

California State Council on Developmental Disabilities

2022–26 Draft State Plan



Work provided by the California State Council on Developmental Disabilities is supported by a grant from the U.S. Administration for Community Living (ACL), Department of Health and Human Services (DHHS), Washington, D.C. The findings and conclusions of grant-funded projects may be freely expressed, although the opinions do not necessarily represent official ACL policy.

The 5-Year State Plan

- ▶ The State Council on Developmental Disabilities (SCDD) is required by federal law to develop a new State Plan every five (5) years.
- ▶ The State Plan has goals and objectives that describe the work that SCDD will do for the next five years throughout California.

State Plan Committee Members

- ▶ Kilolo Brodie, Chair and family advocate
- ▶ Nicole Adler, self-advocate
- ▶ Sandra Aldana, self-advocate
- ▶ Lee Bycel, family advocate
- ▶ Matthew Lagrand, self-advocate
- ▶ David Pegos, family advocate

State Plan Committee Members:

- ▶ Met nine (9) times over five (5) months
- ▶ Spent thirty-four (34) hours in meetings
- ▶ Spent hundreds of hours reviewing documents, research and proposed drafts
- ▶ Spent time completing worksheets and providing feedback to staff
- ▶ Worked strategically to identify needs and develop strong goals and SMART objectives

State Plan Team Staff

- ▶ Rihana Ahmad, State Plan and Self-Advocacy Manager
- ▶ Janet Fernandez, Senior State Plan Analyst
- ▶ Sarah Wasiak, State Plan Analyst
- ▶ Riana Hardin, Self-Advocacy Analyst

Data Collection

- ▶ Staff developed, posted, collected and analyzed data through the State Plan survey to identify needs of people with intellectual/developmental disabilities, their families, and others throughout the state
- ▶ Staff received a total of 6,329 survey responses, with 1,530 Hispanic/Latino survey responses, and 496 Spanish-only survey responses

Statewide Survey Results

- ▶ The responses showed that Californians were most concerned about:
 - Employment
 - Housing
 - Education
 - Health/safety
- ▶ People with disabilities were most concerned about employment
- ▶ For Spanish-speaking respondents, education was the area of most concern

History

In the past, the Council has had as many as 15 goals and 32 objectives and currently has 6 goals and 14 objectives.

The federal recommendation has been to limit the number of goals (to only two or three), in order to make the most of Council resources and time and produce more significant outcomes.

History

The Council's past State Plan models focused specifically on areas like housing, education, employment, health, etc.

The new model is built on federal requirements that focus on advocacy, systems change and capacity-building.

**According to the federal DD Act,
the work of the Council must
include:**

- 1. Advocacy**
- 2. Systems Change**
- 3. Capacity-Building**

Advocacy (Slide 1 of 2)

Advocacy is the work of helping people get important supports, services, or other help to meet their needs.

Advocacy (Slide 2 of 2)

The State Council on Developmental Disabilities provides **advocacy** by helping to represent the interests and needs of all people with intellectual/developmental and other disabilities and their families in communities throughout California.

Systems Change (Slide 1 of 2)

To change systems, people change the ways that things are done. This can include:

- 1) Changing laws;
- 2) Changing rules or directions about how services and supports are given to people; and/or
- 3) Changing the ways in which people do their jobs, when they serve or support other people, including people with disabilities.

Systems Change (Slide 2 of 2)

SCDD works to change **laws** (and **regulations**), **policies**, supports, services and programs (including **practices & procedures**) in California so that they are fully accessible to people with intellectual/developmental and other disabilities.

Capacity–building (Slide 1 of 3)

Capacity–building means that people are given information and skills to know what they need and how to get it.

Capacity-building (Slide 2 of 3)

The Council builds the abilities (**capacity**) of people with disabilities and their families to make their own decisions. SCDD also provides training, resources and technical assistance to help people with intellectual/developmental and other disabilities and their families get the supports and services they need.

Capacity-building (Slide 3 of 3)

SCDD also provides training, resources and technical assistance to help professionals and others to provide important supports and services to people with disabilities and their families in California.

State Plan Structure

There are three (3) goals and eight (8) SMART objectives in this model. One of the goals and two (2) of the objectives are federal requirements.

SMART Objectives: Definition

- ✓ Specific
- ✓ Measurable
- ✓ Achievable
- ✓ Realistic
- ✓ Time-Phased

Measurable: Projected numbers of activities and people reached (Slide 1 of 2)

The number of activities that the Council is planning to do and the number of people that it plans to reach are all based on:

- 1) Analysis of work completed over the past five (5) years, including the number of activities provided and people reached
- 2) Council staff capacity and available resources; and,
- 3) Development and implementation of the Council's annual work plan.

Measurable: Projected numbers of activities and people reached (Slide 2 of 2)

The numbers provided in each of the draft State Plan objectives will be spread out over five (5) years of the next (2022–26) State Plan period.



2022–2026 Draft State Plan

Goal 1

The Council will empower people with intellectual/developmental disabilities to become strong self-advocates, peer trainers and community leaders

Goal 1: Objective 1

The Council will provide information, resources and 125 trainings to strengthen 1,250 self-advocates in:

- 1) Identifying and asking for the supports and services that they need;
- 2) Becoming and serving as peer trainers; and,
- 3) Developing skills and opportunities to engage as strong activists for issues that are important to them and their families

How this State Plan model works: Goal 1, Objective 1

➤ Trainings:

- ✓ Self-Advocacy, Training for Trainers (T4T), Boardsmanship, Leadership, etc.

