



NOTICE/AGENDA

STATE COUNCIL ON DEVELOPMENTAL DISABILITIES

Sacramento Regional Office: Regional Advisory Committee (RAC) MEETING

POSTED AT: <https://scdd.ca.gov/sacramento/>

This is a Zoom meeting only. There is no physical location being made available to the public. Per [EXECUTIVE ORDER N-29-20](#), teleconferencing/Zoom restrictions are waived during the COVID-19 crisis. Committee members are not required to list their remote locations and members of the public may participate electronically by accessing Zoom or calling the number you will receive after registering for the meeting.

Please pre-register at this link for the Zoom meeting: <https://bit.ly/3vRStqY>. After you register, you will be emailed your link to join the meeting. Reminders will be emailed to you.

DATE: Tuesday, June 15, 2021

TIME: 10:00 AM – 1:00 PM (All are welcome to join the call at 9:45 AM for 15 minutes of informal chatting, sharing, & catching up. We will begin the formal meeting at 10:00 AM)

1. **CALL TO ORDER, Brandy Boyd, Chair**
2. **ESTABLISH QUORUM, Karen Mulvaney, Secretary**
3. **INSPIRATIONAL QUOTE, Nancy Esparza, Vice-Chair**
4. **WELCOME AND INTRODUCTIONS, Brandy Boyd**
 - RAC Members: Roll Call, state name and county affiliation and one new skill you learned during the Pandemic.
 - Welcome to new RAC members! Nicole Mion (SA, Sacramento), Harold Ashe (FA, Placer), Abirami Duraiswamy, (FA, Sacramento), Diane Walker (FA, Nevada)
 - Members of the Public: Please introduce yourself in the Chat Box
5. **APPROVAL OF AGENDA for June 15, 2021**
6. **APPROVAL OF MINUTES for April 20, 2021**
7. **SACRAMENTO REGIONAL OFFICE, Sonya Bingaman, Regional Manager**
 - Recent, current, and future activities
 - Upcoming trainings and workshops
 - Staffing update

8. **SCDD COUNCILMEMBER UPDATE, Joyce McNair**
9. **STATEWIDE SELF-ADVOCACY NETWORK (SSAN) UPDATE, Lisa Cooley**
10. **REPORTS FROM RAC MEMBERS ON ISSUES IN THEIR COUNTIES (3 minutes each)**
11. **PUBLIC COMMENT, Nancy Esparza, Vice-Chair**

This item is for members of the public only to provide comments and/or present information on matters not on the agenda. Each person will be provided up to 3 minutes to speak. Public comments can be submitted via email prior to the meeting at sacramento@scdd.ca.gov and will be read by the Chair.

12. **BREAK (5 minutes)**
13. **PROGAM, AGENCY, OR SERVICE SPOTLIGHT (10 minutes)**
 - Diane Haller, Area Manager, Joni and Friends Sacramento
14. **ALTA CALIFORNIA REGIONAL CENTER, Jennifer Bloom, Associate Director of Client Services**
 - Self-Determination Project
 - Budget and Service Updates
 - Covid-19 Updates
15. **NAVIGATING ALTA CALIFORNIA REGIONAL CENTER'S WEBSITE, Herman Kothe, Training Officer**
16. **MEETING ADJOURNMENT, Brandy Boyd**

Future RAC Meetings:

- Tuesday, August 17, 2021 10am-1pm
- Tuesday, October 19, 2021 10am-1pm
- Tuesday, December 14, 2021 10am-1pm

Accessibility:

Pursuant to Government Code Sections 11123.1 and 11125(f) and Executive Order N-29-20 (this Executive Order can be found by clicking the link on page one of the agenda or typing <https://www.gov.ca.gov/wp-content/uploads/2020/03/3.17.20-N-29-20-EO.pdf> into your web browser), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Sonya Bingaman at (916) 715-7057 or Sonya.bingaman@scdd.ca.gov. Please provide at least 5 business days prior to the meeting to allow adequate time to respond to all requests. Automatic Closed Captioning will be available.



State Council on Developmental Disabilities:
Sacramento Regional Office
Regional Advisory Committee (RAC) MINUTES

(Draft)

April 20, 2020

Members Present:

Benita Ayala (FA) Sacramento
Brandy Boyd (FA), At-large (Chair)
Donnell Kenworthy (FA) Yolo
Elaine Linn (FA) At-large
Kidada Medina (FA) Sacramento
Karen Mulvany (FA), El Dorado (Secretary)
Tyson Whitman (SA) Placer
Jesana Tran (FA) Colusa/Alpine/Sierra
Christine Hickey (FA) Sutter
Natalie Gray (SA) Sacramento
Mike Helton, (SA) Sacramento

Members Absent:

Nancy Esparza (SA) At-large (Vice-Chair) Excused
Glenda Servantes (SA) Yuba

Others Attending:

Joyce McNair (FA) Council Member
David Pegos, SCDD Councilmember
Lisa Cooley (SA) SSAN Member
Jennifer Bloom, Associate Director of Client Services, ACRC
John Reven (FA)
Charles Mason, CPUC
Sylvia Freeman
Susan Hayes, Rowell Family Empowerment
Luis Gutierrez

