CALIFORNIA SCDD State Council on Developmental Disabilities

STATE OF CALIFORNIA
Edmund G. Brown Jr.
Governor

• website • www.scdd.ca.gov/sequoia.htm • email • sequoia@scdd.ca.gov
770 E Shaw Ave, Suite 123 Fresno, CA 93705 phone (559) 222-2496 fax (559) 248-2886

Date: April 12, 2017

Time: 10:00 a.m. – 12 p.m.

Place: Central Valley Regional Center

Conference Room

4615 N. Marty Ave.

Fresno, CA 93722

Ph. (559) 276-4300

AGENDA

I. Call to order

II. Welcome & Introductions

III. Roll Call/Establish Quorum

IV. Approval of Agenda/Prior Meeting Minutes

V. Open Public Forum

VI. Old Business

A. Appointments/Introductions of new Regional Advisory Members

VII. New Business

A. Grant Cycle 40 – Request for Proposals

B. Presentation – Self-Determination Program

C. SCDD updates – Staff

a. Yolanda Cruz, Regional Manager, will update on Sequoia Regional Office activities and trainings.

D. Regional Center Update

VIII. Adjournment

Pursuant to Government Code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible and alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in the meeting, should contact the SCDD Sequoia office at 559-222-2496 or email Yolanda.cruz@scdd.ca.gov Requests must be received by 5:00 p.m., five days before the meeting date.

"The Council advocates, promotes & implements policies and practices that achieve self-determination, independence, productivity & inclusion in all aspects of community life for Californians with developmental disabilities and their families."

CALIFORNIA SCDD

Ensure that Californians with developmental disabilities are guaranteed the same full and equal opportunities for life, liberty, and the pursuit of happiness as all Americans.

March 21, 2017
State Council Meeting Summary

SIGNIFICANT ITEMS/EVENTS/OCCURRENCES

- Discussed proposed changes to Medicaid funding, the potential impacts and our on-going efforts to educate our community partners and members of Congress
- Recognized Council Member Daniel Boomer for his 40 years of outstanding service to DD Councils
- Received an informative presentation from Kristin Wright, Director of Special Education, which highlighted the importance of inclusion for all students
- Reviewed SCDD's proposed FY 17-18 budget and efforts to manage existing budget pressures

SUMMARY OF ACTIONS TAKEN

- Approved the Cycle 40 Grant funding priorities, process and timeline
- Approved a revised evaluation process for the Executive Director
- Approved increased reimbursement rates within SCDD's Facilitation and Attendant Services Guidelines
- Approved the waiver request for Kern Regional Center Board Member Richard Rodriguez
- Approved the waiver request for Kern Regional Center Board Member Kurt Van Sciver
- Approved the waiver request for Redwood Coast Regional Center Board Member Jolanda Ingram-Obie

LEGISLATIVE INFORMATION

- Voted to support
  - AB 279 (Holden): would authorize adjustment of prescribed provider rates, if the adjustment is necessary to comply with increases to the minimum wage.
  - AB 312 (O'Donnell): would establish state support for special education preschool services and equalize special education funding inequities.
  - AB 340 (Arambula): would expand CA's infant and child early screening program to identify children who are victims of trauma.
  - AB 384 (Irwin): would allow CalABLE to market its services nationally by removing the state residency requirement.
  - AB 728 (Waldron): would add convictions for elder and

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Sequoia Regional Office of the State Council on Developmental Disabilities
Regional Advisory Committee Minutes

January 11, 2017

Central Valley Regional Center, Fresno CA

BOARD MEMBERS PRESENT

Darlene Kilmartin and Loretta Milne

BOARD MEMBERS ABSENT

Marria Jones (E) Matthew Legrand (A), Nickole Mensch (A)

STAFF PRESENT:

Yolanda Cruz, Regional Office Manager
Dawn Joest, CPS II
Heather Kroencke, Office Technician Fresno
George Ngugi, Clients Rights Advocate, Porterville
Kelly DeElva, Volunteer Advocacy Services, Porterville

GENERAL BUSINESS:

Loretta Milne chaired the meeting. The meeting was called to order at 10:20 a.m. She then welcomed everyone to the January 11, 2017 Regional Advisory Meeting.

Self-introductions of RAC Members, staff and guests then followed.

The official roll call was conducted and there was not a quorum.

Loretta Milne asked if there were any additions/changes to the January 11, 2017 agenda as mailed.

M/S/C to approve the January 11, 2017 Agenda as mailed.

Loretta Milne asked if there were any additions/changes to the August 10, 2016 Meeting Minutes as posted.
M/S/C to approve the August 10, 2016 Minutes as posted.

PUBLIC COMMENT:

Joe Hernandez of Premiere Health Care attended and introduced himself. He was at the Regional Center for the Legislative Breakfast and was glad he was able to then join the Regional Advisory Committee meeting. He works primarily in the Sacramento area but is coordinating with the Sequoia Regional Office perhaps bring some trainings to our catchment area on his agencies involvement with Self-Determination and the Fiscal Management Services aspect.

OLD BUSINESS:

Yolanda Cruz announced that the State Council Committee would be meeting in the next week to review applications for placements to the Regional Advisory Committee. We are still actively seeking applications from Kings, Merced and Madera counties so please continue to spread the word. It was also notated that Matthew Legrand and Nickole Mensch will be removed from our appointments as they have not been attending meetings or in contact with staff.

PORTERVILLE DEVELOPMENTAL CENTER REPORT:

Yolanda Cruz, Sequoia Regional Manager, introduced George Ngugi, the newest hire at our Porterville Developmental Center Office. George is the new Clients Rights Advocate and has been busy learning the ins and outs of the office and the Porterville Developmental Center. Both George and Kelly gave updates on the current events at PDC. The current general population count is approximately 321 clients and the secure treatment area is about 110 clients. Obviously, the focus at PDC right now is finding appropriate placements in the community for the 321 clients. As such, PDC will be hosting a family day on February 26th where families of clients may attend and learn about programs/housing options and such for their family members who will be transitioning to community living. The Sequoia Office will attend as well.

STATE COUNCIL REPORT/ REGIONAL OFFICE MANAGER REPORT:

Yolanda Cruz, Sequoia Regional Manager, updated the group on what our office and staff have been working on. We have been providing trainings in our more rural areas including Mendota, Reedley and areas we have not gotten to be active in as much as we like such as Hanford. Input was asked on ways we can promote and disseminate information on our trainings in the rural areas to garner larger attendance. Suggestions were made to contact local Churches and Family Groups.

