



RECREATION

- **Ranking (Total/SA/FA) – pg. 3**
- **Raw Narrative Responses**
"Why is this important?" – pg. 5
- **Raw Narrative Responses**
"Types of Activities" – pg. 27

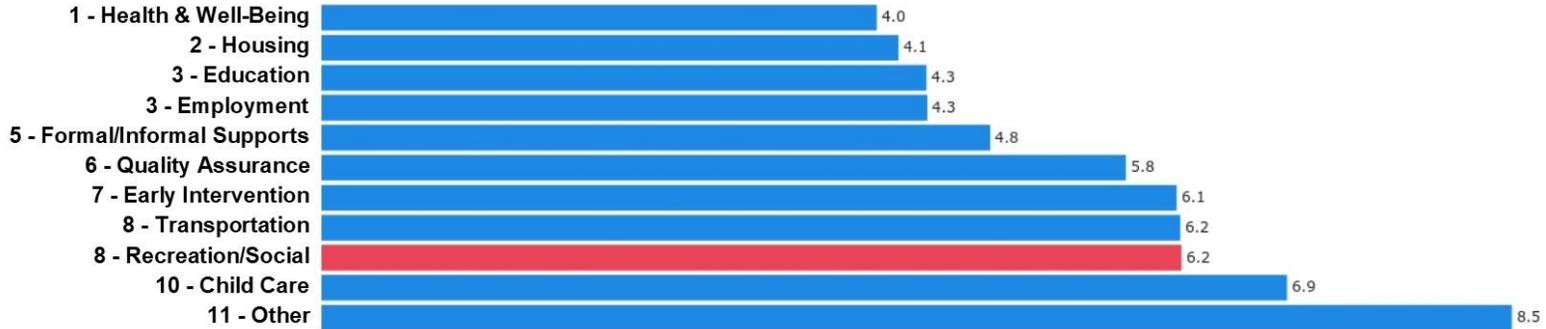
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RECREATION

Rankings based on average scores on a 1 - 11 scale (1 = Most Important)

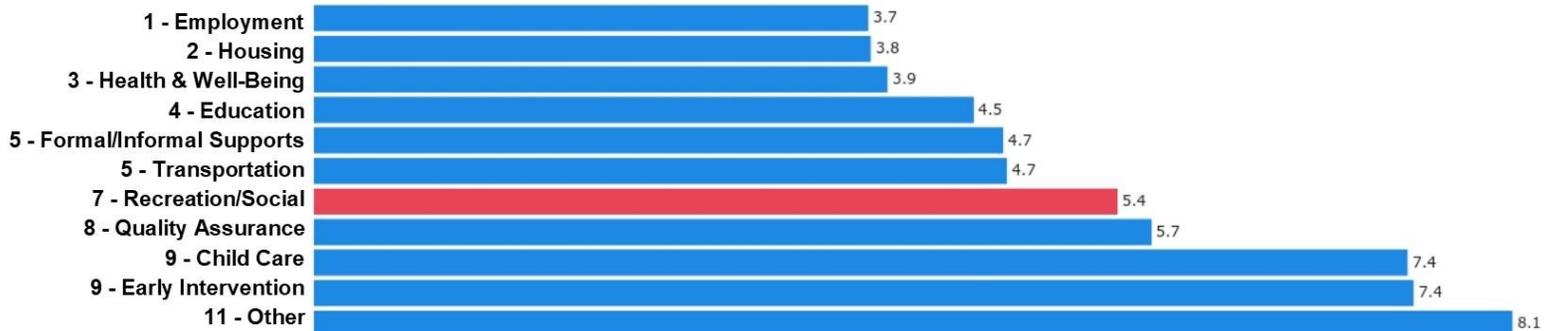
Total Ranking = Tied at 8th

Total Rankings



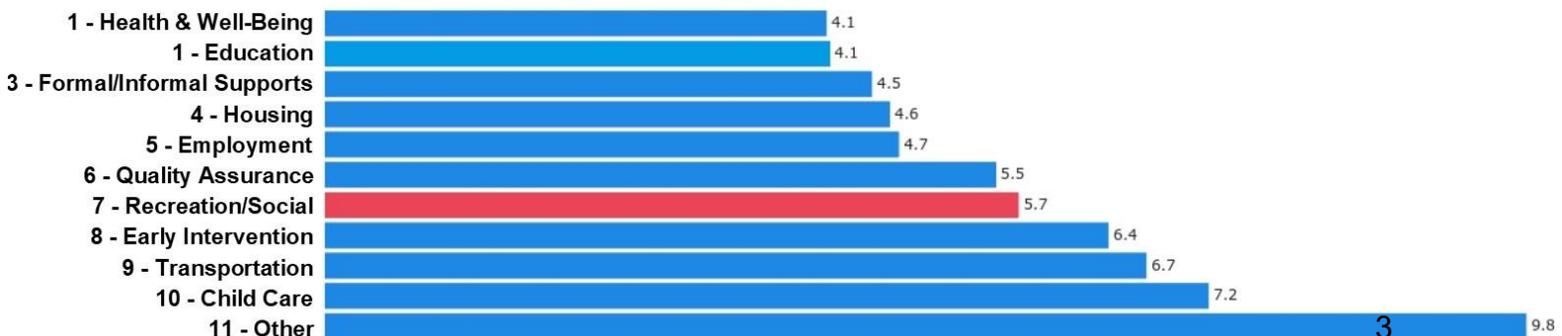
Self-Advocate Ranking = 7th

Rankings by Self-Advocates



Family Advocate Ranking = 7th

Rankings by Family Advocates



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RECREATION

Question 1: Why did you put this as the most important to you?

1. After all my time working with this population, I think this can be most lacking
2. because this is the area I've had the most trouble finding any services/supports, and what little I have found has largely been cut in favor of focusing on employment or education. Social interactions are also a particular area of difficulty for me, which is a core feature of autism and it's where I need the most support
3. Would like activities in the community. MORE information about places, programs & events, etc.
4. need to restore services, so I can go to MORE PLACES in the community make me happy to go to more places
5. cause I'm very active
6. IN order to interact w/ people
7. improve intellectual and developmental
8. Activities for my 35 year old daughter
9. I put these columns that are very important to me for every transferring, and how to get some free time for myself also how to be by myself
10. getting out and doing things
11. stay active. not isolated
12. stay involved
13. Keep blind community active & involved
14. stay involved in community
15. Important for low vision Community
16. staying social, giving back
17. stay active
18. wants to be out socializing
19. Need to socialize
20. More social interaction with people
21. Need more social interaction
22. We lack a lot of this in our area. kids/adults should be able to interact with others more

- 23.** to make build/make friendships
- 24.** Because I believe going into the community & learning w/ natural support having fun is great
- 25.** It is very important for people with disabilities to have the opportunity to do things they love swimming is especially important because the high rate of drownings in people with disabilities
- 26.** I work with clients who have ASD & similar diagnosis
- 27.** Because there does not seem to be any focus anywhere else for this.
- 28.** Swimming lessons for safety.
- 29.** being around family
- 30.** Because I socialize & talk to people
- 31.** Santa Rosa
- 32.** I like going to different places and meeting new people
- 33.** Going out in the community,
- 34.** Social people need something to do in their spare time.
- 35.** Because I am very social and I like to meet new people.
- 36.** I enjoy sports, going to the opera, going to the bookstore.
- 37.** To help me being an active member of a community.
- 38.** To be able to lose weight for the summer.
- 39.** Makes you happy.
- 40.** Community outlets besides being stuck at home with no parental understanding and education about mental health issues.
- 41.** I think more support in helping people have opportunities for fun and friends leads to overall happiness.
- 42.** There's a lack of resources currently for social/recreation opportunities specifically in west county Contra Costa.
- 43.** Social activities are important to feel like a part of society unless out of character for the individual.
- 44.** I always exercise, it helps me because I have diabetes.
- 45.** Play basketball, and football.
- 46.** because I got some great social skills
- 47.** Daughter is very social but hard to make friends,
- 48.** To stay active and to communicate w/ others

