This is a Zoom meeting only. There is no physical location being made available to the public. Per EXECUTIVE ORDER N-29-20, teleconferencing/Zoom restrictions are waived during the COVID-19 crisis. Committee members are not required to list their remote locations and members of the public may participate electronically by accessing Zoom or calling the number you will receive after registering for the meeting.

Please pre-register at this link for the Zoom meeting: https://bit.ly/3mlfM8B. After you register, you will be emailed your link to join the meeting. Reminders will be emailed to you.

DATE: April 20, 2021
TIME: 10:00 AM – 1:00 PM (All are welcome to join the call at 9:45 AM for 15 minutes of informal chatting, sharing, & catching up. We will begin the formal meeting at 10:00 AM)

COMMITTEE CHAIR: Brandy Boyd

Item 1. CALL TO ORDER Brandy Boyd

Item 2. ESTABLISH QUORUM Karen Mulvaney

Item 3. WELCOME AND INTRODUCTIONS Brandy Boyd

- RAC Members: Roll call, state name and county affiliation
- Members of the Public: Please introduce yourself in the Chat Box

Item 4. APPROVAL OF AGENDA for April 20, 2021
Item 5. APPROVAL OF February 9, 2021 MINUTES

Item 6. Sacramento Regional Office Updates
- Sonya Bingaman, Regional Manager
- Current and future activities

Item 7. SCDD Councilmember Update
Joyce McNair

Item 8. Statewide Self-Advocacy Network (SSAN) Update
Lisa Cooley

Item 9. Reports from RAC Members on issues in their counties (3 minutes each)

Item 10. PUBLIC COMMENTS
This item is for members of the public only to provide comments and/or present information to the Committee on matters not on the agenda. Each person will be afforded up to 3 minutes to speak.

Public Comments can be submitted via email prior to the meeting at sacramento@scdd.ca.gov

Item 11. Alta California Regional Center Update
- Jennifer Bloom, Associate Director of Client Services, ACRC
- Self-Determination Program implementation update
- Alternative vs. Traditional Services update
Covid-19, Vaccines, and other updates

Item 12. Presentation on the California Public Utilities Commission and how special needs parents and self-advocates can be involved and make a difference!
By Charles L. Mason, Jr., Local Government & Community Liaison, California Public Utilities Commission www.cpuc.ca.gov
11:30 AM – 12:00 PM

Item 13. NEXT MEETING DATE
Brandy Boyd
- June 15, 2021 10:00 AM – 1:00 PM. Please add to your calendar
- Guest presenter for June RAC, Paratransit?? Other guests for future meetings?
Item 14.  BREAK 12:00 PM – 12:10 PM

Item 15.  Presentation on SCDD’s National Core Indicators’ Quality Assessment Project (funded by the California Department of Developmental Services) by George Lewis, CPSII/Quality Assessment Project Coordinator, SCDD North Valley Hills Office

- What is the National Core Indicator (NCI) Project?
- Who will be interviewed?
- What happens in the interview?
- Why it’s important to share your opinions?
- How is the data collected, later used and where can I find it?

12:10 PM to 1:00 PM

Item 15.  Meeting Adjournment  Brandy Boyd

Accessibility:
Pursuant to Government Code Sections 11123.1 and 11125(f) and Executive Order N-29-20 (this Executive Order can be found by clicking the link on page one of the agenda or typing https://www.gov.ca.gov/wp-content/uploads/2020/03/3.17.20-N-29-20-EO.pdf into your web browser), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Sonya Bingaman at (916) 715-7057 or Sonya.bingaman@scdd.ca.gov. Please provide at least 5 business days prior to the meeting to allow adequate time to respond to all requests. Automatic Closed Captioning will be available.
Members Present:
Benita Ayala (FA) Sacramento
Brandy Boyd (FA), At-large (Chair)
Nancy Esparza (SA) At-large
Natalie Gray (SA) Sacramento
Michael Helton (SA) Sacramento
Donnell Kenworthy (FA) Yolo
Elaine Linn (FA) At-large
Kidada Medina (FA) Sacramento
Karen Mulvany (FA), El Dorado (Secretary)
Glenda Servantes (SA) Yuba
Tyson Whitman (SA) Placer

