



# NOTICE/AGENDA

## STATE COUNCIL ON DEVELOPMENTAL DISABILITIES Sacramento Regional Office: Regional Advisory Committee (RAC) MEETING

POSTED AT: [www.scdd.ca.gov/sacramento](http://www.scdd.ca.gov/sacramento)

This is a Zoom meeting only. There is no physical location being made available to the public. Per [EXECUTIVE ORDER N-29-20](#), teleconferencing/Zoom restrictions are waived during the COVID-19 crisis. Committee members are not required to list their remote locations and members of the public may participate electronically by accessing Zoom or calling the number you will receive after registering for the meeting.

Please pre-register at this link for the Zoom meeting: <https://bit.ly/2A4Kgb7>

**DATE:** June 16, 2020

**TIME:** 10:00 AM – 1:00 PM

**COMMITTEE CHAIR:**

Karen Mulvany

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**Item 1. CALL TO ORDER**

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**Item 2. ESTABLISH QUORUM**

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**Item 3. WELCOME AND INTRODUCTIONS**

RAC Member Introductions

Members of the Public Introductions

After you introduce yourself, say 1 word that expresses how you are feeling right now.

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**Item 4. APPROVAL OF April 21, 2020 MINUTES **

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**Item 5. Brief Reports from RAC Members on issues in their counties  
(3 minutes each)**

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**Item 6. PUBLIC COMMENTS**

This item is for members of the public only to provide comments and/or present information to the Committee on matters not on the agenda. Each person will be afforded up to three minutes to speak.

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**Item 7. Alta California Regional Center Update**

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**Item 8. SSAN – Statewide Self-Advocacy Network Update (Lisa Cooley)**

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**Item 9. Sacramento Regional Office Updates (Sonya Bingaman & Kathy Brian)**

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**Item 10. FUTURE MEETING DATES**

August 18, October 20, December 15. Please add to your calendar.

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**Item 11. Meeting Adjournment**

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**Item 12. In-Home Supportive Services (IHSS) Training** with Brittnee Gillespie, Attorney/Clients' Rights Advocate, Office of Clients' Rights Advocacy Disability Rights California. Overview of the IHSS application process, the program, protective supervision, and appeals process.

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***Accessibility:***

Pursuant to Government Code Sections 11123.1 and 11125(f) and Executive Order N-29-20 (this Executive Order can be found by clicking the link on page one of the agenda or typing <https://www.gov.ca.gov/wp-content/uploads/2020/03/3.17.20-N-29-20-EO.pdf> into your web browser), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Sonya Bingaman at (916) 715-7057 or [Sonya.bingaman@scdd.ca.gov](mailto:Sonya.bingaman@scdd.ca.gov). Please provide at least 5 business days prior to the meeting to allow adequate time to respond to all requests.



# MINUTES (DRAFT)

## STATE COUNCIL ON DEVELOPMENTAL DISABILITIES Sacramento Regional Office: Regional Advisory Committee (RAC) MEETING

**DATE:** April 21, 2020

**TIME:** 10:00 AM – 1:30PM

Members Present	Members Absent	Others Attending
Benita Ayala (FA) Brandy Boyd (FA) Nancy Esparza (SA) Christine Hickey (FA) Elaine Linn (FA) Donnell Kenworthy (FA) Kidada Medina (FA) Karen Mulvany (FA) Glenda Servantes (FA) Jesana Tran (FA) Midhun Tripuraneni (SA) Tyson Whitman (SA)	Michael Helton (SA) (excused) Natalie Gray (SA) (excused) Jane Taylor (FA)	Lisa Cooley (SA) SSAN (phone) Joyce McNair (FA) Council Member Nicole Mion, Help Me Grow Jennifer Bloom, ACRC Mechelle Johnson, ACRC Tracy Brown, ACRC Cindy Le, ACRC Gail Wilson, ACRC Virginia Hartley, CalOES Ken Embree, Easter Seals Kylie LeBlanc, InAlliance Dawn Strong, Skills for Life (Sonoma) Gena Bellino (SA), Sac United PF Amanda Pelaccio, PEC Angel Garcia (FA) Kenya Martinez (FA) Venkateswara Papparaju (FA) Jim C. (FA) Cindy Sylvia Powell Hima Suri Magdalane S. (FA) Catrina (FA) Ravita Devi, SCDD Staff Aaron Carruthers, ED SCDD Kathy Brian, SCDD Staff Sonya Bingaman, SCDD Staff

