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**STATEWIDE SELF ADVOCACY NETWORK MEETING INFORMATION**



**DATE:** Wednesday, June 24, 2020



**TIME:** 10:00 AM – 1:00 PM

This is a teleconference and zoom meeting only. There is no physical location being made available to the public. Per [EXECUTIVE ORDER N-29-20](#), teleconferencing restrictions are waived during the COVID-19 pandemic. Therefore, committee members are not required to list their remote locations and members of the public may participate telephonically or by Zoom from any location. Accessible formats of all agenda and materials can be found online at [www.scdd.ca.gov](http://www.scdd.ca.gov).

**JOIN ZOOM MEETING:** <https://bit.ly/ssan620>

**MEETING ID:** 999 0562 9218

**MEETING PASSWORD:** 011958

Check out [Zoom Download Instructions](#) and [Tips on how to use Zoom](#) to learn the basics about the Zoom platform.

**OR**

**JOIN BY TELECONFERENCE: (VOICE ONLY)**

**CALL IN NUMBER:** (669) 900-9128

**MEETING ID:** 999 0562 9218

**MEETING PASSWORD:** 011958

**Accessibility**

Pursuant to Government Code Sections 11123.1 and 11125(f) and Executive Order N-29-20 (This Executive Order can be found by clicking the link on page one of the agenda, or by typing <https://www.gov.ca.gov/wp-content/uploads/2020/03/3.17.20-N-29-20-EO.pdf> into your web browser), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Riana Hardin at (916) 263-8196 or [Riana.Hardin@scdd.ca.gov](mailto:Riana.Hardin@scdd.ca.gov). Please provide at least 3 business days prior to the meeting to allow adequate time to respond to all requests.

**All times indicated and the order of business are approximate and subject to change.**



## AGENDA

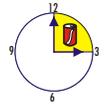
June 24, 2020  
10:00 AM – 1:00 PM

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- 1. Call to Order, Welcome and Introductions**  
Presented by: Nicole Patterson, Chairperson, Desiree Boykin, Vice-Chairperson, and Lisa Cooley, Secretary
- 2. Public Comment**  
*Public comment is welcome. Comment on agenda items is taken as they are discussed*
- 3. Review and Approval of Agenda**  
Presented by: Desiree Boykin, Vice-Chairperson  
**ACTION**
- 4. Review and Approval of Minutes March 4 & 5, 2020**  
Presented by: Nicole Patterson, Chairperson  
**ACTION**
- 5. Updates from the SSAN Chair**  
Presented by: Nicole Patterson, Chairperson  
**Information**
- 6. SCDD Update**  
Presented by: Aaron Carruthers, SCDD Executive Director  
**Information**
- 7. CalABLE Update**  
Presented by: Dante Allen, CalABLE Executive Director  
**Information**



## Break



8. **Approval of SSAN June Newsletter**  
Presented by: Robert Levy, Newsletter Workgroup Chair  
**ACTION**



9. **Planning for September and Adjournment**  
Presented by: Nicole Patterson, Chairperson  
**Information**



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**JUNE 24, 2020**

**SSAN MEETING AGENDA ITEM 4  
ACTION ITEM**



**Statewide Self-Advocacy Network**

***APPROVAL OF MARCH 2020 MINUTES***

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***Attachments***

March 2020 Minutes

***Recommended Action***

Approve the March 2020 SSAN Meeting Minutes.

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# DRAFT

Statewide Self Advocacy Network Meeting Minutes  
March 4-5, 2020  
Crowne Plaza, Sacramento

## **SCDD Regional Members Present**

Nathan Florez — North Coast  
Teresa Moshier — North State  
Regina Woodliff — Bay Area  
Robert Balderama — North Valley Hills  
David Forderer — Central Coast  
Rebecca Donabed — Sequoia  
Julie Gaona — Los Angeles  
(teleconference)  
Daniel Fouste — San Bernardino  
Sean Sullivan — Orange County  
Paul Mansell — San Diego–Imperial

## **Agency Members Present**

Desiree Boykin — ARCA  
Robert Levy —UCD MIND Institute  
Wesley Witherspoon — USC CHLA  
(SCDD Representative)  
Scott Barron — DRC  
(teleconference)  
Nicole Patterson — DDS

## **Members Not Present**

Lisa Cooley — Sacramento  
Kecia Weller — UCLA Tarjan Center

## **SCDD Staff in Attendance**

Dena Hernandez —  
SCDD North Valley Hills  
Mary Agnes Nolan —  
SCDD North State  
Angel Marshall — SCDD Bay Area  
Beth Hurn — SCDD HQ  
Janet Fernandez — SCDD HQ  
Riana Hardin — SCDD HQ  
Rihana Ahmad — SCDD HQ  
Cindy Smith — SCDD HQ  
Aaron Carruthers — SCDD HQ

## **Non-SCDD Facilitators**

Angela Lewis  
Wayne Glusker

## **Presenters**

Mark Barry — CalTrans  
Jon Mullin — CalTrans  
Momoko Tamaoki — CalTrans

## **Others Present**

David Moshier



# DRAFT

## **SSAN DAY 1 Minutes**

### **1. Call to Order, Welcome, Roll Call and Introductions**

SSAN Chairperson Nicole Patterson, Representative from DDS, called the meeting to order at 10:08 am.