We are also working on scheduling trainings as we have been asked by the Regional Center to train all their incoming new hires on Educational Rights. This is a wonderful honor and we look forward to training the staff to become great advocates for their families and clients as well as help them train their families to advocate for their own children.

CENTRAL VALLEWY REGIONAL CENTER UPDATES:

Elisa Escareno, the new Self-Determination Manager, introduced herself and gave an update on the Self-Determination program. They are still collecting names for the interested list for DSS. They are scheduling more community based Informational Meetings as well as a "Social" meeting that will be a chance for families and/or clients who have already expressed interest and have their names on the list to gather and talk about updates etc. The hope is that it will continue the forward momentum and excitement for the program. The Regional Office staff have asked Elisa to provide the general information presentation to the Regional Advisory Committee at our next meeting so that the members and any guests may be up to date on what information is currently available for the program.

CALIFORNIA SCDD
State Council on Developmental Disabilities

Upcoming Events

▼=Sequoia Regional Activity

See what is happening in your area!

Contact the SCDD regional office sponsoring the event for more information!

Events from April 16th through 30th, 2017

San Diego: Assurance Wireless Free Phone Event, **April 17,** 10:00am to 2:00pm, SCDD San Diego/Imperial Office, 8880 Rio San Diego Drive, Suite 250, San Diego, CA. 619-688-3323.

Glendale: Person-Centered Planning, **April 17,** 4:30pm to 6:30pm, SCDD Los Angeles Regional Office, 411 N. Central Ave., Suite 620, Glendale, CA. 818-543-4631.

▼**Bakersfield:** Regional Center Hearing Process, **April 17,** 5:30pm to 7:30pm, Exceptional Family Center, 3121 N. Sillect Avenue, #303, Bakersfield, CA. Contact the SCDD Sequoia Office at 559-222-2496.

Chico: Butte County Coordinating Council Meeting, **April 17,** 11:30am to 1:00pm, Work Training Center, 2255 Fair Street, Chico, CA. Contact 530-895-4027.

Fairfield: Housing Options and Development, **April 17,** 6:30pm to 8:30pm, 1652 W. Texas Street, Suite 165, Fairfield, CA. Contact the SCDD North Bay Office at 707-648-4073.

Sacramento: Regional Advisory Committee Meeting, **April 18,** 11:00am to 1:00pm, SCDD Sacramento Office, 3033 Howe Ave., Ste. 160, Sacramento, CA. 916-263-3085.

Sacramento: Access to Low-Income and Accessible Housing Options, **April 18,** 1:15am to 2:15pm, SCDD Sacramento Office, 3033 Howe Ave., Ste. 160, Sacramento, CA. 916-263-3085.

Imperial: Imperial Valley Parent Conference/Sibling Event Planning Meeting, **April 18,** 10:00am to 11:30am, San Diego Regional Center Imperial Office, 512 West Aten Road, Imperial, CA. Contact the SCDD San Diego/Imperial Office at 619-688-3323.

▼**Fresno:** Central Valley Regional Center Local Self-Determination Advisory Committee, **April 18,** 5:00pm to 7:00pm, 4615 N. Marty Ave., Fresno, CA. Contact the SCDD Sequoia Office at 559-222-2496.

▼**Ridgecrest:** In-Home Supportive Services at HEARTS Connection, **April 18,** 11:00am to 1:00pm, John Pizza, 348 W. Ridgecrest Blvd., Ridgecrest, CA. Contact the SCDD Sequoia Office at 559-222-2496.

San Diego: Dress for Success Training, **April 19,** 10:30am to 11:30am, SCDD San Diego/Imperial Office, 8880 Rio San Diego Drive, Suite 250, San Diego, CA. 619-688-3323.

Sacramento: The Self-Determination Program, Basic Structure and Overview, **April 19,** 7:00pm to 9:00pm, FEAT Family Resource Meeting, Shriner Children's Hospital Auditorium, 2425 Stockton Blvd., Sacramento, CA. Contact the SCDD Sacramento Office at 916-263-3085.

San Diego: Transition Coalition, **April 20,** 3:00pm to 4:30pm, SCDD San Diego/Imperial Office, 8880 Rio San Diego Drive, Suite 250, San Diego, CA. 619-688-3323.

Sacramento: Sacramento City College Disability and Health Awareness Day Event, **April 20,** 10:00am to 2;00pm, Sac City College, 3835 Freeport Blvd., Sacramento, CA. Contact the SCDD Sacramento Office at 916-263-3085.

Jamestown: Writing an Effective IEP for Your Child with Special Needs, **April 20,** 6:00pm to 8:30pm, Jamestown Community Hall, 18250 Main Street, Jamestown, CA. Contact 209-472-3674 or 1-800-847-3030.

▼**Tehachapi:** Suspension & Expulsion Parent Training, **April 20,** 10:00am to 12:00pm, Willow Springs Estate Club House, 14556 E. Tehachapi Blvd., Tehachapi, CA. Contact the SCDD Sequoia Office at 559-222-2496.

▼**Delano:** Suspension & Expulsion Parent Training, **April 20th,** 6:00pm to 7:00pm, 612 Main Street, Delano, CA. Contact the SCDD Sequoia Office at 559-222-2496.

San Jose: Purchase of Service Disparity Public Meeting, **April 20,** 6:00pm to 7:30pm, Camden Community Center, 3369 Union Avenue, San Jose, CA. Contact the SCDD Central Coast Office at 408-324-2106.

Chatsworth: Local Self-Determination Advisory Committee, **April 20,** 6:00pm to 8:00pm, NLACRC, 9200 Oakdale Ave., Chatsworth, CA. Contact the SCDD Los Angeles Regional Office at 818-543-4631.

Downey: Regional Centers, School Districts and More (Spanish), April 20, 9:30am, 7830 Quill Drive, Downey, CA. Contact the LA Office at (818) 543-4631 or email losangeles@scdd.ca.gov for more info.

San Rafael: People First Marin County Chapter Meeting (Option 1), April 20, 9:30am to 11:00am, Marin Ventures, 350 Merrydale Rd., San Rafael, CA. Contact the SCDD Bay Area Office at 510-286-0439.

