



NOTICE/AGENDA

THE PUBLIC MAY LISTEN IN BY CALLING:	1-800-839-9416
PARTICIPANT CODE:	289-2825

**STATE COUNCIL ON DEVELOPMENTAL DISABILITIES
 SELF-ADVOCATES ADVISORY COMMITTEE MEETING**
 POSTED AT: www.scdd.ca.gov

DATE: April 26, 2021

TIME: 9:00 AM - 11:00 AM

MEETING LOCATION:

Zoom Meeting
 Meeting ID: 811 839 9416
 Join by phone
 1-800-839-9416

COMMITTEE CHAIR: Rosemary O'Neil

Item 1. CALL TO ORDER

Item 2. WELCOME AND INTRODUCTIONS

Item 3. ESTABLISH QUORUM

Item 4. PUBLIC COMMENTS

This item is for members of the public only to provide comments and/or present information to the Council on matters not on the agenda. Each person will be afforded up to three minutes to speak. Written requests, if any, will be read aloud.

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Item 5. APPROVAL OF NOVEMBER 13, 2019 MINUTES  5
Á Á Á Á Á Á Á Á Á Á Á Á

Item 6. CHAIR REPORT AND 2020 COMMITTEE GOALS 11
Ú!^•^} c'áÁ^ kR^æ æÓ:ã•^} Á Á Á Á Á Á
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Item 7. REVIEW OF STATE PLAN GOAL 6.1 DELIVERABLES 13
Ú!^•^} c'áÁ^ kR^æ æÓ:ã•^} Á Á Á Á Á Á Á Á Á Á Á Á Á Á

Item 8. REVIEW OF HCBS ASSESSMENT – CONSUMER INVOLVEMENT 19
Ú!^•^} c'áÁ^ kR^æ æÓ:ã•^} Á Á Á Á Á Á Á Á Á Á Á Á Á Á

Item 9. REVIEW OF COUNCIL BUSINESS 21
Ú!^•^} c'áÁ^ kR^æ æÓ:ã•^} Á Á Á Á Á Á Á Á Á Á Á Á Á Á

ITEMS RELATED TO COUNCIL BUSINESS ARE INCLUDED IN THE COUNCIL PACKET

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Item 10. SAAC RECOMMENDATIONS/INPUT TO THE COUNCIL 
Ú!^•^} c'áÁ^ kR^æ æÓ:ã•^} Á Á Á Á Á Á Á Á Á Á Á Á Á Á

Item 11. MEMBER UPDATES
Ú!^•^} c'áÁ^ kR^æ æÓ:ã•^} Á Á Á Á Á Á Á Á Á Á Á Á Á Á

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Item 12. SSAN REPORT 27
Ú!^•^} c^ãÁ^ KÔ[~ } &ã{ ^{ à^!Á^•|^Á^ ã@!•][[]} Á Á Á Á Á Á Á Á Á Á Á Á Á Á

Item 13. COMMITTEE AND OTHER UPDATES
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Item 14. ADJOURNMENT
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JANUARY 27, 2020

**AGENDA ITEM 5
ACTION ITEM**

**SELF-ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

Approval of November 13, 2019 Minutes

Action Recommended

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SELF-ADVOCATES ADVISORY COMMITTEE MEETING MINUTES
NOVEMBER 13, 2019

Members Present

Paulina Alvarado
Ursula Alvarado
Rafael Alvarado
Teresa Alvarado
Sandra Alvarado
Cristina Alvarado
Ursula Alvarado
Yolanda Alvarado

Members Absent

Rafael Alvarado
Teresa Alvarado

Others Attending

Ursula Alvarado
Cristina Alvarado
Ursula Alvarado
Oscar Alvarado
Oscar Alvarado
Vivian Alvarado
Oscar Alvarado
Teresa Alvarado
Ursula Alvarado
Sandra Alvarado

1. CALL TO ORDER

Paulina Alvarado & Rafael Alvarado { { ... } } & { { ... } }
Yolanda Alvarado & Ursula Alvarado { { ... } }
Cristina Alvarado & Ursula Alvarado { { ... } }
& Ursula Alvarado & Ursula Alvarado { { ... } }

2. WELCOME AND INTRODUCTIONS

Oscar Alvarado & Ursula Alvarado

3. ESTABLISHMENT OF QUORUM

Oscar Alvarado & Ursula Alvarado

4. PUBLIC COMMENT

Teresa Alvarado { { ... } } & Ursula Alvarado
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{ { ... } } & Ursula Alvarado { { ... } }

JANUARY 27, 2020

**AGENDA ITEM 6
INFORMATION ITEM**

**SELF-ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

Chair Report and 2020 Committee Goals

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JANUARY 27, 2020

**AGENDA ITEM 7
INFORMATION ITEM**

**SELF ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

Review of State Plan Goal 6.1 Deliverables

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DRAFT

About this document

Person-centered individual program planning helps you (the person with a developmental disability) and your family to have a voice in planning and building the capacities and capabilities of people served by the regional center system, to maximize your inclusion and participation in the communities where you live. This planning effort is not a single event or meeting, but a series of discussions or meetings among a team of people including you, your family (when appropriate), a regional center representative(s) and others that you would like to be involved.

There are several steps to the person-centered Individual Program Plan (IPP) process.

