



Far Northern

## Self Determination Advisory Committee

*All Interested Persons Are Welcome to Attend Our Meeting*

[www.farnorthernrc.org](http://www.farnorthernrc.org)

When: Friday, September 29, 2017

Time: 10:00 am to noon

Where: Chico Far Northern Regional Center Office  
1377 East Lassen Avenue, Chico, CA

Phone: 895.8633

Refreshments will be served upon your arrival.

### Minutes:

1. Welcome and Introductions:

Committee members in attendance were: Stephen Concklin, Charles Nutt, Al Skaggs, Glen Pollock, Ronda Dever.

2. Public Input/Open Forum (*This section is for members of the public only; and is to provide the public an opportunity to comment and/or present information to the Committee on any matter. **Each member of the public will be afforded up to five minutes to speak. If you have additional information, you are encouraged to submit it in writing.***):

Members of the public attending were: Sarah May, (State Council on Developmental Disabilities, North State Office), Laura Larson, (Executive Director FNRC), Cynthia Presidio, Melissa Gruhler, Marlene McCollum, Rachael Newkirk, Joseph Hernandez, Premier Healthcare, Sara Carroll, and Jennica Heinke.

3. Approval of Meeting Agenda: Motion to approve and second by Charles Nutt and Glen Pollock. No discussion, motion passed.

4. Approval of Minutes from Previous Meeting: Motion made and seconded to approve May 22, 2017 minutes by Charles Nutt and Stephen Concklin. It was suggested that "Board" be changed to "Committee" in the Public Input/Open. No discussion, motion passed.

5. Update on Statewide Activities.

- a. Report on Statewide Advisory Committee: Ronda Dever, Chairperson and Glen Pollock
- i. An important meeting was held on August 28, 2017 attended by Glen Pollock. Notes from that meeting are attached from both Mr. Pollock and Sidney Jackson, Program Analyst from the Association of Regional Center Agencies. There were approximately two people from each Regional Center. Highlights from the meeting are:
- SDAC Representatives received training on the Person Centered Planning Training, provided updates regarding the activities and training that have taken place in the regional areas. The representatives expressed concerns that they were not included in the upcoming Training the Trainer Pre-Enrollment Trainings and voted to adopt a resolution that SDAC representative are included.
  - Jim Knight, of DDS, provided an update on the Self-Determination waiver status, provided an overview of the Regional Center Staff Self-Determination Trainings. He advised that the initial straining schedule will be expanded to more than the original five regional center locations. He stressed the trainings are an overview, and will not address every detail of Self-Determination. He, also, emphasized that Service Coordinators will still be involved and can be the independent facilitator.
  - There will be a two-day training, with the first day for regional centers, only and the second day for providers.
  - Ronda joined in a conference call regarding the Five Regional Centers. The Self-Determination waiver is included in the State Plan. People have the right to choose who serves them and the direction and focus being on the individual. After reviewing the documents, it was suggested “consumer” be replaced with “person” on the sign-in sheet for the informational meetings and to add a place for parent’s name. Ronda, Melissa Gruhler, Larry Withers, and Judy Kruse will be attending the meeting.
- b. Status Report on Medicare and Medicaid (CMS) Services regarding the Self-Determination Waiver: ~~Ronda Dever~~: Presented by Laura Larson: The Department (DDS) believes that the Self-Determination waiver is close to being completed. However there are still several unresolved issues:
1. Clarify how waiver meets HCSB settings requirements
  2. Define time-frame of “short-term” for crisis.

3. Individual Training service definition
4. Revise definition for Community Integration and Employment supports
5. Response to critical events or incidents
6. Clarification/explanation of various fiscal calculations and projections of service usage.

Other issues were discussed at the Workgroup meeting held September 26<sup>th</sup> in Sacramento. These issues included Financial Management Service, Independent Facilitators, and Trainings. This local committee and Far Northern should be ready for a July implementation of Self-Determination.

- c. Department of Developmental Services Training on Self-Determination Program pursuant to Welfare and Institutions Code Section 4685.8: We Care A Lot Foundation will be among the trainers. Laura would, also, like each Far Northern manager to be trained so they can provide trainings throughout Far Northern's area.
6. Report on summer "Casual Conversations" series that included two educational sessions on Self-Determination: Laura Larson: FNRC held a "World Café" with lots of discussion about the future. This was well attended and very successful. Several other trainings were also included including CAPTAIN and CalAble.
7. Update on Person Centered Planning Activities at the Regional Center and in the wider community: Melissa Gruhler: There has been good attendance and excitement with the these trainings. The meetings have been over filled. Mains'l is also doing some trianings, while Melissa has been approached to do trainings in several programs. Chico and Redding have held mini-workshops. All of the Service Coordinators are doing IPPs with this program. Other trainings are being held for providers and direct support staff in the Chico area. Attending more than once, expecially for staff, helps them to understand better. Beth Gallagher will be doing the "Liberty Plan" training for the community. The Supported Decision Making plan will be held at Willows High School for a pilot of four students. The first semester will consist of learning what Supported Decision Making is and the agreement will be signed during the second semester. This program will help young people make better life decisions, and who they can identify whom to depend on in their family, life, and community. This Supported Decision Making is intended to replace the need for a conservatorship to be put in place. Regional Center Directors attended a person-Centered training in Sacramento.
8. Designing upcoming community wide trainings and pre-enrollment instructions. After Judy Kruse attends the upcoming training, a plan will be designed and the community will be notified of the trainings.

9. Update on Northern California Learning Institute: Sarah Carrol: This has been a great experience. Providers and staff have learned how to connect and listen more to the clients. She appreciates Laura and FNRC for this learning opportunity. The final session will be held in October. However, Laura would like to continue this a quarterly basis.
10. Open Discussion: Committee Members:

Charles Nutt: Charles met an individual at the State Council that is on the television show “Born This Way”.

Rachael Newkirk: Rachael recommended the two-day Person Centered Training for everyone to attend.

Ronda Dever: Ronda has some ideas for the next SDAC meeting one. How is the budget updated after the first year in Self-Determination.

1. She would like to hear from those who attending the training in Sacramento.
2. She would like the committee to watch the PowerPoint training.
3. She would like a discussion regarding the viewing of the Learning Module and FNRC’s history.

Stephen Conklin: Are any community members that want to attend the trainings? It was mentioned that you can register on Eventbrite for the Person-Centered to be held December 11<sup>th</sup> and 12<sup>th</sup>. Perhaps letters can be sent to absent members regarding the training schedule. In addition, Spanish translation will be needed in Lassen and Plumas counties with Hmong and Mien translation needed in Trinity County.

Judy Kruse: Some Senior Service Coordinators should be trained for out-lying counties presentations.

Further discussions included:

An update that FNRC will pay for the committee’s travel costs to and from these meetings.

Ronda asked for a discussion regarding how long someone should serve as chair.

The role of this committee is oversight and guidance with the rollout of the Self Determination pilot and program.

The Promotores Project will be invited to the next meeting

The next meeting will be December 1, 2017 in Chico.

11. Adjourn: Motion and second by Stephen Concklin and Glen Pollock. No discussion, motion passed.

Respectfully submitted

A handwritten signature in cursive script, appearing to read "Cynthia R. Presidio".

Cynthia R. Presidio  
FNRC Executive Assistant