**Item 1. CALL TO ORDER**  
10am

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**Item 2. ESTABLISH QUORUM**


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**Item 3. WELCOME AND INTRODUCTIONS**


RAC Member Introductions

Members of the Public Introductions

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**Item 4. Approval of Agenda **

<b>First</b>	Brandy Boyd
<b>Second</b>	Benita Ayala
<b>In favor</b>	Yes
<b>Opposed</b>	None
<b>Abstain</b>	None

**APPROVAL OF February 11, 2020 MINUTES **

<b>First</b>	Brandy Boyd
<b>Second</b>	Benita Ayala
<b>In favor</b>	Yes
<b>Opposed</b>	None
<b>Abstain</b>	None

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**Item 5. Brief Reports from RAC Members on issues in their counties**

Karen Mulvany –El Dorado County

During Stay At Home orders:

- A) Something positive that has resulted are online virtual meetings; remote meetings save commute time & gas
  - B) Something challenging that has resulted: Her daughter doesn't understand why they need to stay home and really misses her community outings
  - Participated in several HCD (Housing and Community Development) meetings, including 2020 Consolidated Plan Community Needs. As a
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general rule, HCD programs do not map to ID/DD housing/living solutions in the Lanterman Act.

- Attended the DDS Task Force Community Resources Workgroup Meeting on 2/25/20. Major identified focus areas were housing, employment and transportation. However, DDS has had to pivot to focus on COVID-19.

Tyson Whitman (Placer county)

- No changes, all good in Placer County. Still working from home

Donnell Kenworthy

- Been a change, staying at home. She mentioned how it must be challenging for parents who have kids at home and healthcare workers with kids and she tells herself that everyone is trying to cope during this difficult time
- Zoom meetings and using technology to keep in touch with everyone
- With families home, there's a lot to do. Learning to advocate for herself as well
- Her son's program has been calling and her son communicates with them, and it helps him to connect to his friends and the providers and he likes that

Elaine Linn

- During this crisis, she is trying to see what works and what doesn't. In her area there is not enough educational distance learning happening for her son as she would like. She is taking things one day at a time
- Family Voices of CA supports improved family engagement in local and statewide policy decisions. She proposed to her local Folsom/Cordova SELPA CAC to engage families, they have the structure built in their guidance. But they continue to resist including parents, or including them only after decisions have been made

Brandy Boyd

- Her daughter is studying ASL at American River College
  - She was a part of **CCTP** through Futures Explored. CCTP was canceled two weeks before Spring semester started. CCTP was also available at Cosumnes River College. CCTP stands for Community College Transition Program. She did not get PA (Personal Assistant) support through Alta Regional.
  - NUSD special education website has good trainings and resources <https://sites.google.com/natomasunified.org/distance-learning/home>
  - WarmLine online chats and Baby Sign classes
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<http://www.warmlinefrc.org/trainingsactivities.html>

- WarmLine COVID-19 resources <http://www.warmlinefrc.org/covid-19-resources.html>
- 22q at the Zoo will be a virtual event this year  
<https://www.22q.org/awareness-events/awareness/annual-22q-at-the-zoo/>

Midhun Tripuraneni

- He feels bad for kids and students who can't do any distant learning. He sees distance learning as a thing of the future
- He is learning to make coffee at home as he is used to going out and drinking coffee at Starbucks, but he is staying home for now to avoid the virus

Kidada Medina

- Services and supports for her daughter are being provided, so that is good. Her daughter needs services and that was something they needed and couldn't go without. She is concerned about skill regression
- She went to Home Depot and purchased several one piece painting suits, and gloves so she can keep her daughter and staff who enter their home safe. She needs masks
- Not all agencies have enough workers/staff

Lisa Cooley (SSAN)

- ParaTransit is transporting food to those in need
- Masks are available for people at the Asian Community Center
- SSAN is planning a zoom presentation on June 24 and 25 by "Yo, Disabled and Proud"
- She is participating in Lanterman's Housing calls

Chris Hickey

- She is working from home and trying to communicate with families from FamilySoup. She is connecting with many, as she knows them already, and that is helpful

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## **Item 6. PUBLIC COMMENTS**

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Aaron Caruthers, Executive Director of SCDD

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- Very proud of the work SCDD Staff Sonya and Kathy have been doing.
  - Glad to see Cal fresh has allowed the people to access online food resources.
  - SCDD is working hard to “lean in”, finding out what is happening in our communities as a result of COVID-19, and how it impacts families.
  - Sonya has been sending out great information via emails.
  - People are not getting services they need and deserve and he is concerned about that.

