



DISABILITY THRIVE INITIATIVE
Alternative Services and Supports for the IDD Community

Alternative Services Resources

WEDNESDAY, DECEMBER 16

WEBINAR TIPS & INFORMATION



Para interpretación en español, haga clic en el ícono de globo blanco a continuación etiquetado como "Interpretación" y seleccione el canal en español



Visibility of ASL Interpreters is top priority. You may not always be able to see the presenter



This presentation will have closed captioning, which you can access using the button at the bottom of your screen



Webinar features vary by device and Zoom version

WEBINAR TIPS & INFORMATION



The meeting is being recorded



You are on mute and your camera is not on



Submit all questions using Q&A feature below



“Chat” and “Hand Raise” features are off



Please use survey at the end of this session for feedback and suggestions

NANCY BARGMANN



Nancy Bargmann

DIRECTOR
CALIFORNIA DEPARTMENT
OF DEVELOPMENTAL
SERVICES



BARRY JARDINI



Barry Jardini

EXECUTIVE DIRECTOR
CALIFORNIA DISABILITY
SERVICES ASSOCIATION



OVERVIEW



- Disability Thrive Initiative is an alternative services technical assistance and training initiative presented by California Disability Services Association (CDSA) and Easterseals of Southern California.
 - In collaboration with State Council on Developmental Disabilities (SCDD), The Arc California, and California Alliance for Leadership and Education (ALE)
 - Funded by the Department of Developmental Services (DDS) and San Diego Regional Center (SDRC)
- The Disability Thrive Initiative will provide statewide training, support and resources on how to deliver and access alternative services for Californians with developmental disabilities during the COVID-19 pandemic.

ALTERNATIVE SERVICES



- COVID-19 has greatly impacted people with IDD and their families, changing the ways they engage with their communities.
- DDS developed the Alternative Services Model to empower safety and innovation in home and community-based services that support people with IDD.
- The Initiative will help the IDD community successfully provide “Alternative Services” during the pandemic that meet traditional needs and goals, but in a different way.

TRAINING WEBINARS



- Monthly webinars on innovative and meaningful alternative services
- Other topics include:
 - COVID safety practices
 - Person-centered Planning
 - Informed decision-making
 - Alternative communication technology and tools
 - Use of technology
 - Plain Language materials
 - Self-Determination Program
 - Meeting cultural and linguistic needs

UPCOMING EVENTS

FREE WEBINAR

- **Topic:** Introducing the Disability Thrive Initiative
- **Date:** Wednesday, Dec 16, 2020
- **Time:** 3:00 to 4:15 p.m.
- **Who:** For self-advocates with IDD, families/caregivers, service providers, direct support professionals, therapists, special ed teachers, social workers, and other professionals.

[Click HERE to view flyer and learn more.](#)



TECHNICAL ASSISTANCE

Monthly webinars on innovative and meaningful alternative services

- Ticketing system to request technical assistance from consultants and subject matter experts
 - The link to request technical assistance can be found on the SCDD website
- Individual consultations to help develop meaningful alternative services
- Support for various service types

RESOURCE LIBRARY



- Online library for service providers, individuals with IDD, and families
- Archived webinars
- Presentation materials developed by subject matter experts (with translations)
- External resources

DISABILITY THRIVE INITIATIVE: ADDITIONAL COMPONENTS



**Amber Carey-
Navarrete**

*DIRECTOR OF PERSON-
CENTERED SERVICES*
EASTERSEALS SOUTHERN
CALIFORNIA



VIRTUAL OFFICE HOURS



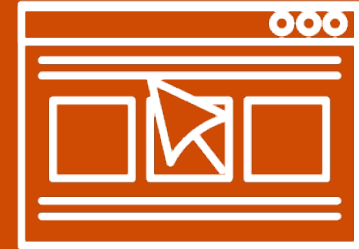
We're Here

Sign up to get help with questions, share ideas, or support requesting assistance.



Chat Virtually

Starting in January you will be able to chat with members of our team live.



Zoom Link

Go to the website to find out the upcoming topics, and to sign up!

PHONE/EMAIL SUPPORT



DISABILITY THRIVE INITIATIVE
Alternative Services and Supports for the IDD Community

Access support through the web, email, or phone:

Web: DisabilityThriveInitiative.org

Email: Info@DisabilityThriveInitiative.org

Phone: CDSA - (916) 441-5844
ESSC - (949) 688-2533

VIRTUAL PEER SUPPORT MEETINGS



- Peer Support Coordination
 - This may be for you, if you thrive from...
 - A collaborative approach to finding/developing/implementing alternative services
 - Virtual connection to small groups of people with similar needs
 - A positive and encouraging space for learning, support, and innovation
- The frequency of these meetings will be based on interest and need

CONTACT US

For **technical assistance or consultant support**, please [submit a request](#).

