WEBINAR INTRODUCTION

Barry Jardini
Executive Director
California Disability Services Association
TODAY’S AGENDA

• Demystifying the Settings Rule
• Person-Centered Platform
• Individual Choice Defines Success
• Tips and Resources
DEMYSTIFYING THE SETTINGS RULE

Teré "Diva" Johnson
Director of Community Development
—
Tri-Counties Regional Center
THE JOINT PROVIDER
HCBS FUNDING/ MAINS’L:
PERSON-CENTERED
PLATFORM
REGIONAL CENTER OF THE EAST BAY
PROVIDER COMMUNITY
In the fall of 2019, a group of service providers came together to discuss shared challenges for the IDD (Intellectual or Developmental Disabilities) community. They discussed:
- the potential for making Person-Centeredness more common
- the access issues related to the diversity of participants within the state, including their diversity as learners

A proposal was submitted and awarded by DDS (Department of Developmental Services)
PARTNERS IN COLLABORATION

• Regional Centers- RCEB (Regional Center of the East Bay) and Far Northern Regional Center

• Service Provider Community in the East Bay
  o Ability Now Bay Area
  o Ala Costa Centers
  o California Autism Foundation
  o Futures Explored
  o Harambee Community Services
  o Las Trampas
  o Mains’I
• The project has evolved over time through active discussion.
  o It now involves a web-based portal for making person-centered plans, so that participants govern their plans directly.
  o There is also an online toolbox with open-source resources.
CURRENT STATUS OF FUNDING

• Completed FIRST round of HCBS funding
  o Regional Center of the East Bay was first catchment area partner

• Awarded SECOND round of HCBS funding
  o Far Northern Regional Center is the current catchment area partner

• Searching for long-term sustainability and exposure to the IDD community at large
OVERALL PROGRESS OF THE SITE

• Domain name was acquired.

• Initial sandbox testing was completed with community partners testing and supplying feedback.

• Followed by end-user testing with select group of users who identify as IDD. Testing for tablet responsive has begun for end-users to test and provide feedback.

• The site is currently being updated and tested by the community partner organizations. It is NOT ready for public use at this time.
GROWTH POTENTIAL

• The project could have significant, long-term implications for the IDD Community: certainly in California, and perhaps nationwide or further.

• The project could be an important tool for:
  o promoting the ideals of Person-Centeredness
  o assisting DDS with reforming its current practices
VISION FOR THE FUTURE AND FUTURE NEEDS

• To provide a LOW COST / FREE and USER/PARTICIPANT-focused resource to promote Person-Centered Practices and Plans

• To seek statewide vendorization from all regional centers

• To make Person-Centered approaches accessible to participants of multiple backgrounds, ethnicities, and languages, including ASL (American Sign Language).
INDIVIDUAL CHOICE DEFINES SUCCESS

Parents and Friends, Inc.
MISSION STATEMENT

Parents and Friends, Inc.'s mission is to help people with developmental challenges or similar needs to participate fully in our community.
WHO WE ARE

- **Kristy Tanguay**, Chief Operating Officer
- **Xaviera Hall**, Program Director, Community Integration Services; Certified Person-Centered Thinking (PCT) Trainer, Customized Employment Specialist.
- **Roshan Ashford**, Program Coordinator, Person Centered Services; Certified PCT Trainer, Customized Employment Specialist.
- **Terilynn Epperson**, Program Manager, Alternative Services; Customized Employment Specialist.
- **Cody Hock**, who will share about his success with his employment goals.
- **Buddy Peterson**, who will share about his success with a modified goal.
In 2018, with support from the Redwood Coast Regional Center, Parents and Friends, Inc. applied for HCBS funding. This funding was awarded to support three specific HCBS Federal Requirements:

- Requirement 1: Increase engagement in competitive integrated employment.
- Requirement 2: Increase individual discovery and job carving activities.
- Requirement 5: Increase an individual’s ability to choose which staff they are matched with to provide their care and support.
BEFORE THE HCBS FINAL RULE ACTIVITY

If individual choice is supported, why do many questions remain for some people?
COMMITMENT TO CHANGE

How should we facilitate increased individual control?

Who should drive this change in thinking?
WE ASKED OUR PARTICIPANTS
WHY PERSON-CENTERED SERVICES?

What are you concerned about?

- Economic issues
- Transportation needs
- Housing issues
- Employment opportunities
- Health and medical care
PEOPLE FROM PFI COMPLETED OUR PLANNED ACTIVITIES:
PERSON-CENTERED THINKING:
PEOPLE FROM PFI COMPLETED OUR PLANNED ACTIVITIES:

EMPLOYMENT

- Develop an Employment Database
- Develop The Job Club
EMPLOYMENT SUCCESS: MEET CODY

SELL YOUR SIZZLE

SNAP SHOT #2

CODY HOCK

MY “A-GAME” COMMITMENT

APPROPRIATION

ACCEPTANCE

ACCOUNTABILITY

ATTENDANCE

APPEARANCE

AMBITION

ATTITUDE

Way to go, Cody! Your A-GAME is shining brightly! Your friends at The Job Connection and Parents and Friends, Inc. are very proud of your hard work and accomplishment!
MAKING IT SUSTAINABLE, EMPLOYMENT:

- In 2019 PFI applied for and received HCBS funding to increase employment opportunities through Customized Employment.

