WEBINAR TIPS AND INFORMATION PART 1

Para interpretación en español, haga clic en el ícono de globo blanco a continuación etiquetado como "Interpretación" y seleccione el canal en español

Visibility of ASL Interpreters is top priority. You may not always be able to see the presenter

This presentation will have closed captioning, which you can access using the button at the bottom of your screen

Webinar features vary by device and Zoom version

Presented by California Disability Services Association & Easterseals of Southern California | DisabilityThriveInitiative.org
WEBINAR TIPS AND INFORMATION PART 2

The meeting is being recorded

You are on mute and your camera is not on

Submit all questions using Q&A feature below

“Chat” and “Hand Raise” features are off

Please use survey at the end of this session for feedback and suggestions
TODAY’S WEBINAR

• Introduction to the Self-Determination Program (SDP)
• Translating SDP principles into organizational planning
• Designing and delivering SDP services
• SDP in practice
• Introduction to the Office of the SDP Ombudsperson
MEET OUR PRESENTERS

Melanie Gonzales
Northern California Director
Adjoin

Abby Yim
Executive Director
Integrated Community Services

Wendy Forkas
Chief Executive Officer
Adjoin

Rebecca Lienhard
Chief Executive Officer
Tierra del Sol

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HISTORY

• **1998** – First Self-Determination Program (SDP) in 5 Regional Centers

• **2013** – SDP becomes law

• **2018** – Federal Approval & soft rollout (2500 participants first three years)

• **2021** – SDP now open to all
WHAT IS SELF-DETERMINATION?

• Self-Determination is focused on helping someone decide what services they want for themselves.

• It is all about helping them decide what is important for them to feel happy and fulfilled.
THINGS NECESSARY FOR SELF-DETERMINATION

- Freedom
- Authority
- Support
- Responsibility
- Confirmation
TRADITIONAL SERVICES

Client
Service Coordinator

Service Coordinator
Providers

Client
Service Coordinator
Providers
SELF-DETERMINATION PROGRAM

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NEW ROLES & TERMS

• Person-Centered Plan (PCP)
• Independent Facilitator (IF)
• Financial Management Service (FMS)
• Budget
• Spending Plan
TRANSLATING THIS TO THAT
## OPPORTUNITY FOR SELF-DETERMINATION

### THE EVOLUTION OF DIRECT SERVICE WORK

<table>
<thead>
<tr>
<th>TO</th>
<th>FOR</th>
<th>WITH</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Medical Model: Doing things <strong>to</strong> people with IDD</td>
<td>Charitable Model: Doing things <strong>for</strong> people with IDD</td>
<td>Inclusion Model: Doing things <strong>with</strong> people with IDD</td>
</tr>
<tr>
<td>Institutionalizing people with disabilities, segregating them from community. Caretaking through hospitalization / treatment focus.</td>
<td>Volunteer caretaking through churches / faith organizations and families. Beginning of integration into community.</td>
<td>Inclusive housing and work focus where people with disabilities are seen as equals. Caretaking shifts to human rights.</td>
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### Why the Difference?
Policy and advocates today demand an inclusion model yet our system has not come up with a way to deal with it. SDP is a systematic effort to come up with an inclusion model.
BUSINESS PLANNING: OPPORTUNITIES FOR SOMETHING NEW

QUESTIONS TO CONSIDER

1. How can we view Self-Determination as an opportunity to continue to create something new and be flexible?
2. How can we get involved in a specialty that we offer as a provider?
PREPARATION STEPS

1. Ask your participants why they use your services
2. Build a marketing/strategy plan about what makes you different from the competition
Design  Designing Services

Deliver  Delivering Services
DESIGNING SERVICES

FOOD FOR THOUGHT

• Where do your strengths lie as an organization?
• Are you already providing individualized services? If not, do you want to learn how?
• Do you have the capacity to grow in new ways?
• Do you value the needs of those you support over the value of your own programs?
DELIVERING SERVICES

FOOD FOR THOUGHT

• The individual receiving SDP services and the person that provides the service decide payment between themselves.

• Services are decided using a Person-Centered Plan (PCP) and not on system requirements.

• The Independent Facilitator (IF) is key.
• Delivery Options (via in-person or remote delivery)

• Per Day:
  o Daily Rate for 1:3 NEXUS Services $ 111.20

• Per Hour:
  o Minimum Weekly Service 6 hours
  o Hourly Rate for 1:1 NEXUS services $ 58.60

• Monthly rate 43 hours or more per student per month (approximately 10 hours or more per week)
  o $ 2285.00
MAX USES SDP TO GET THROUGH COLLEGE
OFFICE OF THE SELF-DETERMINATION PROGRAM
OMBUDSPERSON

Katie Hornberger
Acting SDP Ombudsperson

Website:

Email:
SDP.Ombudsperson@dds.ca.gov

Phone: (877) 658-9731
DEPARTMENT OF DEVELOPMENTAL SERVICES (DDS) RESOURCES

- Self-Determination Program: [https://www.dds.ca.gov/initiatives/sdp/](https://www.dds.ca.gov/initiatives/sdp/)
- Home and Community-Based Services (HCBS) Final Rule: [https://www.dds.ca.gov/initiatives/cms-hcbs-regulations](https://www.dds.ca.gov/initiatives/cms-hcbs-regulations)
- Regional Centers: [https://www.dds.ca.gov/rc/](https://www.dds.ca.gov/rc/)
- Email: SDP@DDS.CA.gov
LUNCH & LEARN
About IDD Alternative Services

Presented by:

California Disability Services
Association & Easterseals of Southern California

In collaboration with:
State Council on Developmental Disabilities, The Arc California, and California Alliance for Leadership and Education, Funded by the California Department of Developmental Services and San Diego Regional Center

1. Lunch and Learn
   - Continue this conversation in a live, interactive session!
   - Friday, November 12th
   - 12:00 noon – 1:00 pm
   - Register now:
     LunchAndLearn.DisabilityThriveInitiative.org

2. Access the Resource Library and keep up with us:
   DisabilityThriveInitiative.org

3. Sign up for email updates about the latest:
   SignUp.DisabilityThriveInitiative.org

4. Request technical assistance:
   Support.DisabilityThriveInitiative.org
JOIN US FOR OUR NEXT WEBINAR

Alternative Services & Beyond: Resources for the Disability Community to THRIVE

Wednesday, December 8, 2021

3:00 – 4:15 pm

Webinar.DisabilityThriveInitiative.org
THANK YOU!

We appreciate all the support the Initiative has received from the disability community. Find this webinar and other resources at:

DisabilityThriveInitiative.org

Info@DisabilityThriveInitiative.org | (916) 238-8811