San Rafael: People First Marin County Chapter Meeting (Option 2), April 20, 5:30pm to 7:00pm, Marin Ventures, 350 Merrydale Rd., San Rafael, CA. Contact the SCDD Bay Area Office at 510-286-0439.

▼Bakersfield: Regional Center Hearing Process Presented by Mario Espinoza de Disability Rights California, April 21, 10:00am to 12:00pm, Exceptional Family Center, 3121 N. Sillect Avenue, #303, Bakersfield, CA. Contact the SCDD Sequoia Office at 559-222-2496.

Napa: Rights and Responsibilities of IDEA (Spanish Speaking Families), April 21, 6:00pm to 8:00pm, Parents CAN, 1909 Jefferson Street, Napa, CA. Contact the SCDD North Bay Office at 707-648-4073.

Crescent City/Eureka/Ukiah: Local Self-Determination Advisory Committee, April 21, 10:00am to 12:00pm, Teleconference Locations 1301-A Northcrest Dr., Crescent City, CA, 525 Second Street, Suite 300, Eureka, CA, or 1116 Airport Park Blvd. Ukiah, CA. Contact the SCDD North Coast Office at 707-463-4700.

San Diego: Brain Health Across the Lifespan Conference, April 22, 8:30am to 3:30pm, Crowne Plaza North, 2270 Hotel Circle North, San Diego, CA. Contact the SCDD San Diego/Imperial Office at 619-688-3323

San Jose: Positive Planning: A Bilingual Presentation on IEP Meetings, April 24, 6:30pm to 8:30pm, San Jose Unified School District, 855 Lenzen Ave., San Jose, CA. Contact the SCDD Central Coast Office at 408-324-2106.

▼Fresno: Assistive Technology Training, April 24, Central Valley Regional Center, San Joaquin Meeting Room, 4615 N. Marty Avenue, Fresno, CA. Contact the SCDD Sequoia Office at 559-222-2496.

Vallejo: Emergency Planning, April 24, 11:30am to 1:30pm, Vallejo Public Library, 505 Santa Clara Street, Vallejo, CA. Contact the SCDD North Bay Office at 707-648-4073.

Ukiah: Managing Frustration and Anxiety and Teaching Social Skills, April 24, 9:00am to 3:30pm, Ukiah Valley Conference Center, 200 South School Street, Ukiah, CA. Contact the SCDD North Coast Office at 707-463-4700.

Santa Barbara: Self-Determination Advisory Committee Meeting, April 25, 5:30pm Light Dinner, Event 6:00pm to 7:30pm, Tri Counties Regional Center Annex, 505 E. Montecito Street, Santa Barbara, CA. Contact the SCDD Central Coast Office at 408-324-2106.

San Jose: Financial Planning for Your Children's Future: A Panel Discussion, April 25, 1:30pm to 3:30pm, Sobrato Center for Non Profits. Cupertino Rooms A/B, 1400 Parkmoor Ave., San Jose, CA. Contact the SCDD Central Coast Office at 408-324-2106.

Campbell: Residential Services Orientation, April 25, 1:30pm to 3:30pm, San Andreas Regional Center, 300 Orchard City Drive, Campbell, CA. Contact the SCDD Central Coast Office at 408-324-2106.

San Francisco: Local Self-Determination Advisory Committee, April 26, 1:30pm to 4:00pm, Golden Gate Regional Center, San Francisco Office, 1355 Market Street #220, San Francisco, CA. Contact the SCDD Bay Area Office at 510-286-0439.

San Francisco: SCDD Bay Area Regional Advisory Committee Meeting, April 26, 7:00pm to 9:00pm, Golden Gate Regional Center, San Francisco Office, 1355 Market Street #220, San Francisco, CA. Contact the SCDD Bay Area Office at 510-286-0439.

San Diego: Housing: Tips & Strategies, April 26, 10:30am to 11:30am, SCDD San Diego/Imperial Office, 8880 Rio San Diego Drive, Suite 250, San Diego, CA. 619-688-3323.

Oakland: Bay Area People First, April 26, 3:30pm to 5:00pm, SCDD Bay Area Office, 1515 Clay Street, #300, Oakland, CA. 510-286-0439.

Vallejo: IEP Clinic (Limited Spots Available), April 27, 11:00am to 1:00pm. SCDD North Bay Office, 236 Georgia Street, #201, Vallejo, CA. 707-648-4073.

Bishop: IEP Training, April 27, 5:30pm to 8:00pm, Inyo County Superintendent of Schools, 166 Grandview Drive, Bishop, CA. Contact the SCDD San Bernardino Office at 909-890-1259.

Sacramento: Norcal Deaf Community Job Fair, April 27, ARC, Student Rooms 2, 3, & 4, 4700 College Oak Drive, Sacramento, CA. Contact the SCDD Sacramento Office at 916-263-3085.

Stockton: Writing an Effective IEP, April 27, Family Resource Network, 5250 Claremont Avenue, Suite 148, Stockton, CA. Contact the SCDD North Valley Hills Office at 209-473-6930.

Bishop: Positive Behavior Training, April 27, 5:30pm to 8:00pm, Paiute-Shoshone Cultural, 2300 W. Line St., Bishop, CA. Contact the SCDD San Bernardino Office at 909-890-1259.

San Jose: Annual Legislative Luncheon, April 28, 11:00am to 1:00pm, Holiday Inn San Jose, 1350 N. First Street, San Jose, CA. Contact the SCDD Central Coast Office at 408-324-2106.

Pacoima: IEP Meetings (Spanish), April 28, 9:30am, L.A. Care, 10807 San Fernando Road, Pacoima, CA. Contact Rebecca Diaz at 818-677-6854 or email rebeca.diaz@csun.edu

Imperial Valley: *Self-Advocate Leadership Symposium: Health and Wellness,* ***April 28,*** *3:30pm to 6:30pm, Arc-Imperial Valley. Contact the SCDD San Diego/Imperial Office at 619-688-3323.*

Rancho Cordova: *28th Annual Kids Day in the Park Event,* ***April 29,*** *11:00am to 3:00pm, 2197 Chase Drive, Rancho Cordova, CA. Contact the SCDD Sacramento Office at 916-263-3085.*

Bishop: *IEP Clinic for Parents,* ***April 28,*** *5:30pm to 8:00pm,Inyo County Superintendent of Schools, 166 Grandview Drive, Bishop, CA. Contact the SCDD San Bernardino Office at 909-890-1259.*

Lake Forest: *2nd Annual Special Needs Resource Fair,* ***April 29,*** *9:00am to 12:00pm, Lake Forest Sports Park & Recreation Center, 28000 Rancho Parkway, Lake Forest, CA. Contact the SCDD Orange County Office at 714-558-4404.*

*All events are open to everyone. Space is limited and registration is required.