Abirami Duraiswamy (FA)
William Reed (FA)
Angel Picon, The Arc
Joseph Schunk
Stephani Crespín (FA)
Nicole Mion, Help Me Grow Yolo
Karen Bouey
Tammi Bradley (SA)
Diane Walker (FA)
Adam Ross (SA)
Lynne Boone, Department of Rehabilitation
Kim Hughes
Diana Maffei, WarmLine Family Resource Center
Julie Eby-McKenzie, SCDD Staff
Ravita Devi, SCDD Staff
Sonya Bingaman, SCDD Staff

COMMITTEE CHAIR: Brandy Boyd

Item 1. CALL TO ORDER

10:04 am

Item 2. ESTABLISH QUORUM

11 of 13 members were present

Item 3. WELCOME AND INTRODUCTIONS

RAC members each introduced themselves. Members of the Public introduced themselves in the Chat.

Item 4. Approval of Agenda for April 20, 2021

First	Jesana Tran (FA)
Second	Kidada Medina (FA)
In favor	Yes (all)
Opposed	None
Abstain	None

Item 5. Approval of Minutes for February 9, 2020

First	Karen Mulvany (FA)
Second	Donnell Kenworthy (FA)
In favor	Yes (all)
Opposed	None
Abstain	None

Item 6. Sacramento Regional Office Updates (Sonya Bingaman, Regional Manager)

- Interviewed 25 applicants for SDAC, RAC, and Council positions
- Working on hiring CPSII/AGPA staff position for Sacramento Office
- Continuing with collaboratives
 - MCDAC Medi-Cal Dental Advisory Committees
 - ADRCs – Aging and Disability Resource Connections in Placer, Nevada, and Yolo counties
 - Sacramento Food Collaborative
 - Yolo County Health Collaborative (Yolo Family Strengthening)
 - Yolo Oral Health Collaborative
 - Nevada County Office of Education CAC
 - Placer County Office of Education CAC
 - Sacramento County Office of Education CAC
 - Sacramento County DD Council (hosting and recording meetings)
 - CROWD
 - Racial Disparities and Justice Group
 - Independent Facilitator Network
 - City of Sacramento Disability Advisory Commission (DAC)
 - UCD Mind Summer Institute Planning Committee
 - Marc Laver, Jonnie & Friends Inclusive Playground
 - CA Health and Wellness CAC
 - Anthem CAC
 - ACRC Purchase of Service (POS) Meeting
 - ACRC Board of Director’s Meeting along with several other parents. 3/25/21.
- Continuing to distribute PPE to individuals, programs, events
 - South Sacramento to 1,000 people
 - Rancho Cordova to 400 people
 - Step Vaccine Clinic Sacramento 500 people
 - Help Me Grow Woodland 100 young families
 - Adult day programs in Auburn
 - Pediatric Respite facilities in Nevada and Yuba counties
 - Pride Vaccine Clinic in Placer to 1,000 people
 - Will soon have more Red Cross Emergency Backpacks to distribute and provide trainings
- Trainings:
 - Anthem Blue Cross – presentations on History of ID Services in the US, California, current legislation and supports toward community inclusion. Yuba/Sutter, Plumas/Sierra, El Dorado/Nevada/Placer,
 - History of ID/DD Services to Sutter county staff and collaboratives
 - Benefits Planning with Pam Hanley, PEC
 - Person Centered Thinking Training, (PEC) Introductory Remarks
 - SDP Q&A Workshops, recording
 - Developed 6-part Health Series, partnering with North State, North Coast, and Anthem Blue Cross. Please attend and spread the word

- Technical Assistance. Families seeking guidance and information on a variety of topics, particularly accessing IEP and IPP supports. Transition aged young adults. Housing issues. Self-Determination Program.
 - List of recorded trainings is posted on SCDD's Sacramento Regional Office webpage. <https://scdd.ca.gov/sacramento/>
 - SCDD Sacramento Regional Office during 2020: <https://youtu.be/AX7RHixs3K8>
-

Item 7. State Council on Developmental Disabilities – Council. Joyce McNair

The last SCDD Council meeting was March 23, 2021. The Legislative and Public Policy Committee (LPPC) presented 13 bills to the Council. All were approved for support with 2 minor revisions. The Council approved the Legislative Platform for the year. The new Deputy Director of Policy and Public Affairs for SCDD is Bridget Kolakosky. During each Council meeting there are two Councilmember spotlights. One spotlight at this most recent Council meeting was by Julie Neward who advocates on behalf of her sister to recognize and reduce abuse of individuals with disabilities.

Item 8. Statewide Self-Advocacy Network (SSAN). Lisa Cooley

During the last SSAN meeting they recognized March as Developmental Disabilities Awareness Month. Bridget Kolakosky, SCDD, presented on the legislative platform for SCDD. The next SSAN meeting is June 10-11, 2021.

Item 9. Brief Reports from RAC Members on Issues in their counties

Jesana Tran (Colusa/Alpine/Sierra County)

- FamilySoup Family Resource Center will be collaborating with Disability Rights California to present an Individual Education Plan (IEP) training in May.