1. Preferred Future / Hopes and Dreams: As part of the planning process, the team assists you in describing what is important to you such as where you would like to live, people you want to socialize with, and your involvement in community activities such as working, volunteering, being a member of a church, temple, or other religious faith, or other organized community group. This description is called a “preferred future” or “hopes and dreams” and is shaped by your lifestyle, cultural background, people in your social network, and your past experience.
2. Identifying Your Strengths and Capabilities. Once your “preferred future” or “hopes and dreams” is described, the planning team then helps you look at your strengths and capabilities as it relates to achieving your preferred future.
3. Identifying needs for Services and Supports. If you have some challenges in your capability to achieve your preferred future independently (Step 2), the team then discusses your need for services and supports to help you achieve your preferred future.
4. Developing the Individual Program Plan. Your planning team then discusses what needs to be done, who will do it, how often, and where it will take place. Information from Steps 1-4 becomes the content for what is called the Individual Program Plan or “IPP.” The IPP document is a record of the decisions made by the planning team.

DRAFT

Person-centered planning¹ is the process that focuses on listening to people with developmental disabilities (or their families if someone is very young) as the system supports you in having a voice in making decisions about things like:

- where to live;
- how to spend time each day;
- who to spend time with; and,
- hopes and dreams for the future.

Person-centered planning is one way of figuring out where you are going (*life goals*) and what kinds of support you need to get there. Part of it is asking you, your family, your friends and the people who work with you about the things you like to do (*your preferences*) and that you can do well (*strengths and capabilities*). It is also finding out what things get in the way (*barriers*) of doing the things you like to do. If you are non-verbal, it is important that your team spends time with you and learns how you communicate and asks others who know you well.

Important things to remember about person-centered planning are:

- you (and the people that you want to be involved, including your families and your friends) are in the driver's seat; and,
- it's about *supporting the many different ways that people choose to live*.

The Plan. *The choices you make about your life are written into the Individual Program Plan.* However, many other things happen in person-centered planning. For one thing, everyone on the team learns more about each other. Also, you have a chance to talk about what's important to you and the kinds of support you need from the regional center, service providers, family, friends or others. The IPP also:

- lists the **kinds** of services and supports that you need;*
- tells **who** will provide that service and support; and,*
- tells **how** that service and support will help you get where you want to go.*

The law says that IPP planning should always identify services and supports that can be done by a “**generic resource**” (something that is available for the general population, such as public school, public transportation, Social Security, In-Home

¹ Person-centered planning starts with following a few simple steps that help people choose how they live their own lives. For more information on person-centered planning, please see: <http://www.dds.ca.gov/RC/IPPMannual.cfm>, <http://www.allenshea.com/pocket.html>, or <http://www.dds.ca.gov/RC/RCipp.cfm>.

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Supportive Services, private insurance) before requesting that the service be paid for by the regional center.

Because there are many services with “codes” to choose from which can be hard to read and understand on the DDS website, this document was developed by the California State Council on Developmental Disabilities, along with its collaborative partners Disability Rights California, the two University Centers for Excellence in DD (UCEDDs) at the University of CA Davis MIND Institute and the University of Southern California at Childrens Hospital Los Angeles, which lists services that may be purchased through the California’s Regional Center system.

This is not intended to be an exhaustive list of services. There may be services that you need that are not described here or listed in the questions, descriptions, and examples for each of the service codes. The services on this list are organized in a way that will help you and your team learn about and identify services that may be useful in achieving your preferred future. Your regional center service coordinator or staff of the local office of the State Council on Developmental Disabilities can help you if you have questions about this list.

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**JANUARY 27, 2020
AGENDA ITEM 8
INFORMATION ITEM**

**SELF ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

Review of HCBS Assessment-Consumer Involvement

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**JANUARY 27, 2020
AGENDA ITEM 9
INFORMATION ITEM**

**SELF ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

Review of Council Business

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Items related to this agenda item can be found in the Council Packet.

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JANUARY 27, 2020

**AGENDA ITEM 10
ACTION ITEM**

**SELF ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

Recommendations/Input to the Council

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JANUARY 27, 2020

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**AGENDA ITEM 11
INFORMATION ITEM**

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**SELF ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

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Member Updates

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JANUARY 27, 2020

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**AGENDA ITEM 11
INFORMATION ITEM**

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**SELF ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

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SSAN Report

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SSAN Leadership

Chair: ÇÁ | ÁÙç^!• [} ÈÖÖÜÁÙ^] | ^•^ } çÁ^Á

Vice-Chair: Ö^•ã^ÁÓ [^ \ ã ÈÇÜÖÇÁÙ^] | ^•^ } çÁ^Á

Secretary: Šã çÔ [| ^ ÈÜç&ç ^ } ç ÁÙ^* ã } çÁÙ^] | ^•^ } çÁ^Á

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JANUARY 27, 2020

**AGENDA ITEM 13
INFORMATION ITEM**

**SELF ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

Committee and Other Updates

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JANUARY 27, 2020

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**AGENDA ITEM 14
INFORMATION ITEM**

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**SELF ADVOCATES ADVISORY COMMITTEE
STATE COUNCIL ON DEVELOPMENTAL DISABILITIES**

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Adjournment

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