



An Advocate's Guide to Person Centered Planning

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Representative



Intro to Person Centered Planning

Person Centered Planning underlies and guides respectful listening which leads to actions, resulting in people who:

- Have positive control over the life they desire and find satisfying,
- Are recognized and valued for their contributions to their community
- Are supported in a web of relationships, both natural and paid, within their communities



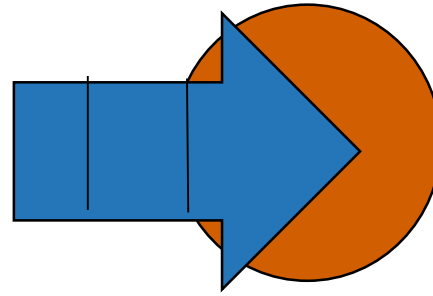
PCP and Self-Determination

- Person Centered Planning is a step with the Self-Determination process.
- The service recipient is the center and the driver of the process.
- Self-Determination is a special funding program of the regional centers where clients have greater control over their budgets and spending plans.

PCP MODELS

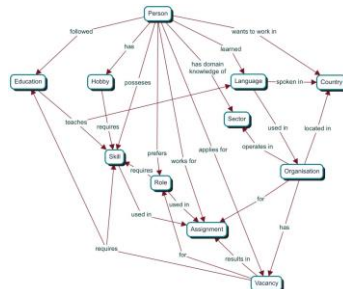
Maps

- Uses a combination of process and graphics to create a shared vision
- Focuses on gathering information for planning based on the story of a person.
- Places the individual at the center of the process



Paths

- Moves people through a defined set of questions
- Start with the future and work backwards



Essential Life Style Plans

- Focuses on what is important to someone now and balancing this with things that we need to know or do to keep the person healthy, happy and safe.
- Action Plan
- Living document that changes and grows with the person.

Paul PCP Model

- A. Paul had his PCP meeting on July 3rd
- B. Paul Invited people who knew him well and cared for him
- C. Paul used the Map method to guide the meeting
- D. The meeting covered Paul's strengths, nightmares, supports, dreams, and first steps.

Video



This shortened video that highlights the most important moments of Paul's PCP meeting.



Take-Aways from the Process

- We often go through life without seeing our strengths and accomplishments
- Participating in the PCP process helps you see the positive qualities and accomplishments you bring to life.



Future of Self-determination And Self-Advocates Importance to Them

- In two years, Self-Determination will open up to all clients who want it.
- Self-Determination will radically change the way services will be delivered in California.
- Participating in the Self-Determination program will empower you to be a more active and vocal self-advocate.