Karen Mulvany (El Dorado County)

- There is an El Dorado County SELPA meeting on 4/27/21 at 9am.
- The Self-Determination Program mandatory Orientation for ACRC is available online. It takes just over an hour to complete. It can be found at: <https://www.altaregional.org/self-determination-program>. Click on Schedule Your Orientation and follow the instructions. Be sure to print your Certificate of Completion at the end to provide to ACRC at a future time.
- The DS Task Force – Community Resources workgroup met to discuss and review I/DD Employment data and issues on February 22. The pandemic led to a sharp reduction in I/DD employment. For ACRC, about 20% of self advocates were employed on the first quarter of 2020. For more information on Employment, see the slides and other information at <https://www.dds.ca.gov/initiatives/ds-task-force/> under Community Resources

Tyson Whitman (Placer County)

- Nothing new to add for Placer County.

Christine Hickey (Sutter County)

- FamilySoup Family Resource Center is collaborating with the Yuba County Office of Education to create the PALS playgroup. They are developing and delivering activity bags prior to the classes. There is a Scrapbooking Class, a Morning in the Garden class, and others. Visit: <https://www.familysoup.org/> for more information.
- She is looking forward to day programs re-opening so her son can once again participate.

Donnell Kenworthy (Yolo County)

- She serves on the Board of Directors for WarmLine Family Resource Center. They have a variety of support groups for families and play groups for children with disabilities. <http://www.warmlinefrc.org/>
- She appreciates emphasizing the good that are going on for families and keeping the community together as best they can.

Benita Ayala (Sacramento County)

- Announced the Supported Life Institute's 25th Annual Self-Advocacy Conference which will be held Friday May 7th 8:30am-4pm. <http://www.supportedlife.org/>
- There is a local Racial Disparities and Justice group that has been meeting since Summer of 2020. Their next meeting is via Zoom on April 26th at 4pm. They will be discussing racial disparity Purchase of Service data in preparation for ACRC's next Purchase of Service meeting to be held April 28th from 5:00-7:00 PM. To register for the POS meeting, follow this link: <https://www.altaregional.org/post/annual-discussion-services-diverse-communities-0>
- There have been ongoing issues with services for students with disabilities in Sacramento City Unified School District. The CAC parents recently reached out to discuss issues with the Teacher's Union to discuss issues.

Kidada Medina (Sacramento County)

- Childcare for children 0-3 are flourishing. Assessing early intervention is a challenge, some of the requirements for services are not supportive of working parents. For example, some of the therapies are only available during work hours (Monday-Friday between 8am-5pm). This makes it very challenging for parents to keep their jobs. It is especially challenging for single mothers. This might explain "low usage" among some groups.
- The nonverbal community continues to be victimized and it needs to be addressed.
- Reminded the group of fun and educational activities hosted by WarmLine FRC.

Michael Helton and Natalie Gray (Sacramento County)

- Announced he and Natalie are moving out of the area.
- He announced their day program, Short Center South, is getting ready to re-open.
- They will be resigning from the RAC due to their move.

Brandy Boyd - At-large (Chair)

- The City of Sacramento has approved their Housing Element. The DAC (Disability Advisory Commission) and many other groups provided input.
- She is the Chair of the City of Sacramento's DAC and appreciated that SCDD staff and a family advocate who is deaf, brought it to their attention that the Closed Captioning on their Public Meetings was not working. City staff are working to resolve the issue.
- The next DAC meeting is on May 6th, 6pm. Link and Agenda will be shared in the chat. Sonya added that the meeting should be joined exactly at 6pm and not before because the link does not work before the meeting goes live.
- The DAC continues to advocate with Shared Rideables (bikes and scooters) to enforce appropriate parking of the Rideables so they do not block access to sidewalks and ramps. They are proposing that fines be passed onto the end user so they learn appropriate use and parking of the vehicles.
- There are efforts to start a Top Soccer League in the Natomas area.
- Los Rios Community College already announced their classes will be virtual this Fall. This is challenging for many students. Her daughter participates with Futures Explored. They are trying to continue to engage the participants.

Item 10. PUBLIC COMMENT

Abirami Duraiswamy: Mentioned the importance of providing support to families. Also, mentioned that the respite workers need more training to serve individuals with special needs. She has accessed National Core Indicator (NCI) data (which SCDD staff collect and is posted on DDS' website). She thinks there should be more data for younger aged children with special needs for respite care use. <https://www.dds.ca.gov/rc/nci/>

Nicole Mion (Help Me Grow Yolo County) – Community Program Outreach Coordinator. <https://helpmegrowyolo.org/> Several agencies in Yolo County and Sacramento are recipients of a grant to onboard a statewide, online care coordination registry, called UniteUs, starting with Kaiser and county health. The hope is that this will allow care coordination across sectors. This will include universal, non-stigmatized screening of ACEs.

- Last week Nicole launched the pilot for the Help Me Grow Yolo County Navigation Program. Over the last year, she completed training in Person-Centered Planning and parent/child mental health. This program is the result of the 15 scholarships to the Napa Infant Parent Mental Health Fellowship scholarships provided by First 5 Yolo and

the 2100 hours of mental health treatment time available to children identified by Help Me Grow Yolo County (HMGYC). Families in this program will be offered, Mental Health support while navigating Regional Center, Insurance, School District, and community agency services.

