# State Council's Logo NOTICE/AGENDA

# STATE COUNCIL ON DEVELOPMENTAL DISABILITIES

**Sacramento Regional Office: Regional Advisory Committee (RAC) MEETING**

**POSTED AT:** <https://scdd.ca.gov/sacramento/>

# This is a Zoom meeting only. There is no physical location being made available to the public. Per [EXECUTIVE ORDER N-29-20](https://www.gov.ca.gov/wp-content/uploads/2020/03/3.17.20-N-29-20-EO.pdf), teleconferencing/Zoom restrictions are waived during the COVID-19 crisis. Committee members are not required to list their remote locations and members of the public may participate electronically by accessing Zoom or calling the number you will receive after registering for the meeting.

Please pre-register at this link for the Zoom meeting: <https://bit.ly/3cZZzB1>

DATE: October 20, 2020

## TIME: 10:00 AM – 1:00 PM

| COMMITTEE CHAIR: | Karen Mulvany |
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|  | CALL TO ORDER |  |
|  | ESTABLISH QUORUM |  |
|  | WELCOME AND INTRODUCTIONS  * RAC Members: Roll call, state name and county affiliation * Members of the Public: Introduce yourselves in the Chat |  |
|  | APPROVAL OF AGENDA for October 20, 2020 This is a voting item. |  |
|  | APPROVAL OF August 18, 2020 MINUTES This is a voting item. |  |
|  | Sacramento Regional Office UpdatesSonya Bingaman, Regional ManagerKathy Brian, Community Program Specialist |  |
|  | Alta California Regional Center Update   * Self-Determination Program implementation * Other updates |  |
|  | PUBLIC COMMENTS This item is for members of the public only to provide comments and/or present information to the Committee on matters not on the agenda. Each person will be afforded up to three minutes to speak.  Public Comments can be submitted via email prior to the meeting at [sacramento@scdd.ca.gov](mailto:sacramento@scdd.ca.gov) |  |
|  | Statewide Self-Advocacy Network (SSAN) UpdateLisa Cooley |  |
|  | State Council on Developmental Disabilities – Council UpdateJoyce McNair |  |
|  | Brief Reports from RAC Members on issues in their counties (3 minutes each) |  |
|  | Nominations for RAC Chair & Secretary |  |
|  | FUTURE MEETING DATESDecember 15, 2020. Please add to your calendar. APPROVAL: 2021 Regional Advisory Committee Dates This is a voting item. |  |
|  | Meeting Adjournment |  |  |
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#### *Accessibility:*

Pursuant to Government Code Sections 11123.1 and 11125(f) and Executive Order N-29-20 (this Executive Order can be found by clicking the link on page one of the agenda or typing <https://www.gov.ca.gov/wp-content/uploads/2020/03/3.17.20-N-29-20-EO.pdf> into your web browser), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Sonya Bingaman at (916) 715-7057 or [Sonya.bingaman@scdd.ca.gov](mailto:Sonya.bingaman@scdd.ca.gov). Please provide at least 5 business days prior to the meeting to allow adequate time to respond to all requests.

# State Council on Developmental Disabilities' logo in red and blue. MINUTES (Draft)

# STATE COUNCIL ON DEVELOPMENTAL DISABILITIES

## Sacramento Regional Office: Regional Advisory Committee (RAC) MEETING

## 

## DATE: August 18, 2020

## TIME: 10:00 AM – 1:00PM

**Members Present:**

Benita Ayala (FA)

Brandy Boyd (FA)

Christine Hickey (FA)

Donnell Kenworthy (FA)  
Glenda Servantes (SA)

Jesana Tran (FA)

Karen Mulvany (FA)

Kidada Medina (FA)

Michael Helton (SA)

Midhun Tripuraneni (SA)

Nancy Esparza (SA)

Natalie Gray (SA

Tyson Whitman (SA)

**Members Absent:**

Elaine Linn (FA) (excused)

Jane Taylor (FA) (unexcused)

