

Sacramento State Council on Developmental Disability

Regional Advisory Committee (RAC) Agenda

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| Date | Tuesday, February 11, 2020  |
| Time | 10:00 a.m. - 1:00 p.m. (1:00-2:00 informal networking) |
| Location | 3831 North Freeway Blvd. Suite 125, Sacramento, CA 95834. (Large Conference Room in SCDD office). For directions, call 916-715-7057. |

Pursuant to Government code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Kathy Brian at (916) 263-8133 or by email to: kathy.brian@scdd.ca.gov. Requests must be received by 5:00 p.m., February 4, 2020.

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1. Call to Order, Chairperson, Karen Mulvany (FA) 10:00 a.m.
	1. Welcome RAC Members & Introductions
	2. What is one change in DD supports that you’d like to see in 2020?
2. Approval of RAC Agenda, Karen Mulvany (FA) (action)
3. Approval of RAC Minutes, 12/17/2019, Karen Mulvany (FA) (action)
4. Brief reports from RAC members on issues in their counties (2-3 min. each)
5. Public Comment Period

This item is for members of the public to provide comments and/or present information to the RAC on matters not on the agenda. Each person will be afforded up to three minutes to speak.

1. Alta California Regional Center update on services, ACRC
2. Update on Statewide Self-Advocacy Network (SSAN) Report, (Lisa Cooley)
3. Regional Office Summary of Winter Activities, (Sonya Bingaman & Kathy Brian)
4. Agenda items for next meeting (4/21/20), Karen Mulvany (FA) (action)
5. **Yolo Family Strengthening Network: A summary of its history, purpose, structure, and provide a brief introduction to the Strengthening Families framework.** Natalie Audage, MPH, Child Abuse Prevention Coordinator 12:15-1:00 p.m.
6. Adjournment – Karen Mulvany (FA)

Special Note: This is a public meeting, everyone is welcome to attend. Your input, comments, concerns, suggestions, are all welcome! We look forward to meeting you!



Sacramento RAC

Regional Advisory Committee Minutes

 DRAFT

|  |  |
| --- | --- |
| Date | Tuesday, December 17, 2019  |
| Time | 10:00 a.m. - 1:00 p.m.  |

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| Members Present | Members Absent | Others Attending |
| Elaine Linn (FA) | Jesana Tran (FA)  | Joyce McNair (FA) Council Member |
| Glenda Servantes (FA) | Karen Mulvany (FA) | Lisa Cooley (SA) SSAN (phone) |
| Jane Taylor (FA) | Tyson Whitman (SA) | Nicole Mion, Help Me Grow |
| Christine Hickey (FA) | Donnell Kenworthy (FA) | Elizabeth Morabito, News and Review |
| Brandy Boyd (FA) | Benita Ayala (FA) | Janelle Lewis (FA) DS Task Force |
| Nancy Esparza (SA) |  | Margaret Jones, IEP Private Practice |
| Midhun Tripuraneni (SA) |  | Meena Kalyanasundaram (FA) We Embrace |
| Natalie Gray (SA) |  | Dale White, Sutter Healthcare |
| Michael Helton (SA) |  | Dan Brown, Edlogix LLC |
| Kidada Medina (FA) |  | Stephanie Mak, SLI CTEC |
|  |  | Safiya Neal (FA) |
|  |  | Tho Vinh Banh, DRC |
|  |  | Russel Rawlings, RIL |
|  |  | Kathy Brian, SCDD Staff |
|  |  | Sonya Bingaman, SCDD Staff |
|  |  | Ravita Devi, SCDD Staff |

1. Call to Order, Chairperson, Brandy Boyd (FA) 10:04 a.m.
	1. Welcome RAC Members & Introductions
2. Approval of RAC Agenda, Brandy Boyd (FA) (action)

First - Nancy Esparza \_ Second -\_\_Jane Taylor\_\_\_\_\_\_\_ Yes 10/No/Abstain

1. Approval of RAC Minutes, 10/15/2019, Brandy Boyd (FA) (action)

First -\_Christine Hickey\_ Second – \_\_\_\_Elaine Linn\_\_\_\_\_\_\_\_ Yes 10/No/Abstain

1. Brief reports from RAC members on issues in their counties

 Christine Hickey- Sutter County

* Family Soup’s calendar, gave summary of upcoming events. Visit [www.familysoup.org](http://www.familysoup.org)
* One event is sensory friendly movies at Cinemark Theaters
* Attended the NICU Family Alliance Symposium and meeting with Lisa to discuss a similar training in Sutter County (NICU Family Alliance)
* Question about a 28-year-old with speech and autism related issues. Not an ACRC consumer or receiving SSI. Wanted to know where to get an evaluation. Group suggested having her self-refer to ACRC and to apply for SSI

Nancy Esparza – At-Large

* Fall ART Show-Enchanted Forest took place recently and $8,000 worth of art made by participants was sold
* Shared a Christmas card with RAC members

Kidada Medina- Sacramento County

* New member, has a child with Autism who is three years old
* Having challenges accessing services. Learning as much as she can about services/systems to support/help

Midhun Tripuraneni (SA) -Sacramento County

* New RAC member, lives in Fair Oaks but is from Redding
* Few transition age programs in the community, students are struggling to get support
* Attends Meristem, young adult programs for 18-28-year-olds, transition to work, college, and beyond. Learn about life skills and opportunities in life.

