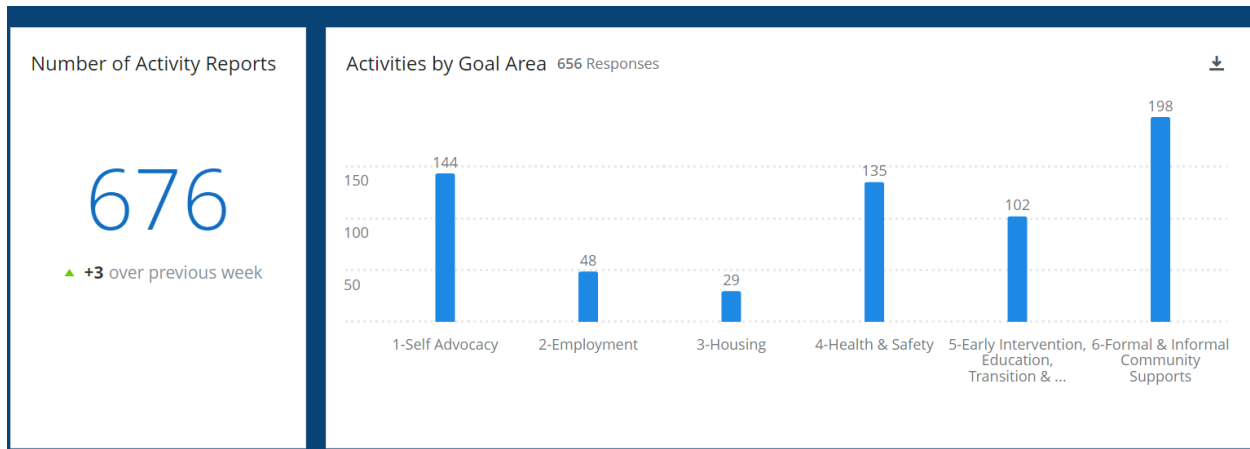


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REPORT RANGE 9/2/21-11/9/21



**SCDD continues to provide emergency preparedness training and create opportunities in helping people become more empowered during crisis. We are truly saving lives. The following example is a heartwarming account of a son saving his father’s life with skills learned via SCDD training. Spanish-language emergency preparedness trainings**



## La importancia del CPR y los Primeros Auxilios.

A lo largo de nuestras vidas tratamos de aprender lo mas que podamos para vivir lo mejor posible y mantener nuestro cuerpo lo mas Sano posible, sin embargo no siempre se puede lograr ya que al paso del tiempo el mismo se desgasta y tenemos que tener mucho cuidado en detectar las señales especialmente del Corazón.

El pasado 21 de Julio 2021 tuve una experiencia muy fuerte con mi papá, ya que al parecer tenia días que se sentia un poco cansado y confundiamos los sintomas con algun otro padecer; como solo Era cansancio no le dimos la importancia adecuada y se trataba de su Corazón que empezaba a fallar. Un dia al Cargar Un una caja muy pesada su Corazón hizo Un gran esfuerzo y no resistió, cayó... se le habia bloqueado una válvula. Por suerte estabamos cerca y pudimos atenderlo dandole primeros Auxilios ya que algunos meses atras tuvimos la oportunidad de atender Un entrenamiento mi esposa y yo. Al llevarlo al hospital el doctor nos hizo saber que hicimos lo correcto y para mi fue un gran alivio ya que de lo contrario hubiera sido una terrible tragedia y el hubiera muerto. Dos dias despues lo operaron para reemplazar una válvula en su Corazón y gracias al profesionalismo de los cirujanos ahora se esta recuperando con éxito.

Nunca imagine tener un examen en la Vida tan grande como este, estoy muy agradecido con las agencias que se dedican a dar este tipo de entrenamientos ya que gracias a ellos nos podemos seguir preparando y asi como hoy me toco ponerlo en practica con mi propio papá, espero que el dia de mañana muchas mas familias se beneficien de estos entrenamientos y se puedan seguir salvando vidas.

Mil gracias a La Cruz Roja Americana, SCDD, LA Familia Counseling Services y a todas las personas que dia a dia siguen buscando el bienestar de nuestras familias.

Francisco García.

