with disabilities and the different types of projects that Special Olympics does throughout the year to support athletes with disabilities, educate communities and advocate for disability rights. This includes "Spread the Word to End the Word," an ongoing Special Olympics campaign to encourage the public to stop using the "R" word in everyday language. You can take part in their effort by [Taking the Pledge](#) with Spread the Word today.

On Day 2 of the SSAN meeting, Rihana Ahmad, SCDD Manager – State Plan and Self-Advocacy, provided SSAN members with an overview of the 2022–2026 SCDD State Plan and how the work SCDD staff will be engaging in presents opportunities for collaboration between SSAN and SCDD staff. Members shared ideas about the issues and focus areas SSAN should prioritize for 2022.



Report from the Statewide Self-Advocacy Network

The SSAN members discussed the structure of the SSAN workgroups and the importance of being active participants in their chosen workgroup(s). The SSAN workgroups met in breakout rooms to talk about current and potential projects, and to set their meeting schedule for 2022.

Actions Taken:

- Approved the Minutes from the September 2021 SSAN Meeting
- Approved the December 2021 Edition of SSAN Newsletter
- Approve the 2020–2021 SSAN Annual Report

2020—2022 SSAN Leadership:

Chair: Desiree Boykin, ARCA Representative

Vice-Chair: Paul Mansell, SCDD San Diego Regional Representative

Secretary: Robert Levy, UC Davis MIND Institute UCEDD Representative

SSAN Workgroups:

- Operations (formerly Officers, Bylaws, and Membership)
- Self-Determination
- Employment
- Legislative and Civic Engagement
- Newsletter and Communications
- Youth Engagement

The next SSAN Meeting is scheduled for March 9–10 2022 over Zoom. Please visit the [SSAN Page](#) on the SCDD website for more information.

JANUARY 24, 2022
AGENDA ITEM 12
INFORMATION ITEM

SELF ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES

Adjournment

The next committee meeting is scheduled for March 21, 2022.

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