- 49.** My child needs something to do.
- 50.** There needs to be more social and recreational options offered to young adults and those who have exited the school district
- 51.** Don't want to be bored
- 52.** because I think its most important for us to socialize
- 53.** It's important for people with disabilities and it is not offered at this time
- 54.** I listed this for two reasons. 1. Self-Awareness starts from mind and body awareness in relation to relevant contexts of one's environment. People with disabilities need access to movement, exercise and opportunities to interact and align their intentions from where they are and have been to where they can be, with opportunity to build resilience enabling them past limitations and opportunity to align those intentions with others. We see that beautifully illustrated in team sports, in playing music in a band, etc. Team/collaborative efforts. 2. Recreation/Social done correctly provides meaningful integration & inclusion within the individual's community. However, the framework with San Francisco & the Bay Area impedes access to community. For example, San Francisco is one of the wealthiest cities globally, yet students must commute outside of San Francisco to Non-public schools (NPS). This burdens individuals with disabilities further as they lose hours daily to access an appropriate academic environment. In this example, accountability for recreation & social interaction is lost between the school district and NPS while the individual is tied up for hours commuting daily (currently a 5-mile round trip which becomes a 70-mile round trip next fall.) The individual with disability then must know how to meaningfully integrate during very rare recreation/social opportunities...for example, a dance. Spending the bulk of his time commuting and being alone, he is excited to be at the dance but without support, he is still alone at the dance but everyone can point to the dance as a social activity he participated in, leaving out that meaningful interaction was missed. Another example, the NPS uses OTL (Out to Lunch) in which a student invites others out-to-lunch as social goals. Our son did not meet his goal of inviting two other students to lunch at the start of the year because he went out-to-lunch by himself twice without inviting anyone by his own admission. They then increased his goals to invite 3 other students and said don't worry about other students rejecting his invitation, he just needs to ask 3 other students if they would like to go.
- 55.** TRY TO SOCIALIZE MORE WITH PEOPLE
- 56.** Because having friends is important to me.
- 57.** It's been the hardest place to find support for out of what I want from life

- 58.** As someone who is deprived from social interaction (my mom and sister do not show willingness to speak to me, nor do they let me speak to others when we are not in public), it is important to me to be placed in a program that gives me the opportunity to socialize.
- 59.** Being out of the house and doing things. Away from being bored.
- 60.** I like to have fun.
- 61.** go on outing
- 62.** go out
- 63.** Having friends
- 64.** I live in the country and don't get to see my friends very often, I like to
- 65.** It is what I look forward to, to see my friends and do things with them
- 66.** I need friends
- 67.** I want to have friends and things to do
- 68.** To be included in the community
- 69.** It's important to have fun in life
- 70.** being active is good
- 71.** I want to make friends
- 72.** Because it's through recreation events that I found folks with similar interests.
- 73.** Because I like to be in the community & interacting w/others makes me feel good
- 74.** I want to meet people and make some more friends.
- 75.** recreation like movies and "fun" stuff
- 76.** Because I can get out of the house to play bingo, watch movies, and meet people
- 77.** Services collapse after age 22. Adults need recreational & social activities, too
- 78.** Helps me see other people and have face to face with others and interaction. Friends are important to me
- 79.** having fun with my friends is the most important thing in my life. It makes me feel alive
- 80.** Its healthy to interact
- 81.** It is what makes me happy

- 82.** I think it is important to find activities with peers with similar abilities. Kids and parents are more understanding and accepting.
- 83.** Recreational opportunities are not supported by our local regional center, Alta California Regional Center, so for safe and appropriate recreational opportunities such as special needs summer camps, we need to pay out of pocket at much higher rates than neurotypical adults or children would need to pay.
- 84.** I have trouble working with people and need more help. Hope to meet more adults with disabilities.
- 85.** Feeling connected to others and having social contacts regularly improves quality of life.
- 86.** People first is important to me.
- 87.** Autistic people have difficulty socializing.
- 88.** My 24-year old daughter is very social and thrives when social/ recreational opportunities arise.
- 89.** Social recreation for adults has not been funded since 2009, its terrible that the last Governor ignored this and legislature has ignored requests for social recreational funding for adults.
- 90.** I like to go out in the community
- 91.** I like program
- 92.** i like program and time with other clients
- 93.** Better than sitting home being bored, last program I went to did nothing fun.
- 94.** Because I like to come to program and go to the store and lunch
- 95.** I like to come to program to do arts and crafts
- 96.** I like coming to program
- 97.** I like to socialize with friends and peers
- 98.** Better than sitting home all day
- 99.** Want to make connections for friends for our child with peers he can relate to/with. Also make connections with other parents going through similar situations with their children.
- 100.** Restore RC recreational funding
- 101.** Persons with disabilities are very isolated and lack social/recreational outlets to deter depression.
- 102.** So that they can have something to keep them active.

- 103.** My daughter is very social and as she gets older the opportunity for her to be included in social activities declines.
- 104.** Leisure time is very important.
- 105.** cannot go to community to recreate. need help
- 106.** Our son needs help socially
- 107.** being part of the community enhances happiness
- 108.** Our children opportunities for social and community inclusion are limited and become depressed and at risk
- 109.** consistent and positive social interactions are the hardest to create
- 110.** we are social animals, if we do not have meaningful connections we perish.
- 111.** having friends is critical to a good life. Without friendship and things to do, life can be miserable
- 112.** My daughter is a young adult who has medical complexity & is non-verbal & non-ambulatory. She is often isolated from doing age appropriate things with peers because there are very few providers that are licensed to provide services for her in the community.
- 113.** I would like to see more extracurricular activities for kids like my son
- 114.** People cannot grow if they are home all the time. They need opportunities for growth and socialization+
- 115.** It is important for our some to get out in the community and have social programs
- 116.** My brother needs better stimulation instead of isolation
- 117.** Because you need a balance and I've been working on my education and I haven't done enough recreation and social activities and I feel that is important. We've been asking for services in this area to be re-funded each year.
- 118.** I want to have fun and not do arts and crafts; I'm just glad I don't stay indoors.
- 119.** Recreation used to be funded by regional center, but that ended during the Great Recession.
- 120.** Important.
- 121.** People sit at home with nothing to do
- 122.** It is what people need most
- 123.** It is what is important to people
- 124.** Individuals frequently report that they don't have anything fun to do.

- 125.** Adults with disabilities need to have connections/relationships outside of their home/family.
- 126.** I strongly believe in community integration and feel this would be very beneficial for our developmental disability population.
- 127.** "Most of our families need to work on learning how to interact with others in social settings, but do not have a lot of options for
- 128.** recreation or social activities where they can go. "
- 129.** People need to get out more
- 130.** I feel like we have limited resources of inclusion
- 131.** Because common interests lead to friendships and relationships, because those with unique interests deserve a chance, and because stuff you do at the park can bring us together and introduce us to new things.
- 132.** like to do social things
- 133.** Need things to do
- 134.** I want to get help with getting more social and getting to know people better and hanging out with them.
- 135.** so I can learn about more stuff.
- 136.** I see that a lot of the people I support have a hard time socializing.
- 137.** Most important to our daughter
- 138.** It helps to prevent loneliness. Preventing loneliness helps to prevent abuse.
- 139.** I think socializing opportunities for adolescents are very few and far between
- 140.** My son challenges are largely socializing. Organized meet ups would potentially help him.
- 141.** It's important for him to be a part of the community and be accepted
- 142.** Because it's important to provide opportunity for socialization and programs that can help to provide them
- 143.** finding/creating recreational opportunities for consumers
- 144.** Many of my participants are looking for accessible activities/affordable options they can partake in during day program hours and on weekends
- 145.** my daughter wants connections with people but isn't capable of "typical" friendships. Connections with people can prevent mental illness
- 146.** So that people with disabilities can feel and have fun
- 147.** happy life with other people and recreation
- 148.** Makes it easier for people when they have these supports.

