THRIVE THROUGH PERSON-CENTERED PLANNING FOR ALTERNATIVE SERVICES

FEBRUARY 24, 2021
WEBINAR TIPS AND INFORMATION PART 1

Para interpretación en español, haga clic en el ícono de globo blanco a continuación etiquetado como "Interpretación" y seleccione el canal en español

Visibility of ASL Interpreters is top priority. You may not always be able to see the presenter

This presentation will have closed captioning, which you can access using the button at the bottom of your screen

Webinar features vary by device and Zoom version
WEBINAR TIPS AND INFORMATION PART 2

- The meeting is being recorded
- You are on mute and your camera is not on
- Submit all questions using Q&A feature below
- "Chat" and "Hand Raise" features are off
- Please use survey at the end of this session for feedback and suggestions
TODAY’S WEBINAR

1. Person-Centered Planning and the Self Determination Program
   - Howard McBroom

2. Person-Centered Planning for Alternative Services
   - The Arc of San Francisco

3. Person-Centered Planning for Your Organization
   - Tierra del Sol

4. Resources
PERSON-CENTERED FUNDAMENTALS

Elizabeth Grigsby
Consultant
The Arc of CA

Howard McBroom
Activist, Advocate, Speaker
Easterseals SoCal

Amber Carey-Navarrete
Director of PC Services
Easterseals SoCal
PRESUMING COMPETENCE

Presuming Competence Video
(https://www.youtube.com/watch?v=w70VNAN4HfM)
Or c-q-l.org/MLTSS
THE ARC SAN FRANCISCO PRESENTER

Erin Lyons
Service Manager
**PAMO! GOAL PLANNING**

**Positive**
Positive supports lead to positive outcomes.

**Measurable**
How can we help track our progress?

**Achievable**
Remote Learning means it’s time to get creative!

**Observable**
How can we connect in new ways?
PLANNING TOOLS (1 OF 2)

- Circle of Support
- Good Day Bad Day
- 4+1 Questions
- Communication Chart
- Important To Important For
Important To

Independence

Health

Friendship

Creative Expression

Important For

Creative Expression:

• Access to tools and supplies

• Direction and encouragement

• Know how to use tech or have help available
SHARE YOUR STORY

Claire Zager
Direct Support Provider
The Arc SF

Ashley Chimienti
Artist
ArtReach Program

Jenny Villatore
Artist
ArtReach Program
ALTERNATIVES TO ZOOM

Phone Calls
• The Friendship Line
• Conference Calls
• Call or FaceTime

In Person
• Socially Distanced Outdoor Activities
• Tablet & Hotspot

Snail Mail
• Pen Pals
• Activity Packets
• Learning Materials

Online Alternatives
• Social Media
• The Hub
### SAMPLE SCHEDULES (1 OF 2)

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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</thead>
<tbody>
<tr>
<td><strong>10am-11am</strong>&lt;br&gt;Phone check in with [DSP Name]&lt;br&gt;call 555-555-5555</td>
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<td><strong>9am-10am</strong>&lt;br&gt;Tai-chi Class with [DSP Name]&lt;br&gt;<a href="https://us02web.zoom.us/j/85125880668">https://us02web.zoom.us/j/85125880668</a></td>
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<td><strong>1pm-2pm</strong>&lt;br&gt;Music Class with [DSP Name]&lt;br&gt;<a href="https://us02web.zoom.us/j/85125880668">https://us02web.zoom.us/j/85125880668</a></td>
<td><strong>11:30am-12:30pm</strong>&lt;br&gt;Sign Language with [DSP Name]&lt;br&gt;<a href="https://us02web.zoom.us/j/85125880668">https://us02web.zoom.us/j/85125880668</a></td>
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<td><strong>10am-11am</strong>&lt;br&gt;Current Events with [DSP Name]&lt;br&gt;<a href="https://us02web.zoom.us/j/85125880668">https://us02web.zoom.us/j/85125880668</a></td>
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<td><strong>11:15am-12:15pm</strong>&lt;br&gt;The Arc Food Network with [DSP Name]&lt;br&gt;<a href="https://us02web.zoom.us/j/85125880668">https://us02web.zoom.us/j/85125880668</a></td>
<td><strong>2pm-3pm</strong>&lt;br&gt;Friendship Line with [DSP Name]&lt;br&gt;call 555-555-5555</td>
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WEDNESDAY SCHEDULE WITH ZOOM

