State Council on Developmental Disabilities Bay Area Office  
Community Outreach &  
Regional Advisory Committee Meeting  

Wednesday, December 1, 2021  
Networking 6:15-6:30 PM  
Meeting 6:30-9:00 PM  

This is a Teleconference and Zoom meeting only.  

Per Executive Order N-29-20, teleconferencing restrictions are waived during the COVID-19 pandemic. Members of the public may participate telephonically or by Zoom from any location. Accessible formats of all agenda and materials can be found at least 10 days prior to the meeting at: www.scdd.ca.gov/bayarea/.  

Join by Zoom:  
https://us02web.zoom.us/j/89941399969?pwd=WW1HTjJSaXINLy9YR3c0YkNRSWpadz09  

Or by Telephone, US Toll-free: (877) 853-5257 or (888) 475-4499  

Meeting ID: 899 4139 9969  
Passcode: 694578  

Collaboration is key! We invite members of the community to share input, issues and concerns. All are welcome. Featured this meeting: An overview of National Core Indicators (NCI), this year’s NCI rollout, and how community partners and community members can review and utilize the data for advocacy work and systemic change.  

Information: Pursuant to Government Code Sections 11123.1 and 11125(f) and Executive Order N-29-20. Individuals with disabilities who require accessible alternative formats of the agenda and related materials and/or auxiliary aids/services to participate in this meeting should contact us at 510-286-0439 or bayarea@scdd.ca.gov, at least five business days prior to the meeting.
Consejo Estatal de Discapacidades del Desarrollo

Alcance Comunitario &
Reunión del Comité Asesor Regional

Miércoles, 1 de diciembre de 2021
Oportunidad de red 6:15-6:30PM Reunión 6:30PM a 9:00PM
Esta es solo una teleconferencia y una reunión de Zoom.

De acuerdo con la Orden Ejecutiva N-29-20, las restricciones de teleconferencia no se aplican durante la pandemia de COVID-19. Los miembros del público pueden participar por teléfono o Zoom desde cualquier lugar. Los formatos accesibles para toda la agenda y los materiales se pueden encontrar al menos 10 días antes de la reunión a: www.scdd.ca.gov/bayarea/.

Únase por Zoom:
https://us02web.zoom.us/j/89941399969?pwd=WW1HTjJSaXINLy9YR3c0YkNRSWpadz09

O por teléfono, sin cargo en EE. UU.: (877) 853-5257 or (888) 475-4499

ID de la reunión: 899 4139 9969, Contraseña: 694578

¡La colaboración es clave! Invitamos a los miembros de la comunidad a compartir opiniones, problemas e inquietudes. Todos son bienvenidos. En esta reunión: Una descripción general de los Indicadores Básicos Nacionales (NCI), la implementación del NCI de este año y cómo los socios de la comunidad y los miembros de la comunidad pueden revisar y utilizar los datos para el trabajo de promoción y el cambio sistémico.

Información: En cumplimiento de las secciones 11123.1 y 11125(f) del Código de Gobierno y la Orden Ejecutiva N-29-20 las personas con discapacidades que requieran formatos alternativos accesibles de la agenda y materiales relacionados de la reunión y/o ayudas / servicios auxiliares para participar en esta reunión deben comunicarse al 510-286-0439 o bayarea@scdd.ca.gov al menos 5 días hábiles antes de la reunión.
NOTICE & AGENDA*

Date       Wednesday, December 1, 2021

Time       Networking 6:15pm – 6:30p, Meeting 6:30pm – 9:00pm

Locations  This is a teleconference and Zoom meeting only.

There is no physical location being made available to the public. Per EXECUTIVE ORDER N-29-20, teleconferencing restrictions are waived during the COVID-19 pandemic. Regional Advisory Committee members are not required to list their remote locations. Members of the public may participate telephonically or by Zoom from any location.

Accessible formats of all agenda and materials can be found at least 10 days prior to the meeting at www.scdd.ca.gov/bayarea/. This meeting will be live captioned and have Spanish interpretation.