- 149.** I want more scholarships, to earn more money.
- 150.** Because it helps people meet new and interesting people around them.
- 151.** If I don't have fun things to do i stay home
- 152.** more opportunities needed for community engagement
- 153.** Each human being needs to have opportunities and access to have fun
- 154.** To have more activities.
- 155.** I like what we do.
- 156.** Where to go for local
- 157.** With HCBS, COMMUNITY INFORMATION how best to approach places in the community
- 158.** Social
- 159.** to make friends
- 160.** My son enjoys extra-curriculum activities. We should have programs to help them develop socially & to help find discover the interests & talent
- 161.** To balance this life
- 162.** My son is sometimes emotionally unstable. He doesn't have a lot of friends.
- 163.** All play equally important roles
- 164.** I go out to adventure club on Tuesday morning
- 165.** Recreation/social interaction is what keeps us happy
- 166.** Having a balance between work and recreational activities
- 167.** To develop my skills in Conversation
- 168.** Children by playing and participating in activities
- 169.** Son currently has none although in group home.
- 170.** Keep them active in community and keeping them in healthy life and safety.
- 171.** because profit receive funds but still charge for services
- 172.** Relationships are important
- 173.** It's important for our clients to have activities & socialize in the community
- 174.** Although there are social skills groups, advocacy group and dances, many are not appropriate for individuals that are needing more specific help transitioning and generalizing social activities to the community so not isolated or a group they cannot relate to.
- 175.** I work in the A.V. - to some families Recreation/social is important and to consumers it should always be an option - let families know about activities!

- 176.** I am parent of only child. I'd like to know that she can be connected with people in safe settings in the future and perhaps even receive support in this.
- 177.** Being active and social leads to a healthy lifestyle.
- 178.** Kids on autism spectrum struggle socially and may not have the skill level to participate in recreation activities such as sports.
- 179.** Son has no social network, community.
- 180.** I want more recreation, things, exercise, camping.
- 181.** to be more social and I'm shy in big crowds
- 182.** Need to do things besides work and business
- 183.** I like to go out somewhere
- 184.** A well balanced social life increases happiness.
- 185.** People need to meet other people.
- 186.** Creating better opportunities and access for inclusionary recreation and social activities of individuals with disabilities is necessary.
- 187.** Because it puts the community a lot together. Because it is the best.
- 188.** Going to coffee shops and going to mall and going to the movies and going and getting nails and toes done and working at a coffee shop.
- 189.** Arithmetic
- 190.** I believe that a big part of quality of life and mental health is to go out and see the world.
- 191.** I like to watch movies, listen to music, play on the computer.
- 192.** To feel belong and meet new friends.
- 193.** Trying new things and being involved.
- 194.** Because being social and participating in recreational activities improve quality of life.
- 195.** Makes individual happy and included.
- 196.** Recreation provides opportunities for inclusion and very important for health and quality of life.
- 197.** Because I need my child to get social skills.
- 198.** I think that people with disabilities might have a hard time socializing and everyone needs "me time"
- 199.** Need more day programs in our area
- 200.** It is important to socialize with people.

- 201.** You need an outlet to relax and rejuvenate.
- 202.** I think important promote healthy living that values fun and social interaction.
- 203.** Because its great
- 204.** Hard to find activities for adults with disabilities.
- 205.** Go to the store, bowl.
- 206.** Have fun, do fun things. Zoo.
- 207.** Freedom to go anywhere physical and social.
- 208.** They will be employed in an agency & company and compensated
- 209.** important to make clients happy
- 210.** I like to travel every year to see family in Louisiana.
- 211.** Teach golf.
- 212.** Because isolation significantly decreases longevity
- 213.** There are not a lot of opportunities for adults and teens to connect in their community
- 214.** everybody enjoys activities outings and socializing with others.
- 215.** These activities are vital to quality of life
- 216.** I want to have fun
- 217.** Social opportunities for the dev. disabled
- 218.** Like to exercise
- 219.** There doesn't seem to be much for our kiddos once they hit jr high
- 220.** Holistic life. It is the best outlet for stress/anxiety/relationship building. An area that individuals can develop their own natural supports that lead to secure long term health.
- 221.** I believe this makes a person happy. If they are happy then we have succeeded in life
- 222.** P.R. is a terrific arena for her
- 223.** I like sports, the 49ers.
- 224.** people need friends as much as they need a home
- 225.** These activities are so important in enriching the lives of people with disabilities. The amount of programs available does not meet the need.
- 226.** Life is about friends, what good are friends if you can't get to them.
- 227.** Because it would make me happier

- 228.** It's not good for our health to be alone. It's important to be around others
- 229.** These activities are included in community based programming & are fun!
- 230.** People need connections, we are social animals
- 231.** People need to be connected with others in fun ways
- 232.** I can't just work all the time. Recreation makes it fun to exercise or see my friends. We need more dances offered.
- 233.** unable to answer
- 234.** Teenagers and adults need meaningful activities in their day to day life. They also need sports and exercise for mental health & as obesity prevention.
- 235.** Because my child needs to improve communication
- 236.** My son needs to learn how properly socialize with others.
- 237.** It is important everyone have that social life to integrate into community.
- 238.** needs to be able to function in daily life amongst general public
- 239.** Yes!! I want friends
- 240.** I want to be with my friends on the weekends and have a good time. It is hard to get together
- 241.** fun is really important, to have a friend.
- 242.** my friends are important to me, I want to see them and do fun things with them
- 243.** We want him to be able to go out and make friends without us having to always be there. Sexual training as well. Safety
- 244.** Children with disabilities have limited recreation/social opportunities in Placer County
- 245.** Too many people make me nervous.
- 246.** I love to go to the movies.
- 247.** Do things with my friends.
- 248.** My child loves to be with others but often doesn't fit in.
- 249.** To learn more about being more social
- 250.** These services have been suspended since 2010, they need to be restored
- 251.** Reducing isolation for adults with special needs and families with children with special needs is needed. It will improve everyone's life.
- 252.** This is important for people to be active and having fun
- 253.** I can meet new people

- 254.** Feeling lonely is not good for anyone. Yet our population often lives in isolation. This can affect his physical and mental health overall.
- 255.** provide cheap/reasonable activities to socialize
- 256.** fun is what bring joy to life
- 257.** this should be funded by regional centers, It is what makes life a joy.
- 258.** Nobody funds social and recreational on the level that our adults need it. At least half the adults in my community college and day program classes discuss how bored and lonely they are at night and on the weekends. We know that strong social ties and community have essential mental and physical health benefits, yet we don't seem to count this. The lonelier and more estranged our folks are, also impacts their attitude at school, work and program. They feel abandoned in these group homes that constrict their freedom. Only the ones with open-minded parents or siblings seem to get out enough and have a social network that sustains them.
- 259.** recreation helps with growing skills of self
- 260.** I like to go to park & have a picnic with friends. I like to have fun & I want to be safe.
- 261.** Individuals do not have access or support in social settings.
- 262.** Zumba, dancing classes
- 263.** so many parents and adults with developmental disabilities feel alone and have no activities or means of meeting others
- 264.** Individual need more social activities that are inclusive
- 265.** Strong social skills are a critical component for not only attaining employment, but also retaining employment.
- 266.** I want my daughter to get out as much as possible. It can be very lonely being stuck home alone
- 267.** because I do social things when I can
- 268.** people need to have fun
- 269.** there needs to be more activities for people to get out especially people in wheelchairs
- 270.** recreation/social events to promote parent support and education, sharing of knowledge, personal stories and bond with the community.
- 271.** Social services are underrated for the overall health and well being of an individual.
- 272.** Need to a program where those intellectually challenge people can be accepted and understood, and be able to socialize w/ non-disable people.

