State Council on Developmental Disabilities Bay Area Office

Community Outreach & Regional Advisory Committee Meeting

Wednesday, June 24, 2020

Networking 6:30-7:00PM Meeting 7:00-9:00PM

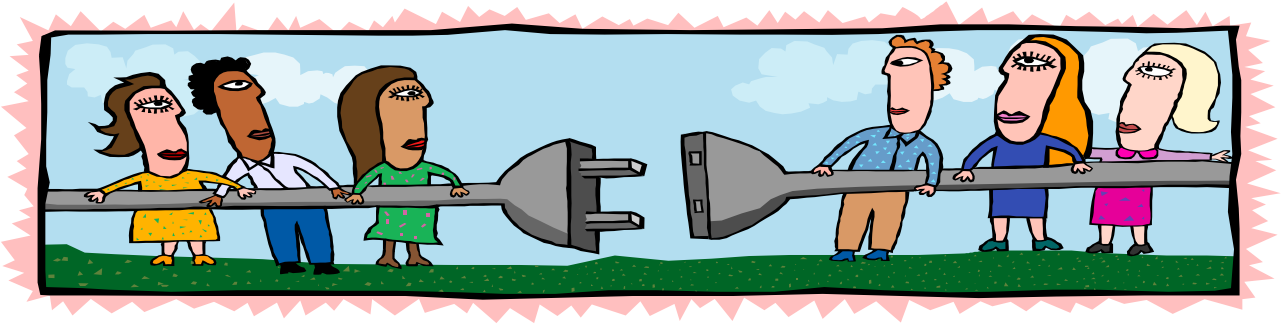
This is a Teleconference and Zoom meeting only.

There is no physical location being made available to the public. Per Executive Order N-29-20, teleconferencing restrictions are waived during the COVID-19 pandemic. Regional Advisory Committee members are not required to list their remote locations. Members of the public may participate telephonically or by Zoom from any location. Accessible formats of all agenda and materials can be found at least 10 days prior to the meeting at: www.scdd.ca.gov/bayarea/.

Join By Zoom:
https://zoom.us/j/94351472036?pwd=MXVGNVBTMlRYSHJJU2V6YUp1akxudz09
Meeting ID: 943 5147 2036, Password: 785313
OR
Join by Teleconference / Call-in: US Toll-free 1 888 475 4499 or 1 877 853 5257,
Meeting ID: 943 5147 2036

Collaboration is key! We invite members of the community to share input, issues and concerns. All are welcome. Featured this meeting: Special Education updates, rights and planning.

Information: Pursuant to Government Code Sections 11123.1 and 11125(f) and Executive Order N-29-20. Individuals with disabilities who require accessible alternative formats of the agenda and related materials and/or auxiliary aids/services to participate in this meeting should contact us at 510-286-0439 or bayarea@scdd.ca.gov, at least five business days prior to the meeting.



Consejo Estatal de Discapacidades del Desarrollo

Alcance Comunitario & Reunión del Comité Asesor Regional

Miércoles, 24 de Junio de 2020

Oportunidad de red 6:30-7:00PM Reunion 7:00PM to 9:00PM

Esta es solo una teleconferencia y una reunión de Zoom.

No hay una ubicación física disponible para el público. Según la ORDEN EJECUTIVA N-29-20, no se aplican restricciones de teleconferencia durante la pandemia de COVID-19. Los miembros del Comité Asesor Regional no están obligados a enumerar sus ubicaciones remotas. Los miembros del público pueden participar telefónicamente o por Zoom desde cualquier lugar. Los formatos accesibles de toda la agenda y materiales se pueden encontrar al menos 10 días antes de la reunión en www.scdd.ca.gov/bayarea/.

