



DISABILITY THRIVE INITIATIVE

Alternative Services and Supports for the IDD Community

THRIVE THROUGH PERSON-CENTERED PLANNING FOR ALTERNATIVE SERVICES

FEBRUARY 24, 2021

WEBINAR TIPS AND INFORMATION PART 1



Para interpretación en español, haga clic en el ícono de globo blanco a continuación etiquetado como "Interpretación" y seleccione el canal en español



Visibility of ASL Interpreters is top priority. You may not always be able to see the presenter



This presentation will have closed captioning, which you can access using the button at the bottom of your screen



Webinar features vary by device and Zoom version

WEBINAR TIPS AND INFORMATION PART 2



The meeting is being recorded



You are on mute and your camera is not on



Submit all questions using Q&A feature below



“Chat” and “Hand Raise” features are off



Please use survey at the end of this session for feedback and suggestions

TODAY'S WEBINAR

1. Person-Centered Planning and the Self Determination Program
 - Howard McBroom
2. Person-Centered Planning for Alternative Services
 - The Arc of San Francisco
3. Person-Centered Planning for Your Organization
 - Tierra del Sol
4. Resources



PERSON-CENTERED FUNDAMENTALS



Elizabeth Grigsby

Consultant

The Arc of CA



Howard McBroom

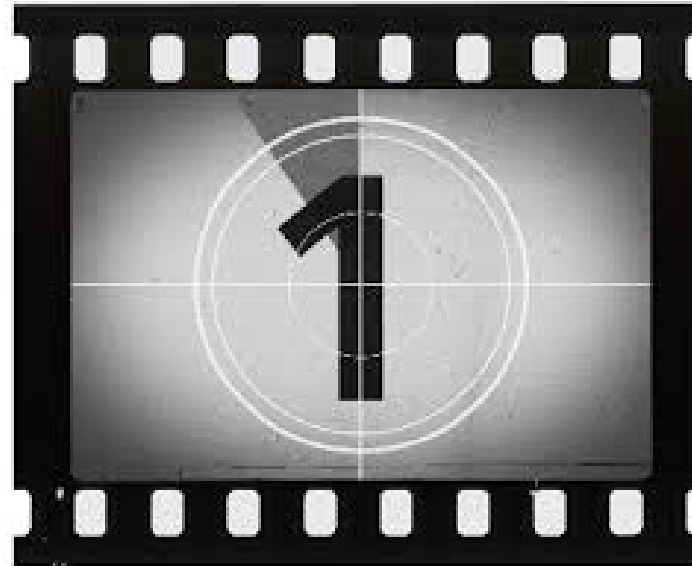
Activist, Advocate,
Speaker
Easterseals SoCal



Amber Carey-Navarrete

Director of PC
Services
Easterseals SoCal

PRESUMING COMPETENCE



[Presuming Competence Video](https://www.youtube.com/watch?v=w70VNAN4HfM)

(<https://www.youtube.com/watch?v=w70VNAN4HfM>)

Or c-q-l.org/MLTSS

POLL QUESTION #1



THE ARC SAN FRANCISCO

THE ARC SAN FRANCISCO PRESENTER



Erin Lyons

—
Service Manager



PAMO! GOAL PLANNING



Positive

Positive supports lead to positive outcomes.

Measurable

How can we help track our progress?

Achievable

Remote Learning means it's time to get creative!

Observable

How can we connect in new ways?

PLANNING TOOLS (1 OF 2)



- Circle of Support
- Good Day Bad Day
- 4+1 Questions
- Communication Chart
- Important To Important For



PLANNING TOOLS (2 OF 2)



Important To

Independence

Health

Friendship

Creative Expression

Important For

Creative Expression:

- Access to tools and supplies
- Direction and encouragement
- Know how to use tech or have help available