- 273.** Most disabled folks have difficulty with socialization and funding for such programs was cut in 2008 and never reinstated
- 274.** see the need
- 275.** My son has no friends and social programs with his peer groups.
- 276.** Our DD kids and adults are often isolated, we need more inclusivity events.
- 277.** It is a great outlet and confidence booster
- 278.** I love to see my friends and have FUN and talk.
- 279.** Social interaction is a high quality of life.
- 280.** IT is important to have friends and get together, have fun and talk
- 281.** Fun gives me something to look forward to
- 282.** Important for social interaction
- 283.** Quality of Life puts on recreation/social activities to help limit isolation and open opportunities for community and social interaction.
- 284.** It's hard to create social circles
- 285.** I enjoy coming to a day program.
- 286.** Social integration is most difficult for our consumers, there is not much regarded towards their level, Needs or topic events that are meaningful to them.
- 287.** They like to have friends and socialize.
- 288.** Recreational and Social activities are important for an individual to feel integrated with the community. There are not enough programs that consumers can participate in without incurring a high cost to join. In addition there are very little social programs for adults with DD.
- 289.** Most homes don't spend their funds providing this
- 290.** This is a huge deficit for my son.
- 291.** Consumers deserve normal socialization within the community.
- 292.** When we had social/rec over 10 years ago, it was the best way for my child to get out and do child-like things. They cost a lot and many programs for typical kids are just not appropriate for a child in a wheelchair. (most sports, day camps, after school programs, etc...)
- 293.** Age appropriate activities
- 294.** Social skills and social interactions with other than family members needs support.
- 295.** work is not the only thing that is important, having friends, doing fun things in the community is really important.

- 296.** there are very limited recreational and social activities
- 297.** achieving recreation and social goals leads to a higher quality of life and overall contentment
- 298.** Many people of all ages with developmental disabilities and special needs to not have opportunities to socialize or have recreation activities. It's important for them to have these opportunities, especially as families.
- 299.** Because I have a family
- 300.** making friends avoids depression and isolation
- 301.** They will have some integration in this area in the community.
- 302.** Many lack social skills and are isolated
- 303.** Aren't any in my community
- 304.** very important
- 305.** Regional centers don't fund social or rec programming. Huge need in this area
- 306.** there is nothing productive for people to do especially in winter
- 307.** I like to dance and sing.
- 308.** It's important for children to be active in our community
- 309.** Children need social opportunities. Children have many social deficits at this time.
- 310.** Recreational/social relates to quality of life issues and is really important for older adults to stay engaged
- 311.** Son has no social life
- 312.** Social or recreation programs are almost non-existent.
- 313.** Human contact and fun are essential for all of us to thrive.
- 314.** My adult disabled child is lonely.
- 315.** This is important for a quality life
- 316.** This is important because it ties into well being and health as well as education
- 317.** I like to be social and active
- 318.** I Like to go out
- 319.** Too many consumers are lonely and cannot initiate contact with peers.
- 320.** one the major issues often missed of never been considered is what to do with disabled persons when they become adults and their otherwise normal aspirations such as dating or finding a partner is not achieved. This is most

frustrating for them and their families. We need to come up with solutions for these lost souls.

- 321.** good for people to be involved in the community
- 322.** Socialization
- 323.** Many people with dd/id are going out of primary/secondary school with little knowledge in this area.
- 324.** Limited access to these without it being a day program
- 325.** want her to be socially interactive
- 326.** Our DACs can't go bar-hopping or socialize like their NT age peers. Our DACs need cognition appropriate activities with their peers!
- 327.** son has no friends he goes out or communicates with
- 328.** To help group homes to be able to offer client-focused recreation and meeting of social needs per each client's unique needs
- 329.** Socialization is hard for this population
- 330.** We need more leisure/rec activities available for our individuals who find it too difficult to access generic resources - even w/ supports.
- 331.** Individuals with I/DD do not have the same opportunities as others for social interaction. And they NEED safe social interactions perhaps more than anyone else. Most cannot get to their local coffee shop to strike up conversation because they do not have the transportation or the skills. Most want friends! They are so isolated!!! I hear it over and over again!!!
- 332.** we need more things to do
- 333.** Many people with disabilities have a hard time becoming more socialized in society. This can affect their health and well being.
- 334.** There are very limited opportunities for adults on the Spectrum to socialize. This needs support.
- 335.** Camp and recreation services should be restored. Sometimes these are the only highlight of a person with DD's whole year.
- 336.** For the social emotional aspect. Decrease of mental health issues
- 337.** Son needs additional resources for ASD that meet his needs
- 338.** Meaningful social systems and outside interests support an individual's growth and learning
- 339.** This population deserves the same opportunities within City Park and Rec as other groups. Park and Rec makes unique programs for the elderly, why not people with disabilities as well?

- 340.** Increase to better access to recreational activities like outings, etc.
- 341.** Need to address obesity by having integration in physical activities programs
- 342.** This is another important part of having an active and fulfilling life.
- 343.** This is important because he needs to be in the community to interact with other people.
- 344.** Because you never want to be bored.
- 345.** It's important to be happy.
- 346.** None of us can get together but we all want to. We spend a lot of time isolated inside a home
- 347.** People need connections and friends, people are often lonely
- 348.** Communicate with people, understand of society
- 349.** Recreation and social activities are essential to be part of society. People with disabilities I feel isolated and they need an opportunity to be around people and make friends and cultivate friendships
- 350.** I want camp again right
- 351.** Increase access to more leisure/play
- 352.** We need more sporting activities to participate in.
- 353.** Need to have activities, they are important.
- 354.** I like to have fun.
- 355.** Activities for seniors
- 356.** Loneliness, isolation
- 357.** Speech and social interaction
- 358.** Socialization is key.
- 359.** Keep people with disabilities involved in social activities
- 360.** There need to be more day programs.
- 361.** people's lives would be so much better and behaviors would not occur if there was something to do
- 362.** Freedom from isolation, enhanced mood, and self image
- 363.** This population needs organized social opportunities
- 364.** these programs positively benefit mental health and quality of life
- 365.** I don't want social activities, but I wish someone was paying attention to my recreational needs
- 366.** Hanging out with people, and it's important to have fun.