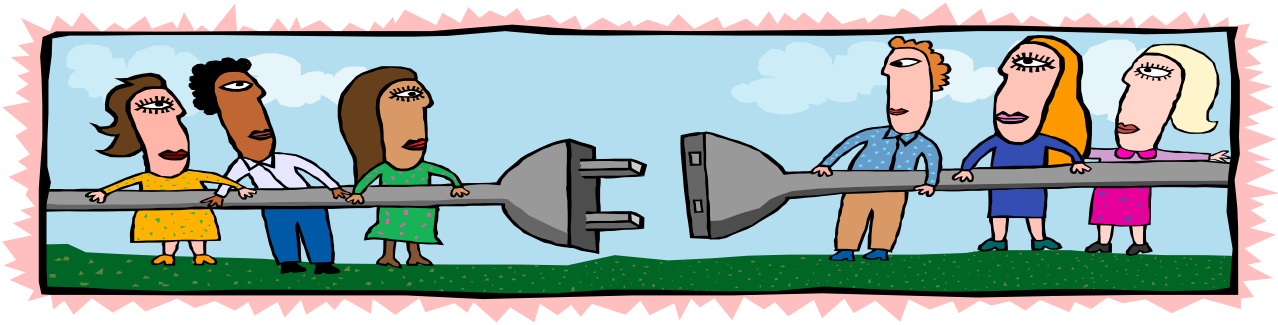
ÚNETE POR ZOOM REUNIÓN:
https://zoom.us/j/94351472036?pwd=MXVGNVBTMlRYSHJJU2V6YUp1akxudz09
ID de la reunión: 943 5417 2036, Contraseña: 785313

OR

ÚNETE POR TELECONFERENCIA: (SOLO VOZ)
Llamar al número: 1 888 475 4499 o 1 877 853 5257,
ID de la reunión: 943 5147 2036

¡La colaboración es clave! Invitamos a los miembros de la comunidad a compartir opiniones, problemas e inquietudes. Todos son bienvenidos. En esta reunión: actualizaciones de educación especial, derechos y planificación.

Información: De conformidad con las Secciones del Código de Gobierno 11123.1 y 11125 (f) y la Orden Ejecutiva N-29-20. Las personas con discapacidades que requieren formatos alternativos accesibles de la agenda y materiales relacionados y / o ayudas / servicios auxiliares para participar en esta reunión deben comunicarse con nosotros al 510-286-0439 o bayarea@scdd.ca.gov, al menos cinco días hábiles antes a la reunión.



STATE COUNCIL ON DEVELOPMENTAL DISABILITIES (SCDD)

BAY AREA REGIONAL ADVISORY COMMITTEE (RAC) MEETING & COMMUNITY OUTREACH

NOTICE & UPDATED AGENDA*

Date Wednesday, June 24, 2020

Time Networking 6:30pm – 7:00p, Meeting 7:00pm – 9:00pm

Locations This is a teleconference and Zoom meeting only.

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Join by Teleconference / Call-in: US Toll-free 1 888 475 4499 or 1 877 853 5257, Meeting ID: 943 5147 2036

For more information, contact the State Council on Developmental Disabilities Bay Area Regional Office, 510-286-0439 or bayarea@scdd.ca.gov.

Pursuant to Government Code Sections 11123.1 and 11125(f) and Executive Order N-29-20 (Executive Order can be found by typing https://www.gov.ca.gov/wp-content/uploads/2020/03/3.17.20-N-29-20-EO.pdf into your web browser), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact 510-286-0439, at least 5 (five) business days prior to the meeting.

7:00p Call to Order

Introductions / Establishment of Quorum **Bittner**

7:05p Approval of the February 2020 and

April 2020 Meeting Minutes **Bittner**

7:10p Public Comment

An invitation to provide the public an opportunity to comment and/or present information to the Committee on **any matter that is not on the agenda**. Each public member has up to 3 minutes to speak. Written requests will be considered first. The Committee will provide a public comment period not to exceed 5 minutes total for all public comments prior to action on any agenda item.

7:20p Legislative Office Comments and Reports **Bittner**

An invitation for legislative offices in attendance to provide the RAC and guests comments and brief statements or updates.

7:55p An update on Special Education in a time of COVID-19 **Harris**

Hear an overview and update on Special Education, what students and their families are experiencing, and what we can prepare for regarding Fair and Appropriate Education (FAPE) this fall.

8:10p Report Out from SCDD Bay Area Regional Office on Racial Justice and the ties to Disability Justice **Nicholau**

Hear a brief report from Regional Manager, Sheraden Nicholau, on SCDD's response and work regarding this current chapter of the racial justice movement, and the importance of disability justice allyship.

8:15p Member Reports: SCDD Bay Area Regional Advisory Committee & SCDD Councilmembers **Bittner**

Hear updates from RAC members and Councilmembers on their regional and statewide advocacy work, and their priorities.

