



**Valley Mountain Regional Center
702 N. Aurora Street
Stockton, CA 95202
(209) 473-0951**



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VMRC Self Determination Advisory Committee



DATE: Thursday, January 21, 2021



TIME: 3:30pm to 5:00pm



WHERE: ZOOM CALL-See How to Connect Below

Join Zoom Meeting

<https://zoom.us/j/96556248314?pwd=bE11NzI5WUpTdDI1VGtuZzZER1lyQT09>

Meeting ID: 965 5624 8314

Passcode: 497005

One tap mobile

+16699006833,,96556248314#,,,,*497005# US (San Jose)

Dial by your location

+1 669 900 6833 US (San Jose)

Meeting ID: 965 5624 8314

Passcode: 497005

If you need interpretation in Spanish, call this number to connect with the interpreter:

Telephone number: 1-866-299-7945, participant code: 7793177#

*Pursuant to Government Code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in the meeting, should contact Dena Hernandez at the SCDD North Valley Hills Office, 2529 W. March Lane Suite 105 or by phone: 209-473-6930 or Email: northvalleyhills@scdd.ca.gov
Requests must be received by 5pm, on January 14, 2021.*



**Valley Mountain Regional Center
Self Determination Advisory Committee (SDAC)**

REMINDER from the Self Determination Law
WELFARE AND INSTITUTIONS CODE Section 4685.8

Role of this Committee

Each regional center shall establish a local volunteer advisory committee to provide oversight of the Self-Determination Program.

The regional center and the State Council on Developmental Disabilities shall each appoint one-half of the membership of the committee.

The committee shall consist of the regional center clients' rights advocate, consumers, family members, and other advocates, and community leaders.

A majority of the committee shall be consumers and their family members.

The committee shall reflect the multicultural diversity and geographic profile of the catchment area.

The committee shall review the development and ongoing progress of the Self-Determination Program, including whether the program advances the principles of self-determination and is operating consistent with the requirements, and may make ongoing recommendations for improvement to the regional center and the department.

These are PUBLIC Meetings-so everyone is welcome.

The focus of this committee is to discuss the

Self Determination Program

This is not the meeting for individual concerns/issues about traditional VMRC services and supports. Please contact your service coordinator for help on individual concerns.

The 5 Principles of Self-Determination



Freedom

You plan your own life and make your own decisions, just like people without disabilities are able to do.

Authority

You decide how money is spent for your services and supports.

Support

You pick the people and supports that help you live, work and play in your community.

Responsibility

To make decisions in your life, to be accountable for using public money and to accept your valued role in the community.

Confirmation

You are the most important person when making plans for your life. You are the decision maker about your services.



Valley Mountain Regional Center
Self Determination Advisory Committee (SDAC)
January 21, 2021
3:30pm to 5:00pm

AGENDA

Call Meeting to Order- Mariela Ramos-chair

Introductions- Committee Members and audience

Establish Quorum- Mariela Ramos-chair

Approval of the agenda-***ACTION***-Mariela Ramos-chair

Approval of the minutes from November 19, 2020-***ACTION***

Public Comment- *This item is for members of the public to comment and/or present information to the VMRC SDAC. Each person will be afforded up to three minutes to speak. Written requests, if any, will be considered first. The VMRC SDAC will also provide public comment, not to exceed a total of seven minutes, for public comment prior to action on each agenda item.*

Election for Vice-Chair position-***ACTION***-Mariela

Statewide Self Determination Advisory Committee (SSDAC)-Information- Mariela-Report from the Statewide Self Determination Advisory Committee that was held on September 25, 2020.

Update on the Self Determination Program Phase In & Orientation during the COVID-19 Pandemic-***Information***- Tony Anderson, VMRC Executive Director and Cindy Mix, Director of Clinical Services, will provide updates to the committee.

VMRC SDAC Special Events Workgroup-ACTION-Dena-January 14, 2021-
Report from the workgroup meeting

Membership Update-Information-Dena-Update on new members to our local committee

Self Determination Issues-Discussion-Advisory Committee & VMRC Staff-
Time for committee members or VMRC staff to share any issues or questions
regarding Self Determination.

Future meeting timeframe-ACTION-Proposal by Mariela to extend SDAC
meetings to two hours timeframe

Next Meeting- February 18, 2021, 3:30pm to 5:00pm.

Due to many committee members participating in distance learning, meetings will be
held monthly on the 3rd Thursday-from 3:30pm-5:00pm

Meeting Adjourned

DRAFT