- 367.** My son has no friends
- 368.** Activities are geared to the Disabled who reside at home with parental support, not group homes
- 369.** When disabled person graduated from school system, most of support system are terminated. Family and disabled adult need community support.
- 370.** Need social activities for young adults
- 371.** Too many children and special needs don't have access to physical activity and sports or have a successful experience.
- 372.** Human beings are social beings and health benefits when a person has a good social life!
- 373.** Good exercise
- 374.** Being part of a community and having friends is important. Most everyone wants to belong.
- 375.** again, vital to the community involvement and integration.
- 376.** Because understanding and support for the social cognitive challenges of adults with ASD is essential to make a good quality life.
- 377.** Camp is a significant unfunded expense and important to consumers life
- 378.** People sit at home and long for something fun to do
- 379.** Personal connections have huge capacity to give natural support to clients, reducing paid services needs.
- 380.** Arbitrary
- 381.** social skills are an important skill for humans in every stage of our lives.
- 382.** during social events you share with others around
- 383.** Lack of participation from our consumers.
- 384.** Parents and children need social and recreation support.
- 385.** need to have fun
- 386.** Children with special needs have limited resources for recreation because activities provided are for Typical children and there are limited opportunities of participation for them. For example, the High Desert is lacking all these opportunities.
- 387.** We need to create more resources for our consumers to be social rather than day programs or park/Medi-Cal funded programs
- 388.** Things for students to do when not in school
- 389.** Not a lot for kids to do outside school

- 390.** For a lot of I&D individuals and those with autism, work & education is not something achievable but having Social & Recreational outlets are.
- 391.** they need more communication with people
- 392.** It's important to let the children interact with typical children
- 393.** Special needs children need to social with more typical children
- 394.** Children are often isolated and need activities where they feel included
- 395.** Children should be able to participate in any activities typical children are able to
- 396.** Having fun and being social is important.
- 397.** Once you're healthy and have a stable home it's important to be able to go out into the community
- 398.** DAY PROGRAM ACTIVITIES
- 399.** If the students are unable to work or volunteer, keeping them active in the community on some level is extremely important.
- 400.** Because I enjoy being social.
- 401.** Many individuals and families are interested in seeking an opportunity for social integration.
- 402.** There is not many recreation and Social activities for all of our person served to enjoy.
- 403.** individuals do not have a lot of friends
- 404.** Because there are not many activities for special needs kids in our communities. A lot of times we are having to drive farther to try and get our kids to participate in activities and be social.
- 405.** Friends make you feel included.
- 406.** alternative recreation
- 407.** as part of the well been/mental health, this is an important are that needs to be covered in order to get a wonderful state of functionality on every human been
- 408.** Easier access to events, concerts, sports to increase social opportunities
- 409.** There is a consistent need for socialization with this population we serve.
- 410.** my adult son is lonely and has no friends to go or do things with recreationally. we need more places for them to go and be able to go in a group besides community, so they don't feel or made feel out of place. We need to also keep clients out and about engaging in recreational and social things because the world isn't just for those who think they are perfect.

- 411.** There needs to be more services for the recreation and social life for consumers. Community programs need to integrate people with disabilities for participation. Maybe finding volunteers in the community
- 412.** Being an IDD adult is isolating.
- 413.** Need more supports to get together and recreate in inclusive settings
- 414.** The community needs to be informed.
- 415.** My son is 15 years old and needs socialization.
- 416.** Help those who are unable to communicate with others
- 417.** Our children need to be able to have access to community gyms, indoor and outdoor activities
- 418.** don't want to lose what is there
- 419.** Regional Centers are no longer allowed to cover Social rec with POS monies.
- 420.** A lot of these activities are costly
- 421.** Because I think all people with/without Disabilities need recreation to maintain mobility and to help foster ones social skills.
- 422.** Increased opportunities for socialization is another facet of a well balanced and productive life.
- 423.** Quality of life
- 424.** It allows a better quality of life for our son when there is additional social activities
- 425.** Because of no alternatives, my son is home 24/7. He has become so attached, the loss of me will be devastating. Lack of social/recreational opportunities is creating a no win situation for my beautiful son
- 426.** consumers need to be out in the community.
- 427.** My son needs funding for these activities that he cannot currently undergo since he needs assistance.
- 428.** This is the area that I believe California is lacking. We have lived in four states. Iowa, Ohio, Florida and California. California is forth in providing recreational opportunities. Most of these come from businesses that have charitable wings and assist to create opportunities and events. What we have found hear is just business looking for an extra revenue stream. The events we get invited to our more save \$5 and take your kid to "Special Needs Day at X" You just pay \$50! These are never as good as just going on a normal day paying the extra \$5. And the events we have attended here, while well meaning have been lacking. For instance. Special Needs Easter Egg hunt. Great thought, but not policed well. Kids with lesser

issues rush out and grab all the eggs. Kids with severe disabilities were left with nothing. We literally had our non special needs kids run to another area to bring back some eggs just so three of the kids with greater needs could participate. We have seen this kind of thing a lot. The thought is wonderful but the execution is lacking.

429. social skills

430. I am very social and am able to get my way around town

Spanish Responses (Translation)

431. Formal and informal community supports IHSS services

432. Recreational / social services are required by many clients with disabilities and cannot be obtained due to low resources, etc.

433. In my area there is nothing recreational for them to go with life.

434. I would like them to invest more in free recreational programs and specialized recreational programs for people with disabilities, since there are very few or none

435. Include people with disabilities

436. There is nothing for adults there is no social recreation with the important age in 'caubio dosu' (illegible) life and there is nothing. For me it is very important

437. We need toilets for children with disabilities in public places like parks

438. You should provide more inclusive activities for people with developmental disabilities

439. Because I want to see my child happy enjoying life despite his limitations

440. In autism socialization is fundamental, because in the future my daughter will need to be a good communicator. In my community there is social thing is that my daughter is successful in the future she needs to have better communication and in my community there is a good group that has this problem.

441. Because I am interested in my son being more sociable and having friends, that he is only locked up at home

442. Because I have two adolescent children who have signs of depression, the recreational helped them to get out of their depression but there are not many options, help and support in that.

443. It would be nice if there were more (social skills) programs

- 444.** We need recreation programs in our city today a lot of need for our children
- 445.** Have nothing
- 446.** Social skills groups outing programs my son is 17 years
- 447.** Because I am a new mother of a child with autism and it is very difficult at the moment to understand
- 448.** The most important is that they are included at events, workshops that are unwrapped. For me it is of personal importance to find a manual program using, plasticine, mud, bathroom, colors, paints, etc.
- 449.** Should provide more inclusive activities for people with developmental disabilities
- 450.** Motivation to live agreeably happy, and to get out of the routine because I want my child to be happy, enjoying life despite his limitations.
- 451.** In autism socialization is fundamental, the social because when my child leaves in the future, they need to have good communication and in my community this is a big problem.
- 452.** There is no social recreational at SCLARC
- 453.** Because I am interested in my son exercising
- 454.** Alternative communication: my daughter with autism finds it very difficult to socialize
- 455.** For me it is important to take my child anywhere to learn to live with others.
- 456.** Because my children need to interact with the community to learn how to get to places of importance to them
- 457.** Because when Children grow up it is more difficult to socialize in a community made for typical people
- 458.** I have a 15-year-old boy and he does not want to enter community youth groups because it is not appropriate for him.
- 459.** To further develop social relationships and to help to appropriately socialize with others.
- 460.** Information such as equine therapy
- 461.** What can we do to get them to socialize with more people?
- 462.** Because there are very few places where our special children can go and more if they have to be approached one by one as parents we have to dig it up and for example access we cannot go in certain places or there is no money to pay someone
- 463.** There is a lack of parks and much need for recreation

- 464.** Because it is very important for my son to socialize for his future
- 465.** Because in my community there is not much resource
- 466.** We would like to participate in park programs or some recreation with transportation.
- 467.** Because we would like something to participate in parks such as going to the circus or recreational parks.
- 468.** I wish there were more activities
- 469.** Because he has no friends, he is very shy nervous
- 470.** This score is more important because I consider that there are no full activities, I am referring to crafts, workshop classes, courses where they express themselves with their hands.
- 471.** Because there are not many options for our children
- 472.** Because in many cities they do not have recreational / social activities or because for all skills.
- 473.** Because it is such an important and necessary for our children
- 474.** Park socialization between people for a better education
- 475.** For my daughter she needs to go out and I want this legal to help her
- 476.** Because socialization is important to my son.
- 477.** Because when we grow up, we need more safe places to take our children- where they can participate
- 478.** It is very important the development of our children and youth with disabilities participated in a safe environment and without restrictions of inclusion in the community and in everything that is for a good individual and safe development.