Espresso & more

Espresso
single $2 | double $2.50 | triple $3

Coffee
12oz $2 | 16oz $2.50 | 20oz $3

Classics
12oz $3 | 16oz $3.50 | 20oz $4

- Cappuccino
- Cafe' Latte
- Cafe' Americano
- Flat White

Specialties
12oz $3.25 | 16oz $3.75 | 20oz $4.25

- Cafe Mocha
- White Chocolate Mocha
- Vanilla Latte
- Caramel Macchiato
- Chai Tea Latte
- Hot Chocolate
- Warm Apple Cider
- Cappuccino Freeze
- Mocha Freeze
- Caramel White Mocha Freeze

Smoothies
12oz $2 | 16oz $3 | 24oz $4

- Protein Power Smoothie
- Antioxidant Smoothie
- Green Tea Smoothie
- Tropical Fruit Smoothie

Soft Drinks
16oz $1 | 24oz $2

Coca-Cola freestyle

- Black Iced Tea
- Green Iced Tea
- Hibiscus Iced Tea
- Apple Juice bottle 16oz | $1.50
- Orange Juice bottle 16oz | $1.50
- Milk bottle 16oz | $2

Kids' Cafe 2019 is a modern dining experience for all Fresno residents, employees and visitors to our city's downtown casual dining and entertainment scene. We are proud supporters of the Downtown Fresno Partnership, helping to bring the highest quality experience to all visitors of our downtown area.

Our locally inspired menu features options for the health-conscious consumer, deliciously crafted and complimented by local produce. We support local farmers and local business!

Kids' Cafe 2019 was created in partnership with the Fresno County Superintendent of Schools, assisting teachers in engaging students in first-hand vocational training experiences. Our efforts provide invaluable lessons as well as provide the tools to help our students transition from the classroom to our community work force.

Thank you for your patience and for your support towards our efforts to provide a quality, community-based work experience for our students with special education services.

KIDS CAFE
2019

KIDS CAFE
2019

2019 Mariposa Mall
Fresno, CA 93721
Phone: (559) 233-1059

Order online
www.kidscafe2019.fcoe.org

Hours
Monday - Friday
7:00 AM - 3:00 PM

Fresno County Superintendent of Schools
Jim A. Yovino
Superintendent

Navigating Financial Management Services (FMS)

Presented by: Joseph Hernandez

Content provided courtesy of Community Interface Services

PREMIER FINANCIAL MANAGEMENT SERVICES

www.phs-west.com

Participants of the **Self-Determination Program (SDP)** are required to use a **Financial Management Service (FMS)** provider. Participants pay the FMS provider a fee from funds allocated through their individual budgets.

PREMIER FINANCIAL MANAGEMENT SERVICES

www.phs-west.com

The FMS provider is an individual or entity vendored by Regional Center(s) with the responsibility to:

- Uphold the Self-Determination Principles of Freedom, Support, Authority, Responsibility and Confirmation
- Maintain separate accounting of funds for each participant
- Help participants to manage and direct funds in individual budgets
- Ensure participants have the financial resources to implement Individual Program Plans throughout the year and that payments are within amounts authorized in individual budgets

The FMS provider supports participants with paying bills for goods and services or hiring employees.

There are three FMS models:

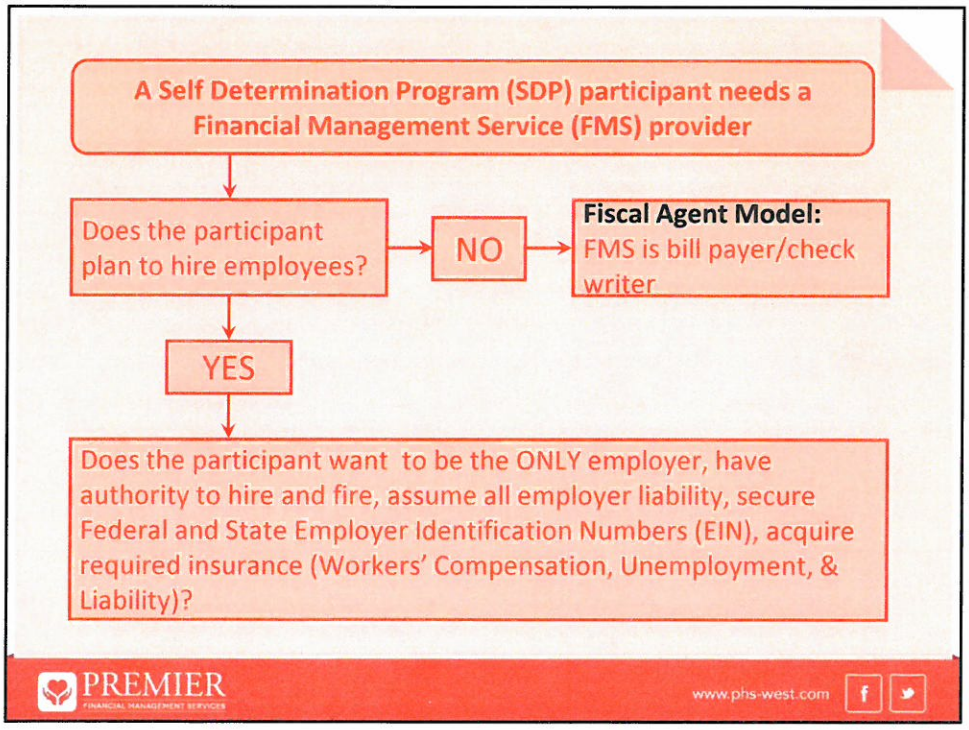
- Fiscal Agent
- Fiscal/Employer Agent (F/EA)
- Co-Employer

The types of supports offered by the FMS provider vary in each model' participants select the model that best fits their individual needs and wants as well as their plans for using the funds in their individual budgets. FMS providers may offer one, two or all three of the FMS models.