Join by Zoom: https://us02web.zoom.us/j/89941399969?pwd=WW1HTjJSaXINLy9YR3c0YkNRSWpadz09

Or by Telephone, US Toll-free: (877) 853-5257 or (888) 475-4499

Meeting ID: 899 4139 9969 Passcode: 694578

For more information, contact the State Council on Developmental Disabilities Bay Area Regional Office, 510-286-0439 or bayarea@scdd.ca.gov.
Pursuant to Government Code Sections 11123.1 and 11125(f) and Executive Order N-29-20 (Executive Order can be found by typing [https://www.gov.ca.gov/wp-content/uploads/2020/03/3.17.20-N-29-20 EO.pdf](https://www.gov.ca.gov/wp-content/uploads/2020/03/3.17.20-N-29-20 EO.pdf) into your web browser), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact 510-286-0439 or email bayarea@scdd.ca.gov, at least 5 (five) business days prior to the meeting.

6:30p Call to Order
Introductions / Establishment of Quorum

6:35p Approval of the September 2021 Meeting Minutes

6:40p Public Comment

An invitation to provide the public an opportunity to comment and/or present information to the Committee on any matter that is not on the agenda. Each public member has up to 3 minutes to speak. Written requests will be considered first. The Committee will provide a public comment period not to exceed 5 minutes total for all public comments prior to action on any agenda item. Legislative office elected officials or staff may also introduce themselves or provide comment.
6:55p Overview of the National Core Indicators (NCI) Project & 2021-22 Project Update  
Usac

Hear an overview from Community Program Specialist II, Ron Usac, about the National Core Indicators (NCI) project. Learn about updates with this year’s NCI rollout, and how community partners and community members can review and utilize the data for advocacy work and systemic change.

7:40p Additional Legislative Office Comments

An invitation for legislative offices in attendance to provide brief statements, comments on emerging issues, or updates.

7:50p Member Reports: SCDD Bay Area Regional Advisory Committee (RAC) & SCDD Councilmembers  
Grigsby

Hear updates from RAC members and Councilmembers on their regional and statewide advocacy work, and their priorities.

8:25p Reports  
Grigsby

- People First Report
- Regional Center Reports
- County Developmental Disabilities Councils Reports
8:50p Other Announcements & Agenda Items for Future Meetings
Grigsby

An opportunity of members of the community to bring up ideas, needs, issues and concerns.

9:00p Meeting Adjourned
Grigsby

*All times indicated, and the order of business are approximate and subject to change. Any agenda items have the potential to be brought for a vote.
Main Location: This meeting was held through Zoom (video call or call-in only)
Link: https://us02web.zoom.us/j/87595363968?pwd=RllhbXJkZH02NU9tZUJEMXB4N3AwQT09
Meeting ID: 875 9536 3968
Passcode: 235546

Committee Members Attending through Zoom: Sascha Bittner, Francisco Garcia, Elizabeth Grigsby, Dianne Millner, Pam Perls, Kate Rauch, Marla Silversmith, Florence Wong, Regina Woodliff.

Committee Members Absent: John Marble.

Council Members Attending through Zoom: Shawn Costello.

SCDD Staff: Sheraden Nicholau, Ron Usac, and Valerie Buell.

Accessibility Assistance: CART Captioner Laura, CART Captioner Javier, Spanish Interpreter Adriana, Spanish Interpreter Kim.

Legislative Office Representation: Senator Mike McGuire, Assemblymember Alex Lee, Oscar Arbulu from Representative Barbara Lee’s office, Joanne Delgado from Senator Dianne Feinstein’s office, Summer Cassel from Senator Mike McGuire’s office, Karishma Khatri from Assemblymember Bill Quirk’s office, Joan Lubamersky from Assemblymember Marc Levine’s office, Uche Uwahemu from Assemblymember Buffy Wicks office.

Guests Attending through Zoom: Vi Ibarra, Contra Costa County Developmental Disabilities Council; Ben Chen, Alameda County Developmental Disabilities Council; Lisa Kleinbub, Regional Center of the East Bay (RCEB); Eric Zigman, Golden Gate Regional Center (GGRC); Amanda Pyle, GGRC; Sara Desumala, People First; Patrick McKay, People First; Angel Ng, People First; Kecia Weller, Statewide Self-Advocacy Network (SSAN); Tiffany Cleveland, Le Tusa, Inc; Cheryl Karran, Young Adult Institute (YAI); Jennifer Pien-Wong, Stanford University School of Medicine, and San Mateo County Behavioral Health & Recovery Services; Marianne Iverson, Down Syndrome Connection of the Bay Area; Deena Abramson, SafeStart; Will Sanford, Sanford Creative & Consulting Services; Sammy Minyard, Breann Butz, Daisy Lopez, Shannon Hines, Marcie Soslau, Lisa, Mary, Robin Wickland, Anne Chen, Erika Gonzalez, Marisol Martinez, Joyce.

