ANNOUNCING…..

**Space is limited**

**sign up early**

A FREE LEADERSHIP SYMPOSIUM FOR people who are interested in IMPROVING THEIR KNOWLEDGE OF HEALTH AND WELLNESS.

This training for self advocates will be held on **September 30th** from 3:30p.m. - 7:00p.m.

The training will be both work and fun. During the training we will focus our discussion on **Mind and Body**. Together we will learn about topics such as:

![brainfood_logo_optimized[1]]()

![LoveMe[1]]()



![What-is-Healthy-Living[1]]()

![Bullying_orange_&_blue[1]]()

**Please join us as we learn more about how to keep ourselves healthy.….**

For information call Salome at (760)352-2236. Application deadline for participation in the training is **September 19, 2016**. The training will be held in the conference room at the ARC, 298 E. Ross Ave. El Centro, CA 92243

 

**Leadership Symposium**

**September 30, 2016**

**3:30- 7:00**

**NAME:**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**ADDRESS:**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**CITY:**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_STATE\_\_\_\_\_\_\_\_\_\_\_\_\_ZIP\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**TELEPHONE:**(\_\_\_\_\_)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**YOUR AGENCY, WORKPLACE OR DAY PROGRAM:**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**PLEASE CHECK:** Wheelchair User \_\_\_\_Yes\_\_\_\_No

\_\_\_\_\_Consumer\_\_\_\_\_Parent\_\_\_\_\_Attendant\_\_\_\_\_Professional\_\_\_\_\_Other

**Language Preferred: \_\_ English \_\_ Spanish \_\_ Other (please Specify)**

**Transportation needed:** \_\_\_Yes \_\_\_ No

List any special assistance you need:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**All supervision, medical and personal care needs are the responsibility of each conference participant. A support person must accompany individuals needing special assistance or supervision**

**FORMS ARE DUE BY FRIDAY, September 19, 2016.**

**Questions?** Call Salome at (760)352-2236.

**Return forms to:**

**Salome White**

**Arc Imperial Valley**

**P.O. Box 1828**

**El Centro, CA 92244**

