

**Agenda**  
**Self-Determination Advisory Committee**  
**May 23, 2018**  
**5:00-7:30**  
**Tri-Counties Regional Center Office**  
**Main Conference Room**  
**520 E Montecito St.**  
**Santa Bárbara, Ca. 93103**

**Join from Telephone:**  
**Dial US: +1 408 740 3766**  
**Meeting ID: 805 351 3083**  
**for participant ID press #**

- 5:00 Light Dinner
- 5:30 Welcome and Introductions – Louise MacKenzie
- 5:35 Review / Approval of the minutes from April 25– Louise MacKenzie
- 5:40 Updates from state / local outreach
- 6:00 Nomination of Co-Chairs
- 6:20 Next Meeting Date

**The Five Principals of Self-Determination**

- Freedom:** The ability to have the freedom to develop a personal life plan based on your dreams and lifestyle.
- Authority:** The ability to have authority to control the resources available for your supports. This includes authority to decide what, who, when, where and how much.
- Support:** To organize resources in ways that are life enhancing and meaningful to you. Supports include personnel, both formal and informal, and resources available in your community.
- Responsibility:** You have a responsibility to use resources wisely, and to contribute back to your community in meaningful ways through your presence, efforts and your gifts.
- Confirmation:** Individuals should play an important leadership role in a newly-designed system.

**TRI-COUNTIES REGIONAL CENTER  
SELF-DETERMINATION ADVISORY COMMITTEE**

**April 25, 2018**

**MINUTES**

**Chair:**           **Attendance:** Delilah Santos, Frances Nye, Louise McKenzie, Ellen Hunt, Johnathon Rosales, Mara Rupert, Jennifer Lucas, Cheryl Wenderoth, Casey Taylor, Gina Gheno   **By phone/video:** Pamela Crabaugh, Diva Johnson, Angie Cortez

ITEM	DISCUSSION	TASK	RESPONSIBLE PARTY DUE DATE
<b>I. Call to Order</b>	Meeting called to order by Louise at 5:35 pm		
<b>II. Review of Minutes /Actions/Agenda</b>	The committee reviewed the previous minutes from March 28 <sup>th</sup> . A motion was made to accept the minutes as presented.		
<b>III. Welcome &amp; Introductions</b>	The committee participated in introductions		
<b>IV. Update: Progress in Training &amp; Outreach</b>	<p>Cheryl provided an update to the committee regarding the outreach that was done. TCRC hosted 7 informational meetings in April both in English and Spanish across all 3 counties in addition Rainbow Resource coordinated an additional 3 events in Ventura County. Sandra Waterbury continues to host smaller meetings in Ventura County. To date over 200 names have been submitted to DDS. In May, Rainbow Resource has arranged 4 additional trainings in Ventura. Cheryl is also working with peer advocate Jennifer Dwyer to conduct meetings in SLO county. Cheryl expressed the need for additional outreach in SB and SLO county. Lilia Rangel-Reyes is reaching out to the community in Lompoc and Guadalupe to schedule meetings.</p> <p>Cheryl asked the committee what qualifiers does the committee want to ensure the person has to become a trainer and what does the committee expect from a trainee. Also, there are currently 25 trainers across 3 counties that are able to go out into the community to conduct trainings and do we want or need more and if we do how we ensure they have the information to do so. The committee stated both Ventura and SB county have full capacity and at this time, no other trainers are needed. It was agreed for additional trainer in SLO county, preferably bilingual.</p> <p>Pam shared that the expectation for anyone to do the training would have attended a DDS / TCRC train-the-trainer meeting and the committee agreed.</p>		

ITEM	DISCUSSION	TASK	RESPONSIBLE PARTY DUE DATE
	<p>Also, Louise suggested that an experienced trainer partner with someone who has not led a group and when a peer advocate holds a meeting it is with someone with TCRC.</p> <p>Louise asked if there is a plan to train Service Coordinators on Self Determination. Cheryl stated that Mary Beth, Tina and Lilia are scheduling meetings to train the teams on the information.</p> <p>Cheryl shared that Alta RC posted a video on their website and have narrated the PowerPoint presentation and once viewed they can submit their names to put on the interest list. TCRC media coordinator obtained video from Alta RC and will be setting up on TCRC website.</p>		
<b>V. Information Item: Reporting Incidents</b>	<p>Louise asked Cheryl how injuries will be reported. Cheryl stated that the regional center has a protocol for reporting incidents that happen out in the community. For those in the SD program, we do not know how incidents will be reported, as not all vendors will be contracted with TCRC and it's currently being looked at. Diva shared that the statewide community development directors along with DDS are in discussion and the three main concerns for non-vendored services is who will be responsible for the oversight, quality assurance and reporting. Additionally, the regional center is looking at health &amp; safety provisions from paid support, who or how are other paid support held to a standard when they are not contracted with the regional center.</p>		
<b>VI. Nominations for Chair/Co-Chairs</b>	<p>Louise asked the committee for their thoughts regarding having a chair and co-chair. Additionally, she shared the duties that come along with being chair. The committee agreed to have co-chairs moving forward in order to share the job duties.</p> <p>Will hold nominations until next meeting in May and all members are present. Louise encouraged the committee to self-nominate and vote at next meeting in May.</p>		
<b>VII. Future Meetings</b>	Next meeting May 23, 2018		
<b>VIII. Adjournment</b>	The meeting adjourned at 7:11pm		

NEXT MEETING: Wednesday, May 23, 2018  
TCRC– 520 E Montecito St – Santa Barbara