

Common Services

Adaptations/accessibility

Housing accessibility such as ramps, bars, lifts, adapted showers etc.
Vehicle modifications

Adult day programs

Adult day health center
Adult development center
Day training activity center
Behavioral support day program
Alternative day program
In-home day program

Arts

Creative arts programs (usually considered as an adult day program)

Behavioral support

Behavior analyst
Behavior support program

Crisis services

Crisis prevention and intervention
On-call crisis team

Education

Tutoring
Personal support to attend college, vocational school or other educational venue (*must be no longer eligible for special education*)

Employment

Supported employment
Self-employment
Group employment - enclaves
Workshops

Equipment

Communication aids
Mobility devices
Durable medical equipment
Other equipment needed to live in least restrictive environment

Family support

In-home respite (*max 90 hours/quarter*)
Out of home respite (*max 21 days/year*)
Support groups
Counseling

Independent living - adults

Supported living services – person needs moderate to intensive support in their own home
Independent living services – person needs minimal to moderate support in their own home
Homemaker services – general household activities
Chore services – heavy household chores or minor repair work
Emergency monitoring (LifeLine or similar)

Medical (if not covered by insurance)

Acute care hospital
Audiology
Dietary services
Physicians/surgeons
Dental
Residential services (medical)
Skilled nursing facility
Home health services
Radiologic/Lab

Nursing: RN, LVN, CNA

Orthoptic – specialized eye care

Orthotic/Prosthetic

Pharmaceuticals

Miscellaneous medical support and services

Mental health services

Counseling
Mental health therapy – psychologist, psychiatrist, LMFT, MSW etc.
Crisis prevention/intervention
On-call crisis team

Professional services

Attorney/legal services
Financial management/HR
Funeral
Interpreter/translator
Interdisciplinary assessments

Residential options

Family home services (like foster care for adults)
Skilled nursing
Licensed homes (3 – 6 residents); various types depending on needs of residents including medical support, full accessibility, behavioral support, visual or auditory impairments, low sensory, geriatric etc.
Large licensed facilities

Very limited use:

State developmental centers
Out of state specialized residences

Continued on back panel

Guidelines

It is important to remember that, in order to get a certain type of service, it must be identified as a need in your IPP. Also, regional centers cannot pay for services that another agency is required to pay for. In addition, some types of services have very strict requirements in the Lanterman Act that must be met for regional center funding.

This is not an exhaustive list. If you need a particular service, the regional center is obligated to help you find it from a generic resource or develop and pay for it.

Note: Regional centers are prohibited from funding non-medical therapies unless the therapy is the primary way of ameliorating your disability. They also may not fund social/recreational or camping services for the time being.

Please refer to the Lanterman Act, Section 4512(b). (California Welfare and Institutions Code)

Continued from Inside

Supplies

- Diapers or Depends
- Other expendable supplies needed due to disability

Medical Therapies

- Occupational Therapy
- Physical Therapy
- Speech therapy

Training

- Adaptive skills training
- Driver training
- Mobility training
- Money management/budgeting
- Community integration training
- Social skills training

Transportation

- Vendored transportation services
- Transportation aide
- Mobility training (learning how to use public transportation)

OCTOBER 2016

Common Regional Center Funded Services for Adults

Compiled by
State Council on
Developmental Disabilities
Los Angeles Office