Members Absent:
Jesana Tran (FA) Colusa/Alpine/Sierra
Christine Hickey (FA) Sutter

Others Attending:
Joyce McNair (FA) Council Member
Jennifer Bloom, Associate Director of Client Services, ACRC
Katherine Weston, ACRC
Cynthia True
Deborah Rains
Janelle Lewis
Jennifer Cooley
John Reven
Jose Garcia
Lisa Gondola
Item 1. CALL TO ORDER
10:06 am

Item 2. ESTABLISH QUORUM
11 of 13 members were present (2 had excused absences)

Item 3. WELCOME AND INTRODUCTIONS
RAC members each introduced themselves. Members of the Public introduced themselves in the Chat.

Item 4. Approval of Agenda for February 9, 2021
First Karen Mulvany, as amended
Second Kidada Medina
In favor Yes (all)
Opposed None
Abstain None

Item 5. Approval of Minutes for December 15, 2020
First Donnell Kenworthy
Second Elaine Linn
In favor Yes (all)
Item 6. Sacramento Regional Office Updates (Sonya Bingaman, Regional Manager)

- Attended ACRC Board of Director’s Meeting online along with several other parents. 11/19/20.
- Continuing with collaboratives
  - MCDAC Medi-Cal Dental Advisory Committees
  - ADRCs – Aging and Disability Resource Connection,
  - Sacramento Food Collaborative,
  - Yolo County Health Collaborative
  - Nevada County Office of Education
  - Placer County Office of Education
- Continuing with Tuesday Chats in 2021: Planning on Person Centered Thinking/Planning; Self-Determination Trainings; Housing Trainings.
  - Please contact Sonya with topics of interest.
- Continuing to distribute PPE
  - Please contact Sonya if PPE is needed
- Technical Assistance. Families seeking guidance and information on a variety of topics, particularly accessing IEP and IPP supports. Transition aged young adults. Housing issues.
- List of recorded trainings is posted on SCDD’s Sacramento Regional Office webpage. [https://scdd.ca.gov/sacramento/](https://scdd.ca.gov/sacramento/)
- SCDD Sacramento Regional Office during 2020: [https://youtu.be/AX7RHixs3K8](https://youtu.be/AX7RHixs3K8)

Item 7. Alta California Regional Center, Jennifer Bloom, Associate Client Services Manager

- Developing and increasing access to vaccinations for Regional Center clients, family members, caretakers, and staff is the focus right now. Updates can be found at [www.altaregional.org](http://www.altaregional.org) under the What’s Happening section. There is a lot of information on Covid-19 and staff are available to help with questions.
- A designated email has been set up to answer vaccine questions: [vaccineinfo@altaregional.org](mailto:vaccineinfo@altaregional.org)
• Update on Self-determination Program. There are now 8 people in SDP and others continue to work toward joining the program.
  o ACRC is working with the SDAC to develop ongoing Virtual Community Q&A meetings for the SDP, starting in March.
  o This Spring there will be more orientations which may include online solutions.

Item 8. SCDD State Plan Community Input
• Rihanna Ahmad, SCDD, Manager, State Plan and Self-Advocacy
• Reviewed State Plan Draft Document. The new state plan will be finalized in October and will guide activities for the next 5 years. See SCDD website for the Draft Plan.
• The State Plan Committee is seeking input to develop a work plan to achieve goals and objectives in 4 core areas:
  o Health and Safety
  o Housing
  o Education
  o Employment
  o Additionally, the SCDD is seeking Self Advocacy ideas.
• Input from the RAC attendees included:
  o Reach out to diverse communities, in particular, Spanish speaking ones
  o Health and Safety:
    ▪ Address mental health issues, especially those resulting from COVID-19 related isolation and changes
    ▪ Create uniform regulations for medical assistance from non-medical employees who provide support services to people with IDD
      • At present, the medical assistance that a person with IDD may receive depends not on the training of the employee who is caring for them, but on what agency is funding that employee’s pay at that moment, or what the service code is. Such service disparities seriously fail to meet the needs of people with disabilities. Clocking in and out of service codes to address this regulatory disparity is inefficient and burdensome.
    • IHSS regulations provide a useful template. IHSS staff are able to provide needed medical care as prescribed by a doctor, who decides upon any needed training.
    • Health and Safety 1799.103 makes it unlawful for any employer to prohibit its employees from delivering emergency medical assistance. Unfortunately regional center providers such as respite workers and Physician Assistants are currently prohibited to assist in an emergency with anything except CPR.
This discriminates against consumers with other disabling conditions such as epilepsy, diabetes and allergies.

