



**VALLEY
MOUNTAIN
REGIONAL
CENTER**

Helping People
with Developmental
Disabilities Reach Their
Maximum Potential

VALLEY MOUNTAIN REGIONAL CENTER

INTRODUCING THE SELF-DETERMINATION PROGRAM

The Department of Developmental Services (DDS) is developing a new program called “Self-Determination” that will let participants have more control over selecting their services and supports in the community.



HELP MAKE THE CHOICES THAT AFFECT YOUR LIFE

1. Participate in the development of your Individual Program Plan (IPP) through a Person-Centered planning process.
2. Accept greater control and responsibility regarding the services and supports you need to achieve your goals.
3. You will still have a Service Coordinator to assist you. In addition, you may choose to use an Independent Facilitator (IF) to help plan and get services and supports.



YOUR INDIVIDUAL BUDGET

1. You will be given a specific budget to purchase the services and supports that you need to achieve your plan.
2. You must use a Financial Management Service (FMS) vendored by Valley Mountain Regional Center (VMRC) to pay for your services.
3. You will be able to pick which providers or individuals deliver your services. They will require a background check but will not have to be vendored.

