Common Services

Adaptations/accessibility
- Housing accessibility such as ramps, bars, lifts, adapted showers etc.
- Vehicle modifications

Adult day programs
- Adult day health center
- Adult development center
- Day training activity center
- Behavioral support day program
- Alternative day program
- In-home day program

Arts
- Creative arts programs (usually considered as an adult day program)

Behavioral support
- Behavior analyst
- Behavior support program

Crisis services
- Crisis prevention and intervention
- On-call crisis team

Education
- Tutoring
- Personal support to attend college, vocational school or other educational venue (must be no longer eligible for special education)

Employment
- Supported employment
- Self-employment
- Group employment - enclaves
- Workshops

Equipment
- Communication aids
- Mobility devices
- Durable medical equipment
- Other equipment needed to live in least restrictive environment

Family support
- In-home respite (max 90 hours/quarter)
- Out of home respite (max 21 days/year)
- Support groups
- Counseling

Independent living - adults
- Supported living services – person needs moderate to intensive support in their own home
- Independent living services – person needs minimal to moderate support in their own home
- Homemaker services – general household activities
- Chore services – heavy household chores or minor repair work
- Emergency monitoring (LifeLine or similar)

Medical (if not covered by insurance)
- Acute care hospital
- Audiology
- Dietary services
- Physicians/surgeons
- Dental
- Residential services (medical)
- Skilled nursing facility
- Home health services
- Radiologic/Lab

Nursing: RN, LVN, CNA
Orthoptics – specialized eye care
Orthotic/Prosthetic
Pharmaceuticals
Miscellaneous medical support and services

Mental health services
- Counseling
- Mental health therapy – psychologist, psychiatrist, LMFT, MSW etc.
- Crisis prevention/intervention
- On-call crisis team

Professional services
- Attorney/legal services
- Financial management/HR
- Funeral
- Interpreter/translator
- Interdisciplinary assessments

Residential options
- Family home services (like foster care for adults)
- Skilled nursing
- Licensed homes (3 – 6 residents); various types depending on needs of residents including medical support, full accessibility, behavioral support, visual or auditory impairments, low sensory, geriatric etc.
- Large licensed facilities

Very limited use:
- State developmental centers
- Out of state specialized residences

Continued on back panel
Guidelines

It is important to remember that, in order to get a certain type of service, it must be identified as a need in your IPP. Also, regional centers cannot pay for services that another agency is required to pay for. In addition, some types of services have very strict requirements in the Lanterman Act that must be met for regional center funding.

This is not an exhaustive list. If you need a particular service, the regional center is obligated to help you find it from a generic resource or develop and pay for it.

Note: Regional centers are prohibited from funding non-medical therapies unless the therapy is the primary way of ameliorating your disability. They also may not fund social/recreational or camping services for the time being.

Please refer to the Lanterman Act, Section 4512(b). (California Welfare and Institutions Code)

Continued from Inside

Supplies
- Diapers or Depends
- Other expendable supplies needed due to disability

Medical Therapies
- Occupational Therapy
- Physical Therapy
- Speech therapy

Training
- Adaptive skills training
- Driver training
- Mobility training
- Money management/budgeting
- Community integration training
- Social skills training

Transportation
- Vendored transportation services
- Transportation aide
- Mobility training (learning how to use public transportation)