SSAN Chairperson Nicole Patterson requested Teresa Moshier, North State Regional Representative, to assist in the absence of the SSAN Secretary. Roll call and introductions were made for those who were present. Members introduced themselves, and the region or agency that they represented.

### **2. Review and Approval of Agenda**

SSAN Chairperson Nicole Patterson, reviewed the agenda for the day. Members reviewed and approved the agenda.

**ACTION: Motion #1 to approve the Agenda was made by David Forderer/ Seconded by Rebecca Donabed. A roll call vote was taken. Motion passed. See vote log on page 7.**

### **3. SCDD Update and MOU**

SCDD Executive Director Aaron Carruthers provided members with an SCDD Agency update which included the State Council's 2020 Policy Priorities of Housing, Employment, Safety, and Education. Executive Director Carruthers answered questions about the upcoming grant writing workshops, how the election might impact SSAN and provided an update on the Self-Determination program and the progress of the 2022—2026 SCDD State Plan Development.

SCDD Executive Director Carruthers reviewed updates to the MOU between SSAN and SCDD suggested by the SCDD Executive Committee at their February 19 meeting.

**ACTION: Motion #2 to approve the recommended changes to the MOU was made by David Forderer / Seconded by Regina Woodliff. A roll call vote was taken. Motion passed. See vote log on page 7.**



# DRAFT

## 4. Legislative Update

SCDD Deputy Director of Policy and Public Affairs, Cindy Smith provided members with an update of where California is in the legislative process. SSAN members reviewed bills that the Legislative and Public Policy Committee (LPPC) of the State Council requested feedback on from SSAN. SCDD Deputy Smith answered questions regarding ABLE Accounts, the difference between power of attorney and authorized representatives, explained the process of getting an authorized representative approved by the council and answered questions about legislation being sponsored by the State Council.

Members requested more time to review the materials before providing recommendations to LPPC from SSAN.

**ACTION:** Motion #3 to table voting on recommendations related to legislation was made by Wesley Witherspoon/ Seconded by Regina Woodliff. A roll call vote was taken. Motion passed. See vote log on page 7.

## 5. Public Transportation Projects and People with Disabilities

Representatives from the California Department of Transportation (CalTrans) provided SSAN members with an overview presentation on efforts to update California's railroad system. Members asked about the types of disability sensitivity related training Amtrak workers receive. Members suggested that there should be a better system to notify a conductor that a person with a mobility disability needs to get off the train. Concerns were brought up about the sturdiness of ramps and the size of restrooms.

## 6. Review and Approval of Minutes December 4 – 5, 2019

The members reviewed the minutes from December 4–5, 2019. Materials for this agenda item can be found on pages 29–40 of the March 2020 SSAN Meeting Packet.

**ACTION:** Motion #4 to approve the December 2019 minutes was made by Wesley Witherspoon/ Seconded by Regina Woodliff. A roll call vote was taken. Motion passed. See vote log on page 7.



**DRAFT**

## **7. Public Comment**

There was no public comment.

## **8. Updates from SSAN Chair**

SSAN Chairperson Nicole Patterson informed members that she is still waiting on a response from California People First about the list of questions that SSAN has requested they answer. DDS will not be asking SSAN for their input on HCBS due to the timing of the project. A brief update on Self-Determination was provided.

## **9. Workgroups**

The SSAN Workgroups met to discuss their ongoing projects.

## **10. Member Reports**

Members reported on their self-advocacy and SSAN related activity since the December 2019 SSAN meeting. Materials for this agenda item can be found on pages 47–50 of the March 2020 SSAN Meeting Packet.

## **11. Adjourn:**

SSAN Chair Nicole Patterson thanked members for their participation during the first day of the SSAN meeting and reminded members that day two of the March SSAN meeting would start at 9:30 AM.

**Day 1 of the meeting was adjourned at 4:20 PM for networking.**



**DRAFT**

## **SSAN DAY 2 Minutes**

### **1. Call to Order, Welcome, Roll Call and Introductions**

SSAN Chairperson, Nicole Patterson, Representative from DDS, called the meeting to order at 9:39 AM.

SSAN Secretary, Lisa Cooley, Sacramento Regional Representative, did an attendance roll call for members present.

### **2. Public Comment**

There was no public comment.

### **3. Continuation of Legislative Updates**

Members discussed the legislation presented on the first day of the SSAN meeting.

Legislation that SSAN recommends SCDD Supports:

SB 1063 (Durazo)

SB 920 (Beal)

AB 2420 (Rubio)

AB 2024 (Holde)

Legislation that SSAN recommends SCDD watch:

AB 3052 (Carrillo)

Members did not discuss AB 2664 (Diep) and have no recommendation to offer at this time.