RECREATION

Question 2: What types of activities would you like SCDD to focus on?

1. Clubs and organizations who host activities for just them
2. I'd like to see a variety of supported/facilitated social/recreational activities (not just bowling!), including activities that are "sensory friendly" offered for adults. I'd also like to have opportunities to socialize with autistic peers in segregated settings, where I don't have to deal with neurotypical adults who don't understand my needs, as well as supported activities in integrated settings. I find it much more difficult to find people I can connect to in an integrated setting, and it's important to me to have opportunities to socialize with people who are more similar to me.
3. I will focus on living individual and focus on each task that you need to be involved in and finished
4. more opportunities to get involved in
5. More social events
6. Social events
7. activities to interact with others
8. community integration - making people more independent
9. swimming specially because of the safety aspect and he physical and mental benefits and anything else people like
10. Workshops for parents - IEP, socialization
11. Provide advocacy and information on choices
12. more activities
13. To promote fun and support for people of any developmental disability be able to participate in recreation/social activities, especially investing more in stays.
14. Increase funding and frequent strict laws of auditing and creating local agencies or offices to increase oversight for people like me with verbal language processing.
15. Recreational activities to keep children, teens, and young adults occupied after school and during winter and summer break. Social day or night events to promote friendship making.
16. more enriching programs
17. Proper social skills & community access
18. Educational activities

- 19.** More social activities that are geared towards adult aged individuals some of these activities can be social integration programs
- 20.** Make swimming mandatory
- 21.** Music Therapy...playing in bands/jamming with others, Expressive arts, musicals, etc.; Martial Arts; role-playing games, golfing...activities which allow individuals struggling with spatial-/self-awareness and social pragmatic language to triangulate on a SEL process while they safely build resilience in aligning themselves better in group interactions that are support & scaffolded appropriately to an outcome...a song, a concert, a performance, a game, a pairing/grouping that works through improving techniques and relies on partnership to produce improvements in the individual and group. Failures and mistakes are built into the process without rejection by the group. If individuals with disabilities are limited in accessing team sports, focus on other activities which provide socio-emotional learning process to align with others must be amenable.
- 22.** OUTINGS, TRY TO HAVE FRIENDS
- 23.** Autism/Asperger Syndrome
- 24.** Anything that encourages and provides opportunities to interact and form a community
- 25.** I would like them to provide funding to clubs that involve playing such as Special Olympics and clubs involving board game. As someone who deprived myself of the opportunity to play with others, I would love to play with others in a low-tech way.
- 26.** Staff for my program. We need more money to do more things.
- 27.** I don't know who you are.
- 28.** more money
- 29.** more money
- 30.** let regional centers help with social stuff
- 31.** restore social recreation as a service regional centers can buy
- 32.** Reach out to venues such as game stores to host special events
- 33.** funding for more recreational activities
- 34.** more dance classes
- 35.** Activities like hobbies and being with friends
- 36.** none
- 37.** Small group activities through cities, counties, private agencies & Regional Centers.

- 38.** Work toward making this a reachable goal for people who want it
- 39.** fund social recreation again
- 40.** Play groups, sports.
- 41.** regional center funding of summer camp as out of home respite
- 42.** for people who feel isolated can't seem to make friends or have trouble speaking
- 43.** Opportunities for people with disabilities to meet each other in safe environments.
- 44.** Help support the people first conference.
- 45.** Fun activities for different age groups.
- 46.** community connected social opportunities.
- 47.** Restoration of social rec funding for adults.
- 48.** More socials and outings
- 49.** I like to go out to lunch
- 50.** More outings at group
- 51.** More outings
- 52.** More art supplies
- 53.** Buy more yarn
- 54.** I'm happy with my program
- 55.** More out of town outings
- 56.** special needs basketball in our area would be GREAT! Only ones are at least 30 minutes away and with traffic, can be just too far to try and get to for practices and games.
- 57.** Also, any type of social group where kids are able to play together/hang out on a regular basis would be great. I need to find ways to connect my son with other kids and form solid friendships/relationships."
- 58.** Lobby legislators to increase RC funding
- 59.** Travel opportunities
- 60.** Outings/buddy or group systems
- 61.** More South OC events?
- 62.** Supporting current programs YMCA New Horizons.
- 63.** Sports, activities, Social Groups
- 64.** all which combine handicapped with "normal"

- 65.** Many more community inclusive opportunities. Low cost readily available adapted programs. Outings and social events in a continuous basis.
- 66.** out in the community social groups, to practice/improve social skills
- 67.** Focus on the value of friendships and relationships.
- 68.** Sharing how important friendships are
- 69.** Programs that accommodate individuals like my daughter who need 1:1 assistance to enjoy life in the least restrictive environment among her peers.
- 70.** Spanish music class with native language speaker instructor
- 71.** It is really a local effort, perhaps training money+
- 72.** physical, social, communications
- 73.** music, watching movies, meeting people
- 74.** Funding of summer camps, and equine therapy.
- 75.** I don't know
- 76.** Restoring recreation funding cut during the Great Recession
- 77.** make this a priority, education as to why social connections are important
- 78.** Regular events for socializing with peers in a naturalistic environment (not a day program.)
- 79.** Monthly/weekly get togethers - volunteering in the community.
- 80.** I would like focus on social programs that will create an environment for the individual to increase socializing skills.
- 81.** Specifically, I am not sure, but I think it should be actives that encourage group based activities.
- 82.** opportunities for the kids
- 83.** Social interaction lead by a therapist
- 84.** Outdoor classes of various kinds, field trips to museums, parks, and zoos, and ask venues like game stores to open their doors to SCDD events.
- 85.** Movies and cooking.
- 86.** More Inclusive activities, creating events.
- 87.** Community safety, staying healthy, community outings
- 88.** Supporting People First
- 89.** Outdoor, safe, easy hiking. Not loud (bowling, movies) or seizure-provoking (video games, carnival rides). Just mellow get togethers. Maybe board games, etc.
- 90.** Young adult group activities - bowling, zoo, beach, etc.

- 91.** a get together for families to create and form social groups and opportunities
- 92.** Social and community events sensory sensitive/accessible activities for children and adults, advertise more to public
- 93.** more social/recreational activities for teens and adults with I/DDs
- 94.** promote programs that allow people with disabilities to join events and social functions
- 95.** young adults need opportunities to meet each other, form housing communities
- 96.** Online college courses.
- 97.** Any kind of social activities.
- 98.** outdoor exercise, trips, etc.
- 99.** Develop Awareness - Create a plan to plant sensitivity in the community at large
- 100.** General resources or advice on types of places
- 101.** advice on how to approach places to "integrate" them with DD
- 102.** helping my son improve social interactions with typical peers
- 103.** bowling
- 104.** music, arts. STEM
- 105.** provide more funding
- 106.** Social groups my help
- 107.** be more proactive in offering these services
- 108.** Outings/group trips for leisure
- 109.** Team sports
- 110.** Clubs, and Athletic Teams
- 111.** Bring back recreation coverage
- 112.** How to get such services without a lawyer.
- 113.** Needs transport to get to activities.
- 114.** swimming, horse riding, nowadays, everybody is charging for everything
- 115.** training
- 116.** Individual opportunities
- 117.** Collaborated activities with neurotypical population and businesses (restaurants, social activities) so they are more relevant and can allow consumer to generalize to their natural intent

- 118.** Let the know the state is over Regional & they can call you for info (I didn't know for years)
- 119.** Support the development of organized activities and train existing organizations.
- 120.** parks and recreation community gatherings.
- 121.** Provide social clubs to create recreation activities as sports and clubs.
- 122.** Social groups.
- 123.** Sensitivity training
- 124.** Smaller group meetings
- 125.** Health friendships/relationships.
- 126.** Go bowling, join a bowling league
- 127.** Integrated adventures that help mitigate otherness.
- 128.** Provide information and supports and training to agencies that are doing recreation and social activities and how they can be more inclusive.
- 129.** Theater
- 130.** Support access to these activities.
- 131.** Volunteer work.
- 132.** More organized group activities.
- 133.** More inclusive activities for people with developmental disabilities.
- 134.** Therapy
- 135.** Outings, barbecues, fun activities.
- 136.** Day programs
- 137.** Going on social media.
- 138.** More places for the youth to socialize.
- 139.** Any kind that can be used to promote health while having fun.
- 140.** Reading, training programs
- 141.** "inclusive" with society activities.
- 142.** Focus on their well-being
- 143.** Their level of ability example if a person can work on ticketing of movies then let him
- 144.** places to go/things to do with clients
- 145.** community inclusion activities that are appropriate for each individual including consumers with dementia!