- For a year HMGYC has been creating and providing Activity Kits with fun activities and supplies for kids along with corresponding developmental information. The activities are presented with various levels of difficulty in the hopes they can be enjoyed by all of the ages that we serve, 0-5. This spring, HMGYC was very intentional about making the kits inclusive, including creating web pages, Spanish and English, that presents the activities in a visual format for those that find reading difficult. We partnered with the local Family Literacy program to create videos informing parents of the offerings of that program without needing to read about it. The activities have books and songs to go with the theme and those are available via recorded e-book to help those kiddos get read to. We also made sure to have only one video, to account for data availability. We did one video with a female and another with a male to make men feel more welcome to participate in care of children. We included activity books about financial literacy and created cookbooks that use common food bank offerings and explain how to read nutritional information and sing and play with your kids while you prep meals. www.Tiny.One/ActivityIdeas and www.tinyurl.com/ActividadesPrimavera

Angel Picon, The Arc California – 250 people attended the recent Public Policy Conference. The Spanish speaking communities throughout the Central Valley are having a lot of difficulties. The Arc is proposing a plan for the next five years to better serve the Spanish community.

Diana Maffei, WarmLine FRC – Shared the news about music classes and how they have a new provider who will offer music classes in Spanish. <http://www.warmlinefrc.org/>

Item 11. Alta California Regional Center report, Jennifer Bloom

ACRC continues organizing Covid-19 Vaccine clinics in collaboration with Safeway. Several clinics, including one in Yuba City, have been cancelled due to insufficient registrations. A clinic at CA Northstate University in Elk Grove was cancelled recently due to the pausing of the Johnson and Johnson vaccine. Natomas School District, Southside Art Center, Orange Gove School are all offering vaccine clinics. Register on ACRC's website or send an email to vaccineinfo@altaregional.org. Or contact your Service Coordinator if you need assistance. 56% of ACRC staff reported that they are vaccinated. They have vaccinated over 4,000 ACRC clients.

- Joyce – Asked about the people who are providing the vaccines and if they are sensitive and understanding to the needs of the individuals with development disabilities. Jennifer mentioned that it was a heartwarming experience as all the vaccine providers have been very kind and understanding. They are patient and understanding

and have offered the vaccine in the larger rooms as well as outside, in the parking lot, or in individual's cars as requested.

Self-Determination Program Q&A sessions are continuing every other week. Attend the online Orientation first. There is no update on whether the Department of Developmental Services will fund Person Centered Planning for new SDP participants.

ACRC purchased 30 Chromebooks using Disparity Grant monies for client distribution. 13 have been loaned out and 17 are yet to be distributed. Service Coordinators are assisting to identify clients who are in most need from diverse ethnic groups.

Jennifer announced the retirement of Philip Bonnet, the Executive Director of ACRC and the beginning of a recruitment process for a new Director.

- Kidada asked what impact, if any, will be felt by the retirement of the Executive Director. Jennifer mentioned that he will be missed deeply, but also stated that the commitment to serving individuals with ID/DD remains the same.

Jennifer announced they continue to work to recruit Spanish speaking staff to serve an increase in Spanish speaking consumers/families.

Item 12. CPUC Presentation, Charles Mason Jr. (He/Him/His), Local Government & Community Liaison, Business & Community Outreach Program, News & Outreach, Executive Division, California Public Utilities Commission, Charles.Mason@CPUC.CA.GOV, provided an overview of the CPUC.

Item 13. FUTURE MEETING DATES

<p>Tuesday, June 15, 2021 10am-1pm</p> <p>Tuesday, August 17, 2021 10am-1pm</p> <p>Tuesday, October 19, 2021 10am-1pm</p> <p>Tuesday, December 14, 2021 10am-1pm</p>
--

Item 14. Break

Item 15. SCDD QA-NCI Presentation, George Lewis, Quality Assessment Coordinator for the North Valley Hills Office, provided an overview of the National Core Indicators Project which evaluates the satisfaction of services for those with ID/DD in California.

Item 16. Adjournment at 12:41PM



Recordings of 2020 SCDD Sacramento Regional Office Trainings

April 21, 2020 Dante Allen, ED, CalABLE on ABLÉ Accounts (link to different recent CalABLE training) <https://www.youtube.com/watch?v=aORiXaR2III>

April 28, 2020 Brittnee Gillespie, Attorney/Clients' Rights Advocate, Disability Rights California about about supports and services her office provides to clients of Alta California Regional Center and children with special needs who have Individual Education Plans. We also discuss changes that have occurred to services as result of Covid-19. <https://bit.ly/2Qcpaw4>

May 5, 2020 L. Vance Taylor, Chief, Office of Access and Functional Needs, CA Governor's Office of Emergency Services on Covid-19 and people with Access and Functional Needs <https://bit.ly/34iONmE>

May 12, 2020 Carole Watilo, ED, Progressive Employment Concepts and Self-Advocates on Employment & Community Based Supports <https://bit.ly/31evs4j>

May 19, 2020 Andrew Pentacost, Senior Health Education Specialist, Health Education Department, California Health and Wellness/HealthNet on Managed Care regulations and services under the Affordable Care Act. We also address changes to medical services during Covid-19. <https://bit.ly/3hh8HIV>