Depending on the model, the FMS provider:

- Receives, tracks and disburses funds based on the participants' approved plans and individual budgets
- Processes payroll, withholds taxes
- Ensures compliance with laws
- Assists in verifying provider qualifications
- Prepares and distributes monthly individual budget statements/expenditure reports
- Maintains source documentation

PREMIER FINANCIAL MANAGEMENT SERVICES www.phs-west.com



PREMIER FINANCIAL MANAGEMENT SERVICES www.phs-west.com

YES Fiscal/Employer Agent (F/EA) Model

- Participant has employer responsibility, participant is Employer of Record and the managing employer FMS provider assists participant with specific employment tasks and processes payroll/withholds taxes
- Participant has authority to hire and fire within SDP protocols and labor laws, FMS provider supports participant with understanding relevant protocols/laws
- Participant has primary employer liability, FMS provider operates in accordance with Internal Revenue Code Section 3504
- Participant has their own Federal and State Employer Identification Numbers (EIN)
- Participant acquires required insurance and typically pays out of individual budget, FMS provider verifies insurance
- Participant's employees may be exempt from certain tax requirements, FMS provider assists participants with those determinations

PREMIER FINANCIAL MANAGEMENT SERVICES www.phs-west.com

Fiscal Employer Agent: Typical Enrollment Forms

Form	Purpose
Roles and Responsibilities Agreement	Establishes F/EA roles and Participant roles and responsibilities in a self-directed program
Form 2678	Employer/Payer Appointment of Agent
Form SS-4	Application for Employer Identification Number (EIN). The EIN is required by the IRS for tax reporting and filing.
Confidential Information Release Authorization	Establishes the release of HIPAA protected information to authorized individuals or parties.
Guardianship Documents OR Power of Attorney (POA) Documents	Court Documents; Needed to formally establish Guardianship OR POA
Form 2848	Power of Attorney and Declaration of Representative
Participant Reimbursement and Payroll Payment Schedule	Signifies the dates when time reports/invoices are due and checks are cut
Participant Handbook	Explains the program and outlines the rights and responsibilities of the participant
OSHA Standard Precautions	Education
Standard Precaution for Bloodborne Transmission	Education
F/EA Portal Enrollment Flyer	Education
Worker's Compensation Insurance Pool	Optional Insurance ; Program Specific

PREMIER FINANCIAL MANAGEMENT SERVICES www.phs-west.com

NO Co-Employer Model

- Participant shares employer responsibility with the FMS provider, FMS provider is the Employer of Record, participant is the managing employer.
- Participant has authority to hire and fire within SDP protocols, labor laws, and FMS provider criteria
- FMS provider has primary employer liability
- FMS provider has Federal and State Employer Identification Numbers (EIN)
- FMS provider maintains required insurance, participant pays for insurance costs out of individual budget
- Participant's budget may need to cover employee Medical Insurance costs

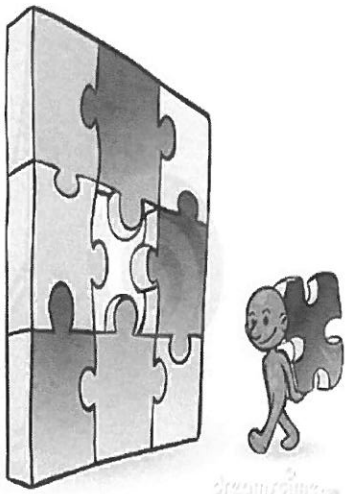
Questions?

Self-Determination Program

What Is It, How Does It Differ from Traditional Services, & Is It Right for Me?

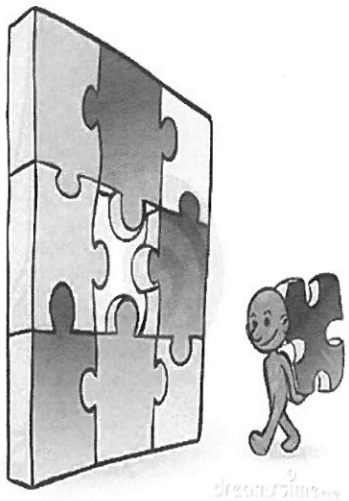
Presented by Central Valley Regional Center & Sequoia Regional Office of the California State Council on Developmental Disabilities

December 2016



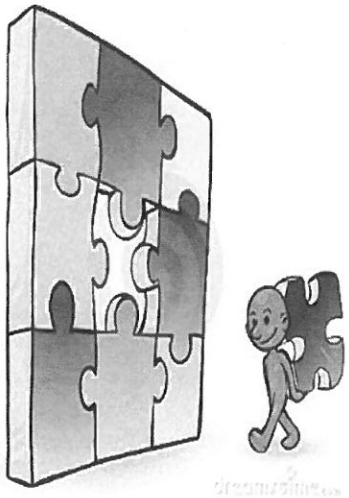
CENTRAL VALLEY
REGIONAL CENTER

CALIFORNIA
SCDD



Welfare & Institutions Code 4685.8

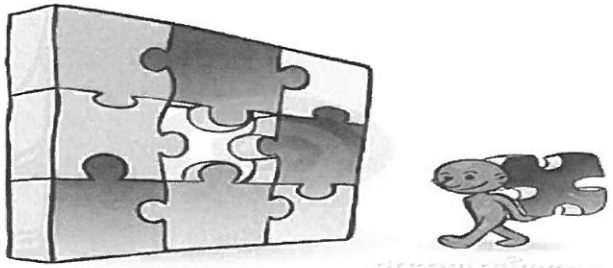
"The Self-Determination Program shall be available in every regional center catchment area to provide participants and their families, with an individual budget, increased flexibility and choice, and greater control over decisions, resources, and needed and desired services and supports to implement their IPP."



Guided by that idea that…

"It is through this Self-Determination Program that all individuals are able to access what everyone deserves – a good life."

- Quote by Santi Rogers, Former Director of Developmental Services



With Self-Determination...

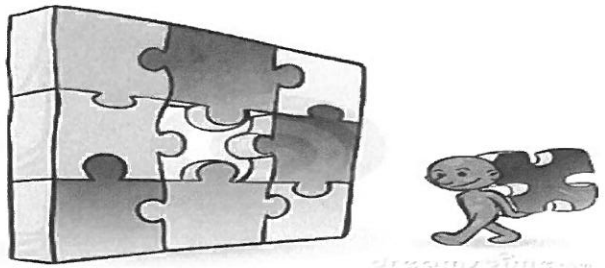
You get a Individual Budget to spend on the things that you need to meet your IPP goals for a year.