8:35p Reports **Bittner**

- Regional Center Reports
- County Developmental Disabilities Councils Reports
- People First Report

8:55p Other Announcements & Agenda Items for Future Meetings

An opportunity of members of the community to bring up ideas, needs, issues and concerns.

9:00p Meeting Adjourned **Bittner**

***All times indicated, and the order of business are approximate and subject to change. Any agenda items have the potential to be brought for a vote.**

1515 Clay St. Suite 300, Oakland, CA 94612
Phone. 510.286.0439 Fax. 510.286.4397 www.scdd.ca.gov

State Council on Developmental Disabilities
Bay Area Regional Advisory Committee (RAC) Meeting
February 26, 2020 Notes

Main Location: San Mateo County – Millbrae Library, 1 Library Ave, Millbrae
Designated Satellite Site: Marin County – Integrated Community Services (ICS) 3020 Kerner Blvd. Ste. A, San Rafael

Committee Members Present: Sascha Bittner (SA), Francisco Garcia (FA), Elizabeth Grigsby (SA), Christina Lasson (SA), John Marble (SA), Marla Silversmith (FA), Regina Woodliff (SA)

Committee Members at Designated Satellite Site: Janet Miller (FA), Kate Rauch (FA)

State Council Members Present: Francis Lau (FA)

Committee Members Absent: Dianne Millner (FA), Pam Perls (FA)

Guests Present: Jerry Grace (SA – Northern Alameda People First (NAPF)), Eric Zigman (Golden Gate Regional Center (GGRC)), Lisa Kleinbub (RCEB), Emily Witkin (SA), Jean Perry (FA), Jeri Pietrelli (FA), Ivana Kirola (SA), Florence Wong (FA & Legislative Advocacy Outreach Committee for the Commission on Disabilities for San Mateo County), Joelle Spencer (Burlingame School District), Steve Prutsman (FA), Maila Sikurk (FA), Shelley Forrest (FA)

Guests at Designated Satellite Site: Beatrice Rauch (SA)

Guests by Phone: Alyssa DeSoto (Matrix), Sandi Soliday (Alameda County Developmental Disabilities Council (ACDDC)), Sara Desumala (SA - People First San Francisco (PFSF)), Patrick MacKay (SA – NAPF)

Staff: Sheraden Nicholau, Angel Marshall, Ron Usac, and Valerie Buell

7:08p Call to order/Introductions

7:15p Approval of Meeting Minutes:
December 4, 2019
Moved: Marla Silversmith
Seconded: Francisco Garcia
Vote: All Ayes

7:16p Public Comments:
- Florence Wong: The Legislative Advocacy Outreach Committee for the Commission on Disabilities for San Mateo County was able to reach out to the DA's office and collaborate on issues relating to the abuse of people with disabilities. This includes a variety of needs, including how to prosecute kinds of cases where a person with a disability is a victim or suspected victim of abuse
- Jerry Grace: The deadline to register for the People First Jamboree is 3/20/20
- Patrick McKay attended the funeral for Aldo Bernasconi, a well known self-advocate who had done a lot of work with Bay Area People First

7:33p Sheraden Nicholau lead an overview and discussion on Long Term Services and Supports (LTSS) & LTSS Advocacy Needs. Some highlights were:
- Many types of services are provided to those who are aging or those with disabilities that have a need for care. A majority take place in the home or in the community, a smaller amount in facilities or places where medical care is received
- 48 of 50 states are looking at LTSS reform, examples of why;

    - In California 8 million people fit the demographic of those who use or will need LTSS services
    - In California 7.5 million do not have insurance or a pension that covers long term care
- California has a Master Plan on Aging
    - One of the sub-committees is on LTSS; they hold meetings regularly since last fall
    - Reports are being finalized for the Governor
- Some issues are making LTSS more complicated
    - Population growth
    - Aging population
    - Lack of direct service providers and professionals
- The Money follows the person (a Federal Grant)
    - Helps individuals transition into the community from nursing or institutional settings
- California is looking at models like Managed Long Term Services and Supports

Some comments were;