6:30p Chair Elizabeth Grigsby called the meeting to order. Valerie Buell reviewed housekeeping: Zoom functions, chat, and interpretation services.

6:36p Approval of Meeting Minutes for September 29, 2021:
   Moved: Sascha Bittner
   Seconded: Regina Woodliff
   Roll Call Vote: All Ayes

6:39p Public Comments: Some highlights were:
• Senator Mike McGuire gave an overview of the State of the State of California
  o California had 44% of all new jobs last month in the US.
  o Economy has grown by 20% in the last five years.
  o Lowest COVID count in the US.
  o Over $8 billion has been given back to those Californians earning $75,000 or less annually.
  o Department of Developmental Services (DDS) will expand services including increases to early START.
• Joan Lubamersky from Assemblymember Marc Levine’s office:
  o Thanked the committee and Senator McGuire for service and continuing these meetings.
  Invited constituents of Assembly District 10 to reach out with any needs they may have.
• Karishma Khatri from Assemblymember Bill Quirk’s office:
  o This past year, the district office focused on constituent cases work and COVID-19 resources, helped with State agency casework, and helped gear them towards the correct food bank resources in the county.
  o Invited constituents to reach out if they ever need assistance from the State.
• Joanne Delgado from Senator Dianne Feinstein’s office:
  o Introduced herself and invited constituents to reach out if anyone is having difficulty with Social Security or Medicare.
• Oscar Arbulu from Congresswoman Barbara Lee’s office:
  o Introduced himself and invited constituents to reach out if anyone is having issues on the federal level.
• Kecia Weller and Regina Woodliff:
  o Shared information about the Youth Engagement Committee for the Statewide Self-Advocacy Network (SSAN) and the survey they recently put out.
• Shawn Costello:
  o Shared he was recently appointed to the State Council. He is also a rep on disability issues for County Supervisor David Haubert’s office.

6:53p Panel Questions and Answers:
Updates and Emerging Work Impacting People with Intellectual and Developmental Disabilities and Mental Health Care Needs with Tiffany Cleveland, Cheryl I. Karran, and Jennifer Pien-Wong:
Highlights were:
• Question 1: When it comes to services and supports for people, what’s working or what are you are excited about?
  o Individualized and comprehensive therapeutic supports.
  o Working with service providers to create nourishing and validating environments.
  o Successful reintegration of clients from the developmental centers and seeding for day program dollars at behavioral homes across the county.
  o All of which leads to decrease in psychiatric emergency, inpatient, and psychiatric room utilization.
• Question 2: What’s not working and what are the challenges and barriers to more accessible and equitable services and supports?
  o Overuse of Behavioral Analysis the only or primary service.
  o Inappropriate layering on of multiple diagnoses and polypharmacy.
  o Challenges around generic versus specialty funding.
• Question 3: What is next, and how do we address what is not working, or expand on what is working, and what can policy makers do to help?
Advocate for Direct Support Professionals and Registered Behavior Technicians for service in the high-level homes.

- More funding for community-based trainings and resources for mental healthcare needs.
- Increased care coordination between systems
- Access to a streamlined referral for systems of care when individuals do need to resort to secure treatment or longer-term stays, in a timely manner.

- Member and attendee questions and comments included:
  - Shawn Costello inquired how can seniors who are survivors from strokes get mental health help? We must build more sensitivity in approaching care, recovery, and healing and how we prioritize.
  - Sascha Bittner shared her personal experience interacting with practitioners that do not understand ableism issues. This led to discussion on the importance of Regional Center services including education on developing healthy and meaningful relationships, as an essential but often under looked part of the human experience.
  - Marla Silversmith inquired about partnership to ensure every student gets appropriate therapeutic supports. Panelists shared that schools / districts can invite us to do any kind of work or training with them, we're happy to go out and give teachers techniques on how to ground kids and support a healthy environment, after all students have been through.