You make a plan and decide how to spend your money.

You hire the workers that will help you.

A Financial Management Service keeps your money safe and pays your workers.

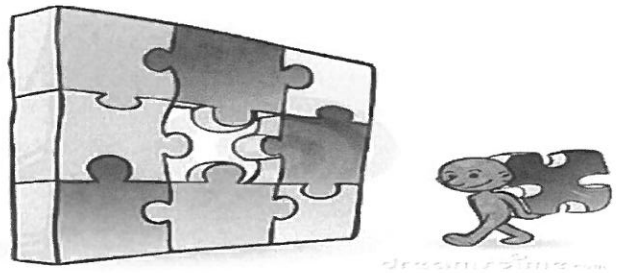
You can receive help from an Independent Facilitator or CVRC Case Manager to make your plan and stay within your budget.



The Five Principles of Self-Determination

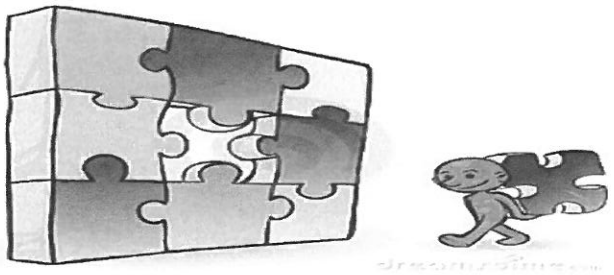
1. Freedom
2. Authority
3. Support
4. Responsibility
5. Confirmation

Freedom



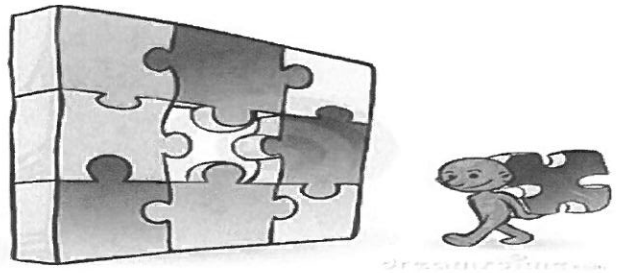
- To plan your own life and future
- To choose who helps you
- To control the services you use
- To hire your own workers and change when needed

Authority



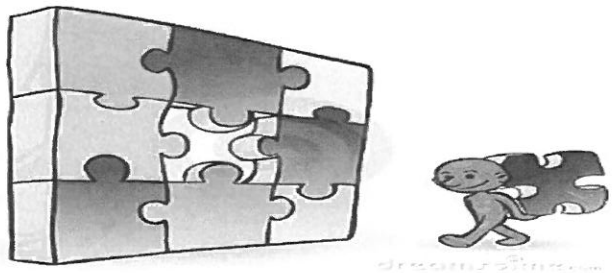
- To take part in deciding how your budget is spent
- To choose services that meet your IPP goals
- To control your budget responsibly

Support

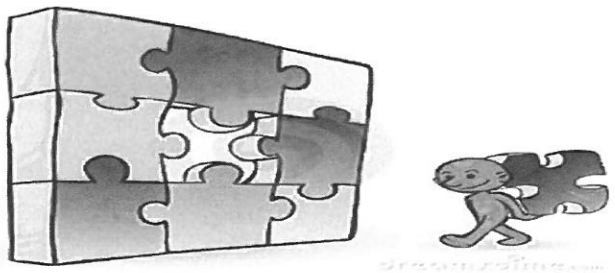


- To access resources that will enhance your life
- To be a member of your community
- To make decisions and plan your own life
- To find people you know and trust who will help you

Responsibility



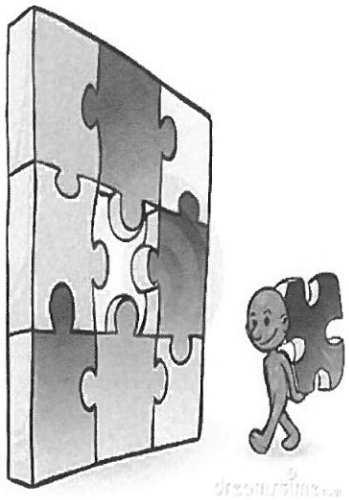
- For making decisions and choices for your life and accepting responsibility for those choices and decisions.
- For using your talents and skills to be as successful and independent as you can be.
- For giving back to others and to your community.
- For being smart with your money.



Confirmation

- To be a leader and to let others know how Self-Determination can work better for people in the future

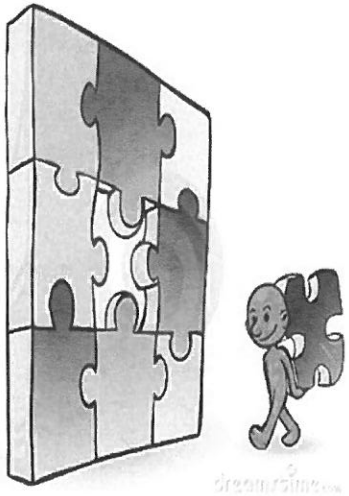
WHO IS ELIGIBLE? HOW DOES IT WORK?



Who is Eligible?

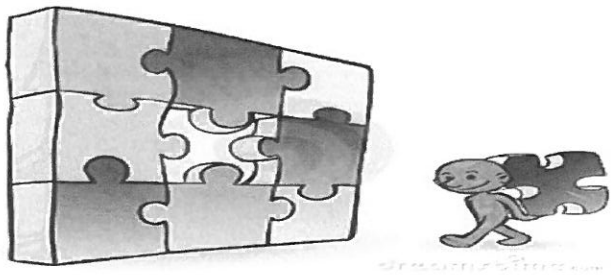
You must:

- Be a Regional Center client 3 years old or over.
- Live at home, in the community, or in a group home
  - Consumers residing in a licensed long-term health care facility (Skilled Nursing Facility or Intermediate Care Facility) are not eligible to participate
- Participate in an orientation on how Self-Determination works
- Agree to live within a set budget for a year
- Agree to work with a "Financial Management Service" to manage you individual budget



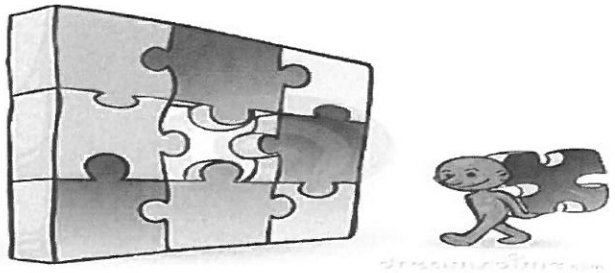
Phase-In Period

- The program will start once it is approved for federal funding. Then,
  - The statewide Self-Determination Program shall be phased in over three years, and during this phase-in period, shall serve up to 2,500 regional center consumers who have attended an informational meeting. 141 CVRC consumers will be selected by the Department of Developmental Services.
  - If not selected initially, clients will remain on the interest list for future enrollment.
  - This is a voluntary program and a person can exit at anytime.
  - Three years after the program is approved by the Federal Centers for Medicare and Medicaid Services anyone meeting the criteria may participate in the program.