Goal 1: Objective 2

The Council will support self-advocates in peer networks by providing facilitation, tangible supports and peer advocacy/leadership opportunities through at least 1 statewide and 12 regional self-advocacy entities, reaching 6,000 self-advocates

How this State Plan model works: Goal 1, Objective 2

- ✓ Self-Advocates Advisory Committee (SAAC)
- ✓ Statewide Self-Advocacy Network (SSAN)
- ✓ Local Self-Advocacy Groups

Goal 2

The Council will lead in partnership with family/self-advocates and others to protect and enhance civil rights and improve community-based systems to be more fully inclusive and supportive of people with intellectual/developmental disabilities and their families.

Goal 2: Objective 1

The Council will develop, improve and/or change 30 practices, 15 policies, 10 regulations (or guidance) and/or laws in the systems of regional centers, community-based services, and governmental entities. This work will include the areas of employment, education, housing, and health/safety in ways that will benefit people with intellectual/developmental disabilities and protect their civil rights, promote full inclusion, and/or provide additional supports and services, improving their lives in tangible ways.

How this State Plan model works: Goal 2, Objective 1

- Policy work areas
 - ✓ Laws
 - ✓ Regulations
 - ✓ Policies
 - ✓ Practices

Goal 2: Objective 2

The Council will engage in 20 regional and 5 statewide innovative/special projects and/or events in the areas of employment, education, housing, and health/safety to:

- 1) Empower 5,000 people (self-advocates/family advocates/others) in systems change efforts and give them information, skills and/or supports to increase their abilities to become effective advocates; and/or,
- 2) Increase services to improve supports for people with I/DD and their families.

How this State Plan model works: Goal 2, Objective 2

- ✓ Innovative/special statewide and/or regional projects (which will also include grant-funded projects) and other types of events
- ✓ Capitol Day
- ✓ Regional/Statewide Summits

Goal 2: Objective 3 (Federal Partners' Project)

The Council, in collaboration with California's four (4) partners (one Protection and Advocacy agency and three University Centers for Excellence in Developmental Disabilities), will seek to improve the generic service system that impacts people with intellectual/developmental disabilities who are underserved by choosing an area of emphasis in the State Plan, such as education, employment, housing, and/or health/safety, and report on how that system is serving people with I/DD, gaps in that service delivery system, recommendations on how to improve the systems to meet the goals of the DD Act, and pursue policy and practice changes in those areas. The collaboration will result in 2 reports, 6 recommendations for policy or practice changes, and 2 Legislative or Administrative changes to policy or practice.

Goal 3

The Council will partner with and empower more people with intellectual/developmental disabilities and their families, so they know their rights and can advocate for and receive supports and services.

Goal 3: Objective 1

The Council will provide (staff-led, peer-led and/or collaborative) training to 60,000 people (self-advocates/family advocates/others) throughout the state – virtually, online and/or in person – and provide technical assistance (TA)/advocacy clinics, reaching 50,000 people with assistance and resources to identify and obtain the supports and services that will help people with intellectual/developmental disabilities live a safer and healthier life.

How this State Plan model works

Goal 3, Objective 1

- ▶ Trainings
 - Early Identification/Intervention/IEP/Transition
 - Housing, Competitive Integrated Employment (CIE), CalABLE, Independent Living
 - Personal Safety, Emergency Preparedness, Health
 - Regional Center, Formal/Informal Supports, Transportation, Recreation
 - Independent Facilitator
 - Other topics, as needed
- ▶ Self-Determination Program Report
- ▶ Technical Assistance/Clinics
- ▶ Resource Distribution

Goal 3: Objective 2

The Council will engage in 100 projects and events in the areas of employment, education, housing, health/safety, and emerging issues, reaching 25,000 people (self-advocates/family advocates/others) with information and resources to enhance their knowledge and increase their capacity to obtain supports and services that are important to them.

How this State Plan model works:

Goal 3, Objective 2

- ▶ Emerging disasters and critical incidents
 - Distribution of personal protective equipment (PPE)
 - Public Safety alerts
- ▶ Statewide Self-Determination Advisory Committee (SSDAC) and local Self-Determination Advisory Committee (SDAC) meetings
- ▶ Statewide/regional conferences/events
- ▶ Projects

Goal 3: Objective 3

Underserved Population/Disparity Project

In order to reduce the disparities in obtaining a free, appropriate public education, the Council will work with 5,000 Spanish-speaking family/self-advocates throughout the state to advocate for and increase the number and type/quality of special education services they receive through their own local education agencies.

Next Steps:

- ▶ The Council will review and approve the recommended State Plan
- ▶ The State Plan and its introductory language will be translated into 17 threshold languages, in addition to the Plain Language version
- ▶ This will be posted online for a 45-day public comment period
- ▶ The State Plan Committee will review all comments
- ▶ If significant changes are needed, based on input, the revised plan will be sent back to the Council
- ▶ If no changes are made, it will be submitted to the Administration on Community Living Office on Intellectual and Developmental Disabilities (ACL/OIDD)

**The State Plan Committee is
recommending that the
Council:**

**Adopt the 2022–26 State Plan,
as presented, and open the
45–day Public Comment
period.**