EMPOWERING PEOPLE WITH DISABILITIES TO MAKE INFORMED LIFE DECISIONS

MARCH 10, 2021
Para interpretación en español, haga clic en el ícono de globo blanco a continuación etiquetado como "Interpretación" y seleccione el canal en español.

We prioritize making the ASL Interpreters visible. So, you may not always be able to see the presenter. This presentation will have closed captioning, which you can access using the button at the bottom of your screen.

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Presented by California Disability Services Association & Easterseals of Southern California | DisabilityThriveInitiative.org
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TODAY’S WEBINAR

• Introduction to Informed Decision-Making
• Panel discussion with members of the IDD (Intellectual and Developmental Disability) community
• Question & Answer
• More resources
INFORMED DECISION-MAKING TRAINER

John Raffaele
He/Him/His

National Alliance for Direct Support Professionals
BY THE END OF TODAY, WE HOPE YOU BETTER UNDERSTAND:

• What informed decision-making is (and what it is not)
• Why having choice is important for people with intellectual and developmental disabilities
• DSPs’ (Direct Support Professionals) role in supporting choice
• How to support people in making their own informed decisions
WE ALL USE INFORMED DECISION-MAKING!

So why do we need training on it?

Because people with disabilities have historically and systematically been denied the right to:

- make decisions
- take risks
- experience life the way others do
“Disability is not a reason for depriving any person from making the same choices other people have the right to make.”

- Steven J. Taylor, On Choice. TASH Newsletter, 2001
CHOICES: BIG VS SMALL

DAY-TO-DAY DECISIONS

• Meals and mealtime routines
• Bed time and routines
• How and with whom to spend leisure time
• How to dress and how you appear to others

LIFE-DEFINING DECISIONS

• Where and with whom to live
• Friendships and associations
• Where to work and what you do for a living
• Sexuality and marriage
• Medical treatments

Keep in mind, a choice that may seem small to you may be BIG to the person you are supporting!
WHAT IS INFORMED DECISION-MAKING?

• In informed decision making, a supported person has information and knowledge about an issue.

• With the assistance of a direct support professional or other person, the supported person understands:
  - the choices available
  - the possible outcomes

• Their final choice reflects their personal values, not those of the people supporting them.

• Finally, the supported person accept the decision’s associated responsibility and risk.

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INFORMED DECISION-MAKING

The 5-Step Process

1. Understand the decision/issue/situation
2. Gather information
3. Explore options and consider outcomes
4. Decide, act, and empower
5. Evaluate the decision
THE SEVEN QUESTIONS TO ALWAYS CONSIDER

1. What kind of decision is being made?

2. Has the person made a decision like this before?

3. Has the person been helped to understand the risks and benefits?

4. How big is the impact of this decision in the person's life?

5. How long would the person live with the decision?

6. How hard would it be to undo?

7. Most important: What is the least restrictive level of support that might work?
Something we get right after we needed it...

We all learn by experience (usually a bad experience...)

People we support need opportunities to EXPERIENCE different options in order to establish a preference.

Those options *may and will* involve some risks!
U.S. CONSUMER PRODUCTS SAFETY COMMISSION APPROVED

Scooter

Rear View Mirror

Protective Gear

Air Bag

Anti-Drag Chute

Fog Lights

Roll Bar

Curb Feeler

Brake Lights

Anti-Lock Brakes

Margulies
MEET OUR PANELISTS

Jenna Kiive
Self-Advocate
Futures Explored

Kavita Sreedhar
Parent
Pragnya

Michael Pereira
Executive Director
Ala Costa Centers

Trey StClair
Health & Safety Coordinator
Futures Explored
LUNCH & LEARN
About IDD Alternative Services

Presented by:

In collaboration with:
State Council on Developmental Disabilities, The Arc California, and California Alliance for Leadership and Education. Funded by the California Department of Developmental Services and San Diego Regional Center.

• Continue this conversation in a live, interactive session!
• Friday, March 12th
• 12:00 noon – 1:00 pm
• Register now: LunchAndLearn.DisabilityThriveInitiative.org

Access the Resource Library and keep up with us: DisabilityThriveInitiative.org

Sign up for email updates about the latest: SignUp.DisabilityThriveInitiative.org

Request technical assistance: DisabilityThriveInitiative.ZenDesk.com
JOIN US FOR OUR NEXT WEBINAR

Gain COVID-19 Vaccine Knowledge and Support Strategies to use During Alternative Services

Wednesday, Mar 24, 2021
3:00 – 4:15 pm

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THANK YOU!

We look forward to seeing you at future webinars.
Find this webinar and other resources at:

DisabilityThriveInitiative.org

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