SHARE YOUR STORY



Claire Zager

Direct Support Provider

The Arc SF



Ashley Chimienti

Artist

ArtReach Program



Jenny Villatore

Artist

ArtReach Program

ALTERNATIVES TO ZOOM



Phone Calls

- The Friendship Line
- Conference Calls
- Call or FaceTime

Snail Mail

- Pen Pals
- Activity Packets
- Learning Materials
















In Person

- Socially Distanced Outdoor Activities
- Tablet & Hotspot

Online Alternatives

- Social Media
- The Hub


SAMPLE SCHEDULES (1 OF 2)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>10am-11am</u></p>  <p>Phone check in with [DSP Name] call 555-555-5555</p>	<p><u>10am-11am</u></p>  <p>Phone check in with [DSP Name] call 555-555-5555</p>	<p><u>9am-10am</u></p>  <p>Tai-chi Class with [DSP Name] https://us02web.zoom.us/j/85125880668</p>	<p><u>10am-11am</u></p>  <p>Phone check in with [DSP Name] call 555-555-5555</p>	<p><u>9am-10am</u></p>  <p>Tai-chi Class with [DSP Name] https://us02web.zoom.us/j/85125880668</p>
<p><u>1pm-2pm</u></p>  <p>Music Class with [DSP Name] https://us02web.zoom.us/j/85125880668</p>	<p><u>11:30am-12:30pm</u></p>  <p>Sign Language with [DSP Name] https://us02web.zoom.us/j/85125880668</p>	<p><u>10am-11am</u></p>  <p>Zumba Class with [DSP Name] https://us02web.zoom.us/j/85125880668</p>	<p><u>10am-11am</u></p>  <p>Zumba Class with [DSP Name] https://us02web.zoom.us/j/85125880668</p>	<p><u>10am-11am</u></p>  <p>Current Events with [DSP Name] https://us02web.zoom.us/j/85125880668</p>
	<p><u>2pm -3pm</u></p>  <p>Zumba Class with [DSP Name] https://us02web.zoom.us/j/85125880668</p>	<p><u>11pm – 2pm</u></p>  <p>Phone check in with [DSP Name] call 555-555-5555</p>	<p><u>11:15am-12:15pm</u></p>  <p>The Arc Food Network with [DSP Name] https://us02web.zoom.us/j/85125880668</p>	<p><u>2pm-3pm</u></p>  <p>Friendship Line with [DSP Name] call 555-555-5555</p>
		<p><u>2pm-3pm</u></p>  <p>Friendship Line with [DSP Name] call 555-555-5555</p>		