**Others Attending:**

Lisa Cooley (SA) SSAN

Joyce McNair (FA) Council Member

Herman Kothe, ACRC

Patti Uplinger, Housing Now

Janelle Lewis, FA

Brenna Garcia, FA (Yolo)

Gina Olivares, IHSS Placer County

Shirley Skaden-Smith, ACRC

Ken Embree

Cindy Le, ACRC

Mayra Gonzales, FA

Daime Hoornaert

Katherine Weston, ACRC

Kathy Saenz, Developmental Pediatric Social Worker

Amsale Hailu

Julia Moore

Ann Bui

Brittany Willeford, SA

Chris Flannery, Aurrera Health Group

Aaron Carruthers, SCDD Staff

Ravita Devi, SCDD Staff

Kathy Brian, SCDD Staff

Sonya Bingaman, SCDD Staff

| COMMITTEE CHAIR: | Karen Mulvany |
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|  | | CALL TO ORDER 10:05 am | |  | |
|  | | ESTABLISH QUORUM | |  | |
|  | | WELCOME AND INTRODUCTIONS RAC Member Introductions  Members of the Public Introductions | |  | |
|  | | Approval of Agenda This is a voting item.  First Brandy Boyd, FA  Second Midhun Tripuraneni, SA  In favor Yes  Opposed None  Abstain None  APPROVAL OF June 16, 2020 MINUTES This is a voting item.  First Brandy Boyd  Second Kidada Medina  In favor Yes  Opposed None  Abstain None | |  | |
|  | | Brief Reports from RAC Members on issues in their counties Karen Mulvany –El Dorado County   * Karen is on the DS Task Force, they are getting input from day programs that were shut down due to Covid. * She pointed out that Housing Elements need to specify how each county will address the needs of the ID/DD community. * She is involved in the Racial Disparities/Justice Group which was an offspring of the last RAC meeting.   Michael Helton (At-Large)   * He said he has nothing new to report.   Glenda Servantes (Yuba County)   * School started and the special needs students need more support. Many programs are still closed. Quest staff reach out weekly. Respite has temporarily stopped. Trying to get a new respite worker for Vicente.   Kidada Medina (Sacramento county)   * Many solo parents have little support and have lots of decisions to make for safety. We are living in unprecedented times. It is hard. Mentioned challenges with Special Education, respite, ABA. Deciding whether to seek services at home or in centers. She wonders what safeguards are in place. Power outages are a concern. We are dealing with a lot of problems, trying to keep an open mind. Parents are stressed out and get no break.   Jesana Tran (Colusa, Sierra, and Alpine counties)   * She misses socializing, not having to wear a mask and going outside. * She works for Family Soup. They have weekly parent trainings, and parent support groups. * Collaborating with Sutter County Office of Education on weekly parent trainings for home learning. * Collaborating with DRC to put on Zoom trainings on IEP and 504 Plans. * Thanked the State Council on Developmental Disabilities (SCDD) for their help with all the Personal Protective Equipment (PPE).   Chris Hickey (Sutter county)   * School started for many kids. Keeping an eye out to help families with IEPs.   Brandy Boyd (At-Large)   * Brandy is a Family Advocate and she misses being spontaneous. * She talked about how she volunteered with the Sacramento Regional Office to distribute some Personal Protective Equipment (PPE) in the month of July. * She is a Sac City DA Commissioner. They haven’t met since March. She is advocating to keep meeting, on Zoom if necessary. * There is a shortage of Voting Centers because many businesses and community agencies are closed due to Covid. * The Paratransit transition took place. Several families didn’t receive notices by mail. If you have feedback on the process, send it to Brandy. * She applied for SSI for her Daughter. The hearing was transferred to Oakland. It was by phone. She was found eligible after being denied several times.   Midhun Tripuraneni (At-Large)   * He is a self-advocate and misses going out, he mentioned he has been taking precautions and making sure he is doing what he needs to during Covid-19. * He is concerned schools are not considering split groups. Prefers in person instruction.   Benita Ayala (Sacramento county)   * The Supported Life Conference is looking for ideas for their Fall conference. The Self-Advocacy Conference was cancelled in May. * At the MIND Institute they are looking to connect and have a town hall meeting. Sankofa may expand across California and even to Kenya, Africa. * They are starting a dialog with SCUSD – parents of children who can’t benefit from distance learning want compensatory time.   Tyson Whitman (Placer county)   * Mostly at home staying safe.   Donnell Kenworthy (Yolo county)   * She misses seeing her grandkids because of covid-19. Her son’s program is not running because of Covid. And he is high risk. * She is mentoring parents with IHSS issues. * Advocates on Family Voices of California.   Nancy Esparza (At-Large)   * Looking forward for her Zoom class through The ARC. Today they are making meatloaf in a cooking class through Zoom.   Lisa Cooley (SSAN Representative)   * Lisa is going to be attending the SSAN meeting scheduled for next month on September 23and September 24. She is looking forward to this.   Joyce McNair (Council Representative for Sacramento Regional office)   * Joyce misses browsing books at the bookstores. Her daughter misses being social with her friends. * The State Council is forming partnership with the Red Cross and they will use this to fund the Go-Kits. | |  | |