May 26, 2020 April Wick, Executive Director, Resources for Independent Living (RIL) on Independent Living Center services and supports <https://bit.ly/3hfynj3>

June 2, 2020 Diana Maffei, Program Manager, Warmline Family Resource Center on services and supports through Family Resource Centers <https://bit.ly/2QhXSUJ>

June 11, 2020 Anthony Pico with the Aunt Bertha online social service resource platform on how this resource works and how you can use it to help yourself or others find resources in your community by zip code and topic of what you are seeking help with. <https://bit.ly/3gdcAXL>

June 16, 2020 Brittnee Gillespie, Attorney/Clients' Rights Advocate, Disability Rights California on IHSS program, how to Prepare for Home Visits, Protective Supervision, and the Appeals Process. <https://bit.ly/3aKgAOr>

June 23, 2020 Raymond Hampson and other dads with Dad-Vocates fathers' group discuss fathering a special needs child and unique challenges during COVID-19 <https://bit.ly/2QaOu5r>

June 30, 2020 Caryl Balko, Pride Industries Supported Employment, and job exploration, preparation, searching, on-the-job training, and ongoing supports for community employment. <https://bit.ly/32eWJmN>

July 7, 2020 Deirdre Fitzgerald, PhD, BCBA-D, Achievement by Design, discusses practical strategies to improve sleeping and waking routines during stressful times, such as COVID-19. <https://bit.ly/3dex7cy>

July 28, 2020 Lori Banales, Deputy Executive Director, and John Decker, Director of Community Services and Supports with Alta California Regional Center discuss updates regarding services & supports to individuals with developmental disabilities during COVID-19.

August 4, 2020 Danielle Cannarozzi, Community Outreach Specialist, LIBERTY Dental, discusses proper oral hygiene, including brushing and flossing, as well as healthy drinks/snacks for the best oral health for individuals with developmental disabilities. <https://tinyurl.com/SCDDdentaltraining>

August 11, 2020 Katherine Weston, Home and Community Based Specialist, Alta California Regional Center, helps us learn more about the CMS (Centers for Medicaid Services) Final Rule requirements for Home and Community Based Services (HCBS) and Person Centered Planning and how they will shape day program services and supports funded by the Regional Centers in the near future. <https://tinyurl.com/SCDDHCBS2020>

August 18, 2020 Chris Flannery is an Outreach Specialist with Aurrera Health Group who works with the California Department of Health Care Services (DHCS) to help implement the Health Homes Program (HHP), a new initiative which adds extra service benefits to qualifying Medi-Cal beneficiaries. HHP offers these extra services at no cost to Medi-Cal members with certain chronic health and/or mental health issues who have high health care needs or do not have a place to live. If you qualify, the HHP will offer health care services and other help to meet your needs. <https://bit.ly/3l3hF8C>

August 25, 2020 Kelsey Handcock, OCRA Office of Clients' Rights Advocacy serving clients of Alta California Regional Center, on **Individual Program Plan (IPP) Strategies**, Procedures, and the Complaint & Appeal Process. <https://www.youtube.com/watch?v=rzLTuytLb-Q>

September 8, 2020 April Wick, Executive Director, Resources for Independent Living on **Census2020** and its importance for the disability community. <https://youtu.be/flhE5VL88Lk>

September 22, 2020 Fred Nisen, Supervising Attorney on Voting Rights with Disability Rights California and Russel Rawlings, Statewide Organizer, California Independent Living Centers discuss **Voting Rights in 2020**.

<https://youtu.be/jUIEugVz-sE>

September 24, 2020 Katherine Westin, HCBS Specialist, Alta California Regional Center offers a training on the **Home and Community Based (HCBS) Waiver** or Settings Rule/Final Rule and how it may affect community services funded through the regional centers.

<https://youtu.be/NNwIFQbTVAc>

October 6, 2020 **Employment Services from ACRC, Employment First Legislation and Competitive Integrated Employment (CIE)**: Cindy Le, Employment Services Specialist, Alta California Regional Center (ACRC) will discuss Employment Services from ACRC, Employment First Legislation and Competitive Integrated Employment (CIE). <https://youtu.be/mNldC-kdDxE>

October 13, 2020 **Employment Services through the Department of Rehabilitation** (Jose Garcia, Senior Vocational Rehabilitation Counselor, DOR) and **Career Exploration** supports through Golden Sierra Job Training Agency (Jessica Conant, MS, Disability Resource Coordinator) are explored.

<https://youtu.be/yAQdbg77Cws>

October 15, 2020 Katherine Westin, HCBS Specialist, Alta California Regional Center offers a training on the **Home and Community Based (HCBS) Waiver** or Settings Rule/Final Rule and how it may affect **residential services** funded through the regional centers in California.