The California Supreme Court laid out procedures for schools to use volunteers who are school employees to assist students needing emergency medication, such as insulin. See 2013 ANA v. Torlaksen decision, cited as American Nurses Association et al v. Tom Torlakson, et al., American Diabetes Association, Intervener and Appellant, (2013) 57 Cal.4th 570, 585

Education:
- Compensatory education needs – several RAC members agreed
- Distance learning is not working for some individuals
- Special needs assessments for education – are being deferred; need for mitigation/monitoring/advocacy assistance
- Full inclusion supports for post secondary education are essential – availability of this service needs to be monitored and ensured

Housing:
- Sacramento used to be a relatively affordable region. The shift to remote work has led to Bay Area transplants moving to the Sacramento region, and housing and rental prices have risen rapidly as a result
  - Increasingly difficult to find affordable housing
- Need for ongoing eviction protection
- There is such a huge unmet need for IDD housing that multiple strategies should be employed to fill the gap.
  - Traditional government subsidized affordable housing resources are being diverted away from the IDD population towards better funded populations, making it more difficult to secure affordable IDD housing from these sources.
  - Naturally affordable housing, traditionally provided by “mom and pop” landlords, is likely to decline as many owners are having to sell due to nonpayment of rent.
  - Help families be a part of the IDD housing solution:
    - Identify and support family collaboratives that are creating IDD housing solutions that comply with HCBS guidelines.
    - Support family developed ADUs
- Is the SCDD considering housing solutions for people with IDD who are homeless?

Talked about the responses received from the surveys. Issues that need attention and are important to family and self-advocates. Also, encouraged questions from the RAC members.

Please provide input by the end of February to Rihana Ahmad or Sonya Bingaman
Item 9. PUBLIC COMMENT

George Lewis from the North Valley Hills SCDD office talked about the National Core Indicator Survey conducted with Regional Center clients throughout California. The project will run through June 30, 2021. Results from previous surveys is posted at https://www.dds.ca.gov/rc/nci/

Joyce McNair - Also added on the National Core Indicator Survey and mentioned that it has been going on for many years to gather information and data. She encouraged people to participate in the survey if they are contacted.

Lydia Dawley - Shared about the NAD Pen. This is a specially designed computer stylus that will help individuals with Cerebral Palsy and other physical disabilities to use electronic devices.

Item 10. Statewide Self-Advocacy Network (SSAN). Lisa Cooley

(Report submitted in writing) Robert Levy and I are working on writing a newsletter article talking about a new program for students who are interested in participating going to college at UC Davis. What makes the program different is that students who have intellectual disabilities are the students and the program is called SEED. The purpose of the program is to increase employment opportunities and independent living skills and to give the students a college experience they would not otherwise have. I am working on creating a webinar discussing disability benefits and employment with other SSAN members.


Mentioned that the SCDD Council’s primary goal is to achieve the State Plan goals. One Project of the Council is the Program Development. The Cycle 44 Grant will support the 2021-2026 State Plan.

The first PDF will be for Inclusive Education- to increase inclusive education for children with developmental disabilities and develop a comprehensive plan.
Grant is in the amount of $100,000 and will be awarded to one or more submitted proposals.

The second PDF will focus on Health and Safety. The recognition of Covid-19 and the well-being of people with developmental disabilities including their families. Proposal requests will be posted at www.scdd.ca.gov on February 15, 2021.

Item 12. Brief Reports from RAC Members on Issues in their counties

Benita Ayala (FA)
- Mention an education lawsuit which addresses Compensatory Special Education Services during the Pandemic. She encouraged families to be aware of this settlement before attending an Individual Education Plan meeting where these issues may be discussed.