|  | | Public Comments | |  | |
|  | | **Alta California Regional Center Update**Herman Kothe, Training Officer, and Tracy Brown, Associate Directors of Client Services   * Herman Kothe mentioned ACRC is open for business, with 500 employees working remotely. They are taking actions and proactively reaching out to each consumer/family. * ACRC launched a new updated website. They welcome comments, suggestions. * Of their 26,000 consumers served, 96 have tested positive for Covid-19. 5 have passed away. * They are working with programs on re-entry or re-invention plans. * For Self-Determination Program: 267 were selected. 115 withdrew after orientation or were unable to contact, inactive, or moved out of state. About 100 are in the process of moving toward SDP service. 3 are currently in Self-Determination. * ACRC is deciding what kind of Santa Day event to hold, maybe a drive-through event. * Alta CA Regional Center has been sending out information through their website and social media accounts. They are using WebX as well for meetings. | |  | |
|  | | Sacramento Regional Office Updates (Sonya Bingaman & Kathy Brian) Kathy Brian, CPS II, Community Program Specialist   * PPE Delivery * SCDD Zoom Chats * CIT Trainings * Disability Community Support Collaborative (DCSC) updates to Doc - TBA * Reaching out to SELPA CAC’s - SCDD provides Plain Language information for parents/teachers/students * UC Davis MIND Institute – Summer Institute Planning team * Aging and Disability Resource Advisory Committees, Yolo, Sutter, Yuba * Business Advisory Council – BAC Event Planning team * Help Me Grow Advisory Committee meetings * Yolo Early Start Committee meetings * Supported Life Institute SL Conference Planning team * Racial Disparities work group   Sonya Bingaman, SSM II, Regional Manager   * Crisis Intervention Team (CIT) Training Yolo, June 22. CIT Sacramento Police Department, July 22. In person trainings. * Teamwork within SCDD (statewide Managers). SCDD collaborating statewide to assess and respond to needs: Special Education distance learning support needs, Emergency Preparedness (PSPS, brown outs, fires, Covid), sharing online resources, Self-Determination Program roll-out. * Continuing with collaboratives (ADRCs, Sacramento Food Collaborative, etc.), community groups, trainings, RAC meetings, Council meetings. Collaborating on Zoom trainings which are now available statewide hosted by the 12 regional offices. * MCDAC dental meetings – report on Special Needs General Anesthesia by Barbara Aved Associates. * Offered training on CalABLE to Sacramento United People First, August 12. * Continuing with Tuesday Chats: Raymond Hampson Dad-vocates; Caryl Balko, Pride on Supported Employment; Dierdre Fitzgerald, ABA tips for setting sleep rhythms and patterns during Covid; Lori Banales and John Decker, ACRC on services offered during COVID; Danielle with LIBERTY Dental Plan on preventive dental care for self-advocates; Katherine Weston on HCBS Settings Requirement; * PPE (Masks, Face Shields, Hand Sanitizer) over 25 million pieces distributed by SCDD offices statewide. Sacramento Regional Office has collaborated with ACRC and other organizations to distribute over 2 million pieces. About 25 individual/family pick up events in 8 counties (at most Regional Center Offices) as well as with other collaborators. The group/organization pick up at Pride Industries on June 19 was a success distributing over 14 pallets of PPE to 125 organizations. Assisted with individual pick up June 23rd at AIM & Associates in Auburn. Over 10 pick up days at Elk Grove Adult Community Training program in Elk Grove. Hosted 2 pick up events at SCDD office and assisted with 2 more all day events at ACRC. Other distribution happening in various counties. Mailed out or delivered many individual requests for individuals who could not attend events. Thank you to DSIA, RAC, and other volunteers who have assisted us. Any input, feedback, suggestions, let us know. * Provided update on Emergency Regulations issued by the Dept. of Developmental Services to help programs adapt. Absence Billing ends August 31, 2020. New program designs take effect 9/1/20. | |  | |
|  | | FUTURE MEETING DATES October 20 – Training TBD  December 15 – Training TBD | |  | |
|  | | Meeting Adjournment 12:00 pm | |  | |  | |
|  | | Chris Flanery, Health Homes Program Training (Medi-Cal) 12:15-1:00pm | |  | |  | |