### **4. Youth and Disability**

In the interest of time this item was tabled until the June SSAN meeting.



# DRAFT

## 5. Approval of the March 2020 Newsletter

SSAN Newsletter Workgroup Chair Robert Levy presented members with a draft of the March 2020 edition of the SSAN Newsletter. The following corrections were made: add pictures of Teresa Moshier and Kecia Weller to their perspective articles, include the Choices Conference to the Save the Dates, and include details about Regional Advisory Committee meetings in the save the dates. Members discussed ideas for the June 2020 edition of the newsletter. Submission Deadline for the June Newsletter is May 29<sup>th</sup>. Materials for this agenda item can be found on pages 55 – 70 of the March 2020 SSAN Meeting Packet.

**ACTION: Motion #5 to approve the 20<sup>th</sup> Volume of the Voices of SSAN Newsletter with the suggested changes, was made by Regina Woodliff/seconded by Daniel Fouste. A roll call vote was taken. Motion passed. See the vote log on page 7.**

## 6. Input for Next SSAN Meeting

SSAN members would like the following items to be discussed at the June 2020 meeting:

- Presentation on Voting
- Special Education: How to Work with People with Disabilities
- How to Prepare for Public Health Emergency plan
- Meeting evacuation plan
- Early Childhood intervention
- Legislation Update
- YO! Disabled and Proud
- SSI Benefits
- Human Trafficking/Benefits Trafficking
- HCBS Final Rule
- Self-Awareness in Difficult Situation
- Conflict Resolution
- Voting – David
- 20 Years on the Job – Robert Levy
- Cal ABLE Update – Dante Allen Cyber Security

The next SSAN meeting will be on June 24-25 at the Crowne Plaza in Sacramento.

**Meeting Adjourned at 2:41 PM**



**DRAFT**

Name	Region	Roll Call	Motion 1	Motion 2	Motion 3	Motion 4	Roll Call	AB 2420	AB 2024	SB 1063	AB 3052	SB 920	Motion 5
Wesley Witherspoon	SCDD	See Below	See Below	See Below	See Below	See Below	See Below	See Below	See Below	See Below	See Below	See Below	See Below
Nathanial Florez	North Coast	Present	For	For	For	For	Present	Abstain	Abstain	Against	Abstain	Support	For
Teresa Mosher	North State	Present	For	For	For	For	Present	Support	Support	Support	Support	Support	For
Lisa Cooley	Sacramento	Not Present	Not Present	Not Present	Not Present	Not Present	Not Present	Not Present	Not Present	Not Present	Not Present	Not Present	Not Present
Vacant	North Bay	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Regina Woodliff	North Valley Hills	Present	For	For	For	For	Present	Support	Support	Support	Support	Support	For
Robert Balderama	Bay Area	Present	For	For	For	For	Present	Abstain	Support	Support	Support	Support	For
David Forderer	Central Coast	Present	For	For	For	For	Present	Support	Support	Support	Support	Support	For
Rebecca Donabed	Sequoia	Present	For	For	For	For	Present	Watch	Watch	Watch	Watch	Support	For
Julie Gaona	Los Angeles	Conference Line	Not Present	For	For	For	Conference Line	Support	Support	Support	Support	Support	For
Sean Sullivan	Orange County	Present	For	For	For	For	Present	Support	Support	Support	Support	Support	For
Daniel Fousie	San Bernardino	Present	For	For	For	For	Present	Support	Abstain	Support	Abstain	Support	For
Paul Mansell	San Diego	Present	For	For	For	For	Present	Support	Support	Support	Support	Support	Not Present
Desiree Boykin	ARCA	Present	For	For	For	For	Present	Support	Support	Support	Support	Support	For
Nicole Patterson	DDS	Present	For	For	For	For	Present	Watch	Watch	Watch	Abstain	Abstain	For
Robert Levy	Mind Institute	Present	For	For	For	For	Present	Watch	Support	Support	Support	Support	For
Wesley Witherspoon	USC – CHLA	Present	For	For	For	For	Present	Abstain	Abstain	Abstain	Abstain	Abstain	For
Keida Weller	Trajan Center	Not Present	Not Present	Not Present	Not Present	Not Present	Not Present	Not Present	Not Present	Not Present	Not Present	Not Present	Not Present
Vacant	CFILC	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Scott Barron	DRC	Conference Line	Not Present	For	For	For	Conference Line	Watch	Abstain	Support	Support	Support	For

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**JUNE 24, 2020**

**SSAN MEETING AGENDA ITEM 5  
INFORMATION ITEM**

**Statewide Self-Advocacy Network**



***UPDATES FROM THE SSAN CHAIR***

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The SSAN Chair will provide a verbal update to SSAN members.