Additional Legislative Office and/or RAC Member comments: Some highlights were:

- Assemblymember Alex Lee gave updates:
  - With the passage of SB 639, California will be ending sub-minimum wage for employees with disabilities.
  - Worked on Assembly Bill 339 that preserved teleconferencing as a tool for civic engagement, such as for public comment in public meetings. The focus is to preserve different methods of access, so everyone has an opportunity to be involved.

- Guest Joyce shared her experience with trying to access appropriate mental healthcare support for her family member and shared some of the barriers and concerns including ways medications are administered, understanding of nutrition, and the prescribing medications that are not safe for those under 18.

Member Reports: RAC Members and Councilmembers reported on their regional and statewide advocacy work and priorities. Highlights were:

- Shawn Costello:
  - The last five months he has served on a commission for the City of Dublin. He would like to hear from community members in that area.

- Marla Silversmith:
  - Attended the first RAC workgroup meeting on conservatorship reform, which included conversation about where we are and where we'd like to go in CA.
  - Making sure that students are getting back to everything that they need to do to be successful within their school districts and within their personal learning plans.

- Pam Perls:
  - Participated in the second RAC workgroup on conservatorship reform meeting.

- Francisco Garcia:
• Working with La Familia counseling services providing workshops for Spanish-language family support groups. The most recent training offered to the members of the support group was emergency preparedness.
• Invited everyone to visit the website September26.org in memory of Feda and Muhammed Almaliti. There, visitors can learn about disaster and emergency preparedness and access checklists and resources.

• Kate Rauch:
  o Gave comments on the work of trying to end sub-minimum wage over the years. Provided an overview of Contra Costa County’s employment project, Bridge to Success.

• Dianne Millner:
  o Continuing work on CA’s Self-Determination Program through the Local Advisory Committee. One of the committee’s new initiatives is going to be launching an informational website for the Self-Determination Program for members of the public, through a multi-region collaborative effort.

• Florence Wong:
  o She and a county staff liaison met with pharmacists from the Health Plan of San Mateo to talk about what they recommend for allowing health plan member to secure an emergency seven-day supply of medications in their emergency go-bags or shelter in place bags. They have been working on a tip sheet that will advise on this.

• Regina Woodliff:
  o SSAN member Keisha Weller, consultant Will Sanford, and SSAN member and RAC member Regina Woodliff are setting up a survey for youth in CA. SSAN will send the survey out and will include in SSAN newsletters.

• Sascha Bittner:
  o Advocating for the $400 billion in home and community-based settings funding as a part of the Biden administration’s infrastructure plan. Organized a meeting with one of Speaker Nancy Pelosi’s staff, working on Self-Determination, and has been chosen to be part of a local transportation committee.

• Sheraden Nicholau read a brief statement of the summary of the work of the RAC workgroup on conservatorship reform. Workgroup members include RAC Chair Grigsby, Member John Marble, Member Pam Perls, and Member Marla Silversmith:
  o Met in August and September as a workgroup, reviewed current challenges as well as the lack of quality assurance data for conservatorship in California. Reviewed policy papers, one article and composed a policy recommendation summary encompassing recommendations from across the nation.

8:39p Reports:
• Regional Center Report Highlights.
  o Eric Zigman gave the report for Golden Gate Regional Center:
    ▪ GGRC has been awarded DDS funds to be able to launch START model services in the region. START Services is a nationally tested model of service supports for people with cooccurring IDD and mental healthcare needs. GGRC will have a request for proposal as they seek to select a local START services provider; the request for proposal will be posted, probably in the early Fall 2021.
    ▪ Eric Zigman testified in pair of legislative subcommittees around performance and quality outcomes what we have learned over the last 50 years of the Lanterman Act.
  o Lisa Kleinbub gave the report for Regional Center of the East Bay:
- Regional Center of the East Bay will be holding their annual performance contract meeting via Zoom.
- There will be a public meeting on the RCEB performance contract that will include specific outreach to the Black community. Discussed importance to get feedback on RCEB’s performance contract.
- Reviewed multiple project and changes being implemented at regional centers right now, as part of the budget and the trailer bills tied to the budget.