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Recordings of recent SCDD Sacramento Regional Office Trainings

April 21, 2020 Dante Allen, ED, CalABLE on ABLE Accounts (link to different recent CalABLE training) <https://www.youtube.com/watch?v=aORiXaR2llI>

April 28, 2020 Brittnee Gillespie, Attorney/Clients’ Rights Advocate, Disability Rights California about about supports and services her office provides to clients of Alta California Regional Center and children with special needs who have Individual Education Plans. We also discuss changes that have occurred to services as result of Covid-19. <https://bit.ly/2Qcpaw4>

May 5, 2020 L. Vance Taylor, Chief, Office of Access and Functional Needs, CA Governor’s Office of Emergency Services on Covid-19 and people with Access and Functional Needs <https://bit.ly/34jONmE>

May 12, 2020 Carole Watilo, ED, Progressive Employment Concepts and Self-Advocates on Employment & Community Based Supports <https://bit.ly/31evs4i>

May 19, 2020 Andrew Pentacost, Senior Health Education Specialist, Health Education Department, California Health and Wellness/HealthNet on Managed Care regulations and services under the Affordable Care Act. We also address changes to medical services during Covid-19. <https://bit.ly/3hh8HlV>

May 26, 2020 April Wick, Executive Director, Resources for Independent Living (RIL) on Independent Living Center services and supports <https://bit.ly/3hfynj3>

June 2, 2020 Diana Maffei, Program Manager, Warmline Family Resource Center on services and supports through Family Resource Centers <https://bit.ly/2QhXSUJ>

June 11, 2020 Anthony Pico with the Aunt Bertha online social service resource platform on how this resource works and how you can use it to help yourself or others find resources in your community by zip code and topic of what you are seeking help with. <https://bit.ly/3gdcAXL>

June 16, 2020 Brittnee Gillespie, Attorney/Clients’ Rights Advocate, Disability Rights California on IHSS program, how to Prepare for Home Visits, Protective Supervision, and the Appeals Process. <https://bit.ly/3aKgAOr>

June 23, 2020 Raymond Hampson and other dads with Dad-Vocates fathers’ group discuss fathering a special needs child and unique challenges during COVID-19 <https://bit.ly/2QaOu5r>

June 30, 2020 Caryl Balko, Pride Industries Supported Employment, and job exploration, preparation, searching, on-the-job training, and ongoing supports for community employment. <https://bit.ly/32eWJmN>

July 7, 2020 Deirdre Fitzgerald, PhD, BCBA-D, Achievement by Design, discusses practical strategies to improve sleeping and waking routines during stressful times, such as COVID-19. <https://bit.ly/3dex7cy>

July 28, 2020 Lori Banales, Deputy Executive Director, and John Decker, Director of Community Services and Supports with Alta California Regional Center discuss updates regarding services & supports to individuals with developmental disabilities during COVID-19.