<https://youtu.be/z3HdBDkK9Og>

October 20, 2020 Steve Ruder, BAC Program Coordinator at the UC Davis MIND Institute, discusses how the **Business Advisory Council** reaches out to educate businesses, connects them with other businesses who have hired individuals with disabilities as well as to supported employment agencies. Dee Gavaldon, Program manager and Benefits Counselor, Crossroads, A Pride Industries company, discusses **Benefits Counseling** for those transition to work who receive public benefits. <https://youtu.be/0yGGt78IDzc>

October 27, 2020 **Let's Celebrate our Stories!** Nine self-advocates (and parents) shared stories about their employment experiences before, during, and after the Pandemic. They shared about how

their work duties changed, and in some cases, how their employment goals have changed due to the current work climate. Progressive Employment Concepts - PEC, Pride Industries, and Strategies to Empower People – STEP, shared how they assisted these individuals to obtain their jobs, provide on-the-job training, and ongoing employment supports and coaching as job duties change.

https://youtu.be/j1eb8_je3Q

November 17, 2020 Amanda Hill, Community Outreach Manager for **Anthem Blue Cross Medi-Cal plan** discusses eligibility and enrollment, choosing a health plan and Anthem specific benefits during Covid-19. <https://youtu.be/8ayarIDszxk>

December 2, 2020 Katherine Westin, HCBS Specialist, Alta California Regional Center offers a training on the **Home and Community Based (HCBS) Waiver** or Settings Rule/Final Rule and how it may affect community services and licensed residential services funded through the regional centers. <https://youtu.be/rwLr-xFy7Ro>

December 8, 2020 Juliet Barraza, Kenya Martinez, Cheryl Thies, and Diana Vega, DREDF (Disability Rights Education & Defense Fund) share about their services as the Parent Training & Information center for 30 Northern CA counties. <https://youtu.be/fM-6RB6ChTo>

December 15, 2020 Beth Foraker, Co-Director of the **SEED Scholar Program** and Leonard Abbeduto, Ph.D., Director, UC Davis MIND Institute, discuss this new program for individuals with intellectual disabilities to attend UC Davis. <https://youtu.be/d0AkYq3XNyY>

January 20, 2021 Creating **Dementia Friendly Homes for People with ID/DD** by Kris McCann, ED, BAHC. This presentation was a part of the Sacramento County Developmental Disabilities committee meeting <https://youtu.be/xbfviV7noho>

February 18, 2021 Work More, Earn More! Learn about the Ticket to Work Program and how you can work more while protecting your Social Security and medical benefits. <https://youtu.be/e8laVcXOsk0>

A video journey of the SCDD – Sacramento Regional Office’s activities during 2020. It highlights how the office adapted and responded to the Covid-19 Pandemic to support the health, well-being, and inclusion of people with developmental disabilities. Special thanks to the staff and students with developmental disabilities in the video production class at DDSO Employment+ who produced this video. <https://youtu.be/AX7RHixs3K8>

A few other trainings SCDD has been involved with that you may find interesting:

June 8, 2020 SCDD's Festival of Learning Part 1. Person Centered Planning: The Five Valued Experiences is from Kirk Hinkleman and Beth Gallagher from Life Works in San Diego. <https://youtu.be/tlqCFzRKzWU>

August 10, 2020 SCDD's Festival of Learning Part 2 shared how genuine person driven planning and flexible supports have assisted these individuals to identify ways to achieve their dreams! https://youtu.be/rvI-rV_EUc0

College Students and Professionals with Disabilities – almost 50 brief video interviews with adults with developmental disabilities talking about their experiences in college and employment (Produced, in part, with Grant funding from SCDD Sacramento Regional Office). <https://bit.ly/3hbdbup>

Success in College Booklet: Advice and Strategies from College Students and College Graduates who have Developmental Disabilities (Produced, in part, with Grant funding from SCDD Sacramento Regional Office). <https://bit.ly/3I5Alob>

Success in the Workplace Booklet: Advice and Strategies from Professionals who have Developmental Disabilities (Produced, in part, with Grant funding from SCDD Sacramento Regional Office). <https://bit.ly/34iNzrV>



Please visit www.scdd.ca.gov for Plain Language Documents related to COVID-19 and Vaccinations that SCDD has developed. You will see other documents, along with translations into Spanish, Chinese, Vietnamese, and other languages. Please feel free to share.

If you are **not** currently on SCDD Sacramento Regional Office's email list and would like to be added, please contact sonya.bingaman@scdd.ca.gov or 916-715-7057.

We have 3 email lists:

1. SCDD Statewide List (using Constant Contact platform)
2. SCDD Sacramento Regional List (using Constant Contact platform)
3. SCDD Sacramento – "SCDD Sac Community". Sonya Bingaman's Group Email List – forwarding flyers, trainings, news, events related to the ID/DD community.



CalABLE allows people with disabilities who acquired their disability before the age of 26 to save more than the current \$2,000 resource limit – up to \$100K for SSI recipients and up to \$529K for those receiving other means-tested benefits, such as Medicaid – without losing their benefits!

Wednesday, June 30th, 2021 6:00 PM-8:00 PM

Please register for Zoom training at: <https://bit.ly/3hhFBG3>

What Will You Learn?

- ✓ ABLÉ Background
- ✓ ABLÉ Account Basics
- ✓ How ABLÉ Accounts work
- ✓ Investment Options
- ✓ How to Open a CalABLE Account
- ✓ After the presentation, you can ask your questions!