- Sascha Bittner: Housing issues are compounded by limited housing for seniors and people with disabilities, as well as for their workers / DSPs
- Elizabeth Grigsby: Regarding the shortage of workers / DSPs: We don't want to hire just anyone; we want people with a heart for the work

7:52p Member Reports: RAC members and Councilmember Lau reported on their regional and statewide advocacy work and priorities. Some highlights were:

- **Francisco Garcia:** Outreach to the Spanish community continues. The Public Charge Rule feels like a strike against the Hispanic Community
- **Francis Lau:** SCDD Priority Policy 2020 was set and discussed in the State Council Meeting in January
- **Regina Woodliff:** Provided training to Community Care Licensing (CCL) employees from seven counties
- **John Marble:** Will be at City University of New York (CUNY) Neurodiversity Summit in New York with Sara Gardner leading a business round table, and on 4/6 will be in Colorado talking about the future of employment
- **Elizabeth Grigsby:** Taking part in the CA Supported Living Network's PAVE project, funded by SCDD, and went to Sacramento for the first meeting. Looking at data for how to better support people and ensure high quality services
- **Marla Silversmith:** Assembly Bill 1914 would establish the Supporting Inclusive Practices project and would require the department, to issue guidance, so inclusive placements may be expanded and established
- **Pam Perls' was read by Sheraden:** Just held our EBLC legislative breakfast on 1/31. Well-attended by legislators and staff. Lots of mingling with consumers, family, and providers, so that people could share personal stories
- **Dianne Millner's was read by Sheraden:** As a member of the RCEB Self Determination Local Advisory Committee (SDAC), I have reserved a spot at the DDS-sponsored "Train-the-Trainer" session on March 1st to prepare volunteers like me to assist with conducting the Self-Determination Program Orientation sessions
- **Sascha Bittner:** Is Chairperson for SDAC for GGRC. Independent Facilitator Training dates for three counties should be finalized in the next meeting

8:30p Reports Highlights:

- **Regional Center Reports Highlights:**
    - Eric Zigman gave the report for GGRC
        - California Budget has been released by Governor. Read the LAO (legislative analyst office) analysis of the Department of Developmental Services budget that covers need to have rates for service providers and agencies and implement the Burns rate study
        - Current caseloads at GGRC are 1-85 and 1-95 for most types of caseloads
        - Community Resource Development Plan; we are able to do request for proposals and recently awarded funding to a certified trainer to help people suffering from

dementia and was able to secure additional funding for a two-day conference in the fall
    - Lisa Kleinbub gave the report for RCEB
        - Announced affordable housing development on website targeted to people with developmental disabilities in the Pleasanton, Dublin, Livermore area and if a wheelchair or accessibility need, prioritizing people outside that area as well
        - Many public meetings on Purchase of Service (POS) data and disparity issues this month and next month. There have been reductions in disparities in some communities
        - LTSS rolled into Medi-Cal will bring changes for people in intermediate care facilities and how their Medi-Cal is administered in the next year
- **DD Council Reports Highlights:**
    - Sandi Soliday gave a report for Alameda County announcing upcoming events this spring
    - Sheraden Nicholau read a report from Vi Ibarra for Contra Costa County announcing upcoming events this spring
- **People First:**
    - Aldo Bernasconi, a regional self-advocate who was recently recognized at the Carlos Quintong Self-Advocacy Celebration, passed away. Requested a moment of silence.

Upcoming Events reported.

- 3/4 Legislative Advocacy Outreach Committee Meeting
- 3/4-3/5 Statewide Self-Advocacy Network (SSAN) Meeting in Sacramento
- 3/14 The Stanford Neurodiversity Project is hosting their One Day Neurodiversity Summit
- 3/14 Alameda County Transition Faire
- 3/18 First planning meeting for the 2020 Vision of the Future Conference
- 3/28 & 4/18 Next Northern Alameda People First Meetings at Cesar Chavez Library in Oakland
- 3/28 Camping Unlimited will host a spaghetti feed in Berkeley
- 3/28 Autism Star Conference at Contra Costa College in Richmond
- 4/8 Alameda County Developmental Disabilities Council meeting
- 4/25 West County Transition Fair and Congreso Familiar in Oakley
- 6/9-6/10 Autism at Work Summit at the Winton Headquarters in Sunnyvale
- 6/9 Annual Awards dinner in Oakland, nomination forms will be available in March
- 6/26-28 People First Gathering in Sacramento

8:52 John Marble pointed out some of the language and services highlighted in the Autism Star Conference flyer are a concern of the autism community. He suggested the organizers and the State Council should ask about the communities involved before supporting.