- 146.** Community connections and relations
- 147.** affordable entry or complimentary passage for developmentally disabled.
- 148.** more inclusion, greater awareness
- 149.** funds for activities/outings
- 150.** Gym membership
- 151.** Resource fair specifically for junior high and older
- 152.** Promotion and education on the benefit of recreation/social in service delivery or
- 153.** More day activities to see what is available to clients
- 154.** more activities
- 155.** More of the same
- 156.** push for more funding for these programs. The recent cuts have impacted many individuals.
- 157.** "movies
- 158.** more places to exercise
- 159.** more events to meet people"
- 160.** music programs for us
- 161.** increased budget for community based activities during program time (grants too)
- 162.** Dances and group outings in the weekends. Weekends can be lonely.
- 163.** Math
- 164.** unable to answer
- 165.** Fair information: - Clubs, resources, organizations that have recreational and social activities for kids - Presentations on the health benefits around social & recreational activities
- 166.** More services in the community
- 167.** Making a new friend & keeping a friend.
- 168.** more workshops/discussions to talk about what is appropriate what is not and how health/hygiene can impact you & others.
- 169.** make available inclusion activities
- 170.** fund social recreation
- 171.** create new forms of transportation in little cars so we can get together
- 172.** restore social recreation

- 173.** Sports teams, art, etc.
- 174.** Community work
- 175.** Please advocate for the restoration of social recreation services
- 176.** Creating bridges with existing programs to encourage and provide support so they will open their doors to the disabled community. Bring everyone together.
- 177.** keep the funding going for these services
- 178.** more activities
- 179.** I am not sure how SCDD can help in this area. Perhaps SCDD can find a way to survey which communities willing to provide a safe social events for our population.
- 180.** see question 4
- 181.** restore social recreation
- 182.** Restore funding for social rec
- 183.** Fund it - and it has to be funded in a way that it provides for direct support to happen at night and on weekends - which can be more expensive or reframed as an excellent 2nd job for those who need flexibility. Recognize and emphasize the Regional Center support for social, recreational, and community health as part of the whole person health. Last, let's be honest about romance: people can't really find partners if their social situation is always with a roomful of people who are all over the range of disabilities and ages and independence.
- 184.** adapted sports and recreation
- 185.** helps keep my home safe
- 186.** Provide opportunities for support in a variety of social situations with peers and non disabled peers.
- 187.** more classes
- 188.** support efforts to create more opportunities
- 189.** more inclusive activities
- 190.** SCDD can emphasize the importance of developing strong socialization skills and offer information about social activities as much as possible.
- 191.** Create social groups or activities.
- 192.** not sure
- 193.** social activities, social groups, interacting with the public more
- 194.** similar to answer # 2

- 195.** Activities where people w/ mental/intellectual challenge can be mainstream.
- 196.** reinstating funding
- 197.** possibly developing options
- 198.** Social training.
- 199.** see above
- 200.** more outing.
- 201.** Encouraging peer dates.
- 202.** Restore funding for camp and GSR. Open discussion and opportunities for more community social activities.
- 203.** share information on available opportunities
- 204.** day programs.
- 205.** Community classes, support groups, Sports, nighttime events, Youth groups but for adult consumers. Safe Place to hang out.
- 206.** Have programs play activities that will allow for them to meet and do group events.
- 207.** Funding for social programs specifically for adults with DD (i.e. sports memberships, gym membership, discounts to various social opportunities.
- 208.** I think there are a lot of opportunities for lower functioning disabled adults but not for higher functioning adults. There should be activities geared to different abilities.
- 209.** Additional community events that integrate consumers and non-consumer population. Events where consumers can meet and socialize with other consumers.
- 210.** Encourage the State to bring back Social Rec!
- 211.** Get togethers- gatherings
- 212.** Overnight or weekend trips for adults. Enriched social and recreation activities.
- 213.** Information, workshops
- 214.** community events, trips, those that include even those with behavior
- 215.** hiring staff who have an expertise in this area
- 216.** Offer recreation and leisure activities for families to attend as a whole (for younger ages and as appropriate), offer community-based recreation opportunities/social groups for older consumers.
- 217.** I don't know

- 218.** activities and social groups
- 219.** Sports, festivals where they can be out with their peers.
- 220.** Encourage social group development and make it know to care givers
- 221.** Integrated with typical peers
- 222.** dances, bowling, karaoke
- 223.** Funding these programs
- 224.** Partnering with schools to provide additional events
- 225.** providing more funding for social/recreational activities
- 226.** work with vendors to provide social/rec activities across the lifespan
- 227.** Regional centers should create social opportunities
- 228.** Most day programs end at 2 or 2:30. Could offer recreation/social programs from 2-5.
- 229.** again uncertain.
- 230.** Creating social groups in our area. There comes a time when Mommy and Daddy can't facilitate.
- 231.** Provide more social programs for special needs individuals
- 232.** sports, exercise, tai chi, yoga, dance, mural painting, music
- 233.** Making me more comfortable with activities
- 234.** More outings
- 235.** "Group activities organized by staff, volunteer opportunities, available staff who are paid a living wage as to accomplish loyalty for long term employment.
- 236.** Turnover of staff is problematic because of low hourly pay"
- 237.** develop programs to encourage and arrange for disabled adults to meet and socialize in dating and or eventually marriage.
- 238.** Get together s for teenagers
- 239.** Workshops/training, business /employment partnerships, information knowledge of employment /ADA.
- 240.** Therapeutic riding, choir. Dance, special Olympics offerings increases
- 241.** programs
- 242.** movies, dances, bowling, miniature golf, arts and crafts
- 243.** outing for high functioning autistic adults
- 244.** Provide funding

- 245.** unsure
- 246.** Help to explore other avenues for DD population to tap into or find affordable.
- 247.** Create social activities or reach out to churches, synagogues etc. to create social opportunities for adults older than 22 where social opportunities are lacking. And most importantly a public forum to access these opportunities...perhaps a website because the regional center does not seem to know if any.
- 248.** Workshops, trainings, raising awareness within the community about people with disabilities.
- 249.** Clubs that offer high interest outings.
- 250.** Restore camp and recreational services in the budget.
- 251.** Gym membership
- 252.** Funding for social activities
- 253.** Support the return of recreation programs to regional center funding.
- 254.** Advocacy with cities to make more social clubs with UNIQUE AGE GROUPINGS for this population.
- 255.** Out of state outing activities.
- 256.** Walking and running activities.
- 257.** more information on what is available.
- 258.** Camping, extra-curricular activities.
- 259.** I am bored a lot. I like to be bored.
- 260.** I don't know.
- 261.** Centrally located events open to all that can be easily gotten to by light rail
- 262.** advocate for the importance of social recreation for those with disabilities and shut ins
- 263.** Build social environment to help establish friendships
- 264.** Social and recreational programs with transportation at low to no cost
- 265.** Help us get camp
- 266.** Meet with each city's recreation & park department to develop more adaptive recreation programs
- 267.** People need more help that is experienced in working with people who have intellectual and developmental disabilities.