WEDNESDAY SCHEDULE WITH ZOOM

WEDNESDAY

9am-10am

 Tai-chi Class
with [DSP Name]
<https://us02web.zoom.us/j/85125880668>

10am-11am

 Zumba Class
with [DSP Name]
<https://us02web.zoom.us/j/85125880668>










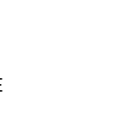















11pm – 2pm

 Phone check in
with [DSP Name]
call 555-555-5555

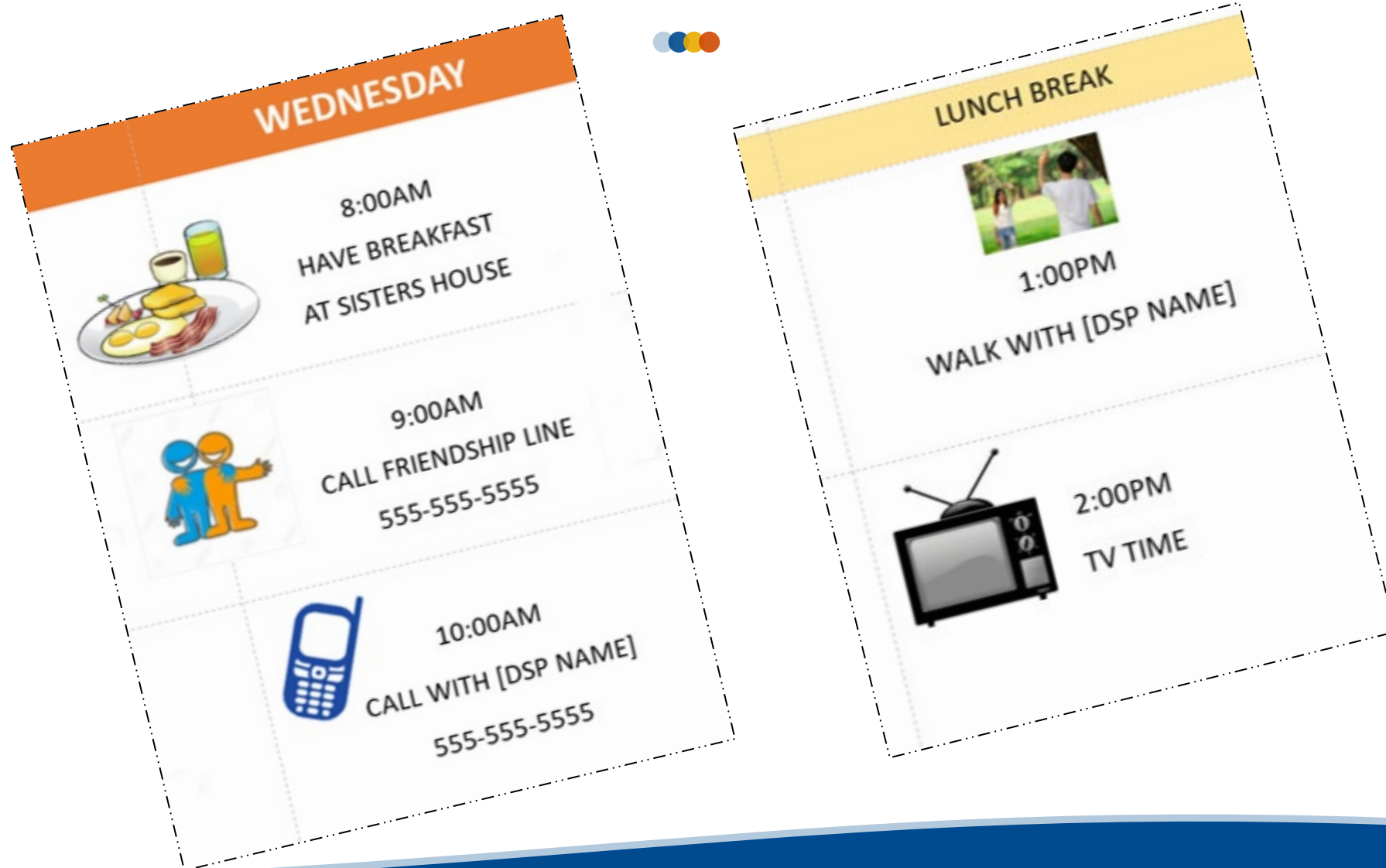
2pm-3pm

 Friendship Line
with [DSP Name]
call 555-555-5555

SAMPLE SCHEDULES (2 OF 2)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>8:00AM HAVE BREAKFAST AT SISTERS HOUSE</p> 	<p>8:00AM HAVE BREAKFAST AT SISTERS HOUSE</p> 	<p>8:00AM HAVE BREAKFAST AT SISTERS HOUSE</p> 	<p>8:00AM HAVE BREAKFAST AT SISTERS HOUSE</p> 	<p>8:00AM HAVE BREAKFAST AT SISTERS HOUSE</p> 
<p>9:00AM CALL FRIENDSHIP LINE 555-555-5555</p> 	<p>9:00AM CALL FRIENDSHIP LINE 555-555-5555</p> 	<p>9:00AM CALL FRIENDSHIP LINE 555-555-5555</p> 	<p>9:00AM CALL FRIENDSHIP LINE 555-555-5555</p> 	<p>9:00AM CALL FRIENDSHIP LINE 555-555-5555</p> 
<p>10:00AM CALL WITH [DSP NAME] 555-555-5555</p> 	<p>10:00AM PUZZLE OR WORDSEARCH</p> 	<p>10:00AM CALL WITH [DSP NAME] 555-555-5555</p> 	<p>10:00AM ACTIVITY PACKET DELIVERY</p> 	<p>10:00AM CALL WITH [DSP NAME] 555-555-5555</p> 
LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK
<p>1:00PM WALK WITH [DSP NAME]</p> 	<p>1:00PM GO OUT WITH FAMILY</p> 	<p>1:00PM WALK WITH [DSP NAME]</p> 	<p>1:00PM GO OUT WITH FAMILY</p> 	<p>1:00PM WALK WITH [DSP NAME]</p> 
<p>2:00PM TV TIME</p> 	<p>3:00PM CALL FRIENDS WITH [DSP NAME]</p> 	<p>2:00PM TV TIME</p> 	<p>2:00PM ACTIVITY PACKET</p> 	<p>2:00PM ACTIVITY PACKET</p> 