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**JUNE 24, 2020**

**SSAN MEETING AGENDA ITEM 6  
ACTION ITEM**



**Statewide Self-Advocacy Network**

***SCDD UPDATE***

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Since the March 4—5, 2020 SSAN meeting, the State of California, the United States of America, and many countries around the world have been faced with addressing the public health and public safety challenges of COVID—19. SCDD Executive Director Aaron Carruthers will update SSAN members on Council related activity related to meeting the needs of Californians with I/DD during these challenging and unique times. Executive Director Aaron Carruthers will also provide an overview of the State of California budget process and how the current situation surrounding COVID—19 has shifted the State of California’s economic reality since the March SSAN Meeting.

***Attachments***

- May Council Meeting Summary
- SCDD Press Release Success! PPE for People with I/DD
- SCDD Fight Isolation Among People with Disabilities Campaign Flier
- Frequently Asked Questions on Protests and Racial Justice

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Ensure that Californians with developmental disabilities are guaranteed the same full and equal opportunities for life, liberty, and the pursuit of happiness as all Americans.

## May 12, 2020 State Council Meeting Summary

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### SIGNIFICANT ITEMS

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- On May 12<sup>th</sup>, 2020, the State Council on Developmental Disabilities (SCDD) held its first remotely hosted Council meeting using the Zoom platform. This action was based on the current social distancing guidelines issued from the Governor of the State of California. Back in March, the Council Chair had made the decision to cancel the Council's March 2020 in-person meeting due to increasing safety concerns and the uncertainty of the pandemic. The Council's last in-person meeting was on January 28<sup>th</sup>, 2020.
- Councilmembers heard a presentation from SCDD Executive Director Aaron Carruthers. Mr. Carruthers spoke about the activities that the Council has been working on since the beginning of March. SCDD's response to COVID-19 has been far reaching and continues to grow as we gather more information. Currently, SCDD's focused goals are in-reach, informing, and advocating. The Executive Director's report offered lots of information, including the following details:
- The Council contacted the Governor's office and national leaders such as House Speaker Nancy Pelosi to advocate for many needs including Personal Protective Equipment (PPE), CalFresh availability for online shopping, additional housing options and supports, more funding for Councils, and non-discrimination for people with I/DD in COVID care.
- SCDD Regional Offices have been working with their local communities and advisory committees to provide trainings and gather

feedback about concerns from families and self-advocates. During the month of March, staff answered questions from over 10,000 people across the state.

- Members listened to further discussion about the impacts of isolation, which legislative bills SCDD sponsored, and how State Plan activities have been developing. To see the Executive Director's report presentation in more detail, click here: [May 2020 ED Report](#)
- Councilmembers reviewed the SCDD budget for fiscal year 2020-2021. Executive Director Carruthers outlined details of the budget plan, noting ways that the Council will be able to save money with decreased travel expenses and other costs.
- The Council recently surveyed Councilmembers, RAC members and SSAN members about how COVID-19 has affected them. To see the survey results, click here: [COVID-19 Survey Results](#)

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### SUMMARY OF COUNCIL ACTIONS

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The Council:

- Approved the January 2020 Council meeting minutes with suggested corrections to the attendance list and voting log
- Approved the 2020-2021 SCDD budget

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### FUTURE MEETING DATE

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- The next Council meeting is scheduled for July 14, 2020.

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For Immediate Release  
June 11, 2020

## Success! PPE for People with I/DD, their Families and Support Staff

Last month, over 350 organizations joined the State Council on Developmental Disabilities (SCDD) in urging that personal protective equipment (PPE) be available to prevent the spread of COVID-19. We asked the Governor to make PPE available for workers who give in-person services to people with disabilities through either In-Home Supportive Services (IHSS) or Regional Centers.

The policy is now clear. [Regional Centers](#) and [IHSS providers](#) can get PPE by requesting it. They no longer must be taking care of someone with a positive COVID-19 test result or symptoms to get this critical protection. Now, policy makes PPE available for prevention.

There are also more PPE supplies. All 12 of the SCDD's Regional Offices have been giving out over 6 million masks, face shields, and bottles of sanitizer with the help of local community organizations and providers. Regional Centers and IHSS Public Authorities also have PPE available.

We are grateful for the support from our friends and partners during this difficult time and will continue to advocate for people with intellectual or developmental disabilities and their families in California.

P.S. Has SCDD helped you during the COVID-19 public health crisis? We would like to hear from you. Please fill out the survey at [bit.ly/scddcovidsurvey](https://bit.ly/scddcovidsurvey)

## ¡Éxito! Equipo de protección personal para personas con discapacidades intelectuales o del desarrollo, sus familias y personal de apoyo

El mes pasado, más de 350 organizaciones se unieron con el Consejo Estatal de Discapacidades del Desarrollo (*SCDD, por sus siglas en inglés*) para instar que el equipo de protección personal (*PPE, por sus siglas en inglés*) esté disponible para prevenir la transmisión de COVID-19. Le pedimos al Gobernador que pusiera el *PPE* a disposición de los trabajadores que brindan servicios en persona a personas con discapacidades a través de Servicios de Apoyo en el Hogar (*IHSS, por sus siglas en inglés*) o Centros Regionales.

