



## Self-Determination Advisory Committee Meeting Minutes – April 15, 2016

**Meeting convened at 1:38 pm**

**Members In Attendance:** Karen Maier(SA); Christopher Lubinski (FA); Sandra Kanczuewski (FA); Eva Melendez (FA); Joyce Clark (FA); Megan Chambers-Lazet DRC, (A);

**Ex officio:** Gabriella Ohmstede (A), SDRC, Mary Ellen Stives (A), SCDD

**Members Absent:** Michelle Bartick (SA); Suzanne Goh, (A); Chanae Jackson (FA); Chanae Jackson (A); Eva Melendez(A);

**Guests Present:** Carol Larkin (FA); Andrew Lindhart (SA); Thomas Andrews (SA); m(A); Yvette Torres, Premier Healthcare (A);

**Welcome and Introductions:** Self introductions by members and guests. The chair stated minutes from past meeting will be available for review in May.

**Review of Bagley - Keene Act:** Mary Ellen Stives provided an overview of the purpose of the Act and process for conducting meetings. Meetings are open to the public for the purpose of transparency and ensure opportunity for the public to provide input on agenda and non-agenda items during a specified time. Meetings must be noticed 10 days prior.

### **Presentation from past participants in self-determination:**

Past participants – Gabby Ohmstede reached out to 2 of the 3 remaining people in San Diego from the pilot. One is able to will be in attendance at the 5/20 meeting. Gabby is unable to attend and will reach out Carlos Flores to identify a Regional Center representative. The committee posed questions for panelists to respond to:

- How has Self Determination (SD) changed their life?
- Any advice to people entering SD?
- Were there any challenges i.e. money management, finding supports, etc.?
- What changes or recommendations would you make to improve the process?

**Committee Roles and Responsibilities:** Based on the legislative mandate, the primary role of the committee is to advise the Regional Center re: development and implementation of Self Determination services, and to inform and education the community.

**Develop Timeline and Tasks:** The committee agrees developing training topics, resources and timelines for the community is important even though the statewide plan is still pending. Materials may require modifications for various diverse stakeholders. A suggestion to embed training during committee meetings may attract the community. The basic concepts of SD and person centered planning were identified as important topics for both consumers and families. Members shared there are various community events occurring and in the works by other entities which will focus on these topics.

**Define Membership:** Mary Ellen will reach out to other committees in the State to see what they are doing re: members who are not attending meetings routinely. Mary Ellen will connect with Suzanne and Chanae in particular

and confirm contact information. The committee will decide at May meeting frequency. We should also develop an email & phone contact roster for members and guests. Recruitment: Mary Ellen and Gabby will review past applicants & continue to do outreach in Imperial Valley.

**Identify Materials for Public Viewing:** The committee determined the following materials and resources should be available at meetings and/or trainings. It was suggested that SDRC add a SD resource list to their website.

- Dept. of Developmental Services (DDS) FAQ'S (web based)
- State Council on Developmental Disabilities (SCDD) Fact Sheet
- DDS Fact Sheet (web based)
- SCDD "A New Option"
- Bagley-Keene Act

**Update on Self Determination Application to the Center for Medicare and Medicaid Services and the CMS:**

There is no update available on the Self-Determination Application to the Center for Medicare and Medicaid Services (CMS).

**Future Meetings:** The upcoming meetings are scheduled for May 20 and June 17. It was suggested to avoid scheduling meetings during the summer and resume in September. Gabby shared that Friday meetings are more difficult for her as it is not a scheduled work day. Meetings will be held at SDRC in room 118. Future meeting schedule and frequency will be further discussed.

**The meeting adjourned at 3:05 pm.**