REQUEST ASSISTANCE

To chat with the Disability Thrive Initiative team live, please join us on Zoom during our **office hours starting in January**. Come back in January for highlighted topics and to sign up!

For **questions about the Initiative or any other inquiries**, contact us by phone or email.

Email: info@disabilitythriveinitiative.org

ESSC: 949-688-2533

CDSA: 916-441-5844

PRESENTER



Jordan Lindsey

EXECUTIVE DIRECTOR
THE ARC CALIFORNIA



PRESENTER



Elizabeth Grigsby

CONSULTANT
THE ARC CALIFORNIA



STAYING SAFE & HEALTHY: COVID-19 UPDATES FOR OUR COMMUNITY



Lydia Missaelides

EXECUTIVE DIRECTOR
ALLIANCE FOR
LEADERSHIP AND
EDUCATION



Alliance for
Leadership &
Education

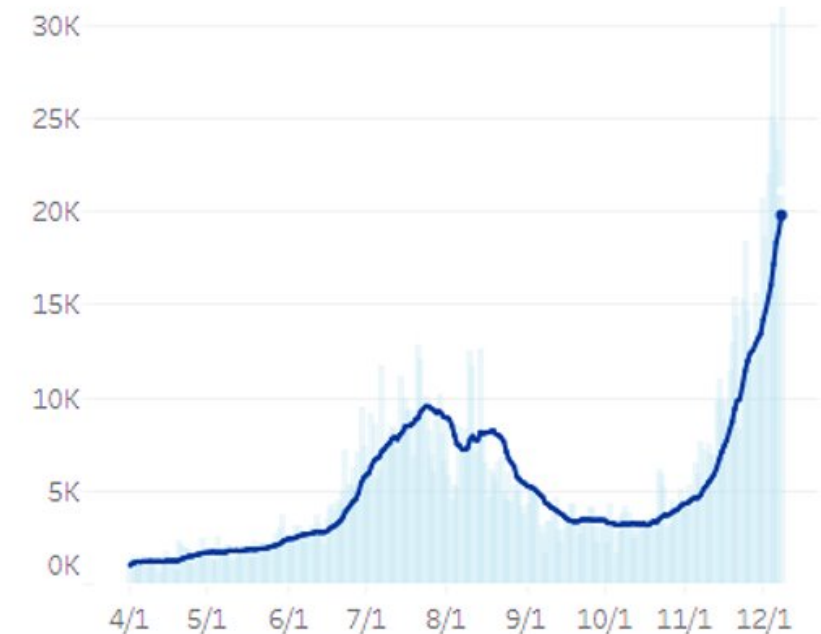
*driving innovation and
quality in adult day services*

COVID-19 CASES ARE INCREASING FAST

- This graph shows that positive cases of COVID-19 are rapidly increasing in California.
- It also shows that positive cases are increasing much faster than in the Spring.

Total cases in California

1,420,558 positive cases
30,851 new cases
2.2% increase from prior day total



DEATHS ARE INCREASING AS A RESULT



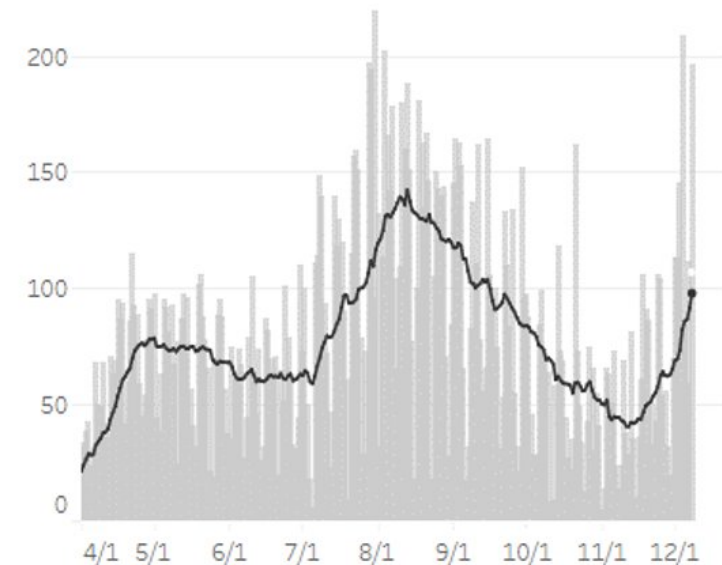
- Deaths due to COVID-19 infections are also increasing. Older adults and people of color have been hard hit.
- Since the COVID-19 pandemic began, more than 20,043 people have died from the virus. 40% of these people lived in nursing facilities.