La política ahora es clara. [Los centros regionales](#) y [los proveedores de IHSS](#) pueden obtener *PPE* solicitándolo. Ya no es un requisito a cuidar a alguien con un resultado positivo o síntomas de COVID-19 para obtener esta protección crítica. Ahora, la política hace que el *PPE* esté disponible para la prevención.

También hay más suministros de *PPE*. Las 12 oficinas regionales del SCDD han entregado más de 6 millones de máscaras, protectores faciales y botellas de desinfectante con la ayuda de organizaciones y proveedores de la comunidad local. Los centros regionales y las autoridades públicas de IHSS también tienen *PPE* disponible.

Agradecemos el apoyo de nuestros amigos y colaboradores durante este momento difícil y continuaremos abogando por las personas con discapacidades intelectuales o del desarrollo y sus familias en California.



# FIGHT ISOLATION AMONG PEOPLE WITH DISABILITIES

People with disabilities often experience isolation and exclusion. During physical distancing, they may be more affected than ever by disruptions to support services and information. Californians can safely help neighbors with disabilities during the COVID-19 pandemic.



**Connect and Communicate** – Make a plan to regularly stay in touch during physical distancing. Talk on the phone or through the door. Discuss shared interests. Ask “How are you doing?” or “Do you need anything?” like you would with any neighbor.



**Share Experiences** – Watch the same movie or tv show, then talk about it on your next visit. Use technology to go on virtual tours of museums or national parks. Or have a virtual game night.



**Expand Community** – Who else does your neighbor with a disability enjoy speaking to? Have their information available for them to contact through phone or video calls.



**Set Up Safety Nets** – Have an emergency plan, for example who else could help if the neighbor got sick? Or if the electricity went out? Or if the person had to evacuate for a wildfire? Encourage neighbors with disabilities who need help to call their support staff, if they have paid supports.



**Use State and Local Resources** – connect neighbors in need to 833-544-2374 or 211. Also, California’s State Council on Developmental Disabilities has more activities and tips to help you check on your neighbors at [scdd.ca.gov](http://scdd.ca.gov)

Visit [CaliforniansForAll.ca.gov](http://CaliforniansForAll.ca.gov)

#CaliforniansForAll

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## Frequently Asked Questions on Current Protests and Racial Justice



Disability is a natural part of the human condition, just like a person's race, and exists in every community. A person may experience injustice because of their race, or because of their disability, or both.

We can work to fight injustice, through learning more about each other's differences and practicing tolerance. Learn more through these frequently asked questions (FAQs):

### **What does race mean?**

Race is a type of diversity, just like disability is a type of diversity. It is diversity based on perceived differences in physical appearance. Racial diversity makes our communities and country strong.

Just like inequality and injustice hurts people with disabilities, inequality and injustice hurts people based on their racial identity / identities. Injustice especially hurts Black, Indigenous and People of Color (BIPOC).

### **I'm seeing protests and rallies in my neighborhood or on TV and social media. What is happening?**

Millions of people across the country have taken to the streets with sadness, frustration, and anger over the recent killings of George Floyd, Breonna Taylor, Ahmaud Arbery, Tony McDade, Malik Williams, and many



other Black Americans. People are protesting the loss of Black lives, police violence, and institutionalized racism. People are demanding justice.

Participating in protests or rallies like these is an expression of our freedom of speech. The freedom of speech is our 1<sup>st</sup> Amendment right and core to our American values. Other ways people express their freedom of speech to fight injustice include letter-writing, speaking to elected officials, or joining coalitions and committees.

### **What is institutionalized racism?**

Racism is when someone is treated unfairly because of their race. Racism can be part of the way people feel, think, make decisions and/or treat other people. Institutionalized racism means that racism and racial bias have become a part of systems, laws, and practices, and hurt the quality and safety of people's lives. Institutionalized racism can be found in education, housing, employment, health care, and public safety.

### **On TV and social media, I'm seeing that fires have been set and some people are looting or damaging property in some places. What is happening?**

These are examples of civil unrest. This may include violent demonstrations, riots, and strikes. It can sometimes involve breaking laws or damaging property. These are usually not the same people who are peacefully protesting or participating in marches and rallies.

Also, a few people are looting. Looting can be breaking into buildings and taking things. People who are looting or damaging property may have other reasons for their behavior and may be taking advantage of the confusion to act in ways that may be illegal.

Many cities and counties have set temporary curfews, telling people that they should not be outdoors during certain times when civil unrest most often occurs.



## **How can I stay safe during protests or civil unrest?**

Keep calm, stay aware of your surroundings and who is nearby, and stay safe. If there is a curfew in your city, follow that curfew. A curfew tells you when you must stay home. If you need to run essential errands like grocery shopping, do so before curfew begins.