WEDNESDAY SCHEDULE WITHOUT ZOOM



TOGETHER APART





TIERRA DEL SOL FOUNDATION

TIERRA DEL SOL FOUNDATION PRESENTERS



Karina Tovar
Learning &
Development
Program Manager



Jesse Siciliano
Orientation
Facilitator



NEW WAY OF PROVIDING SERVICES



Types of Services Being Provided

In-Person / Remote / Hybrid

New Barriers to Overcome

- Technology related
- Support related
- Motor Skills
- Environmental Factors
- Communication



Empowering people with developmental disabilities through
Workforce Development, College to Career, Careers in the Arts

WINTER ISSUE 2020

In the Face of a Pandemic, Tierra Moves Forward

Over the past year, our lives changed drastically. COVID-19 became a global issue, the world hit the pause button, and suddenly the places we once frequented shut their doors. Close human contact was strongly discouraged and in a matter of weeks the faces we saw in person were stacked and tiled on a computer screen.

For the people we serve at Tierra, the impact of COVID-19 cannot be put into words. For those with developmental disabilities, it becomes increasingly important to establish trust, develop relationships, and set a consistent schedule. When those components are impacted, the consequences can be devastating. But the people we serve do not cave. They move forward. The greatest lesson we have learned throughout this pandemic is our unique services can absolutely be provided both virtually and in person.



Brian Goebel, OneGeneration Volunteer



Melinda "Mindy" Zazanis,
Lowe's Employee, Burbank



Amichai Rubinstein, Joshua Haas, and Ryan Burke, Hamer Toyota Employees

Tierra has developed a broad array of eLearning opportunities for our associates to choose from. Six core teaching categories include Art, Career Exploration, Communication, Fitness, Special Interests, and Personal Development. A color-coded schedule and accessibility to up to 50 classes in one day, encourages associates to participate in multiple programs throughout the week.

(continued on next page)

Move forward with Tierra and invest in our associates' futures. tierradelisol.org — Donate Now!

E-LEARNING COURSES

ART : Arts 🧡

CE : Career Exploration 🧡

COM : Communication 💙

FIT : Fitness 🧡

SI : Special Interests 💜

PD : Personal Development 💜

Holiday : Tierra del Sol Holiday Schedule 🖤

Today < > October 2020

SUN 27 ● 4pm 🧡 Things to E	MON 28 ● 9am 🧡 FIT-Exercis ● 9:30am 💜 PD-Mind ● 10am 💜 SI-Learn t 12 more	TUE 29 ● 9am 🧡 FIT-Exercis ● 10am 💜 SI-Learn t 21 more
4 ● 4pm 🧡 Things to E	5 ● 9am 🧡 FIT-Exercis ● 9:30am 💜 PD-Mind ● 10am 💜 SI-Learn t 12 more	6 ● 9am 🧡 FIT-Exercis ● 10am 💜 SI-Learn t 20 more
11 ● 4pm 🧡 Things to E	12 ● 9am 🧡 FIT-Exercis ● 9:30am 💜 PD-Mind ● 10am 💜 SI-Learn t 12 more	13 ● 9am 🧡 FIT-Exercis ● 10am 💜 SI-Learn t 20 more
18 ● 4pm 🧡 Things to E	19 ● 9am 🧡 FIT-Exercis ● 9:30am 💜 PD-Mind ● 10am 💜 SI-Learn t 12 more	20 ● 9am 🧡 FIT-Exercis ● 10am 💜 SI-Learn t 20 more
25 ● 4pm 🧡 Things to E	26 ● 9am 🧡 FIT-Exercis ● 9:30am 💜 PD-Mind ● 10am 💜 SI-Learn t 12 more	27 ● 9am 🧡 FIT-Exercis ● 10am 💜 SI-Learn t 20 more
	28 ● 9am 🧡 FIT-Exercis ● 10am 💜 SI-Learn t 18 more	29 ● 9am 🧡 FIT-Exercis ● 10am 💜 SI-Learn t 18 more

