

Agenda
Self-Determination Advisory Committee
January 24, 2017
5:30-8:00
Tri-Counties Regional Center Office
Annex located at:
505 E. Montecito St.
Santa Barbara, Ca. 93103

Telephone Conference Number: 1-877-262- 0913
Conference ID: 5802721#

- 5:30 Light Dinner
- 6:00 Welcome and Introductions - Louise
- 6:05 Review / Approval of the minutes from the last committee meeting – Louise
- 6:10 Update from State Developmental Disabilities Office
- 6:20 Budgets and Self-Determination – Phil Stucky
- 7:00 New Co-Chair for TCRC Self-Determination Advisory Committee
- 7:15 Outreach Updates
- 7:45-8:00 New Business

The Five Principals of Self-Determination

- Freedom:** The ability to have the freedom to develop a personal life plan based on your dreams and lifestyle.
- Authority:** The ability to have authority to control the resources available for your supports. This includes authority to decide what, who, when, where and how much.
- Support:** To organize resources in ways that are life enhancing and meaningful to you. Supports include personnel, both formal and informal, and resources available in your community.
- Responsibility:** You have a responsibility to use resources wisely, and to contribute back to your community in meaningful ways through your presence, efforts and your gifts.
- Confirmation:** Individuals should play an important leadership role in a newly-designed system.

**TRI-COUNTIES REGIONAL CENTER
SELF-DETERMINATION ADVISORY COMMITTEE
OCTOBER 25, 2016**

MINUTES

Chair: Louise McKenzie, Michele Carbone **Attendance:** Myesha Thomas, Gen, Patricia Palmer, Laura Diaz, Kendra McWright, Ramon Hernandez, Michael Craig, Mara Rupert, Chris Benedict, Marcia Eichelberger, Kathy Ziemkiewicz, Jennifer Lucas, Cheryl Wenderoth, Pamela Crabaugh, Diva Johnson and Liliana Castillo

ITEM	DISCUSSION	TASK	RESPONSIBLE PARTY DUE DATE
I. Call to Order	Meeting called to order by Louise At 6:03 pm		
II. Welcome & Introductions	<p>Introductions were made and members participated in a group round.</p> <p>Louise informed the committee that Michele Carbone will no longer continue to be co-chair and thanks her for participating and all the contributions she has made.</p>		
III. Review of Minutes /Actions/Agenda	Louise McKenzie asked the committee to review the agenda and previous minutes. Following review, a motion was made to accept as presented.		
IV. Outreach A. Community	<p>Ms. McKenzie provided an overview of where the committee is at to date as attendance has been either high or low at every meeting. Ms. McKenzie asked the committee if they know of anyone that may be interested in Self-Determination to invite them to the meetings.</p> <p>Ms. McKenzie stated that at the last meeting it was discussed how to locate individuals in the community who need to be reached to learn about self- determination. Dominic Namnath, TCRC Chief Information Officer has gathered data showing where the densest population is, so that outreach can be targeted, but the list has not been finalized. As of now a list of community groups has been generated showing where individuals are currently meeting in each county.</p>	Michele Carbone will continue to work on the list provided by Dominic.	ongoing
V. Outreach B. Who, Where and When	<p>Who: SD advisory committee Where & When: Places (list of current meetings held in each county)</p> <p>Committee members were asked to review and identify if they attend, if so are they willing to share information about self-determination. Michele asked the committee to focus on geographical areas and where larger groups are gathered.</p>		