Total deaths in California

20,243 total deaths

196 new deaths

1.0% increase from prior day total



THE NEW STAY AT HOME ORDER



- Across California, Intensive Care Units (ICUs) in many hospitals are full or almost full.
- A new Stay-at-Home Order is now in place in most areas in order to protect public safety and ensure that people can still access hospital care when needed, including intensive care. If cases rise too much, this will become uncertain.

ICU beds in California

1,566 ICU beds available
113 decrease from prior day



MORE AND MORE PEOPLE NEED HOSPITAL CARE



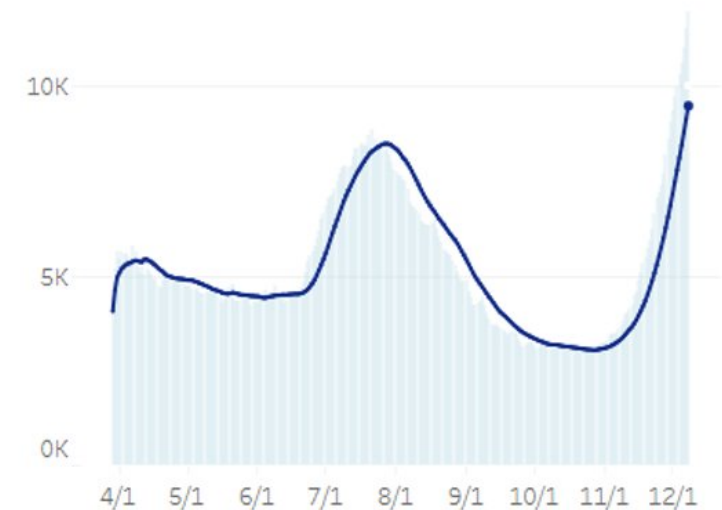
- If a hospital is full, people needing care may have to go to another hospital, or to a temporary alternative hospital site.
- While temporary facilities are being made available, it's possible that there will not be enough health care providers to work in them.
- Some non-urgent surgeries may have to be postponed.

COVID-19 hospitalized patients in California

Hospitalized

[ICU](#)

11,965 COVID-19 hospitalized patients
+454 patients
3.8% increase from prior day



WE EXPECT A VACCINE TO BE AVAILABLE SOON



- The federal Food and Drug Administration (FDA) has just approved the first vaccine from Pfizer. Doses are already being shipped to hospitals and community pharmacies such as Walgreens and CVS.
- Front line workers, such as doctors and nurses providing care in hospitals and nursing facilities, as well as patients living in these facilities, will be among the first to receive the new vaccines.
- People receiving community-based services and supports, who are at increased risk of complications from COVID-19, are expected to receive the vaccine before the general public. The timing is not yet known.
- The general public probably will not receive the vaccine until late next Spring or early next Summer.

LISTEN TO TRUSTED SOURCES OF INFORMATION; FOLLOW SAFETY MEASURES



- Please pay close attention to announcements that come from the State of California, your county, and regional center about the vaccine and the vaccination program.
- Remember, COVID-19 is spreading rapidly in the community. Following public health guidelines and regional and statewide orders will help you to stay safe and protect your loved ones:
 - Stay home, except for essential trips or services, such as grocery shopping
 - Wear a cloth mask when you are not in your own home
 - Stay 6 feet away from people (socially distance) who don't live in your household
 - Wash your hands frequently
 - Avoid touching your face when you are outside of your own home

PRESENTERS



Andrea Croom

EXECUTIVE DIRECTOR
INALLIANCE



Ben Praker

PROGRAM DIRECTOR
INALLIANCE



INALLIANCE

Building A More Livable Workable World

INALLIANCE



INALLIANCE provides 100% community-based supports to over 400 adults with intellectual and developmental disabilities in the greater Sacramento area.

We have offices in Sacramento, Placerville, and Wheatland.

We provide the following services:

- Independent Living Services
- Supported Living Services
- Supported Employment services
- Tailored Day Services
- Community-Base Day Services
- Community-Based Work Crews

SHIFTING OF DAY SERVICES AND PROVIDING COLLABORATION

COVID-19 and Stay-At-Home Orders

THE COMMUNITY “CLOSED” SO WHAT DO WE DO?



Focus on how best to support the person:

DDS Directives “Alternative Locations”

- Provide support “in-home”

Used person-centered approach

- Discuss needs
- Collaboration with circle of support
- Address safety

CURRENT COLLABORATION

In our Community-Based Day Program that supports 229 people we are:

- Providing in-person support to 150 people
 - More than 30 people receiving SLS supports
 - Supporting more than 70 people living with family

MEET SHAWNA & PEGGY



- Shawna attend the Placerville Community Training Program (CTP) and lives independently with support from an SLS agency
- Peggy, Shawna's Employment Training Specialist with INALLIANCE, has supported her throughout the pandemic



STAYING SAFE, MOTIVATED, AND CONNECTED



Michael Smith

PROGRAM COORDINATOR
EASTERSEALS SOUTHERN
CALIFORNIA



ADAPTATION



“Mostly I was kind of scared... and mostly... like terrified. And didn’t know what else to think. Like what can happen... like after this.”