Brandy Boyd (FA)
- City of Sacramento Homeless Master Plan
- City Council adopted citywide Racial Equity Initiative
- Sacramento in process of developing Housing Element, seeking input.

Donnell Kenworthy (FA)

Glenda Servantes (SA) N/A
- Has been monitoring news about vaccines.

Karen Mulvany (FA)
- In the last two months has been involved with advocating for access to the vaccine for people with disabilities and their careproviders (paid or unpaid) in El Dorado county. Thanked Aaron Carruthers, SCDD, and ACRC for the vaccine information.
- Public health offices have been encouraging people to come get vaccines if they have any spare vaccines not used that day and so someone can
benefit from it. There is a waiting list to sign up in El Dorado county.  
https://www.edcgov.us/Government/hhsa/edccovid-19-vaccine

Kidada Medina (FA)
- Reminded group about new leadership at Warmline FRC. They started a monthly parent support group to help families during the Pandemic. Next group meets Wednesday March 4th, 2021.

Michael Helton (SA)
- Nothing new to report. Staying home, staying safe.

Nancy Esparza (SA)
- Hoping to get the Covid-19 Vaccine soon. Is on the wait list at ACRC.
- Plans to call the Governor to state how important it is for all people to get access to the Vaccine.

Natalie Gray (SA)
- Nothing new to report. Staying home, staying safe.

Tyson Whitman (SA)
- Placer county has information on where to get vaccinated for Covid-19. Mentioned you can go on the Placer county website for vaccinations going on and in which areas.  https://www.placer.ca.gov/vaccineclinics

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**Item 13. Elections for RAC Chair & Secretary; Nomination for Vice Chair**

Vice Chair Nominations for February: Benita Ayala and Nancy Esparza. After the meeting, Benita Ayala withdrew her acceptance of her nomination.

Nancy Esparza was voted for Vice-Chair. Congratulations, Nancy!!!!

Motion by: Kidada Medina

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**Item 14. FUTURE MEETING DATES**
There was discussion of moving the meeting to 9am-12noon but consensus to keep the meet from 10am-1pm.

**Item 15. Meeting Adjournment**

11:50 pm

**Item 16. Presentation**

Aaron Carruthers, Executive Director, SCDD, offered a Vaccine Town Hall
Sacramento Regional Advisory Committee (RAC) Schedule for 2021

Sacramento Regional Office
3831 N. Freeway Blvd. Ste. 125, Sacramento, CA 95834
916-263-8134 (or 916-715-7057 mobile)
sacramento@scdd.ca.gov

Meetings are being held via Zoom until further notice. https://scdd.ca.gov/sacramento/

Tuesday, February 9, 2021 10am-1pm*
Tuesday, April 20, 2021 10am-1pm
Tuesday, June 15, 2021 10am-1pm
Tuesday, August 17, 2021 10am-1pm
Tuesday, October 19, 2021 10am-1pm
Tuesday, December 14, 2021 10am-1pm

*Please call or email office to double check dates and locations, in case of changes.

NOTE: All are welcome to attend. RAC members should notify SCDD Sac staff, at least 2 days prior to the meeting, if they are unable to attend.

These Zoom meetings require pre-registration on Zoom. Please do so as far in advance as possible. You will be emailed your own link to the meeting.
April 21, 2020 Dante Allen, ED, CalABLE on ABLE Accounts (link to different recent CalABLE training) https://www.youtube.com/watch?v=aORiXaR2lII

April 28, 2020 Brittnee Gillespie, Attorney/Clients’ Rights Advocate, Disability Rights California about about supports and services her office provides to clients of Alta California Regional Center and children with special needs who have Individual Education Plans. We also discuss changes that have occurred to services as result of Covid-19. https://bit.ly/2Qcpaw4


May 19, 2020 Andrew Pentacost, Senior Health Education Specialist, Health Education Department, California Health and Wellness/HealthNet on Managed Care regulations and services under the Affordable Care Act. We also address changes to medical services during Covid-19. https://bit.ly/3hh8HlV

