SCDD Phone Tree Tips

What Is a Phone Tree?
A phone tree is a way of creating a community and staying in touch with your friends and family by calling people you know. It also keeps people who do not use the internet or social media connected to the community.

How Does a Phone Tree Work?
1. Select a number of people to call.
2. Call them and check in on them.
3. Ask them to call their friends to do the same. Even a few calls will help!

What Do We Talk About?
Talk about anything that interests you and the person on the other line.
Here are some of our suggestions:
• How are you doing?
• What you are you doing during the day to stay busy?
• Are you staying inside?
• Do you have enough food?
• Do you need any help right now?
• How are your neighbors doing and have you talked to them lately?