If you participate in a protest or rally, use a buddy system, be prepared, and have a backup plan for getting to safety if the scene becomes unsafe. If it becomes unsafe, leave the area as quickly as possible and get to safety. If you are unable to leave the area, seek shelter in a large public building and ask for help.

## **What if I want to be involved?**

There are many ways to be involved. Many are educating themselves about the issues. Some are joining the protests and marches, if they are able. Some are posting to social media. Some with extra dollars are donating to charity. Some are having difficult conversations with friends and family.

There are many ways you can advocate. You can advocate through protests, marches, education, and inclusion. Depending on your ability and interest, some ways to be involved include:

- march and protest
- join advocacy efforts with others and supporting people who experience discrimination and injustice;
- teach others about racism and other forms of discrimination and injustice;
- form relationships with community leaders of other groups
- report incidents of discrimination and injustice;
- talk to community leaders and elected officials and share your concerns about discrimination and injustice.



Also, you may be an ally. An ally is an advocate who speaks or acts on behalf of others who experience discrimination and injustice, even if that discrimination looks different for them than it does for you.

### **Take Care of Yourself Too**

This is a difficult and stressful time for many. You may feel upset or confused at what is happening in our community. Reach out to trusted friends and family members for emotional support. Talk about your feelings and about what you see. To manage stress, you may want to limit the amount of news you read and watch. Find ways to help and to advocate for yourself and others.

### **Resources and Ways to Learn More**

- [Ten Ways to Fight Hate: A Community Response Guide, from Southern Poverty Law Center](#)
- [What Racism Looks Like, from the University of North Carolina, Frank Porter Graham RACE Committee](#)
- [Talking Race with Young Children, National Public Radio Life Kit Podcast](#)
- [A list of Anti-Racism Resources, posted on the Good Good Good Media website, Adapted from Anti-Racism Resources List compiled by Sarah Sophie Flicker and Alyssa Klein](#)
- [Talking About Race, from the National Museum of African American History and Culture](#)
- [NAACP Issues and Fact Sheets](#)

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**JUNE 24, 2020**

**SSAN MEETING AGENDA ITEM 7  
Information**

**Statewide Self-Advocacy Network**



***CalABLE Update***

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CalABLE Executive Director Dante Allen will provide SSAN members with an overview of the recent updates to the CalABLE program and what potential role SSAN members can play on increasing awareness of the CalABLE program in their communities.

***Additional Resources***

The links to the following CalABLE Resources will be available on the SSAN page of the SCDD website:

- CalABLE Materials in English
  - [CalABLE Enrollment Guide \(English\)](#)
  - [CalABLE Tri-Fold Brochure \(English\)](#)
  - [CalABLE Disclosure Document \(English\)](#)
  - [CalABLE Fact Sheet](#)
  - [CalABLE Visa® Prepaid Card Fact Sheet](#)
- CalABLE Materials in Spanish
  - [CalABLE Enrollment Guide \(Spanish\)](#)
  - [CalABLE Tri-Fold Brochure \(Spanish\)](#)
  - [CalABLE Disclosure Document \(Spanish\)](#)
  - [CalABLE Fact Sheet \(Spanish\)](#)

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**JUNE 24, 2020**  
**SSAN MEETING AGENDA ITEM 8**  
**ACTION ITEM**



**Statewide Self-Advocacy Network**

***JUNE NEWSLETTER APPROVAL AND IDEAS FOR NEXT EDITION***

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Robert Levy, Chair of the SSAN Newsletter Workgroup will present SSAN members with a DRAFT version of the June Newsletter and ask members for any changes or additions. Robert will then lead a discussion about ideas for the September Newsletter.

***Attachments***

- DRAFT JUNE Voices of SSAN Newsletter

***Recommended Action***

Approve the DRAFT JUNE Voices of SSAN Newsletter

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# VOICES of SSAN

June 2020

Volume 21

## IN THIS EDITION:

**Article 1:** Message from the Editors

**Article 2:** Reflections on Sheltering in Place

**Article 3:** Thoughts on COVID—19 from SSAN Members

**Article 4:** Tips to Stay Healthy from COVID—19

**Article 5:** Remembering Cheryl

**Article 6:** Community Resources

**Article 7:** Save the Dates

**Editor:** Robert Levy

## Contributors:

- Desiree Boykin
- Robert Levy
- Wesley Witherspoon
- Sean Sullivan
- Paul Mansell
- David Forderer
- Nicole Patterson

## Message from the Editors

**By Robert Levy, UC Davis MIND Institute Representative and Desiree Boykin, ARCA SSAN Representative**

We hope that everyone is safe during these uncertain times. The number of people that are infected with COVID—19 and the number of people who die from COVID—19 continues to increase. This disease is affecting every part of our daily lives. Over 40 million people in the U.S. have lost their jobs because of COVID—19 and the Stay at Home orders that have been issued across the country. It is sad to have our normal routines changed because of COVID—19. We have had to stop going to work, going grocery shopping, traveling or hanging out with friends at restaurants and the movies.