Presenter Biography: Anne Osborne, Program Manager

Anne Osborne, CalABLE Program Manager, has been with CalABLE since September 2019. She leads the Outreach and Education department by providing presentations and outreach to community groups. She has worked with the disability community as the Volunteer Coordinator at a local Equine Therapeutic Riding Facility for children with neurological impairments and has a nephew with autism. She is committed to promoting the CalABLE program and knows the impact the program can have on the lives of people with disabilities.

For questions contact sacramento@scdd.ca.gov or 916-715-7057



Future for Our Kids



Accessing Oral Healthcare for Individuals with Intellectual and Developmental Disabilities



This workshop is designed for Regional Center clients, their family members & care providers, however all are welcome!

- **Home based behavioral strategies** to increase routine preventive oral health and increase strategies to access treatment in the dental office
- **How to access your dental plan**, what treatments they cover, and what to do if you need help accessing care
- **The role of Alta California Regional Center** in supporting your access to oral health care
 - **Strategies to navigate managed care** from self-advocates & family membersBring your questions and join us for this important discussion!

Wednesday, June 16, 2021 6:00 pm - 8:00 pm

Please click on this Zoom link to pre-register: <https://bit.ly/3d4OdMx>

You will then receive an email with your personalized link to the Zoom workshop



Workshop will be in English with Closed Captioning and simultaneous Spanish translation. If you have questions or need an accommodation, please contact Sonya Bingaman at least 5 days in advance of the training at sonya.bingaman@scdd.ca.gov or 916-715-7057.



Acceso a la atención de la salud bucal para personas con discapacidades de Desarrollo e Intelectuales



Este taller está diseñado para los clientes del Centro Regional, sus familiares y proveedores de atención, sin embargo, ¡todos son bienvenidos!

Estrategias de comportamiento basadas en el hogar para aumentar la salud bucal preventiva de rutina y aumentar las estrategias para acceder al tratamiento en el consultorio dental.

- Cómo acceder a su plan dental, qué tratamientos cubren y qué hacer si necesita ayuda para acceder a la atención.
- El papel del Centro Regional de Alta California en apoyar su acceso a la atención de la salud bucal.

¡Estrategias para navegar por la atención administrada de autogestores y miembros de la familia! ¡Traiga sus preguntas y únase a nosotros para esta importante discusión!

Cuando, junio 16, 2021 ~ 6:00 pm - 8:00 pm

Por Zoom aquí este el link para registrarse: <https://bit.ly/3d4OdMx>

luego recibirá un correo electrónico con su enlace personalizado para entrar a Zoom



Si tiene alguna pregunta o necesita una adaptación, comuníquese con Sonya Bingaman al menos 5 días antes de la capacitación en sonya.bingaman@scdd.ca.gov or llame al 916-715-7057.





**Join us for a series of
Healthcare Workshops
for Individuals with Developmental Disabilities**

You do not need to be a member of Anthem Blue Cross to participate. All are welcome!



Register for the workshops that interest you.
Bring your questions and share your experiences. Let's learn together!

Date Each session is from 1:00 pm to 2:00 pm	Workshop Topic Hear from Anthem health educators and self-advocates at each session	Pre-register at this Zoom link You will then receive an email with your link
May 3, 2021	Nutrition & Exercise during the Pandemic	Completed
June 7, 2021	Coping with Stress during the Pandemic	https://bit.ly/3w2v13l
July 12, 2021	Let's Learn to Manage Diabetes	https://bit.ly/3smCqQ8
August 2, 2021	Keep Your Heart Healthy	https://bit.ly/3tRVrdq
September 13, 2021	Let's Smile – Oral/Dental Health	https://bit.ly/31wL42N
October 4, 2021	Accessing Your Health Care Plan – How to call your doctor or get medical care!	https://bit.ly/3w2u568

Workshop will be offered in English with simultaneous Spanish translation and Closed Captioning will be available. If you have a question or need an accommodation, please contact Sonya Bingaman at least 5 days in advance of the training at sonya.bingaman@scdd.ca.gov or 916-715-7057.

A collaboration between Anthem Blue Cross and the North State, North Coast, and Sacramento Regional Offices of the State Council on Developmental Disabilities.



**Únase para una serie de
Talleres de Salud**

para Personas con Discapacidades del Desarrollo

No necesita ser miembro de Anthem Blue Cross para participar. ¡Todos son bienvenidos!



Inscríbese en los talleres que les interese.

Traiga sus preguntas y comparta sus experiencias. ¡Aprendamos juntos!

Fecha	Tema del Taller	Inscríbese con este enlace de Zoom
Cada sesión es de 1:00 pm a 2:00 pm	Escuche a los educadores de salud de Anthem y representantes de auto-abogacía en cada sesión	You will then receive an email with your link
Mayo 3, 2021	Nutrición y ejercicio durante la pandemia	completado
Junio 7, 2021	Afrontando el estrés durante la pandemia	https://bit.ly/3w2vI3I
Julio 12, 2021	Aprendamos a controlar la diabetes	https://bit.ly/3smCqQ8
Augusto 2, 2021	Mantenga su corazón sano	https://bit.ly/3tRVrdq
Septiembre 13, 2021	Vamos a sonreír- salud buccal/dental	https://bit.ly/31wL42N
Octubre 4, 2021	Acceso a su plan de atención médica – ¡Cómo llamar a su médico u obtener atención médica!	https://bit.ly/3w2u568

El taller se ofrecerá en inglés con traducción simultánea al español y habrá subtítulos disponibles. Si tiene alguna pregunta o necesita una acomodación, comuníquese con Sonya Bingaman al menos 5 días antes de la capacitación en sonya.bingaman@scdd.ca.gov o 916-715-7057.