August 4, 2020 Danielle Cannarozzi, Community Outreach Specialist, LIBERTY Dental, discusses proper oral hygiene, including brushing and flossing, as well as healthy drinks/snacks for the best oral health for individuals with developmental disabilities. <https://tinyurl.com/SCDDdentaltraining>

August 11, 2020 Katherine Weston, Home and Community Based Specialist, Alta California Regional Center, helps us learn more about the CMS (Centers for Medicaid Services) Final Rule requirements for Home and Community Based Services (HCBS) and Person Centered Planning and how they will shape day program services and supports funded by the Regional Centers in the near future. <https://tinyurl.com/SCDDHCBS2020>

August 18, 2020 Chris Flannery is an Outreach Specialist with Aurrera Health Group who works with the California Department of Health Care Services (DHCS) to help implement the Health Homes Program (HHP), a new initiative which adds extra service benefits to qualifying Medi-Cal beneficiaries. HHP offers these extra services at no cost to Medi-Cal members with certain chronic health and/or mental health issues who have high health care needs or do not have a place to live. If you qualify, the HHP will offer health care services and other help to meet your needs. <https://bit.ly/3l3hF8C>

August 25, 2020  Kelsey Handcock, OCRA Office of Clients' Rights Advocacy serving clients of Alta California Regional Center, on **Individual Program Plan (IPP) Strategies**, Procedures, and the Complaint & Appeal Process. [https://www.youtube.com/watch?v=rzLTuytLb-Q](https://urldefense.com/v3/__https:/www.youtube.com/watch?v=rzLTuytLb-Q__;!!GYLAgPY1nfYXW-ZqwnM!fBnwgA3yq_lnnVDTZZFe850hc-eD5kiqeEadDis8fBjkPZKt4-NR6QTIUM8pCbJoW-ufbn0$)

September 8, 2020 April Wick, Executive Director, Resources for Independent Living on **Census2020** and its importance for the disability community. <https://youtu.be/fIhE5VL88Lk>

September 22, 2020 Fred Nisen, Supervising Attorney on Voting Rights with Disability Rights California and Russel Rawlings, Statewide Organizer, California Independent Living Centers discuss **Voting Rights in 2020**.

<https://youtu.be/jUIEugVz-sE>

September 24, 2020 Katherine Westin, HCBS Specialist, Alta California Regional Center offers a training on the **Home and Community Based (HCBS) Waiver** or Settings Rule/Final Rule and how it may affect community services funded through the regional centers. <https://youtu.be/NNwlFQbTVAc>

October 6, 2020 **Employment Services from ACRC, Employment First Legislation and Competitive Integrated Employment (CIE)**: Cindy Le, Employment Services Specialist, Alta California Regional Center (ACRC) will discuss Employment Services from ACRC, Employment First Legislation and Competitive Integrated Employment (CIE).  [https://youtu.be/mNIdC-kdDxE](%20https://youtu.be/mNIdC-kdDxE%20%20%20%20%20%20)

**A few other trainings SCDD has been involved with that you may find interesting:**

June 8, 2020 SCDD's Festival of Learning Part 1. Person Centered Planning: The Five Valued Experiences is from Kirk Hinkleman and Beth Gallagher from Life Works in San Diego. <https://youtu.be/tIqCFzRKzWU>

August 10, 2020 SCDD’s Festival of Learning Part 2 shared how genuine person driven planning and flexible supports have assisted these individuals to identify ways to achieve their dreams! <https://youtu.be/rvl-rV_EUc0>

College Students and Professionals with Disabilities – almost 50 brief video interviews with adults with developmental disabilities talking about their experiences in college and employment (Produced, in part, with Grant funding from SCDD Sacramento Regional Office). <https://bit.ly/3hbdbup>