9am-10am
Tai-chi Class with [DSP Name]
https://us02web.zoom.us/j/85125880668

10am-11am
Zumba Class with [DSP Name]
https://us02web.zoom.us/j/85125880668

11am-2pm
Phone check in with [DSP Name]
call 555-555-5555

2pm-3pm
Friendship Line with [DSP Name]
call 555-555-5555
# SAMPLE SCHEDULES (2 OF 2)

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<tr>
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<tr>
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</tr>
<tr>
<td>10:00AM CALL WITH [DSP NAME] 555-555-5555</td>
<td>10:00AM PUZZLE OR WORDSEARCH</td>
<td>10:00AM CALL WITH [DSP NAME] 555-555-5555</td>
<td>10:00AM ACTIVITY PACKET DELIVERY</td>
<td>10:00AM CALL WITH [DSP NAME] 555-555-5555</td>
</tr>
<tr>
<td>LUNCH BREAK</td>
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</tr>
<tr>
<td>1:00PM WALK WITH [DSP NAME]</td>
<td>1:00PM GO OUT WITH FAMILY</td>
<td>1:00PM WALK WITH [DSP NAME]</td>
<td>1:00PM GO OUT WITH FAMILY</td>
<td>1:00PM WALK WITH [DSP NAME]</td>
</tr>
<tr>
<td>2:00PM TV TIME</td>
<td>3:00PM CALL FRIENDS WITH [DSP NAME]</td>
<td>2:00PM TV TIME</td>
<td>2:00PM ACTIVITY PACKET</td>
<td>2:00PM ACTIVITY PACKET</td>
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WEDNESDAY SCHEDULE WITHOUT ZOOM

WEDNESDAY

8:00AM
HAVE BREAKFAST
AT SISTERS HOUSE

9:00AM
CALL FRIENDSHIP LINE
555-555-5555

10:00AM
CALL WITH [DSP NAME]
555-555-5555

LUNCH BREAK

1:00PM
WALK WITH [DSP NAME]

2:00PM
TV TIME
TOGETHER APART

THANK YOU FOR SUPPORTING US
WE APPRECIATE YOU
TIERRA DEL SOL FOUNDATION PRESENTERS

Karina Tovar
Learning & Development Program Manager

Jesse Siciliano
Orientation Facilitator
NEW WAY OF PROVIDING SERVICES

Types of Services Being Provided
In-Person / Remote / Hybrid

New Barriers to Overcome
• Technology related
• Support related
• Motor Skills
• Environmental Factors
• Communication
REENGAGE AND REINVEST

Our realities have changed but our purpose remains the same.

OUR VISION

• Regardless of the notion of disability, all people live productive and personally meaningful lives.

OUR MISSION

• We champion inclusion and value for individuals with disabilities through creative pathways to employment, education, and the arts.

OUR VALUES

• Person-centeredness
• Passion
• Honesty
• Respect
• Full Engagement
Breaking the Chain

REINVENT

- Chiefs
- Directors
- Program Directors
- Client Services Manager
- Direct Support Professionals
- Associates
Tierra del Sol Foundation Mental Model Map

(Click on a hyperlink to learn more.)