Una colaboración entre Anthem Blue Cross y las oficinas regionales de North State, North Coast y Sacramento del Consejo Estatal sobre Discapacidades del Desarrollo.



**FLOOR ALE RT
Eligible for Senate Floor Vote on Thursday**

**SB 639 (Durazo) – SUPPORT
Ending Sub-minimum Wage for Workers with Disabilities**

SB 639 will eliminate unfair payment methods to people with disabilities and ensure equitable wages for all California workers regardless of disability.

The bill will phase out the practice of paying subminimum wage for work performed by Californians with disabilities and will support providers to transition service delivery models away from subminimum wage employment to competitive integrated employment.

Despite California’s \$15 minimum wage, thousands of Californians with disabilities are still being exploited in segregated settings, and are paid as little as \$2 per hour. People with disabilities deserve equal protection under the law, including in the workplace.

We urge your SUPPORT for SB 639 (Durazo). Below is a full list of groups that support SB 639:

- Disability Rights California (Co-Sponsor)
- State Council on Developmental Disabilities (Co-Sponsor)
- Americans Civil Liberties Union California Action
- Association of California State Employees with Disabilities
- Association of Regional Center Agencies
- At Your Home Family Care
- Butte County Special Education Local Plan Area
- California Apse
- California Association of Social Rehabilitation Agencies
- California Catholic Conference

- California Chapter of Mains'l
- California Chapter of The Association for the Severely Handicapped
- California Community Living Network
- California Conference Board of The Amalgamated Transit Union
- California Conference of Machinists
- California Down Syndrome Advocacy Coalition
- California Employment Lawyers Association
- California Foundation for Independent Living Centers
- California Health+ Advocates
- California Labor Federation, AFL-CIO
- California Nurses Association
- California State Council of Laborers
- California State Council of Service Employees International Union (SEIU California)
- California Teamsters Public Affairs Council
- Care Parent Network
- Coalition for Humane Immigrant Rights (CHIRLA)
- Dayle McIntosh Center, a Center for Independent Living
- Disability Rights Education and Defense Fund
- Disability Voices United
- Down Syndrome Connection of The Bay Area
- East San Gabriel Valley SELPA Community Advisory Committee
- Educate. Advocate.
- Empower Family California
- Engineers and Scientists of California, IFPTE Local 20, AFL-CIO
- Fetal Alcohol Spectrum Disorder Network of Southern California
- Hope Services
- Level Up Nor Cal
- National Association of Social Workers, California Chapter
- National Health Law Program
- NextGen California
- Options for All
- Professional and Technical Engineers, IFPTE Local 21, AFL-CIO
- Progressive Employment Concepts
- San Francisco Senior and Disability Action
- San Joaquin County Special Education Local Plan Area
- Santa Barbara County Special Education Local Plan Area
- Santa Clara County Special Education Local Plan Area I
- Santa Clara County Special Education Local Plan Area II
- Santa Clara County Special Education Local Plan Area III
- Santa Clara County Special Education Local Plan Area IV
- Santa Clara County Special Education Local Plan Area VII
- Senior and Disability Action
- Special Education Local Plan Area Administrators of California
- Strategies to Empower People
- Tehama County Special Education Local Plan Area
- Unite Here International Union, AFL-CIO

Councilmembers,

Today the CA Senate approved SB 639 (Durazo) with a 31-2 bipartisan vote. SB 639 phases out the practice of paying people with developmental disabilities subminimum wage by January 2025. Currently there are sheltered workshops in California where people make as little as \$2 an hour. There were strong statements by Senators from the floor, including Senator Maria Elena Durazo, "This is a relic of the 1930s, before civil rights legislation recognized the full humanity of persons with disabilities." Senator Connie Leyva, "All work has value, and personally I think employers are taking advantage of these folks because they are mentally disabled."

The Senate also approved recent amendments to the bill suggested by the Senate Appropriations Committee to put SCDD in a leadership position. These amendments name SCDD the lead entity to develop a phaseout plan by January 2023.

The Council should be proud of its leadership. Also, we are grateful to Disability Right California for the strong partnership as co-sponsors on the Legislation. I encourage you to open the attached Floor Alert, and see the list of labor, disability rights, and civil rights entities that have formed to push this bill and end subminimum wage.

Today's vote is a significant milestone. SB 639 now travels to the Assembly to be heard. There will be multiple hearings, including policy committees, a fiscal committee, and a floor vote. I will let you know the bill's progress through the Assembly, and we are optimistic for similar support.

In other good news, the President proposed increasing funding for DD Councils nationwide by \$10 million. Our national association is visiting Congress to push this increase. If Congress approves, it would mean a significant ongoing funding increase for SCDD.

As always, please let me know if you have questions on this or any other matter.

Thank you,

Aaron Carruthers | Executive Director
State Council on Developmental Disabilities
Office: (916) 263-8183
www.scdd.ca.gov