

Person-Centered Planning

Learning Objectives

- Understand the values of, and various approaches to, person-centered planning
- Understand the importance of having a person-centered plan and how it influences the Individual Program Plan
- See an example of the practical application of person-centered planning

Person-Centered Planning is Required

- **Lanterman Act 4685.8. (k)**
 - The IPP team shall utilize the person-centered planning process to develop the IPP for a participant.
- **Implementing Principles of Section 2402(a) of the Affordable Care Act**
 - Person-Centered Planning must be implemented in a manner that supports the person, makes him or her central to the process, and recognizes the person as the expert on goals and needs.

What is Person-Centered Planning?

- An approach to determining, planning for, and working toward the preferred future of a person with developmental disabilities and her or his family.
- A framework for planning and making decisions.
- Based on an awareness of, and sensitivity to, the lifestyle and cultural background of the participant and his or her family.

Underlying Values

- Empowerment and choice
- Diversity
- Family support
- Community integration
- Teamwork
- Accountability

Approaches

- There are many different styles to person-centered planning but there are some things all styles have in common (Sally Burton Hoyle, PhD)
 - All include discussions or interactions among a team of people chosen by the Self-Determination Program participant
 - Participant describes dreams for a preferred future: preferred place to live, favorite people with which to socialize, preferred types of daily activities...

Importance of Pre-Planning

Encourages:

- Innovation
- Creativity
- Flexibility

Person-centered planning influences the IPP

Person-Centered Planning

From www.pacer.org

- An ongoing process used, through a team effort, to recognize a person's individual desires, interests, and dreams in developing a plan by looking at the individual in a different way
- Assists the individual with gaining control over his or her life
- Increases opportunities for participation in the community

Individual Program Plan

From the Lanterman Act

- Takes into account the needs and preferences of the individual and the family, where appropriate
- Promotes community integration, independent, productive, and normal lives, and stable and healthy environments
- Ensures that the provision of services to consumers and their families be effective in meeting the goals stated in the individual program plan
- Reflects the preferences and choices of the consumer, and reflects the cost-effective use of public resources

Application of Person-Centered Planning and Discussion

How does your thinking align with this professional from Georgia State University?

<https://www.youtube.com/watch?v=UQ-WmSI7ymM>

Reference Links

- Federal Guidance for Implementing Standards for Person-Centered Planning and Self-Direction in Home and Community-Based Services Programs

<http://www.acl.gov/Programs/CIP/OCASD/docs/2402-a-Guidance.pdf>

- Building Partnerships and Supporting Choices

http://www.dds.ca.gov/Publications/docs/Person_Ctrd_Planning.pdf and http://www.dds.ca.gov/RC/docs/IPP_Manual_Chap2.pdf.

- *Person Centred Planning: Key Features and Approaches*

<http://www.familiesleadingplanning.co.uk/documents/pcp%20key%20features%20and%20styles.pdf>.

- *Process to Action: Making Person-Centered Planning Work*

http://www.dds.ca.gov/Publications/docs/From_Process_to_Action.PDF

Discussion