9:02 final announcements

9:04p Meeting Adjourned in honor of Aldo.

Documents referenced were in the RAC packets and in the handouts at the meeting for guests. They can also be found on the website www.scdd.ca.gov/bayarea

State Council on Developmental Disabilities
Bay Area Regional Advisory Committee (RAC) Meeting
April 29, 2020 Notes

Main Location: Due to Shelter-In-Place order this meeting was done through Zoom (video call or call-in only).
Link: https://zoom.us/j/952524088?pwd=WTlIZFlZTjVza2FHeEpENFhUaHQrQT09
Meeting ID: 952 524 088
Password: 952335

Committee Members Attending through Webinar: Regina Woodliff (SA), Elizabeth Grigsby (SA), Kate Rauch (FA), Sascha Bittner (SA), Francisco Garcia (FA), John Marble (SA), Pam Perls (FA), Marla Silversmith (FA), Christina Lasson (SA), Dianne Millner (FA), Janet Miller (FA)

State Council Members Attending through Webinar: Nicole Adler (SA)

State Council Members Absent: Francis Lau (FA)

Guests Attending through Webinar: Sara Desumala (SA - PFSF), Shawn Costello (SA), Lisa Kleinbub (RCEB), Karishma Khatri (CA Asm. Bill Quirk), Amy Schroeder (Rep. Jared Huffman), Tara Kopp (Rep. DeSaulnier), Rahul Maharaj (Rep. Eric Swalwell), Lisa Chung (CA Senator Jerry Hill), Eric Zigman (GGRC), Sandi Soliday (ACDDC), Ron Halog (ACDDC), Carrie Hall, Will Sanford (EBLC), Ben Chen (ACDDC), Sandra Coss (La Familia), Cassandra Nelson, Annette Vitali-Thompson (FA), Vi Ibarra (Contra Costa DD Council), Pilar Page, Katherine Sanders (SARC), Christine Kantor, Kristin Rains, Mike Pereira (EBLC and Ala Costa Centers), Amy Chen

Guests Attending through Phone Only: Patrick MacKay (SA – NAPF),

Diana Brandon (captioner)
Cindy (captioner)
Joann Jaimes (captioner)

Staff: Aaron Carruthers, Sheraden Nicholau, Angel Marshall, Ron Usac, and Valerie Buell

7:08p Call to order/Introductions

7:15p Approval of Meeting Minutes:
February 26, 2020
Moved: Marla Silversmith
(Vote not captured)

7:16p Public Comments:
- Karishma Khatri from Assemblymember Bill Quirk's office spoke – The office is open and available, and taking calls from the public and listening to the

frustration of the public. The office is here to help if anyone has a problem with a state agency. Constituents should feel free to contact the office by phone or email, available on website.

- Amy Schroeder from Congressman Jared Huffman's office spoke – The office is open for any federal issues constituents may have.
- Tara Kopp, District Representative from Congressman Mark DeSaulnier's office spoke – Shared information on the 4 relief bills passed since the pandemic hit, as well as the work being done on a new release package. The office has heard from constituents and have reached out to the IRS and Ways and Means Committee for guidelines on the economic rebates.
- Lisa Chung, District Representative from State Senator Jerry Hill's Office –The office is working remotely, and is still available to help in any way, shape, or form with state issues. The legislature is going back to work next week.
- Rahul Maharaj from Congressman Eric Swalwell's Office– Shared information from constituents about the need for COVID-19 testing for individuals with disabilities and for at-home caretakers. The office is working to incorporate that in the next federal relief package.
- Shawn Costello – I have been bringing an idea to the Fire Department to have a database of those with disabilities, so they know where they live and know to check on them.
- John Marble put a question to the legislative representatives– There is a question on the unemployment forms asking if the applicant has a disability. Does that impact the claim or is it just a demographic question? It is unclear and I have not been able to get an answer to that question. (Karishma Khatri will investigate that question).