- **Developmental Disabilities (DD) Councils Report Highlights:**
  - Vi Ibarra gave a report for Contra Costa County DD Council:
    - Upcoming events include:
      - Vision for the Future: Free conference for students, families and professionals about post-secondary education options. Includes Spanish-language interpretation and held over two Saturdays in October.
      - Care Parent Network will host Transition to Adulthood workshops, in Spanish.
  - Ben Chen gave a report for Alameda County DD Council:
    - Continuing to do door to door and community outreach for COVID vaccines.
    - County run and partnership sites are offering the vaccine for those who require them at home.

- **People First:** Highlights from Patrick McKay:
  - Eric Zigman, from GGRC, was a guest speaker at one of the recent meetings.
  - Members voted to offer a community give-away so that people can get People First promotional items from previous fundraisers.

**9:04p Other Announcements:**
- Angel Ng shared he saw people signing up for COVID-19 booster shots at Walgreens, these are available for people.

**9:05p Meeting Adjourned.**
Ron Usac
Bay Area Regional Office

State Council on Developmental Disabilities
NCI Surveys
National Core Indicators
Have you heard of NCI surveys before?
Purpose of NCI
Measures

- Self-Determination
- Service Coordination & Access
- Relationships & Community Inclusion
- Rights, Choices, & Decision-making
- Employment Status & Goals
- Health, Welfare, & Safety
How we collect the data
Mailing out the surveys
Adult Family Survey

- Mailed to families with an adult family member living AT HOME.
- Lives with you at the same physical address
- 18 years and older
Family/Guardian Survey

- Mailed to families with an adult family member living OUTSIDE of the home.
- Examples would be Independent Living, Licensed facility, Supported Living, others
- 18 years and older
Child Family Survey

- Mailed to families with a child living AT HOME.
- Lives with you at the same physical address
- 17 years and younger
When you receive the survey
QUICK FACTS

- Voluntary
- Not a TEST
- Confidential
- Services does not change
NCI DOMAIN DASHBOARDS

www.dds.ca.gov/rc/nci/nci-domain-dashboards/
Questions?
To: Regional Advisory Committee (RAC) Members & Interested Parties  
From: Bay Area Regional Office  
Re: 2021-2022 Schedule of Bay Area Regional Advisory Committee Meetings  

Date: November 4, 2021

All Committee Meetings are open to the public. There is no physical location being made available to the public. Per EXECUTIVE ORDER N-29-20, teleconferencing restrictions are waived during the COVID-19 pandemic.

Networking from 6:15 pm to 6:30 pm and RAC Meetings are from 6:30 PM to 9:00 pm.

September 29, 2021  
Community Outreach Meeting  
Zoom link will be provided with the Agenda 10 business days before the meeting

December 1, 2021  
Community Outreach Meeting  
Zoom link will be provided with the Agenda 10 business days before the meeting

February 23, 2022  Community Outreach Meeting Location TBD

April 27, 2022  Community Outreach Meeting Location TBD

June 29, 2022  Community Outreach Meeting Location TBD

July & August  No Meetings

Revised: 11/4/2021

"The Council advocates, promotes & implements policies and practices that achieve self-determination, independence, productivity & inclusion in all aspects of community life for Californians with developmental disabilities and their families."
Para: Miembros del Comité Asesor Regional (RAC) y partes interesadas
De: Oficina Regional del Área de la Bahía
Re: Calendario 2021-2022 de las reuniones del Comité Asesor Regional del Área de la Bahía

Fecha: 4 de noviembre de 2021

Todas las reuniones del comité están abiertas al público. No hay ninguna ubicación física disponible para el público. Según la ORDEN EJECUTIVA N-29-20, las restricciones de teleconferencia no se aplican durante la pandemia de COVID-19.

Networking de 6:15 pm a 6:30 pm y las reuniones del RAC son de 6:30 pm a 9:00 pm.

29 de septiembre de 2021
Reunión de alcance comunitario
El enlace Zoom se proporcionará con la Agenda 10 días hábiles antes de la reunión.

1 de diciembre de 2021
Reunión de alcance comunitario
El enlace Zoom se proporcionará con la Agenda 10 días hábiles antes de la reunión.

23 de febrero de 2022
Ubicación de la reunión de alcance comunitario TBD

27 de abril de 2022
Ubicación de la reunión de alcance comunitario TBD

29 de junio de 2022
Ubicación de la reunión de alcance comunitario TBD

julio y agosto
No hay reuniones

Revisado: 11/4/2021