Jane Taylor- Nevada County

* On RAC for 16 years now. Introduced to “Area Board 3” by Christine Hickey.
* Has a son who is 23 years old and is struggling with no programs available in Nevada County. The closest programs are 1.5 hours away. So, she is responsible for Chris during the day.
* Attended event at Twin Cities Church, about 150 people.
* Attended the Golden One Center: Trans-Siberian Orchestra, her son enjoyed it and sat through the program for 3 hours.
* Attended the Hearts of Glass presentation (organized by Warmline)

Natalie Gray- Sacramento County

* New RAC member, excited to be on the team.
* Goes to adult day program, DDSO Short Center South.

Elaine Linn- At- Large

* Involved with Family Voices of California, website [www.familyvoicesofca.org](http://www.familyvoicesofca.org)
* Provides Advocacy and trainings. Health summit in March, free conference

Michael Helton (SA)

* New RAC Member

Glenda Servantes- Yuba County

* Continues to transition outreach, transition to Yuba College.
* A young man got high school diploma and is going through transition know, same extra support needed, going to Yuba College, referred to AIM, there is a one year wait list. Needs transportation and support.

Brandy Boyd- At-large

* Communications Manager at Warmline.
* Has an 18- year old daughter who has autism diagnosis. Has a high school diploma and is in transition program. Needs help to navigate classes. Is using Paratransit currently
* Hearts of Glass documentary provided by Warmline. More than 100 people attended
* IEP training January 7th and 14th, and February 12th and 19th in Elk Grove

Joyce McNair- Council Member Report

* On the DS Statewide Community Resources Workgroup
* Former member of the SAC RAC and now a Council Member for SCDD
1. Public Comment Period

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Meena Kalyanasundaram- We Embrace

* Organizes an inclusive recreation and social group called We Embrace which helps kids with disabilities and involves typical students as volunteers at activities
* Starting Sibling Hangouts to get together and have play groups and communication to help each other.
* Fashion Show is coming up in the Spring 2020 that will take place in Folsom, more news on their website ([www.weembracefamilies.org](http://www.weembracefamilies.org))

Nicole Mion- Help Me Grow

* Children’s Therapy Center
* Playgroups every Wednesday. Handouts with more information, also emailed already to group
* 6-week social learning series. Behavioral information for parents with children with disability

Janelle Lewis- DS Task Force

* On the DS Task Force, Statewide Workgroup: Oversight, Accountability, and Transparency
* Also a Meristem parent. Her son, Ben, attended there and is now a staff person there
1. Alta California Regional Center update on services, ACRC

 Jason Lindo, Associate Client Services Director, ACRC, provided the following updates:

* Unable to attend.
1. Presentation on Statewide Self-Advocacy Network (SSAN) Report, Lisa Cooley (SA)
* Attended SSDAC on December 4 and 5, 2019
* Heard a presentation on Active Shooter Drills by Rihana Ahmad
* Hear a presentation on State Census 2020 by CFILC
* Lisa did a presentation on her Educational Journey
* SSAN discussed the Memorandum of Understanding between SSAN and SCDD
1. Training on “Why you should be counted in the Census 2020” Russell Rawlings, RIL & Tho Vihn Banh, DRC
2. Regional Office Discussion of next Grant Cycle Goal Areas Sonya Bingaman
	1. It was decided that the RAC wanted to leave open the option for Grants to address any of the 6 areas.
3. Agenda items for next meeting (2/11/19), Brandy Boyd (FA) (action)

Presentation by Natalie Audage on services in Yolo County

1. **Town Hall State Plan Surveys Sonya Bingaman**
2. Adjournment – Brandy, Boyd (At-Large) 1:05PM



Please join SCDD-Sacramento &

DRC’s Office of Clients’ Rights Advocacy for the following training:

**How To Read My IEP Document**

**Attend our training to learn how to read your child’s IEP (Individual Education Plan). We will review all sections of the IEP, including the goals, services, and notes pages. We will also discuss strategies to create the best IEP possible. Please be sure to bring your most recent IEP!**

**Thursday, February 6, 2020**

**1pm to 3pm**

**Location: SCDD Sacramento Office**

**3831 N. Freeway Blvd., Suite 125, Sacramento, CA 95834**

This training is free of charge, but RSVPs are required.

Please let us know if you need interpreting or any special accommodations. Spanish speaking staff will be available to give the presentation in Spanish – please let us know if you prefer this when you RSVP.

To reserve your seat/RSVP, please email: Ravita.Devi@scdd.ca.gov or

call Ravita 916-263-7930 & provide your name, email address, and phone number. Space is limited.

Please share flyer with others who may be interested!