- Our partners at Griffin-Hammis and Associates are imparting the skills needed to find what’s inside of people: How to discover the inner genius within each of us.

Image by Gerd Altmann from Pixabay
MAKING IT SUSTAINABLE, PERSON-CENTERED THINKING (PCT)

• PFI has two certified Person-Centered Thinking trainers on staff who provide PCT Training to all of its employees and participants.

• A new service now makes the service available to all Redwood Coast Regional Center participants.

Image by Biljana Jovanovic from Pixabay
PERSON-CENTERED SERVICES: TOOLS – DISCOVERY AND DOCUMENTATION

• **Participant Focus Workshops** facilitate individual discovery in order to develop person-centered plans.

• **Person Centered Plans** can have many inputs and outputs.

These outputs drive planning processes such as Individual Program Authorization(s), Individual Service Plans (ISP), and Individual Program Plans (IPP).
THE NEED FOR DISCOVERY/ASSESSMENT

- Initial intake
- New program or change in services
- Change in living arrangements
- Relationships
- Any new, desired, or anticipated change in routines or circumstances.
- Employment
- Community participation
- Medical
- Legal
HOW DOES IT HAPPEN?

A referral to Parents and Friends for Person-Centered Services involving a program referral or event, depending on the individual’s needs.

- PFI typically provides services over a period of time.

• Client Focus Workshops
  - Occur in a series
  - Driven by the individual
  - Includes chosen supporters across environments

• Process is supported by PFI facilitator

Image by [Harish Sharma](https://pixabay.com) from Pixabay
ALTERNATIVE SERVICE

Through Alternative Services, the possibilities are wide open. PFI meets an individual and their circle of support wherever they are in order to:

• engage in the discovery process
• create plans
• take action
• make progress on individual goals
SUCCESS THROUGH CHANGE: MEET BUDDY

Presented by California Disability Services Association & Easterseals of Southern California | DisabilityThriveInitiative.org
THE COLUMN LIVES ON IN A NEW MEDIUM
QUESTIONS?

Through discovery, we can find new ways to ask and adapt.

Image by Clker-Free-Vector-Images from Pixabay
HCBS SETTINGS RULE: TIPS AND RESOURCES

Susan Crow
Chief, HCBS Regulations

Department of Developmental Services
HCBS Compliance Funding

• The 2021 state budget contains $15 million for providers to make necessary changes and align their services with HCBS rules by March 2023.

• Service providers can apply for funding through their regional center.
  o Applications are due November 10, 2021.
WHAT'S NEXT? (2 OF 2)

Provider Assessment

• Provider Self-Assessment
• Virtual Site Assessment

Provider Transition Plans

• Providers will soon create a transition plan based on their assessment report. More information will be provided soon.

Image by Clker-Free-Vector-Images from Pixabay
Home and Community-Based Services (HCBS) Final Rule Webpage

• Learn more about the HCBS Final Rule, view previous trainings, and access the Statewide Transition Plan here:
  • https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/

Frequently Asked Questions

• https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/faq-hcbs-rules/

The Department welcomes comments or questions to:

HCBSregs@dds.ca.gov
Person-Centered Practices Webinar Series

- The Department partnered with Support Development Associates to conduct a series of trainings on Person-Centered Thinking and Practices, through the lens of the HCBS Final Rule. You can find the recordings here:
  - https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/training-information/

HCBS Compliance Funding

- Service providers can apply for funding through their regional center. Applications are due November 10, 2021. You can find more information on this website:
  - https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/hcbs-compliance-funding/
ADDITIONAL RESOURCES

ASAN (Autistic Self Advocacy Network) - This Rule Rules!: The HCBS Settings Rule and You

• HCBS Settings Rule Plain Language Toolkit
• https://autisticadvocacy.org/policy/toolkits/hcbsrule/

Tri-Counties Regional Center – Living Well in My Community: A Guide to Home and Community Based Service Standards and Person-Centered Practices

• This guide was created to help people with disabilities and service providers better understand the rights and roles for living well in the community.
• https://www.tri-counties.org/living-well-in-my-community/
Lunch and Learn

• Continue this conversation in a live, interactive session!
  • Friday, October 15th
  • 12:00 noon – 1:00 pm
  • Register now: LunchAndLearn.DisabilityThriveInitiative.org
MORE DISABILITY THRIVE INITIATIVE RESOURCES

Resource Library

Access the Resource Library and keep up with us:

DisabilityThriveInitiative.org

Email Updates

Sign up for email updates about the latest:

SignUp.DisabilityThriveInitiative.org
DISABILITY SERVICES SUPPORT CENTER

• Free one-on-one or group assistance with accessing or delivering alternative services

• The Initiative provides direct support or makes the connection with a consultant who can help

Support.DisabilityThriveInitiative.org
JOIN US FOR OUR NEXT WEBINAR

Alternative Services and Beyond: Self Determination Program

Wednesday, November 10th
3:00 – 4:15 pm

Webinar.DisabilityThriveInitiative.org

Servicios alternativos y más allá: programa de autodeterminación

miércoles, 10 de noviembre
3:00 – 4:15 pm

Webinar.DisabilityThriveInitiative.org
THANK YOU!

We look forward to seeing you at future webinars.
Find this webinar and other resources at:

[DisabilityThriveInitiative.org](http://DisabilityThriveInitiative.org)

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