It is important to remember to practice social distancing by keeping 6 feet or more apart at when you must leave your house. Remember to wash your hands for at least 20 seconds or more too. Stay home if you are feeling sick. Find things to do around your home to keep yourself busy during this lockdown period.

Because of the current situation of with COVID—19, this Edition of the SSAN Newsletter “Voices of SSAN” is shorter than usual and focuses on information about COVID—19 and includes tips and resources to help you stay healthy and connected.



# VOICES of SSAN

June 2020

Volume 21

## Reflections on Sheltering in Place

**By Paul Mansell, San Diego Regional Representative**

I woke up this morning to a dreary day with clouds, wind, and rain—yuck! I hate gloomy weather and it sums up my feelings about sheltering in place. Practicing social distancing or wearing personal protective equipment (PPE) feels so unnatural and contrived—something out of a horror movie. I want to get up and be free to do my typical morning routine, commute to work, and start another day at the office. It is frustrating that human contact is limited to a phone, computer, or some handheld device.

I have been sheltering in place since early March and sometimes it feels like I am a prisoner in my own home. Going into the office to work seems like a distant memory. My underlying health conditions, have me cautious about returning to work at the office. I am thankful that I can work from home, when I know that so many people have lost their jobs. I am thankful for that security.

Creating and refining a routine has helped me to adapt in these uncertain times. My days consist of working, checking in with coworkers and friends, and limiting the amount of news I watch; the count of actual and expected deaths is overwhelming. My dining room table has become my virtual office. I use an iPad to connect to my agency's software platform, but my office phone is not linked to my personal phone, so technology continues to be a weak spot for me. I am grateful for the technology that I do have, as it helps me to be productive while working.

I have enrolled in Meals on Wheels to reduce my need to go to the store, since hoarding and crowds create a challenge. Most of my shopping is limited to going to Rite Aid to pick up my prescriptions.

This whole experience has taught me that relationships and connections are important and key to mental health, and they need to be maintained on an ongoing basis. Sheltering in place is terribly lonely and leads to anxiety. As much as I want to go outside, go to a nice restaurant or shopping, I realize staying home is the only weapon we have against this virus.

**(Continue on page 3: "Reflections")**



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(Continued from page 2: “Reflections”)

I try my best to stay connected with my community while sheltering in place. I Skype, Zoom, call, text, and email family, friends and colleagues. It is not the same as face-to-face, but it goes a long way to build and maintain relationships.

We are going through historic times that no doubt will shape this country for years to come in ways I can’t even begin to imagine. I need a break from the enormity of it all. Watching movies helps me travel to a land far away where there are no viruses, quarantines, or shelters in place—only stardust. I need the getaway even if it is for only an hour or two.

## Thoughts on COVID—19 from SSAN Members

“COVID—19 does not discriminate, it affects everyone no matter what you do. Be safe out there.” – Wesley Witherspoon, USC Children’s Hospital UCEDD SSAN Representative

“I am thankful for the number of South-Central Los Angeles Regional Center staff and vendors that have gone the extra mile in supporting all individuals served that SCLARC during these difficult times.” – Desiree Boykin, ARCA SSAN Representative

“I have been incredibly productive and proactive during these turbulent times. I started my very own podcast radio show where I talk about autism, ABA, and mental health and so on!! I understand that this pandemic is very serious, but I am doing my best to have a glass half full attitude!! ” – Sean Sullivan, Orange County SSAN Representative

## SSAN Members

- Nathaniel Florez – North Coast
- Teresa Moshier – North State
- Lisa Cooley – Sacramento
- Chen Curtiss – North Bay
- Regina Woodliff – Bay Area
- Robert Balderama – North Valley Hills
- David Forderer – Central Coast
- Rebecca Donabed– Sequoia
- Julie Gaona – Los Angeles
- Sean Sullivan – Orange County
- Daniel Fouste – San Bernardino
- Paul Mansell – San Diego Imperial
- Desiree Boykin – ARCA
- Renee Wooten – CFILC
- Nicole Patterson – DDS
- Scott Barron – DRC
- Robert Levy – UC Davis Mind Institute
- Kecia Weller – UCLA Tarjan Center
- Wesley Witherspoon –SCDD and USC Children’s Hospital



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## Tips to Stay Healthy from COVID—19

1. Wash your hands for at least 20 seconds



2. Cover your mouth with a tissue or sleeve when coughing or sneezing



3. Avoid touching your face



4. Clean items around you like doorknobs, tables and phones



5. Stay home if you feel sick



**SSAN Mission Statement**  
The Statewide Self-Advocacy Network (SSAN) promotes leadership and builds bridges that strengthen advocacy among disability communities by focusing on policy change.

