



Self-Determination Advisory Committee

Meeting Minutes – January 19, 2018

10:00am-11:30am

Members In Attendance: Joyce Clark (FA); Michael Lombardi DRC (A); Karen Maier (SA), Rigoberto Zavala (SA), Bertha Taylor (FA)

Ex-Officio Members present: Mary Ellen Stives SCDD (A) Gabriella Ohmstede SDRC (A)

Members/Ex-Officio Members Absent: Kim Rucker (SA); Tracey Flourie (FA), Christopher Lubinski (FA)

Guests Present: Thomas Carr (A), Connie Strohbahn (FA), Melissa Crawford (SDRC), Anne Ebert (A), Yvette Torres (A), Tania Cisneros (SDRC/Spanish translation)

1. **Welcome and Introductions** – introduced new members Bertha Taylor, and Michael Lombardi who replaced Megan Lazet
2. **Public Input** - Thomas Carr (St Madeline Sophie's Center) announced an upcoming all day training/seminar on 2/24 to educate families and care providers about HCBS. Discussed LAC members who may be able to assist with a presentation about Self Determination. Melissa Crawford (SDRC) will be presenting about HCBS and can incorporate some information. Karen Maier informed that she may be able to attend if she can work out transportation. Rigo may also be able to attend. Tom can also reach out to Chris Lubinski to see if he may be able to assist.
3. **Approve outstanding minutes** – November 2017 minutes were approved. There was no meeting in December 2017.
4. **Membership update** – see item #1 above
5. **Developmental Disability Services (DDS) Work Group Update** – Gabby reported there have been several workgroup and sub group meetings at the state level involving DDS, ARCA, and SDRC staff. Some of these are open to the public and some are invite only. Gabby/Melissa have recently participated in a couple of these calls. There are discussions occurring regarding budget development guidelines, risk/safety training and

SIR reporting, monitoring of services, and FMS/SDRC SDP budget money allocation process. The application has not been submitted to CMS as of this writing.

6. **SCDD Statewide Advisory Board Update** – There is a meeting being scheduled for sometime in February or March. Joyce and Mary Ellen plan to attend once they have the final date.

7. **San Diego Regional Center Outreach Plan (Internal/External)**

–report by Gabby Ohmstede:

- 18 Informational sessions have been scheduled – they are scheduled in all 5 regional offices and one vendor site so far, and will all be held the end of January and throughout February. The sessions are posted on the SDRC website and each one has info on the date/time/location/languages offered. Each one also has a link to register through Eventbrite. SDRC staff are trained in all 5 regions to provide the presentations and translation as needed. Gabby will be attending all but 4 of these sessions to assist as needed and answer questions. All attendees who wish to have their names sent to DDS for inclusion in the ‘lottery’ for the first 2500 spots (194 in San Diego/Imperial) will have their names submitted to DDS by Gabby within 2 weeks of attendance. We anticipate scheduling more info sessions in the future and as those are scheduled they will be added to the SDRC website with registration links.
- ***** the times for the 2/28/18 presentation in Imperial are incorrect on the flyer and will be updated on the website/registration link. The training will be held from 11:00am – 1:00pm**
- Any info sessions being hosted by other agencies can also be posted but will not contain a registration link.
- Info session information was also mailed to any individual who was listed in the SDRC system as falling within one of the counties threshold languages (Spanish, Tagalog, Vietnamese, Arabic) – they will receive a flyer in both English and their threshold language.
- Info session schedule will also be emailed to all clients on the internal SDRC interest list which is now over 400.
- Info session flyer in all 4 threshold languages and English will also be emailed to all staff and posted on our website and internal Wiki page.
- Gabby developed a flow chart related to attending info session and getting on the DDS interest list – this will also be posted on the Website, Wiki, and will be emailed to Joyce Clark for distribution.
- Next Communicator will go out in April and deadline for submission is 3/2/18.
- Gabby set up an email address for Self Determination. This will be used for anyone who wants to direct info or questions to SDRC – Gabby, Melissa, and Kate Kinnamont (SDRC Regional Manager, Main office) will be the administrators. The email address is sdp@sdrc.org

8. **Enrollment and Outreach Strategies / Recommendations –**

- Need to add info session information to the Facebook page

9. Community Training / Recommendations –

- LAC members would like to attend and assist with the info sessions. Discussed availability with the members present. Gabby will also send the schedule to those not in attendance today to see when they are available. Once this is worked out, Gabby will send a schedule of who will be at which training sessions to the LAC members and regional leads for all of the training sessions.
- DDS Info Session powerpoint was translated into all 4 of our threshold languages, as well as others, and are available on the DDS website. However, some internal staff who speak these languages informed that the translation is not great – we are having all 4 reviewed by people who speak the threshold languages to determine if they need to be adjusted.

10. **Future Agenda Items** – for March meeting – Gabby will provide an overview of how the info sessions went in January/February

11. **Future Meeting Schedule** – The next meeting will be held **Friday March 2 in Suite 118 at 4355 Ruffin Rd San Diego, 92123 from 10:00am - 11:30am**. There will not be a meeting in February.

12. **Meeting Adjourned**

Minutes respectfully submitted by Gabriella Ohmstede, SDRC