

2022-26 State Plan

(Plain Language Draft)

Goal 1: Self-Advocacy

The Council will empower people with intellectual/developmental disabilities to speak up for themselves, train other people with intellectual/developmental disabilities, and become leaders in their communities.

Objective 1

The Council will provide information, resources and 125 trainings to strengthen 1,250 self-advocates in:

- 1)** identifying and asking for the supports and services that they need;
- 2)** becoming and serving as peer trainers; and,
- 3)** developing skills and opportunities to engage as strong activists for issues that are important to them and their families.

Objective 2

The Council will support self-advocacy networks by providing facilitation, supports and peer advocacy/leadership opportunities through at least 1 statewide and 12 regional self-advocacy groups, reaching 6,000 self-advocates

Goal 2: Systems Change

The Council will work together with families, self-advocates and others to make sure that the civil rights of people with intellectual/developmental disabilities are protected and that communities and services include and support people with intellectual/developmental disabilities and their families.

Objective 1

The Council will work to improve or change 30 practices, 15 policies and 10 regulations or laws about employment, education, housing, or health/safety of people with intellectual/developmental disabilities and their families. The Council will work on changes that help people be included in their communities, have the services and supports they need, and improve their daily lives.

Objective 2

The Council will work on 20 local and 5 statewide projects and events that use new ideas about employment, education, housing, and health/safety. These projects and events will:

- 1)** Give 5,000 self-advocates and family members information and support they need to be better advocates and to change the service system
- 2)** Improve and increase services and supports for people with intellectual/developmental disabilities and their families

Objective 3

The Council, together with our federal partners (Disability Rights California and the three California UCEDDs), will choose one focus area of the State plan - education, employment, housing, health or safety - and work to improve generic services so that they meet the needs of people with intellectual/developmental disabilities in that focus area. The Council and its partners will report on gaps in service delivery, make recommendations for improving systems, and work to change policies and practices to meet the needs of people with intellectual/developmental disabilities. The Council and our Federal partners will produce 2 reports and make 6 recommendations for changes to policies or practices and 2 changes to legislative or administrative policies or practices.

Goal 3: Capacity-Building

The Council will be partners with people with intellectual/developmental disabilities to support their rights and their power to speak up for themselves. The Council will be partners with people with intellectual/developmental disabilities and their families to advocate for the services and supports they need.

Objective 1

The Council will offer training to 60,000 people on advocacy, services and ways for people with intellectual/developmental disabilities to get what they need. Training will be led by Council staff, people with intellectual/developmental disabilities, their families, and/or other trainers. The Council will reach 50,000 people by giving information about how to speak up for themselves or their family members to get the services and supports they need.

Objective 2

The Council will reach 25,000 people through 100 special projects and events. These projects and events will give people information and resources about employment, education, housing, health, safety and other important topics.

Objective 3

The Council will work with 5,000 Spanish-speaking people with intellectual/developmental disabilities and their family members to help them speak up to get better school services or more special education services.

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