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	<p>Currently there is no informational packet to distribute, however Kendra McWright & Jennifer Lucas have offered to present information on Self-Determination to large groups. The committee discussed several topics such as budget, planning and how TCRC can assist with employment related supports & services.</p> <p>Cheryl announced that Phil Stucky will be available at the next meeting in January to discuss how budgets are determined and used.</p> <p>Diva stated that as changes are occurring in the system she will provide a summary on how all services offered will be impacted by the approval of Self-Determination and HCBS final rulings.</p>	Diva to provide summary	01/24/2017
VI. Update – Status of Waiver	<p>Michele Carbone updated the committee on the status of the application based on the State SD Workgroup meeting held on Sept 26th next meeting to be held Oct 27th. She informed the committee that Centers for Medi-Caid Services (CMS) is still reviewing the application and has sent more questions which have been narrowed down and gotten more specific. The State is still drafting responses back to CMS. Training modules were discussed & distributed as well as a handout on pre-enrollment information meetings and materials for sessions to be held which should be finalized by end of Oct.</p>		
VII. State-Level Update – Cheryl Wenderoth, Asst. Director Federal Programs & Jennifer Lucas, SCDD	<p>Cheryl Wenderoth provided the committee with a short update. Centers for Medi-Caid Services (CMS) have narrowed down the questions from 180 down to 30 and additional questions have come up and CMS will be sending a letter specifying where they want the information from. The department is looking to submit the application in Feb 2017 and will then need to be posted for 30 days for public comment. All training materials will be finalized by Feb, once done Regional Centers will be trained within 5 geographical areas where they will go and receive training materials. Louise asked if training is for regional center staff? Cheryl is unsure who the trainings will be for and is hopeful state will clarify.</p> <p>Pamela advised Self Determination waiver has to be in line with new rules which is why questions were brought up by CMS.</p>		
III. SD FAQs Flyer – Jennifer Lucas, SCDD	<p>Jennifer Lucas, State Council on Developmental Disabilities, Presented FAQs flyer and would like feedback on the flyer as it's only a draft copy and has not been distributed. Flyer can be one of the items to use for outreach.</p> <p>Jennifer stated that the State Council recently solicited information from all advisory committee (minutes, agenda & flyers); the council is in the process of compiling all documents to develop a uniform material for outreach.</p>		

ITEM	DISCUSSION	TASK	RESPONSIBLE PARTY DUE DATE
IX. Discussion/Decision Item A. Elect New Co-Chair	Louise proposes the committee to consider self-nomination to take over co-chair and relieve Michele from her duties and select someone at the next meeting in January. Cheryl advised to send email to entire committee so everyone is aware.	Louise will send email to everyone on the committee	
X. Discussion/Decision Item B. Announcements	Chris shared with the committee regarding new show to watch called Speechless that focuses on people with physical challenges. Committee agreed to watch and discuss at next meeting. Marcia Eichelberger announced that Autism Society of SB is offering a training on 11/03 for lifeguard, swim coaches, people who work with kids to show how to teach kids with autism how to swim and be safe. If interested, please contact her.		
XI. Questions & Answers	Q: Chris Benedict- Will Self Determination help with work and earn money and will it affect SSI? A: Committee members discussed how self-determination works Q: Chris Benedict - When will Self-Determination be ready? A: No date set yet. Kendra shared that committees were formed for outreach and to ensure the population is educated to make the choice about what they want and start looking at their IPP now and think about services. Q: Chris Benedict – will newly elected president of US affect the program outcome? A: Louise shared that an impact would occur in Sacramento rather than in Washington. Q: Chris Benedict - Can Self Determination funding be used to pay for camping trips? A: Kendra responded that generic resources must be exhausted first before SD funds are used. Q: Chris Benedict - where is the money coming from? A: Initial budget is based on last 12months of utilized services Q: Chris Benedict – Can SD pay for new equipment that is needed such as a van? A: Plan is individualized for every person, show the new need and get it budgeted into your new plan		
XII. Adjournment	The meeting adjourned at 7:24pm		

NEXT MEETING: January 24, 2017
TCRC Annex – 505 E Montecito St – Santa Barbara

SELF DETERMINATION ADVISORY COMMITTEE

2017 CALENDAR

JANUARY 24, 2017

Santa Barbara Office Annex Room

5:30 p.m. Light Dinner

6:00 p.m. Self Determination Committee Meeting

APRIL 25, 2017

Santa Barbara Office Annex Room

5:30 p.m. Light Dinner

6:00 p.m. Self Determination Committee Meeting

JULY 25, 2017

Santa Barbara Office Annex Room

5:30 p.m. Light Dinner

6:00 p.m. Self Determination Committee Meeting

OCTOBER 24, 2017

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