



Summary Assessment

for “Your Roadmap Back Into the Community: An Individual Transition Guide for Parents & Caregivers”

Use the sections below to summarize the factors you have considered regarding your family member’s current status. You can use these pages to communicate strengths and needs with your family member’s support coordinator and/or team members.

1. Desire to Return to Community Activities and Settings

Question	Strength	Concern	Need
Eagerness to return to community			
Anxiety about returning to community			
Family member feelings about returning to community			

Notes:

2. Physical Health Status

Question	Strength	Concern	Need
Current physical health status			
Detecting symptoms of COVID-19			
Risk factors for COVID-19			
Follow guidance and recommendations			

Notes:



3. Infection Control and Social Distancing

Question	Strength	Concern	Need
Cooperate with hand washing			
Cooperate with wearing mask			
Cooperate with social distancing			
Cough/sneeze into elbow			
Additional infection control measures			

Notes:

4. Mental and Behavioral Health Needs

Question	Strength	Concern	Need
New mental health needs			
Trauma concerns			
Grief concerns			
Crisis plan needs			
Mental health provider availability			

Notes:



5. Changes in Routine

Question	Strength	Concern	Need
Changes in sleep habits			
Use of legal/illegal substances			
Changes in activity level			
Changes in eating habits			
Taking medications as prescribed			

Notes:

6. Conditions of Supports and Services

Question	Strength	Concern	Need
Services continued during stay-at-home orders			
Familiar with staff			
Familiar with community settings and activities			
Staff and/or community training needs			

Notes:

This Guide is adapted by SCDD San Diego Imperial from AID in PA's ["Your Roadmap Back Into the Community: Parents and Caregivers"](#).