Person-Centered Planning
Learning Objectives

• Understand the values of, and various approaches to, person-centered planning
• Understand the importance of having a person-centered plan and how it influences the Individual Program Plan
• See an example of the practical application of person-centered planning
Person-Centered Planning is Required

- Lanterman Act 4685.8. (k)
  - The IPP team shall utilize the person-centered planning process to develop the IPP for a participant.
- Implementing Principles of Section 2402(a) of the Affordable Care Act
  - Person-Centered Planning must be implemented in a manner that supports the person, makes him or her central to the process, and recognizes the person as the expert on goals and needs.
What is Person-Centered Planning?

• An approach to determining, planning for, and working toward the preferred future of a person with developmental disabilities and her or his family.
• A framework for planning and making decisions.
• Based on an awareness of, and sensitivity to, the lifestyle and cultural background of the participant and his or her family.
Underlying Values

- Empowerment and choice
- Diversity
- Family support
- Community integration
- Teamwork
- Accountability
Approaches

• There are many different styles to person-centered planning but there are some things all styles have in common (Sally Burton Hoyle, PhD)
  - All include discussions or interactions among a team of people chosen by the Self-Determination Program participant
  - Participant describes dreams for a preferred future: preferred place to live, favorite people with which to socialize, preferred types of daily activities...
Importance of Pre-Planning

Encourages:
• Innovation
• Creativity
• Flexibility
Person-centered planning influences the IPP

Person-Centered Planning

From www.pacer.org

- An ongoing process used, through a team effort, to recognize a person’s individual desires, interests, and dreams in developing a plan by looking at the individual in a different way
- Assists the individual with gaining control over his or her life
- Increases opportunities for participation in the community

Individual Program Plan

From the Lanterman Act

- Takes into account the needs and preferences of the individual and the family, where appropriate
- Promotes community integration, independent, productive, and normal lives, and stable and healthy environments
- Ensures that the provision of services to consumers and their families be effective in meeting the goals stated in the individual program plan
- Reflects the preferences and choices of the consumer, and reflects the cost-effective use of public resources
Application of Person-Centered Planning and Discussion

How does your thinking align with this professional from Georgia State University?

https://www.youtube.com/watch?v=UQ-WmSI7ymM
Reference Links

- Federal Guidance for Implementing Standards for Person-Centered Planning and Self-Direction in Home and Community-Based Services Programs

- Building Partnerships and Supporting Choices

- *Person Centred Planning: Key Features and Approaches*  

- *Process to Action: Making Person-Centered Planning Work*  
  [http://www.dds.ca.gov/Publications/docs/From_Process_to_Action.PDF](http://www.dds.ca.gov/Publications/docs/From_Process_to_Action.PDF)
Discussion