May 26, 2020 April Wick, Executive Director, Resources for Independent Living (RIL) on Independent Living Center services and supports https://bit.ly/3hfynj3

June 2, 2020 Diana Maffei, Program Manager, Warmline Family Resource Center on services and supports through Family Resource Centers https://bit.ly/2QhXSUJ

June 11, 2020 Anthony Pico with the Aunt Bertha online social service resource platform on how this resource works and how you can use it to help yourself or
others find resources in your community by zip code and topic of what you are seeking help with.  https://bit.ly/3gdcAXL


June 23, 2020 Raymond Hampson and other dads with Dad-Vocates fathers’ group discuss fathering a special needs child and unique challenges during COVID-19 https://bit.ly/2QaOu5r


July 7, 2020 Deirdre Fitzgerald, PhD, BCBA-D, Achievement by Design, discusses practical strategies to improve sleeping and waking routines during stressful times, such as COVID-19. https://bit.ly/3dex7cy

July 28, 2020 Lori Banales, Deputy Executive Director, and John Decker, Director of Community Services and Supports with Alta California Regional Center discuss updates regarding services & supports to individuals with developmental disabilities during COVID-19.

August 4, 2020 Danielle Cannarozzi, Community Outreach Specialist, LIBERTY Dental, discusses proper oral hygiene, including brushing and flossing, as well as healthy drinks/snacks for the best oral health for individuals with developmental disabilities. https://tinyurl.com/SCDDdentaltraining

August 11, 2020 Katherine Weston, Home and Community Based Specialist, Alta California Regional Center, helps us learn more about the CMS (Centers for Medicaid Services) Final Rule requirements for Home and Community Based Services (HCBS) and Person Centered Planning and how they will shape day program services and supports funded by the Regional Centers in the near future. https://tinyurl.com/SCDDHCBS2020
August 18, 2020 Chris Flannery is an Outreach Specialist with Aurrera Health Group who works with the California Department of Health Care Services (DHCS) to help implement the Health Homes Program (HHP), a new initiative which adds extra service benefits to qualifying Medi-Cal beneficiaries. HHP offers these extra services at no cost to Medi-Cal members with certain chronic health and/or mental health issues who have high health care needs or do not have a place to live. If you qualify, the HHP will offer health care services and other help to meet your needs. https://bit.ly/3l3hF8C


September 8, 2020 April Wick, Executive Director, Resources for Independent Living on Census2020 and its importance for the disability community. https://youtu.be/flhE5VL88Lk


September 24, 2020 Katherine Westin, HCBS Specialist, Alta California Regional Center offers a training on the Home and Community Based (HCBS) Waiver or Settings Rule/Final Rule and how it may affect community services funded through the regional centers. https://youtu.be/NNwlFQbTVAc

October 13, 2020 **Employment Services through the Department of Rehabilitation** (Jose Garcia, Senior Vocational Rehabilitation Counselor, DOR) and **Career Exploration** supports through Golden Sierra Job Training Agency (Jessica Conant, MS, Disability Resource Coordinator) are explored. [https://youtu.be/yAQdbq77Cws](https://youtu.be/yAQdbq77Cws)

October 15, 2020 Katherine Westin, HCBS Specialist, Alta California Regional Center offers a training on the **Home and Community Based (HCBS) Waiver** or Settings Rule/Final Rule and how it may affect **residential services** funded through the regional centers in California. [https://youtu.be/z3HdBDkK9Og](https://youtu.be/z3HdBDkK9Og)

October 20, 2020 Steve Ruder, BAC Program Coordinator at the UC Davis MIND Institute, discusses how the **Business Advisory Council** reaches out to educate businesses, connects them with other businesses who have hired individuals with disabilities as well as to supported employment agencies. Dee Gavaldon, Program manager and Benefits Counselor, Crossroads, A Pride Industries company, discusses **Benefits Counseling** for those transition to work who receive public benefits. [https://youtu.be/0yGGt78LDzc](https://youtu.be/0yGGt78LDzc)