tierra
DEL SOL
FOUNDATION

- 10:30am 🧡 CE-Workshop
- 11am 🧡 FIT-SOSC Healthy Living
- 11am 💜 SI-Collectibles Show
- 11am 💜 SI-Drum Class
- 11:30am 🧡 FIT-🧘, 🥗, 🍌 Health
- 11:30am 💜 SI-All Around The
- 12pm 💜 SI-Sing & Play Your F
- 12pm 🧡 FIT-Straight Up Abiliti
- 12pm 💜 SI-Bugs and Butterfli
- 12:30pm 💜 PD-Mindfull Medit
- 12:30pm 🧡 FIT-Dancing with E
- 1pm 💜 SI-Cell Phone Photogr
- 1pm 🧡 FIT-The real Workout!!
- 1pm 💜 SI-SAVING THE

REENGAGE AND REINVEST



Our realities have changed but our purpose remains the same.

OUR VISION

- Regardless of the notion of disability, all people live productive and personally meaningful lives.

OUR MISSION

- We champion inclusion and value for individuals with disabilities through creative pathways to employment, education, and the arts.

OUR VALUES

- Person-centeredness
- Passion
- Honesty
- Respect
- Full Engagement

REINVENT

**Breaking
the Chain**



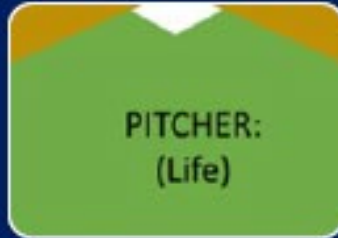
Tierra del Sol Foundation Mental Model Map

A **mental model** is an explanation of someone's **thought process** about how something works in the real world. It is a representation of the surrounding world, the relationships between its various parts and a person's intuitive perception about his or her own acts and their consequences. Mental models can help shape behaviour and set an approach to solving problems and doing tasks.

- Wikipedia



REINVENT (1 OF 2)



PITCHER / CATCHER

- Life



Home Plate

- Goals

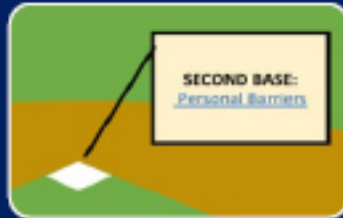


REINVENT (2 OF 2)



FIRST BASE

- Values, Mission, & Vision
- Partnership Through Discovery



SECOND BASE

- Personal Barriers



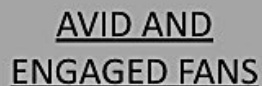
THIRD BASE

- Societal Barriers

Tierra del Sol Foundation Mental Model Map

A **mental model** is an explanation of someone's thought process about how something works in the real world. It is a representation of the surrounding world, the relationships between its various parts and a person's intuitive perception about his or her own acts and their consequences. Mental models can help shape behaviour and set an approach to solving problems and doing tasks.

- Wikipedia



MY PERSPECTIVE



Double Perspective

- I receive services through tds
- I am a tds employee- Orientation Facilitator through HR

My history of receiving services has changed over time and having the opportunity to receive support has helped me get where I am.

I provide classes on the E-learning calendar.