Jennifer Bloom, ACRC

- Service Coordinators have been continuing to reach out to clients and check on families.

Joyce McNair, SCDD Councilmember

- Appreciates all the information she has been getting from the Council and Sac Regional Office.
- Her daughter is managing and sheltering at home.
- January was the last meeting she attended for the Council and the March meeting was cancelled. The May meeting may be online via Zoom.

Nicole

- Shared that all Help Me Grow classes and groups have moved to online formats for the time being.

Kenya

- Sacramento City Unified School District CAC will meet via Zoom 4/20/20 from 6-8pm. Link was shared.

Benita Ayala

- Supported Life Institute Board member, Self-Advocacy Conference in May has been cancelled this year. The Supported Life Conference in October is still scheduled.

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### **Alta California Regional Center Update *Jennifer Bloom***

- Tracy Brown has been hired to replace Jason Lindo.
  - ACRC website ([www.altaregional.org](http://www.altaregional.org)) has information on COVID-19.
  - Mechelle Johnson reported that there are two consumers who now have transitioned into the Self-Determination Program. ACRC is working on reconfiguring the orientation trainings. They will likely be on-line.
  - ACRC meetings that will take place on-line: Self-Determination Advisory Committee Meeting; Provider Advisory Committee Meeting; and the Consumer Advisory Committee Meeting. The Self-Determination Advisory Committee meeting is coming up in May 13<sup>th</sup>, 2020. Jennifer Bloom to provide links.
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## **Item 7. Sacramento Regional Office Updates (Sonya Bingaman & Kathy Brian)**

Kathy Brian, CPS II, Community Program Specialist

- SCDD Sacramento Regional Office is in the process of creating a Disability Community Support Collaborative (DCSC). This collaborative includes self-advocates, parents, regional center vendors, family resource centers, community support groups, early start, adult day providers, UC Davis Mind Institute, SELPA CAC members, and community members. The DCSC will be researching contact information for the following:  
1) Trainings/Webinars; 2) Parent/Family Groups; 3) Self-Advocacy Groups; and 4) Sibling Groups. The DCSC resource guide will be shared 10-countywide and updated as needed.
- Continued collaboration with the Aging and Disability Resource Connection (ADRC) Advisory committees of Yuba/Sutter, Yolo and Placer Counties.
- ACRC Residential and Day Program Forums
- UC Davis MIND Summer Institute Planning Team
- Business Advisory Council planning for hiring events
- Yolo Early Start Committee
- Yolo County Help Me Grow Advisory Committee
- Dental Trainings for self-advocates
- Supported Life Institute Conference Planning Team
- Attend and provide outreach to SELPA CAC throughout 10-county area

Sonya Bingaman, SSM II, Regional Manager

1. Thanked everyone for patience and jumping in to help entire community, get and share information. Assist those in need. Checking in with individuals, families, providers, and agencies.
  2. Teamwork within SCDD (statewide Managers). SCDD collaborating statewide to assess and respond to needs: school lunches, IHSS background checks, Special Education distance learning support needs, sharing online resources, Q&A, Plain Language documents about COVID, Spanish, other languages.
  3. In the community across agencies. Making things happen, waiving requirements, changing policies, increasing flexibility. SCDD bringing issues up to State and Federal level as needed.
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4. Continuing with collaboratives, community groups, trainings, RAC, Council meetings. Collaborating on Zoom trainings which are now available statewide hosted by the 12 regional offices.
  5. Participating in discussions and trainings with self-advocates using conference calls and Zoom. People First Chapters and possibly day programs.
  6. Grant Cycle 43. Deadline for applications is May 20, 2020.
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**Item 8. FUTURE MEETING DATES**

June 16 – IHSS Training  
August 18 -Training TBD

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**Item 9. Meeting Adjournment 12:15pm**

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**Item 10. Dante Allen, CalABLE Training 12:15-1:30pm**

- If you would like more information about Cal ABLE, you can log onto <https://www.calable.ca.gov/>
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Please visit [www.scdd.ca.gov](http://www.scdd.ca.gov) for Plain Language Documents related to COVID-19 that SCDD has developed. You will see other documents, along with translations into Spanish, Chinese, Vietnamese, and other languages. Please feel free to share.

If you are **not** currently on SCDD Sacramento Regional Office's email list and would like to be added, please contact [sonya.bingaman@scdd.ca.gov](mailto:sonya.bingaman@scdd.ca.gov) or 916-715-7057.