How It Works – Your Individual Budget

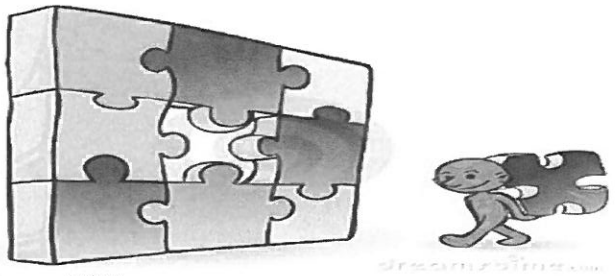
- The amount of your Individual Budget is based on how much was spent on you over the last 12 months.
- The individual budget is determined by the IPP team and the amount can be adjusted, up or down, if the IPP team determines that the individual's needs, circumstances, or resources has changed. The IPP team may adjust the budget to support any prior needs or resources that were not addressed in the IPP.
- The Individual Budget is re-determined each year.
- The Individual Budget pays for Financial Management Services (mandatory) and Facilitator (optional).
- With the help of people you trust, you develop a Person-Centered/Individual Program Plan (IPP/PCP) that reflects your vision in the different areas of your life and set goals.



How It Works – Financial Management Service

- The Financial Management Service (FMS) secures the Individual Budget.
- The Financial Management Service must be a Regional Center vendor.
- Your individual budget pays for the FMS. You must use a FMS to be in Self-Determination.
- They keep your money safe and take care of tax withholdings, insurance, and compliance with relevant state and federal employment laws
- They make sure your workers know what they're doing (verify provider qualifications) and don't have criminal records
- They send the paychecks to your workers
- Every month they will tell you and the regional center how much you spend and how much you have left.

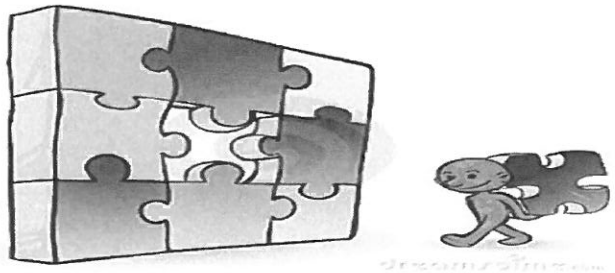
FMS does not tell you how to spend your money!



How It Works – Independent Facilitator

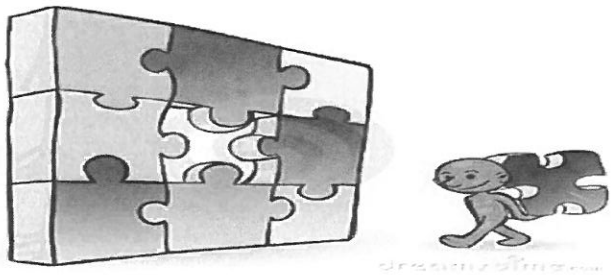
- Person, selected and directed by the participant, who is not otherwise providing services to the participant that are on his or her IPP
- Helps you with your Person-Centered Plan and your budget
- Helps plan and maintain the individualized budget
- Helps you find and hire the people that you want to work for you
- Helps you decide how much to pay your workers
- Makes sure your workers do their jobs
- Helps mediate issues with your workers
- Is an optional service that is paid with monies from your individual budget.
- Clients may choose to utilize the Regional Center Case Manager to perform the same duties at no cost to the client's Individual Budget (contingent on AFPF/FCPP if applicable for those under 18 years old).

**** You don't have to use a facilitator. If you do, you pay him/her with your budget money.****



How It Works – The Basics

- Ask for Self-Determination
- Agree to abide by the rules and live within the limits of your individualized budget (IB)
- Hire a facilitator if you want
- Hire a Financial Management Service (mandatory)
- With the help of your facilitator or CVRC Case Manager, you will develop an Individual Program Plan using Person Centered Planning that reflects your needs and goals.
- Give your Individual Program Plan and Individual Budget to your FMS
- After background checks are completed, your Financial Management Service starts paying the people you hired



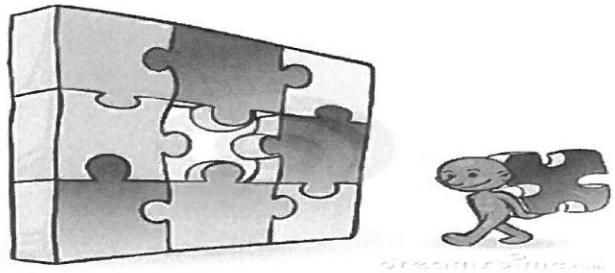
Restrictions on Purchase of Services

Q11. Are there restrictions on what the individual budget can be used for?

Yes, a participant can only purchase services and supports as described in the SDP Waiver and in the IPP. Services funded through other sources (e.g., Medi-Cal, schools) cannot be purchased with SDP funds.

www.dds.ca.gov – SDP FAQ's

EXAMPLES



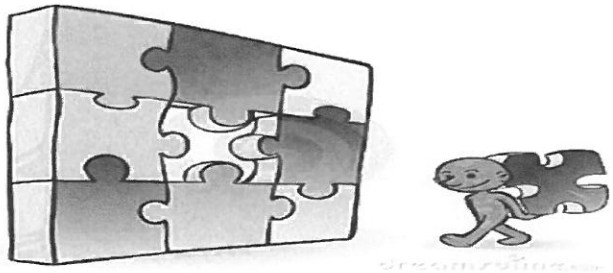
Traditional Services vs. Self-Determination Example
Requesting a Service

Traditional

- Person would like a job in their local community
- Person lives in a rural community where there is no supported employment or job coaching available.
- Person needs to travel to another community where there is a program, or attend a program that does not meet his/her need.