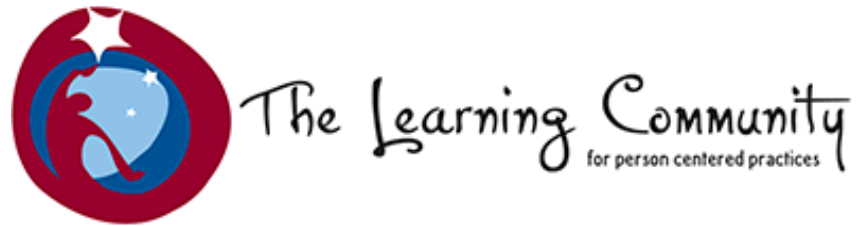


Jesse Siciliano

Orientation Facilitator
Tierra del Sol Foundation

POLL QUESTION #2

PERSON-CENTERED RESOURCES (1 OF 4)



The Learning Community for Person Centered Practices

- “Envisions a world where all people have positive control over the lives they have chosen for themselves...This site helps us foster a global learning community that shares knowledge for that purpose. All are welcome here to share and learn.”

[TLCPCP Website](https://tlcpcp.com/) (https://tlcpcp.com/)



Helen Sanderson Associates

- “Person-centred thinking tools help people to think and plan for their life.”

[Helen Sanderson Associates Website](http://helensandersonassociates.co.uk/person-centred-practice/person-centred-thinking-tools/)

(http://helensandersonassociates.co.uk/person-centred-practice/person-centred-thinking-tools/)

PERSON-CENTERED RESOURCES (2 OF 4)



Inclusion Press: Resources for Inclusion

- “PATH, MAPS and CIRCLES were developed to assist individuals, families and their support networks to plan positive futures.”

[Inclusion Website](https://inclusion.com/path-maps-and-person-centered-planning/)

(<https://inclusion.com/path-maps-and-person-centered-planning/>)



Future Planning

- “Future Planning is creating a guide for a person with an intellectual or developmental disability (I/DD) to lead a good life as independently as possible.”

[Future Planning Website](https://futureplanning.thearc.org/pages/learn/future-planning-101)

(<https://futureplanning.thearc.org/pages/learn/future-planning-101>)

PERSON-CENTERED RESOURCES (3 OF 4)



Council for Quality and Leadership

- CQL works to improve the quality of life for people with intellectual, developmental, and psychiatric disabilities.

[CQL Website](https://www.c-q-l.org/) (<https://www.c-q-l.org/>)



Every Moment Has Potential

- “The resource provides an introduction to Person Centred Active Support - a way of working that enables everyone, no matter what their level of intellectual or physical disability, to make choices and participate in meaningful activities and social relationships.”

[Every Moment Has Potential Website](https://www.activesupportresource.net.au/)

(<https://www.activesupportresource.net.au/>)

PERSON-CENTERED RESOURCES (4 OF 4)



Person Centered Culture and Practices

- “Person Centered Services champion personal preferences, interests and needs. With this approach, people are supported and encouraged to lead their planning process and make choices about what and with whom they would like to learn, do and be part of.”

[PCCP Website](https://www.easterseals.com/southerncal/our-programs/person-centered-services/)

(<https://www.easterseals.com/southerncal/our-programs/person-centered-services/>)



Disability is Natural!

- “This is your source for New Ways of Thinking, Life-Changing Strategies, Revolutionary Common Sense, and Moving Beyond the Status Quo.”

[Disability is Natural Website](https://www.disabilityisnatural.com/)

(<https://www.disabilityisnatural.com/>)

DISABILITY THRIVE INITIATIVE RESOURCES



Lunch and Learn

- Topic: Person-Centered Planning
- This Friday, February 26th
- 12:00pm to 1:00pm
- Register on the DTI website
- [Lunch and Learn Registration](#)

DTI Website Resource Library

- [DTI Website](#)

Sign Up for Updates and Resources

- [Sign Up Here](#)

Technical Assistance Request

- [Submit Request Here](#)

NEXT WEBINAR

Empowering People with Disabilities to Make Informed Life Decisions

Wednesday, March 10, 2021

3:00 – 4:15 p.m.

webinar.disabilitythriveinitiative.org



THANK YOU!



DISABILITY THRIVE INITIATIVE
Alternative Services and Supports for the IDD Community

We look forward to seeing you at future webinars.

Find this webinar and other resources at:

DisabilityThriveInitiative.org

Info@DisabilityThriveInitiative.org | (916) 238-8811