

# Self-Determination Program Services

# Learning Objectives

- Be able to recognize Self-Determination Program services
- Understand that paid and unpaid services selected are identified through the person-centered planning process and are included in the individual program plan
- Understand that use of generic resources is required and can maximize a participant's individual budget

# Services

- Self-Determination Program participants choose from the approved services in the Self-Determination Program HCBS Waiver
- Participants can purchase services from entities that are not vendored with the regional centers
- All services must be included in participants' individual program plans

# Examples of Services

- Respite — provides payment on a short-term basis for relief to those persons who normally care for and/or supervise participants
  - Not subject to a cap on hours

# Examples of Services

- Community Integration Services — provides payment for services tailored to participants' specific personal skills outcomes to prepare or support community participation, independence, and interdependence
  - Camping

# Examples of Services

- Live-In Caregiver — provides payment for the additional costs of rent/food for an unrelated live-in personal caregiver
- Integrative Therapies — provides payment for alternative medicines such as acupuncture and chiropractic

# Examples of Services

- Participant-Directed Goods and Services – provides payment for services, equipment or supplies not otherwise provided through the Self-Determination Program Waiver or through the Medi-Cal State plan that address an identified need in the IPP and meet certain requirements.

# What Services Are Not Covered?

- Costs of participants' Room and Board
- Services that are not approved in the Home and Community-Based Services Waiver
- Services provided in settings that do not conform to new Federal HCBS regulations that became effective in March 2014
- Generic Resources



# Generic Resources

- Available to the general community, not just regional center consumers
- Must be used first
- Allow Self-Determination Program participants to extend their individual budgets further

# Questions