- Valeria

“Any of the problems I had, I was able to ask someone and get an answer”

- Chirlaine

“They remained optimistic, always staying positive.” & “They notice the attention Katrina is giving and how she participates in virtual activities.”

- Benigno

ADAPTATION & COLLABORATION



- Quickly identified our need to change
 - Uncertainty was an obstacle to overcome and was rapidly addressed
 - Waiting for things to return to normal was never an option
- Assisted staff in living options
 - Opened staff perspective
- Supported in PPE Distribution Internally and Externally

ADAPTATION & COLLABORATION



- Worked to understand the needs of the people using the services, families, and home providers
 - Trial & error while welcoming and being responsive to feedback
- Technology Training
 - For people using the services and their home support

EXECUTION




“We are provided with a choice of activities which allows for independence and something for Brittany to look forward to.” & “If an activity was of no interest to Brittany, then we worked together to find something that would work.”

- Chirlaine

“The Easterseals Zoom sessions have been an absolute blessing for Danny during these crazy times. We can’t thank you enough!”

- Kevin



Weekly Virtual Group Activities
11/30 – 12/04

Monday

- **Safety tip of the day:**
 - How to create an emergency plan – [READ HERE](#)
- **10:30am – Safety in the Community**
JOIN ON ZOOM!
 - Host: Odalys D.
- **11:00am – Zumba – wake up, feel good – let’s exercise!**
JOIN ON ZOOM!
 - Host: Norma S.
- **11:00am – Easter E-90X Workout routine**
JOIN ON ZOOM!
 - Host: Christopher A.
- **12:00pm – Let’s ChitChat: Pacoima**
JOIN ON ZOOM!
 - Hosts: Lucero N., & Stephanie M.

EXECUTION & COLLABORATION



- Daily Routine and Structure
- Regular check-ins throughout the day
 - Enhance feeling of normalcy
- Event Calendar
 - Provides Accessibility & Choice
 - Change up calendar based on interest and availability
- Promotion of Spontaneous Events
- Connecting to Community and World Events

EXECUTION & COLLABORATION



- Surveys:
 - Multiple surveys to gather input from those who use the service and their families/home support regarding ideas, interests, & availability.
 - Survey data was used to mold and create a person-centered virtual program for everyone.
- Services & Event Planning Check-ins
- Supplies needed, changes to routines or schedules
- Virtual support calls (helping get logged in, tech troubleshooting)

RESULTS



“Through the virtual tours provided by Easterseals, it gives participants the opportunity to experience places that they would never see in person.”

- Chirlaine



“Adrian has accomplished losing 10 pounds from his workout class that he loves.”

- Cecilia

RESULTS & COLLABORATION



- Encourage others in the person's home to join virtual events
 - Connect on Smart TV so everyone can see
- Home support for those needing physical support
 - We will arrange/rearrange events at times when the home support can help
- Everyone has become more tech savvy

RESULTS & COLLABORATION



- Personal goal progress
 - Increased fitness, vocabulary, advocacy, etc.
- People planning and leading their own events
 - More connection and more personable
 - Glancing into home life and what from home can be shared

ADDITIONAL IDEAS & STRATEGIES



- Video Library
 - People can access video activities at their convenience
- Collaborating with transportation providers
 - Deliver self-guided & upcoming event materials
- Increase Variety of Events
 - Continued encouragement of people hosting their own Zoom events
 - Include online volunteer opportunities

GERARDO



E

Questions & Answers

from your questions...

Disability Thrive Initiative

Andrea and Ben with InAlliance

Michael with Easterseals SoCal



THANK YOU!



DISABILITY THRIVE INITIATIVE
Alternative Services and Supports for the IDD Community

**We look forward to seeing you at future webinars.
Find this webinar and all other resources at:**

DisabilityThriveInitiative.org

Info@DisabilityThriveInitiative.org | (949) 688-2533



UPCOMING WEBINARS

- SUBJECT TO CHANGE -



- Upcoming Webinar Topics:
 - Surveys and Assessments for More Individualized Alternative Services
 - Person-Centered Planning During a Pandemic
 - COVID-19 and Our Community
 - Use of Technology & Alternative Communication Tools
 - And More!
- We need your feedback!
 - Please take our post-webinar survey and let us know what you want to hear about.
- Then keep your eye out for the January Webinar Posting!