## The importance of the CPR and the First Aid.

During our lives we try to learn as much as we can to live longer taking care of our bodies as healthy as possible, but not always succeed because the time it's an important part the deterioration of it. We know that we have to be aware of the important signs of our body specially talking about the heart.

Last 21st of July 2021 I had an painful experience with my father, for days he said that he was feeling tired and he thought that was another simple symptom so we didn't worry too much; we were really wrong because it was his heart failing. One day he was carrying a heavy tool box thinking it wasn't a big deal and because of the big effort his heart couldn't handle it and collapsed.... a valve got clogged. Luckily we were around and immediately take action giving him CPR because months ago my wife and I had the chance to attend a workshop about First Aid and it help us a lot.

When we get to the hospital the doctor was very pleased that we did the right thing at the moment and this make me realize how important are this kind of trainings, if I never attended this class about know how to apply CPR this could be a big tragedy and he could die. Two days later he got a replacement surgery of the valve on his heart and thanks to the professionalism of the surgeons he is recovering successfully.

I never expect to have a test so difficult like this in life, I'm very thankful with all the agencies that are involved in this kind of trainings because thanks to them we can keep learning and this time it was my own father but who knows? tomorrow will be someone else and I really hope that more families take advantage of this trainings and keep saving lives.

Big thanks to the American Red Cross, SCDD, LA Familia Counseling Services and all of these agencies looking for the well being of our Families.

Francisco García.

## Examples of SCDD activities during this report range:

### SELF-ADVOCACY

- SCDD training and supporting new leaders-expanding confidence and independence: RO 04 staff met with a RAC member SA to practice a training presentation about participating in boards and commissions. Staff shared his screen and made the SA a co-host during the practice. The SA described what parts of the training she would be comfortable presenting and demonstrated how she would provide the information. Together staff and the SA organized the training to be short and informative with time planned for the SA to talk about her own experiences serving on boards and becoming a mentor for other peers in the I/DD community. The purpose of the meeting was to get organized and ready to train curriculum and support a SA in a leadership role.
- Staff from North State, San Diego Imperial Regional Offices and HQ (Self-Advocacy Coordinator) provide support, technical assistance and facilitation to SCDD's Project SAFEE (Self-Advocates for Emergency Education). Project SAFEE is a team of self-advocates from across the state who are committed to providing emergency education to other self-advocates in California. Project SAFEE meets the first 2 Fridays each month for planning and business matters around preparing for speaking engagements and ongoing/new projects. Project SAFEE was invited to participate in SCDD's Self-Advocacy Monthly Chats Session on September 15, 2021 - the theme was "Planning for Climate Emergencies." Project SAFEE prepared a PowerPoint presentation to educate others about project and mission and prepared responses to the questions for discussion during the September 15th SCDD Chat Session. Staff provide assistance to maintain organization including documenting meetings, project development, coordinating work meetings, and provide individual assistance to members that need reminders and prompts for meeting information and staying organized. Project SAFEE continues to be well received and is building capacity through their speaking engagement requests and developing projects.

## HEALTH AND SAFETY

- SCDD staff from Sacramento Regional Office, North State Regional Office and North Coast Regional Office collaborated with Anthem Managed Care staff to develop a 6-part healthcare series for individuals with ID/DD. It was provided monthly from May through October. This final session was titled "Accessing Your Health Care Plan - How to call your doctor or get medical care!" SCDD staff met with Anthem presenters prior to each training to help them transform their Powerpoints into Plain Language. The official documents they have are approved by the State but are not in Plain language. Staff went line by line, assisting Anthem staff to understand how to convert their message into Plain Language, make it relevant to this population, and increase the interaction in the training with polls, questions, and input. Anthem provided Spanish language interpreting and SCDD staff recruited a self-advocate to share her story and worked with her beforehand to prepare her for the presentation. Anthem provided a small stipend to each self-advocate who gave a presentation. Survey data was collected via Zoom registration and Zoom Polls. It was valuable to provide this topic to help self-advocates, family members, and others to understand the benefits under Managed Care and to understand how to contact Member Services or their doctor with any questions. Other benefits such as access to AuntBertha Resource, case management, transportation, virtual doctor's appointments were shared.
- SCDD LA staff were invited by the LA Sheriff's Dept. to attend what they called "focus group" meetings, to discuss improvement that can be made by LASD in serving individuals with developmental disabilities. The invitation arrived because the SCDD LARO contacted LASD shortly after LASD LEOs shot a man with autism and they were impressed with the contributions SCDD staff can make to their operations. SCDD LA staff participated in the inaugural meeting of this group and provided information as appropriate. Topics included the use of disability terminology by dispatchers, the impact on LEOs on calls, feedback on proposed procedures for interacting with people with disabilities (e.g., LEOs will not have any calls scheduled for them when they are attending to a call for someone with a disability so they can take as much time as needed on

the call and avoid a tragedy), and legislation that may impact how LASD does business. SCDD provided feedback as appropriate and requested.