Success in College Booklet: Advice and Strategies from College Students and College Graduates who have Developmental Disabilities (Produced, in part, with Grant funding from SCDD Sacramento Regional Office). <https://bit.ly/3l5Alob>

Success in the Workplace Booklet: Advice and Strategies from Professionals who have Developmental Disabilities (Produced, in part, with Grant funding from SCDD Sacramento Regional Office). <https://bit.ly/34iNzrV>

** **

**Let’s celebrate Employment in October**

**Join the SCDD – Sacramento Regional Office & Alta California Regional Center**

**to celebrate National Employment of People with Disabilities Month with a 4-part series.**

Please click on the Zoom link below, now, to Register for each event separately. You will then receive an email with your personalized link to the Zoom Training.

A young man working at a computer



**October 6, 2020 Employment Services from ACRC, Employment First Legislation and Competitive Integrated Employment (CIE)**: Cindy Le, Employment Services Specialist, Alta California Regional Center (ACRC) will discuss Employment Services from ACRC, Employment First Legislation and Competitive Integrated Employment (CIE). Bring your questions and join us for this important discussion.

Recording located on YouTube: <https://youtu.be/mNIdC-kdDxE>

**October 13, 2020 ~** **10-11:30am** **DOR Student Services & Career Exploration:** Jose Garcia, Senior Vocational Rehabilitation Counselor-Service Coordinator, Department of Rehabilitation (DOR) will discuss DOR Student Services which help students prepare for workplace success by exploring options, getting ready to work, and creating careers. There are five types of DOR Student Services, which include Job Exploration Counseling, Work-Based Learning Experiences, Postsecondary Counseling, Workplace Readiness Training, and Self-Advocacy Training. Hear what the purpose of each of the five types of DOR Student Services, and examples of the types of things you can do, learn, and explore in each category. You and your DOR staff member may use these examples to identify which activities in your local area match your interests and needs.

**And** Jessica Conant, MS, Disability Resource Coordinator with Golden Sierra Job Training Agency will discuss **Career Exploration**.  Golden Sierra Job Training Agency offers an integrated workforce system that capitalizes on the expertise of industry and workforce partners to continuously meet the needs of business, and facilitate pathways to success for students, workers and job seekers. Golden Sierra offers no-cost employment services and resources to job seekers and employers in Placer, El Dorado and Alpine counties.

Register in advance at: <https://bit.ly/35Nhk4I>

**October 20, 2020 ~** **2-3:30pm (note different time)** **Business Outreach & Benefits Counseling:** Steve Ruder, Program Coordinator at the UC Davis MIND Institute, will discuss the Business Advisory Council (BAC) that supports businesses to give presentations about the process and benefits of hiring people with disabilities who receive assistance from supported employment agencies, American Job Centers, and the Department of Rehabilitation. Businesses share about their experiences and talk about the work their employees do.  Businesses learn how to hire quality employees with disabilities and connect with the agencies that support them. We will also discuss employment services available to people who are and *are not* clients of the regional center.

**And**, Dee Gavaldon, Program Manager and Benefits Counselor, Crossroads, a Pride Industries company, will discuss **Benefits Counseling** including the transition from work activity to community employment and how changes can affect your benefits.

Register in advance at: <https://bit.ly/3ktWmfC>

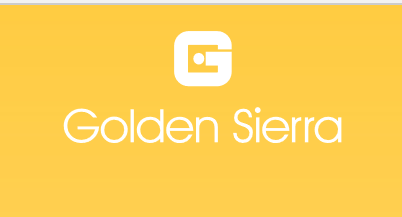
**October 27, 2020 ~** **10-11:30am** **Let’s celebrate our stories!** A panel of transition aged youth & adults with developmental disabilities, a parent, and job coaches from several supported employment agencies share about their experiences working before and during COVID-19. What supports did they receive that helped them prepare for and get a job, what challenges did they face, what have they learned on the job, how was their job affected during Covid, what new jobs have they found? What advice do they have for others seeking employment?