October 27, 2020 **Let’s Celebrate our Stories!** Nine self-advocates (and parents) shared stories about their employment experiences before, during, and after the Pandemic. They shared about how their work duties changed, and in some cases, how their employment goals have changed due to the current work climate. Progressive Employment Concepts - PEC, Pride Industries, and Strategies to Empower People – STEP, shared how they assisted these individuals to obtain their jobs, provide on-the-job training, and ongoing employment supports and coaching as job duties change. [https://youtu.be/j1eb8_jee3Q](https://youtu.be/j1eb8_jee3Q)

November 17, 2020 Amanda Hill, Community Outreach Manager for **Anthem Blue Cross Medi-Cal plan** discusses eligibility and enrollment, choosing a health plan and Anthem specific benefits during Covid-19. [https://youtu.be/8ayarlDszxk](https://youtu.be/8ayarlDszxk)

December 2, 2020 Katherine Westin, HCBS Specialist, Alta California Regional Center offers a training on the **Home and Community Based (HCBS) Waiver** or Settings Rule/Final Rule and how it may affect community services and licensed residential services funded through the regional centers. [https://youtu.be/rwLrxFy7Ro](https://youtu.be/rwLrxFy7Ro)
December 8, 2020 Juliet Barraza, Kenya Martinez, Cheryl Thies, and Diana Vega, DREDF (Disability Rights Education & Defense Fund) share about their services as the Parent Training & Information center for 30 Northern CA counties.  https://youtu.be/fM-6RB6ChTo

December 15, 2020 Beth Foraker, Co-Director of the SEED Scholar Program and Leonard Abbeduto, Ph.D., Director, UC Davis MIND Institute, discuss this new program for individuals with intellectual disabilities to attend UC Davis. https://youtu.be/d0AkYq3XNyY

January 20, 2021 Creating Dementia Friendly Homes for People with ID/DD by Kris McCann, ED, BAHC. This presentation was a part of the Sacramento County Developmental Disabilities committee meeting https://youtu.be/xbfviV7noho

February 18, 2021 Work More, Earn More! Learn about the Ticket to Work Program and how you can work more while protecting your Social Security and medical benefits.  https://youtu.be/e8laVcXOSk0

A video journey of the SCDD – Sacramento Regional Office’s activities during 2020. It highlights how the office adapted and responded to the Covid-19 Pandemic to support the health, well-being, and inclusion of people with developmental disabilities. Special thanks to the staff and students with developmental disabilities in the video production class at DDSO Employment+ who produced this video.  https://youtu.be/AX7RHixs3K8

A few other trainings SCDD has been involved with that you may find interesting:


August 10, 2020 SCDD’s Festival of Learning Part 2 shared how genuine person driven planning and flexible supports have assisted these individuals to identify ways to achieve their dreams!  https://youtu.be/rvl-rV_EUc0

College Students and Professionals with Disabilities – almost 50 brief video interviews with adults with developmental disabilities talking about their
experiences in college and employment (Produced, in part, with Grant funding from SCDD Sacramento Regional Office). https://bit.ly/3hbdbup

Success in College Booklet: Advice and Strategies from College Students and College Graduates who have Developmental Disabilities (Produced, in part, with Grant funding from SCDD Sacramento Regional Office). https://bit.ly/3l5Alob

Success in the Workplace Booklet: Advice and Strategies from Professionals who have Developmental Disabilities (Produced, in part, with Grant funding from SCDD Sacramento Regional Office). https://bit.ly/34iNzrV
Please visit www.scdd.ca.gov for Plain Language Documents related to COVID-19 and Vaccinations that SCDD has developed. You will see other documents, along with translations into Spanish, Chinese, Vietnamese, and other languages. Please feel free to share.

If you are not currently on SCDD Sacramento Regional Office’s email list and would like to be added, please contact sonya.bingaman@scdd.ca.gov or 916-715-7057.

We have 3 email lists:

1. SCDD Statewide List (using Constant Contact platform)
2. SCDD Sacramento Regional List (using Constant Contact platform)
3. SCDD Sacramento – “SCDD Sac Community”. Sonya Bingaman’s Group Email List – forwarding flyers, trainings, news, events related to the ID/DD community.