SECOND BASE: Personal Barriers

FIRST BASE: Values, Mission, & Vision: Partnership Through Discovery

PITCHER: (Life)

CATCHER: (Life)

GOALS

THIRD BASE: Societal Barriers

MENTAL MODEL MAP (1 OF 2)

A mental model is an explanation of someone’s thought process about how something works in the real world; it is a representation of the surrounding world, the relationships between its various parts and a person’s intuitive perception about his or her own acts and their consequences. Mental models can help shape behaviour and set an approach to solving problems and doing tasks. - Wikipedia
REINVENT (1 OF 2)

PITCHER / CATCHER
- Life

Home Plate
- Goals
REINVENT (2 OF 2)

FIRST BASE
- Values, Mission, & Vision
- Partnership Through Discovery

SECOND BASE
- Personal Barriers

THIRD BASE
- Societal Barriers
MENTAL MODEL MAP (2 OF 2)

Tierra del Sol Foundation
Mental Model Map

A mental model is an explanation of someone’s thought process about how something works in the real world. It is a representation of the surrounding world, the relationships between its various parts and a person’s intuitive perception about his or her own acts and their consequences. Mental models can help shape behaviour and set an approach to solving problems and doing tasks. - Wikipedia

Presented by California Disability Services Association & Easterseals of Southern California | DisabilityThriveInitiative.org
MY PERSPECTIVE

Double Perspective

• I receive services through tds
• I am a tds employee- Orientation Facilitator through HR

My history of receiving services has changed over time and having the opportunity to receive support has helped me get where I am.

I provide classes on the E-learning calendar.

Jesse Siciliano
Orientation Facilitator
Tierra del Sol Foundation
POLL QUESTION #2
The Learning Community for Person Centered Practices

• “Envisions a world where all people have positive control over the lives they have chosen for themselves…This site helps us foster a global learning community that shares knowledge for that purpose. All are welcome here to share and learn.”

TLCPoland Website (https://tlcpoland.com/)

Helen Sanderson Associates

• “Person-centred thinking tools help people to think and plan for their life.”

Helen Sanderson Associates Website (http://helensandersonassociates.co.uk/person-centred-practice/person-centred-thinking-tools/)
Inclusion Press: Resources for Inclusion

• “PATH, MAPS and CIRCLES were developed to assist individuals, families and their support networks to plan positive futures.”

Inclusion Website
(https://inclusion.com/path-maps-and-person-centered-planning/)

Future Planning

• “Future Planning is creating a guide for a person with an intellectual or developmental disability (I/DD) to lead a good life as independently as possible.”

Future Planning Website
(https://futureplanning.thearc.org/pages/learn/future-planning-101)
Council for Quality and Leadership

- CQL works to improve the quality of life for people with intellectual, developmental, and psychiatric disabilities.

CQL Website (https://www.c-q-l.org/)

Every Moment Has Potential

- “The resource provides an introduction to Person Centred Active Support - a way of working that enables everyone, no matter what their level of intellectual or physical disability, to make choices and participate in meaningful activities and social relationships.”

Every Moment Has Potential Website (https://www.activesupportresource.net.au/)
Person Centered Culture and Practices

• “Person Centered Services champion personal preferences, interests and needs. With this approach, people are supported and encouraged to lead their planning process and make choices about what and with whom they would like to learn, do and be part of.”

Disability is Natural!

• “This is your source for New Ways of Thinking, Life-Changing Strategies, Revolutionary Common Sense, and Moving Beyond the Status Quo.”

PCCP Website
(https://www.easterseals.com/southerncal/our-programs/person-centered-services/)

Disability is Natural Website
(https://www.disabilityisnatural.com/)
Lunch and Learn

- Topic: Person-Centered Planning
- This Friday, February 26th
- 12:00pm to 1:00pm
- Register on the DTI website
- Lunch and Learn Registration

DTI Website Resource Library
- DTI Website

Sign Up for Updates and Resources
- Sign Up Here

Technical Assistance Request
- Submit Request Here
NEXT WEBINAR

Empowering People with Disabilities to Make Informed Life Decisions

Wednesday, March 10, 2021

3:00 – 4:15 p.m.

webinar.disabilitythriveinitiative.org
THANK YOU!

We look forward to seeing you at future webinars.

Find this webinar and other resources at:

DisabilityThriveInitiative.org

Info@DisabilityThriveInitiative.org | (916) 238-8811