 Register in advance at: <https://bit.ly/2RC6Vkf>

If you have a question or need an accommodations, please contact Sonya Bingaman at least 5 days in advance of the training at [sonya.bingaman@scdd.ca.gov](mailto:sonya.bingaman@scdd.ca.gov) or 916-715-7057.

Recordings of trainings will be posted at [www.youtube.com/CalSCDD](http://www.youtube.com/CalSCDD)

**[](https://progressiveemployment.org/)** **Pride Industries logo**

 **[Dept of Rehabilitation Logo](https://www.dor.ca.gov/)** 

# The State Council on Developmental Disabilities’ Sacramento Regional Office

# & Alta California Regional Center offer a 2-part training on:

**Home and Community Based Services (HCBS Final Rule) and how it pertains to Community-Based Programs and Residential Settings**

What is HCBS? Home and Community-Based Services were developed to offer support to individuals in community settings, as an alternative to institutional care. In 2014, new federal rules were released by the Centers for Medicare & Medicaid Services (CMS), requiring homes and programs where HCBS are delivered to meet new criteria. The Department of Developmental Services (DDS) and its partners are working to implement the requirements for home and community-based settings in accordance with this Final Rule. Everyone who receives (most Regional Center clients), or provides, HCBS services may be affected by the CMS Final Rule.

Katherine Weston, Home and Community Based Specialist, Alta California Regional Center, will help us learn more about the CMS Final Rule requirements for HCBS.

**Listen, learn, and ask questions!**

**September 24, 2020** ~ 9am-11am **Part 1**: **Overview & Community Based Services**

Overview of federal CMS Final Rule Requirements for all Home and Community Based Services providers. We will discuss community integration, promoting independence, participant choice, person centered planning, clients’ rights, and the provider assessment process. Space is limited. Register for this free Zoom training at: <https://tinyurl.com/HCBS092420>

**October 15, 2020** ~ 9am-11am **Part 2: Residential Services**

We will discuss the federal CMS Final Rule Requirements for all Home and Community Based Services providers, focusing on how this applies to residential settings, for example: rights to visitors at any time, access to food, lockable doors on living units, choice of single room / choice of roommate, accessibility, and so on. Space is limited. Register for this free Zoom training at:<https://tinyurl.com/HCBS101520>

If you have a question or need any accommodations, please contact Sonya Bingaman at [sonya.bingaman@scdd.ca.gov](mailto:sonya.bingaman@scdd.ca.gov) or 916-715-7057.

Recordings of previous trainings on a variety of topics & these HCBS trainings will be posted at [www.youtube.com/CalSCDD](http://www.youtube.com/CalSCDD)



**Schedule for 2021**

**Regional Advisory Committee (RAC) Schedule**

Sacramento Regional Office

3831 N. Freeway Blvd. Ste. 125, Sacramento, CA 95834

916-263-8134 [sacramento@scdd.ca.gov](mailto:sacramento@scdd.ca.gov)

Meetings are being held via Zoom until further notice. <https://scdd.ca.gov/sacramento/>

Tuesday, February 9, 2020 10am-1pm

Tuesday, April 20, 2020 10am-1pm

Tuesday, June 15, 2020 10am-1pm

Tuesday, August 17, 2020 10am-1pm

Tuesday, October 19, 2020 10am-1pm

Tuesday, December 14, 2020 10am-1pm

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| \*Please call or email office to double check dates and locations, in case of changes.  NOTE: All are welcome to attend. RAC members should notify SCDD Sac staff, at least 2 days prior to the meeting, if they are unable to attend. |



Please visit [www.scdd.ca.gov](http://www.scdd.ca.gov) for Plain Language Documents related to COVID-19 that SCDD has developed. You will see other documents, along with translations into Spanish, Chinese, Vietnamese, and other languages. Please feel free to share.

If you are **not** currently on SCDD Sacramento Regional Office’s email list and would like to be added, please contact [sonya.bingaman@scdd.ca.gov](mailto:sonya.bingaman@scdd.ca.gov) or 916-715-7057.