SSAN past Newsletters, Annual Reports, and Meeting info, can be found at [www.scdd.ca.gov](http://www.scdd.ca.gov) under self-advocacy tab

**Let us know if you want to see anything specific in future newsletters!**

How do you contact the SSAN Newsletter Editor Robert Levy? Leave a message for him by contacting the SCDD Self-Advocacy Coordinator **Riana Hardin at (916) 263-8196**



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## More Tips to Stay Healthy from COVID—19

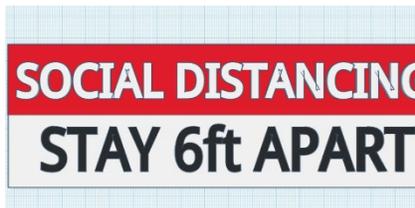
6. Call before visiting your doctor



7. Wear a face covering when you go out to a public place



8. When possible stay 6 feet away from people who do not live with you



### Learn About SSAN

#### Partners

- [Association of Regional Center Agencies](#)
- [California Foundation for Independent Living Centers](#)
- [Department of Developmental Services](#)
- [Disability Rights California](#)
- [University of California, Davis MIND Institute](#)
- [University of California, Los Angeles, Tarjan Center](#)
- [University of Southern California, Children's Hospital](#)

#### Self-Determination Update

Check out the latest [DDS Self-Determination Newsletter](#) for the latest on California's Self-Determination Program.



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## Remembering Cheryl Hewitt

By David Forderer, Central Coast Regional Representative

David Grady, SCDD Regional Manager  
Central Cost Office



It is with a heavy heart that SSAN says goodbye to Former Chair Cheryl Hewitt, who recently passed away. Cheryl served in all three leadership roles in SSAN (Chair, Vice—Chair and Secretary) from 2013 to 2017. As Chair of SSAN, Cheryl played an important role in laying the foundation for many important parts of the groups' structure. Cheryl worked closely with many different staff at the State Council on Developmental Disabilities to advocate for the increase of inclusion, independence and autonomy for people with disabilities throughout California. In addition to working with SCDD in various capacities, Cheryl served as an advisor to the staff of the Stanford Medical Center, as well as to a member of City Council and other local politicians. Cheryl was Chair of the Local Self—Determination Advisory Committee and the local IHSS Advisory Committee. At the time of her passing, Cheryl Hewitt was the Chair of the Central Coast Regional Advisory Committee (RAC), continuing her advocacy to the end and will be missed by those who had the opportunity to know her.

David Forderer remembers: "I met Cheryl Hewitt a year or so before I joined the Council, while waiting for a meeting at the San Andreas Regional Center (SARC). At the time I was on the Board of Directors of SARC. When I was appointed to serve on the Council in 2012, I recommended Cheryl to be my replacement on the board at SARC. This led to the development of a good working relationship. At the time of her passing, Cheryl was on the Board of the Silicon Valley Independent Living Center (SVILC). Cheryl Hewitt was a powerful voice in the Disability Rights Movement and was very vocal about her belief in the importance of people with disabilities being able to live Self—Determined lives.

**(Continue on page 7: "Remembering")**



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Even though our approach to advocacy was different, we worked well together, and I appreciated Cheryl’s passion and determination to create a world where people with disabilities could have their voices heard.”

David Grady, Regional Manager of the Central Coast Office of the State Council on Developmental Disabilities reflected on the fact that Cheryl had the ability to help both parents and community members understand what self—advocacy truly means. “Cheryl provided family and community members with a visual representation of someone with an intellectual and developmental disability having the ability to speak to power and have her voice be heard. Cheryl helped family members and community members to understand the importance of their roles in empowering their sons and daughters develop their own powerful voices.”





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## Community Resources

[Aunt Bertha](#) is a nationwide social care network that connects people seeking help to programs and verified social care providers that serve them.

Thousands of nonprofits and social care providers serve their communities. But for most people, navigating the system to get help can be difficult, frustrating and take a lot of time. Aunt Bertha aims to make navigating the service delivery system easier for you.

## The State Council on Developmental Disabilities is on YouTube!

Check out their [Series of Informational Videos on COVID—19](#) featuring people with disabilities.

## SAVE THE DATES

### ADA for the Next Generation



**What:** Virtual Public Policy Forum and Celebration

**Date:** July 29, 2020

**Registration:**

<https://bit.ly/2U31Q6e>

More Plain Language Resources relating to COVID—19 can be found on the SCDD Website:

<http://www.sccd.ca.gov>

Contact your regional office of the State Council on Developmental Disabilities for information on trainings and local self-advocacy meetings happening in your area or to find out how to get Personal Protective Equipment (PPE) for you and your family.

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**JUNE 24, 2020**

**SSAN MEETING AGENDA ITEM 9  
ACTION ITEM**

**Statewide Self-Advocacy Network**



***PLANNING FOR SEPTEMBER AND ADJOURNMENT***

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The SSAN Chair will lead the group in a discussion about ideas for the September 2020 meeting and members will have the opportunity to complete meeting evaluations for the June 2020 meeting.

***Attachments***

None

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