7:26p Aaron Caruthers, Executive Director of the State Council on Developmental Disabilities gave a report. Some highlights are:

- A summary of SCDD's response as COVID-19 impacted our community.
- The Bay Area Office reached out to communities through the region to ask what the needs are and how they are doing. From that, we learned people need information.
- SCDD was early, strong, and upfront in sending out information in plain language and in Spanish. That information was also shared throughout the country. More was developed thereafter and in other languages.
- SCDD is learning of problems that cannot be solved through information and turning to advocacy.
- People with Electronic Benefit Transfer (EBT) cards now have a back channel to Amazon and Wal-Mart so they can log in and bypass barriers to getting groceries delivered. A next effort is to try to move on to including additional retailers.
- Housing is still an issue. SCDD has put out a call for people to submit their stories about their problems getting accessible housing.
- SCDD continues to partner with the community on outreach, advocacy, and policy / systems change in response to COVID-19.

7:46p Emergency Preparedness Ron Halog presented. President for the Alameda County Developmental Disabilities Council and Listos (Ready) Trainer.

- Listos (Ready) California is a disaster preparedness program and campaign that can be tailored to meet the individual needs of communities, run through California Office of Emergency Services.
- Making sure most vulnerable population will be more prepared.
- Alameda county received a grant to train 250,000 people.
- Now doing free online trainings starting last week.
- Another training in Mandarin is planned.
- The training is a four-step training:
    1. Have at least 5 allies to avoid isolation. Connect with them. Let them know when you are ok and when you need help.
    2. Medical needs: Keep a list of the things you need to be independent, and a list of your medications.
    3. Have a go-kit with emergency items in it. Make it from what you already have instead of buying a full kit. Purchase other items you need a bit at a time to save money.
    4. Make sure you are signed up for alerts (City, County, Service, etc.)

8:00p Member Reports: RAC members and SCDD Council Member Adler reported on their regional and statewide advocacy work and priorities. Some highlights were:

- **Francisco Garcia:** Has been working with La Familia. Having chats with support groups. COVID-19 is hitting the Spanish-speaking community of families hard. La Familia created a questionnaire about the impacts of COVID for the community and will report results.
- **Elizabeth Grigsby:** Has been reaching out to clients in San Francisco to see how they are doing. Helping organize self-advocacy groups to adapt to the changes post-COVID. Are they keeping safe? Are they helping others stay safe?
- **John Marble:**
    - Spoke to a Bay Area reporter about what governments and cities can be doing to support disabled populations during this time including equitable treatment within the hospitals for people with disabilities, so doctors aren't having to choose whether they treat us or not.
    - Spoke of personal experience with COVID-19. Recognized the contributions of advocates and leaders Mel Baggs and April Dunn, honored their influential work. Both have recently passed.
    - Highlighting the Grant Cycle, and recommendations for future cycles/ areas to weight in the 2021-22 Cycle:
        - To encourage SCDD as they are reviewing community grants to prioritize grants that have been applied for by organizations lead by disabled people.
        - Look at the composition of the Board of Directors or leadership staff of any organization applying to make sure they are representative of the communities they purport to speak for.
        - Consider how an organization interacts within the community itself. Many do not have a deep understanding of the community and

members of that community do not have a favorable view of such organizations.

- **Nicole Adler:** Serving on the SCDD State Plan Committee. Asked families and people with disabilities what they are looking for support in and focus on. Examples include transportation, education, community resources, community outreach efforts, Supplemental Security Income (SSI), Cal Fresh. Have been working on educational goals, and anticipating the end of the shelter in place.
- **Janet Miller:** Many of the projects in progress have been suspended due to the shelter in place. Much has shifted and is now being done virtually. Son's place of employment has been closed. People are trying to navigate shelter in place and are navigating the effects of COVID-19. Agencies are working to shift services to virtual support. Seeing innovation in services.
- **Marla Silversmith:** Represents San Mateo County and live in Alameda County. Works in a school district, making sure the students are still getting their education, especially Special Education needs met. District staff, students and families are all navigating teletherapy and districts are working on how to meet the variety of needs of students. Parents are needing more consultation and support in this process. Students benefiting from support like social stories to understand the shelter in place.
- **Kate Rauch:** Coordinates the West Contra Costa Senior Coalition. COVID-19 has allowed us to focus on the vulnerable and what it means to be vulnerable. Opportunity for further partnership between communities. Has been advocating for Kaiser to create a 'Quiet Lab' model for bloodwork and shots for people with sensory sensitivities, helping ensure they get their needs met and can get the bloodwork or shots needed without panic. Important that as re-opening planning is starting, that people with disabilities are included and are fully accommodated in the planning, whatever it is going to look like.
- **Pam Perls:** Been attending Disability Voices United, Disability Rights Education & Defense Fund (DREDF), University of San Francisco School of Law (USF Law), and other webinars on different topics; Special Ed, Know Your Rights, Healthcare, Impacts on Communities of Color, the Americans with Disabilities Act (ADA). Has been involved with the East Bay Legislative Council (EBLC) and eyeing the budget.
- **Dianne Millner:** Has been responding to requests from disability advocates to support petitions and write to members of Congress. Also helping my daughter with Self-Determination
- **Regina Woodliff:** Has been working with People First during the shelter in place. Also talking with neighbors and encouraging them to wear masks and gloves to stay safe, even strangers. Helping others navigate being safe in their home and community environments.