Self-Determination

- Person makes sure budget category is in their PCP/IPP
- Person looks for job or uses and Independent Facilitator/Case Manager to help find a job.
- Person finds someone to provide job coaching and they come to an agreement about the rate.
- Information is provided to FMS who makes sure that staff does not have criminal records.
- Service begins.



Traditional Services vs. Self-Determination Example

Requesting a Service

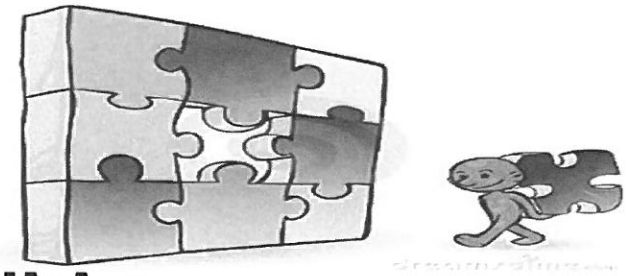
Traditional Services

- Melissa resides in a small town with limited resources.
- Melissa wants to learn how to shop, learn how to use a budget, and learn how to cook.

Self-Determination

- Melissa's Independent Facilitator/Case Manager assist's Melissa with finding an individual who can provide independent living skills to her in her home and in the community.
- Melissa contracts with a preferred provider(s).
- Melissa learns how to manage her money and become more independent.

ROLES & RESPONSIBILITIES



New Roles & Responsibilities: Service Providers

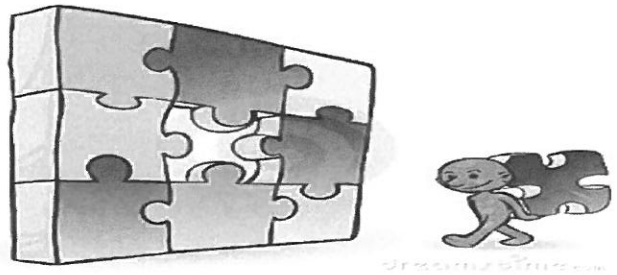
Now

- Providers are vendored and under the legal and contractual authority of the regional center.
- Must provide services according to regional center policies.
- Rates of payment and hours of service are set by the regional center.
- Providers are unable to do things outside the scope of their vendor agreement.

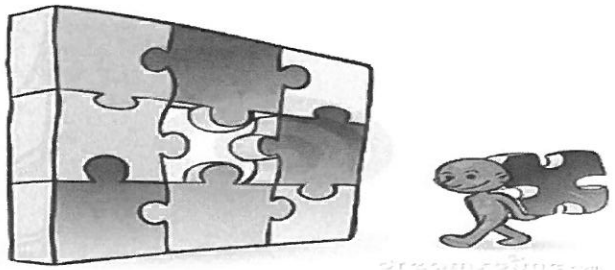
Self-Determination

- Workers you hire can be vendored, or not, and are under your legal and contractual authority.
- Workers you hire must provide the agreed-upon type and amount of services
- You decide how much they get paid.
- You have the opportunity to tailor your services according to your needs and set your own standards.

WHAT TO DO NOW?



- Sign-up for DDS updates (email sdp@dds.ca.gov)
- Request your name to be placed on the Self-Determination interest list.
- Learn as much as you can about Self-Determination.

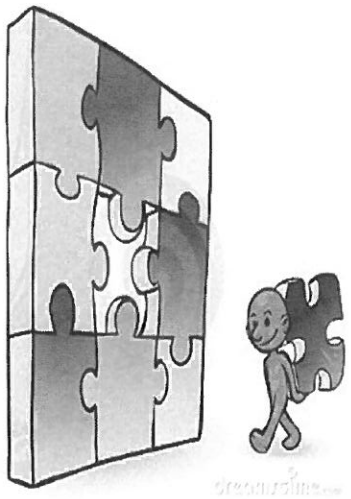


Local Advisory Committee

- Each regional center will establish a Local Advisory Committee (LAC).
- The law says that the LAC "shall consist of the regional center Clients' Rights Advocate, consumers, family members, and other advocates, and community leaders."
- The regional center gets to appoint one half of the members and the local SCDD office gets to appoint the other half.
- A majority must be consumers and family members.
- The LAC must "reflect the multicultural diversity and geographic profile" of the people served by the regional center.
- **The LAC monitors the progress of the SD Program and makes recommendations for improvement to the regional center and DDS.**

Use this link to find out who is on the LAC – www.cvrc.org

COMMON QUESTIONS



- ***What happens if I move to a different regional center?***

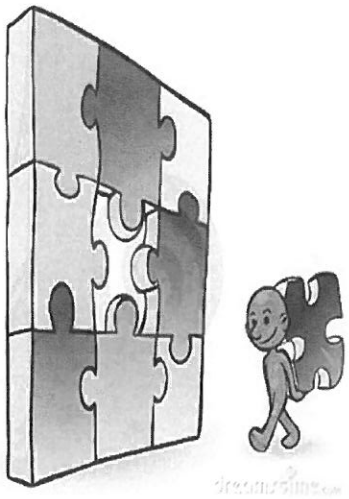
You can stay in SD and keep your budget if you move.

- ***What if I want to leave the Self-Determination Program?***

Self-Determination is voluntary. You can choose to return to the services you had before by developing a new IPP.

- ***If I leave Self-Determination by choice can I return?***

If you leave by choice you have to wait 12 months to return.



Resources

- Disability Rights California Publication
www.disabilityrightsca.org/pubs/F07701.pdf

- The Center for Self-Determination
www.centerforself-determination.com

- Central Valley Regional Center
www.cvrc.org

- Senate Bill 468
www.leginfo.ca.gov/pub/13-14/bill/sen/sb_0451-0500/sb_468_bill_20131009_chaptered.pdf

- State Council on Developmental Disabilities
www.scdd.ca.gov

- Department of Developmental Services Self-Determination Page
http://www.dds.ca.gov/SDP/Index.cfm

THANK YOU!

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Sequoia Office of the State Council on Developmental Disabilities
770 East Shaw Avenue, Suite 123
Fresno, California 93710
(559)222-2496 ● www.scdd.ca.gov