#### EARLY INTERVENTION, EDUCATION, TRANSITION & POST-SECONDARY EDUCATION

- SCDD staff participated in the Nevada County Special Education Local Plan Area Community Advisory Committee. The committee is made up of family advocates, community advocates/agencies, and school/district personnel/administrators. There were updates on ESSER grant development and attempts to develop services/support concepts that could use a variety of State and Federal Pandemic funding streams. Items outlined to use local Recovery Plan/Alternative Dispute Resolution Plan were discussed including learning recovery for pupils resulting from impacts of learning resulting from Covid-19 school disruptions. There will be more support services and a case manager will fill in for teachers to give them time to review IEPs. The Chair discussed the challenges faced by staff shortages and expected additional staffing changes due to the recent Governor's mandate that all teachers be vaccinated. Some teachers will refuse to be vaccinated. About 23% of current teachers in Nevada county are not vaccinated.
- SCDD Los Angeles Office staff facilitated a virtual Parent Leader/Check-in meeting for family advocates who also serve as leaders of local parent support groups in Los Angeles county. Discussion of today's meeting focused on review of AB130, related to Independent Study. SCDD staff provided technical assistance on this topic, as well as reviewed general IEP strategies, especially as they relate to placement during the COVID-19 pandemic. Participants were grateful for the updates, information and strategies discussed, and expressed that this will help them provide TA to other family advocates on this topic.
- On 9/29/21 SBRO office staff co-presented with DRC on Special Education and AB 130. There were 45 in attendance. SBRO co-presented with attorneys from DRC. We reviewed special education and Section 504 rights and responsibility including eligibility, services, school discipline and procedural safeguards. We answered questions in the chat. Then information on Assembly Bill 130 about independent study (IS) provisions was given including a summary of the complaint filed by DRC to the

Department of Justice alleging discrimination to special education students. The training was followed by a listening session to allow families and community members to share their stories on the challenges regarding no protections for students with IEPs requesting independent study. The challenges shared included schools delay of independent study for students with IEPs as that would be considered a change in placement and they have 30 days to hold an IEP meeting. Also, schools may determine they do not agree to IS and may pursue truancy. Additionally, school districts do not have to provide related services for students in IS. Only 15 of the 45 participants completed the poll survey.

#### EMPLOYMENT

- On September 28, 2021 staff provided a power point presentation to 70 staff from the Hiring Leaders of Cox Communications throughout California. Cox Communications is the Platinum Sponsor of the upcoming Jobtoberfest event, and as an organization, they have committed to hiring people with disabilities in each of their departments, and would like to reach a level of 7% people with disabilities in the company. Cox has had the benefit of hiring paid interns from the SDRC, one of which is now a contractor for the company, and two others are being on-boarded. Staff shared information on resources such as the Department of Rehabilitation, Job Accommodation Network, and a newer service here in San Diego called Source Aabled. In addition to providing basic information on people with disabilities, staff also provided some tip sheets on communication and interviewing techniques. Following the presentation there was time for Q & A, and the audience was very engaged throughout the training.
- Department of Rehabilitation Work Services Meeting - SCDD Orange County staff participated in the Department of Rehabilitation Work Services Meeting on September 29, 2021 via teleconference. The purpose of the meeting is to inform DOR supported employment vendors and providers about new legislation, information, and any employment-related updates. Across-the-board staffing shortages have greatly impacted all service provider agencies.
- H.I.R.E. Employment Subcommittee - The primary collaborative in Orange County focusing on justice involved reentry has been the Orange County