8:41p Reports Highlights:

- **Regional Center Reports Highlights:**
  - Lisa Kleinbub gave the report for RCEB.
    - Transitioned to 85% of staff working remotely and identifying what their clients need during this time.

            - Do they have enough Personal Protective Equipment (PPE)? Do they need additional supports, like respite?
            - A directive came out, Participant-Directed Services, that allows a few categories where people can hire their own person to provide support and RCEB is working to get that in place.
            - Case managers are reaching out to clients in the way the client needs to communicate.
        - We will have to think of different ways to provide services.
        - We have had great partnerships with providers and others in the East Bay in terms of supporting people as they shelter in place.
    - Eric Zigman gave the report for GGRC.
        - They had enough agility to pivot and by the end of the March 16th they were able to get the word out about being in operation even though they had to close the doors for the shelter in place.
        - After that, the focus was on communication.
        - Able to get 95% of staff working remotely in 24 hours
        - 95% of people served have been reached by the regional center within the first 3 weeks. The rest (about 300) continue to be contacted.
        - Reaching out to Day programs and posted resources on the website.
- **DD Council Reports Highlights:**
    - Vi Ibarra gave a report for Developmental Disabilities Council for Contra Costa County
        - The March and April board meetings were cancelled. Informational meetings were held in their place with updates on COVID-19 related issues.
        - Receiving updates from Contra Costa Deputy Health Officer.
        - Next Board meeting on 5/27 will be held via Zoom.
        - Sending out information keeping people up to date.
    - Sandi Soliday gave a report for Alameda County Developmental Disabilities Council.
        - Next meeting 5/13 and will have presentation about employment.
        - June meeting will be 6/10 and will have presentation from Sheraden on healthcare advocacy and ethics.
        - Sandi Soliday will retire 5/1 and will continue to help until Ben Chen steps in
        - Ben Chen will be new coordinator on 6/1.
            - Finishing up a master's degree in public health.
            - Background includes working with IDD community from Santa Barbara County as a care giver and then case management before stepping into an administrative role.
- **People First:**
    - Sara Desumala reported the last meeting was in February and the group may have a Zoom meeting soon. Advisor Elizabeth Grigsby is working with President Christina Lasson to coordinate that.

9:13 Final Announcements.

- Shawn Costello shared he has tried to get tested for COVID-19 but has been told no over and over again. He is part of a commission in Dublin that passes out money to the nonprofits in Dublin. The next meeting is May 7th in the Mayor's Chambers.
- Sara Desumala wanted to remind everyone that People First is for everyone

9:20p Meeting Adjourned.

Upcoming Events reported:

Developmental Disabilities Council for Contra Costa County Board Meeting 5/27/2020 via Zoom
Alameda County Developmental Disabilities Council Meeting 5/13/2020 via Zoom
Alameda County Developmental Disabilities Council Meeting 6/10/2020 via Zoom

Documents referenced were in the RAC packets and in the handouts at the meeting for guests. They can also be found on the website https://scdd.ca.gov/bayarea/

Frequently Asked Questions on Current Protests and Racial Justice

Disability is a natural part of the human condition, just like a person's race, and exists in every community. A person may experience injustice because of their race, or because of their disability, or both.