- 268.** Have more funding for programs that are community based. ALL programs need more funding.
- 269.** Fun is important to everyone.
- 270.** Day programs, respite programs
- 271.** more vendored services that promote recreational and social opportunities
- 272.** Integration w/ typical developing peers.
- 273.** Opportunities to socialize with peers.
- 274.** Add therapies not funded and social support to the State budget
- 275.** sports activities, dances, outings, "big-buddy"
- 276.** social groups that include typical peers - noncompetitive sports
- 277.** I'd like to see funding for recreational options of my choosing
- 278.** I meant #9. I can't remember what should be my 3rd priority since I cannot go back to the first screen. Sorry I messed up in my rankings, but now I cannot fix my mistake by going back :(
- 279.** More resources in the area, more opportunities to meet peers
- 280.** Sports and socials
- 281.** Advocate the need to address these issues before leaving school system. Offer resources of reputable organization providing this kind support.
- 282.** Classes, get together
- 283.** Funding support for programs and to assist families in finances costs and wellness, sports etc. programs.
- 284.** Create programs or fund programs for people with ID/DD to be able to express the creativity and find activities to do!
- 285.** Talk to them and explain how important this is
- 286.** Hard to tell
- 287.** facilitating social options or information on how to start or participate in social activities.
- 288.** Advocate for the importance of a social life and friendship
- 289.** Affordable and accessible social opportunities and more education about these options.
- 290.** bring back social rec funding to provide outlets to our clients to enrich their lives.
- 291.** more family feud activities

- 292.** Promote social & recreational activities. Offer activities to families and consumers.
- 293.** Get together with other parents, informal.
- 294.** travel
- 295.** special needs swimming, sports, horse riding, handcraft and a safe place there they can meet as teens to socialize in the area. Make connections with peers is important emotionally and socially or places for training.
- 296.** Mixers
- 297.** All State & Federally funded colleges should be required to have social & recreational programs for ALL disabilities not just the academically capable ones. Also, Regional Centers should fund these activities regardless if you're in a Self Determination program. This seems like discrimination.
- 298.** fine some Recreation pleases for them
- 299.** Provide sports
- 300.** Provide more organized events and sport activities
- 301.** Provide sports
- 302.** Provide more opportunities for the children to feel included
- 303.** Promote community activities.
- 304.** opportunities to socialize
- 305.** COMMUNITY OUTREACH
- 306.** finding locations, activities, or organizations that can support this need.
- 307.** more programs, outings and staff.
- 308.** flexibility in funding of supports to allow an individual to participate in social/recreation programs, more programs to be funded by RCOC to allow for social/recreation program and activities
- 309.** Working with others to have more opportunities for our person served to have social activities that they are to participate in without costing so much.
- 310.** helping individuals develop social connections
- 311.** To make social programs accessible for their clients or at least provide us with information on places we can attend.
- 312.** Connecting individuals with people of similar interests in the community.
- 313.** finding the needs in service
- 314.** information about what is available in the community and what will be agency responsible of providing the services.

- 315.** NBA, concerts, dances, jazz
- 316.** Creation of more social events or volunteering at social events where clients may receive social exposure.
- 317.** find more companies willing to accommodate.
- 318.** educate the different community programs and provide disability awareness
- 319.** Social clubs that groups people according to their ability level (among other established criteria).
- 320.** grants; sponsoring events, community opportunities/supports
- 321.** Go to community activities.
- 322.** Recreation centers.
- 323.** Transportation
- 324.** Have regional centers post via email and phone calls and on their website community-based events. i.e. NCADD events. Also provide grants to start programs
- 325.** athletics
- 326.** Summer break is the perfect opportunity for something fun, that includes families being able to enjoy the time as well.
- 327.** Funding
- 328.** SCDD can help ensure that the state puts more funding into recreation.
- 329.** More dances, meet and greet events with refreshments.
- 330.** Parties, movies, group activities
- 331.** Making it possible for the day program to continue offering field trips and other outside activities
- 332.** Community based with home base start with caregivers that aren't on their phones every minute.
- 333.** social skills opportunities
- 334.** horseback riding therapy, yoga, stretching, exercise classes, visits to areas of interest such as theme parks.
- 335.** The SCDD needs more support from local businesses. I can tell you the theme parks and entertainment venues in California do far, far less than similar venues in other states.
- 336.** community awareness
- 337.** Fitness
- 338.** multicultural activities, disability awareness

Spanish Responses (Translation)

- 339.** Formal and informal community supports
- 340.** Classes of music, exercise, swimming, etc.
- 341.** All is important but I would like it to have more recreation and more activities for children with down syndrome
- 342.** Sports, summer camps
- 343.** Recreation (teenagers to 28 years) important - very important there is none
- 344.** Provide more recreational events
- 345.** Help in finding or training social groups at any level of need
- 346.** animal therapy
- 347.** Benefits SSB life skills living. Therapy for autism - Swimming - art - social skills - horse therapy - iPad - pet therapy
- 348.** Provide more recreational events
- 349.** Social Recreation like swimming supports more children with needs and disabilities
- 350.** With living with others
- 351.** Social recreation
- 352.** Community / sports for teens and adults with disabilities but more than anything be more strict with the agencies that provide these services so that they employ qualified people and PASSION TO HELP PEOPLE WITH DISABILITIES
- 353.** They create groups of young people to support their ideas and their needs, something that motivates them
- 354.** Socialization groups example: having meetings where young people receive socializing in a place like skating, dancing, etc.
- 355.** Equine therapy
- 356.** Personal, that there are places where our children can help
- 357.** To form some baseball team there is a lot of need for us
- 358.** Giving us workshops to have more information
- 359.** To help communities without recourse
- 360.** For example, the Disney Zoo at a Reduced Price will be good
- 361.** In parks, services, social activities in the community for children with special needs

- 362.** In helping us review whether cities have this type of support for people with special needs. And help us how to create this for our children.
- 363.** Identification or locations, or a list of social groups in the area so that our adult children could be integrated as part of the community.
- 364.** Free air events with different activities.
- 365.** Social recreation
- 366.** How to deal when girls 9 do not want to go out to new places how to support them to be more pleasant
- 367.** Recreational activities.
- 368.** Community services
- 369.** Schools or programs to be better prepared
- 370.** In parks and communities that give classes open to the public so that they do not discriminate and respect people with disabilities.
- 371.** Give us more information
- 372.** Socialization (progressive)
- 373.** 'Pelizacion' (illegible) progress
- 374.** Parent workshops
- 375.** We like to travel Mexico to explorer USA CAMPS. As Michael's mom, I feel the commitment to carry the message everywhere and to get to know my son, that there are no obstacles to carry the message that they exist, so don't speak but have a voice
- 376.** Sports, recreational activities
- 377.** Sports for special needs children
- 378.** Giving information and educating ourselves on recreational / social activities
- 379.** Art classes, music, museums, groups with typical young people who include our children
- 380.** Buy Services for assisting staff in ABA to reintegrate them to society
- 381.** Services
- 382.** Swimming, sports, group exercise classes, training.
- 383.** More programs accessible to adults and more vigilance in those programs.
- 384.** Therapies, community
- 385.** Create playgroups and socialization groups.
- 386.** Therapies in socialization.
- 387.** Support for social.