Re-Entry Partnership (OCREP) for many years. Now H.I.R.E. (Hub for Integration, Reentry & Employment), founded in 2020, serves as the lead agency in this effort. The H.I.R.E. meetings are attended by service providers, persons formerly involved in the justice system and other stakeholders to support this population via resources and identify needs/gaps in the justice system (via targeted subcommittees) to benefit the community as a whole. Their goal is to maximize the skills and talents of justice-involved youth and adults by unifying OC stakeholders and community members. As a member of Orange County Re-Entry Partnership (OCREP), SCDD OCRO now participates in H.I.R.E. (Hub for Integration, Reentry & Employment) meetings as a OC community stakeholder, representing the individualized needs of those with IDD in the Justice system. SCDD OCRO is included in their resource drive alongside many other agencies serving the justice-involved OC community.

#### FORMAL AND INFORMAL COMMUNITY SUPPORTS

- RO04 staff met with a SA who is interested in co-training at an up-coming RAC meeting. At the meeting staff provided an overview to the SA on what curriculum would be used to train the RAC members. After the overview both staff and SA discussed what parts of the training should be used in a shorter period. Parts that were important to both participants were identified and an outline for subject materials was created. Staff then set up another meeting to finalize the materials and roles of trainers during the RAC training. The purpose of the meeting with the SA was to provide guidance and support for her to lead others in becoming more knowledgeable about serving on a board, or committee and be aware of what makes an effective member.
- Translation, reaching underserved communities: SCDD Los Angeles staff translated a flyer to promote SCDD's, There Should Be a Law Contest. This will be used for statewide distribution and

#### HOUSING

- BARO partnered with Department of Fair Employment and Housing to provide a 'Housing Rights Updates for CA Renters with Disabilities' training. This was in English, with Spanish-language interpretation. This was a next-



step training to provide info on the following topics: About the Department of Fair Employment and Housing and the State Council on Developmental Disabilities Defining Fair Housing and What Housing is Included Who Must Comply? Updates on the Eviction Moratorium & Emergency Relief Assistance Information about Disability and Reasonable Accommodations in Housing National Origin Discrimination Familial Status Discrimination (Family Housing Rights) Harassment and Fair Housing Source of Income Discrimination How to File a Complaint Hearing from you! What are your Fair Housing BARO facilitated a Q&A session at the end with attendees and DFEH. After the training, BARO and DFEH put together a FAQ sheet with information based on the questions asked in the session. That FAQ, along with the deck and resources links and docs, was sent to all attendees. As a result, attendees are better prepared with knowledge, examples, resources, and processes to protect their fair housing rights, understand the resources available to them at this time, and the housing rights of others in CA.

- The Mendocino County Homeless Continuum of Care (MCHCoC) met on 9.20.21 and SCDD staff is a member of this collaborative. This group is a collaborative of over thirty-one agencies throughout Mendocino County. Activities include the Point-in-Time Census and Survey of individuals and families experiencing homelessness, Coordinated Entry, creating permanent Housing and temporary housing in motels and collaborates to securing and maintaining funding for housing projects for addressing homelessness in Mendocino County. SCDD staff participates as a member of COC to assure the housing needs of people with I/DD are included in the discussion in all grant funding and in the strategic planning process to increase inclusive housing within Mendocino County. Staff provides a variety of information, resources and support to CoC.

#### Impact-Anecdote:

Over the past 2 years, SCDD staff has provided support, brainstorming, and information/resources to Paul Platner, a Family Advocate in Nevada County. He is seeking to increase the development of supports for his grandson (a regional

center consumer) and others with disabilities in Nevada county due to the shortage of services in this rural county.

Mr. Platner has worked to create a group of parents who meet regularly for social/recreational activities and discussions related to the needs of their family members. SCDD staff has consistently shared this information with its email list and Mr. Platner credits the success of his growing group to this support. Mr. Platner is working to collaborate with the Nevada County Association on Developmental Disabilities.

He recently wrote, "Hello Sonya, The meeting went very well. It is a delight to be with people who sacrifice everything for someone they love. The NCADD Board is very cautious about sponsoring any activities. But they are excited about promoting individual activities by the families who are caregivers. So I have their blessings. It does give the activities a little more substance. Your support has helped to move the needle as well. Thank you, Paul". SCDD staff will continue to support families in the Nevada county region to learn about and develop resources/supports for their loved ones with ID/DD.