We can work to fight injustice, through learning more about each other's differences and practicing tolerance. Learn more through these frequently asked questions (FAQs):

What does race mean?
Race is a type of diversity, just like disability is a type of diversity. It is diversity based on perceived differences in physical appearance. Racial diversity makes our communities and country strong.

Just like inequality and injustice hurts people with disabilities, inequality and injustice hurts people based on their racial identity / identities. Injustice especially hurts Black, Indigenous and People of Color (BIPOC).

I'm seeing protests and rallies in my neighborhood or on TV and social media. What is happening?
Millions of people across the country have taken to the streets with sadness, frustration, and anger over the recent killings of George Floyd, Breonna Taylor, Ahmaud Arbery, Tony McDade, Malik Williams, and many

other Black Americans. People are protesting the loss of Black lives, police violence, and institutionalized racism. People are demanding justice.

Participating in protests or rallies like these is an expression of our freedom of speech. The freedom of speech is our 1st Amendment right and core to our American values. Other ways people express their freedom of speech to fight injustice include letter-writing, speaking to elected officials, or joining coalitions and committees.

What is institutionalized racism?
Racism is when someone is treated unfairly because of their race. Racism can be part of the way people feel, think, make decisions and/or treat other people. Institutionalized racism means that racism and racial bias have become a part of systems, laws, and practices, and hurt the quality and safety of people's lives. Institutionalized racism can be found in education, housing, employment, health care, and public safety.

On TV and social media, I'm seeing that fires have been set and some people are looting or damaging property in some places. What is happening?
These are examples of civil unrest. This may include violent demonstrations, riots, and strikes. It can sometimes involve breaking laws or damaging property. These are usually not the same people who are peacefully protesting or participating in marches and rallies.

Also, a few people are looting. Looting can be breaking into buildings and taking things. People who are looting or damaging property may have other reasons for their behavior and may be taking advantage of the confusion to act in ways that may be illegal.

Many cities and counties have set temporary curfews, telling people that they should not be outdoors during certain times when civil unrest most often occurs.

How can I stay safe during protests or civil unrest?
Keep calm, stay aware of your surroundings and who is nearby, and stay safe. If there is a curfew in your city, follow that curfew. A curfew tells you when you must stay home. If you need to run essential errands like grocery shopping, do so before curfew begins.

If you participate in a protest or rally, use a buddy system, be prepared, and have a backup plan for getting to safety if the scene becomes unsafe. If it becomes unsafe, leave the area as quickly as possible and get to safety. If you are unable to leave the area, seek shelter in a large public building and ask for help.

What if I want to be involved?
There are many ways to be involved. Many are educating themselves about the issues. Some are joining the protests and marches, if they are able. Some are posting to social media. Some with extra dollars are donating to charity. Some are having difficult conversations with friends and family.

There are many ways you can advocate. You can advocate through protests, marches, education, and inclusion. Depending on your ability and interest, some ways to be involved include:

- march and protest
- join advocacy efforts with others and supporting people who experience discrimination and injustice;
- teach others about racism and other forms of discrimination and injustice;
- form relationships with community leaders of other groups
- report incidents of discrimination and injustice;
- talk to community leaders and elected officials and share your concerns about discrimination and injustice.

Also, you may be an ally. An ally is an advocate who speaks or acts on behalf of others who experience discrimination and injustice, even if that discrimination looks different for them than it does for you.

Take Care of Yourself Too

This is a difficult and stressful time for many. You may feel upset or confused at what is happening in our community. Reach out to trusted friends and family members for emotional support. Talk about your feelings and about what you see. To manage stress, you may want to limit the amount of news you read and watch. Find ways to help and to advocate for yourself and others.

Resources and Ways to Learn More

- Ten Ways to Fight Hate: A Community Response Guide, from Southern Poverty Law Center
- What Racism Looks Like, from the University of North Carolina, Frank Porter Graham RACE Committee
- Talking Race with Young Children, National Public Radio Life Kit Podcast
- A list of Anti-Racism Resources, posted on the Good Good Good Media website, Adapted from Anti-Racism Resources List compiled by Sarah Sophie Flicker and Alyssa Klein
- Talking About Race, from the National Museum of African American History and Culture
- NAACP Issues and Fact Sheets