

A limited list of Community  
Resources shared by SCDD  
Sacramento Office



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SCDD does not specifically endorse any particular resource listed here. This is not a comprehensive list of resources in our area and any list, quickly, becomes outdated. If you would like your advocacy/family support organization listed here, please contact us.

1. **Office of Clients Rights Advocacy (OCRA)** 916-504-5820 for Regional Center consumers  
**Or Disability Rights, California** [www.disabilityrightsca.org](http://www.disabilityrightsca.org) 916-504-5800 1-800-776-5746 for non-Regional Center consumers.  
Can provide some support and answer some questions over the phone. They also provide written information on special education rights, housing, and so on. They have limited resources for direct representation. On their website, you can find the Special Education Rights and Responsibilities Manual – a very helpful resource.
2. **WarmLine Family Resource Center** [www.warmlinefrc.org](http://www.warmlinefrc.org).  
Sacramento Office: 916-455-9500 Rocklin Office: 916-632-2100  
Para servicios en Espanol, usted puede llamar al 916-922-1490.  
WarmLine provides resources & support to families of children with special needs birth to age 22 in Sacramento, Placer, Yolo, El Dorado, Nevada and Alpine Counties. They are staffed by parents who share the common experience of parenting a child with special needs. There is no charge and no referral is necessary - just call us! They offer many trainings and staff who can answer questions.
3. **Rowell Family Empowerment** [www.empoweryourfamily.org](http://www.empoweryourfamily.org)  
Redding 530-226-5129 Parent Line 877-227-3471  
May assist families over the phone with questions about special education rights and processes. They are not able to attend meetings in person. For a calendar of online webinar trainings, visit their website. Offices are located in Redding and Chico but they have some online trainings that may be available to anyone.
4. **FEAT (Families for Early Autism Treatment)** [www.feat.com](http://www.feat.com) 916-303-7405  
For families with a child on the autism spectrum with questions, seeking assistance with school issues, regional center issues, family support/trainings, meet other similar families. Email [connect@feat.org](mailto:connect@feat.org) or email question through the website and someone will respond. Request new member packet of information.
5. **FamilySoup** [www.familysoup.org](http://www.familysoup.org) 530-751-1925 (serving **Yuba, Sutter, & Colusa** counties)

Empowers families of children with special needs through support & education. Resource Library provides up-to-date information. Caring staff & volunteers will assist you in finding the answers you are looking for and help you discover what services and information are out there. Large network of parent to parent support parents who will listen with their hearts because they, too, have been there. Can help with: Education and Regional Center questions, Counseling, Transportation to out-of-town medical appointments, Referrals to services, Meeting other parents, and so on. Classes and trainings – see website for details.

6. **FREED** [www.freed.org](http://www.freed.org) 530-477-3333 (Grass Valley) or 530-742-4474 (Marysville) (serving **Nevada, Sierra, Yuba, Sutter, and Colusa** counties).  
Provides assistance over the phone or in person on a variety of topics including housing, equipment, **education**, employment, benefits, and so on.
7. **Down Syndrome Information Alliance** <http://downsyndromeinfo.org> 916-658-1686  
24 Hour Support Line for Parents 916-842-7175  
The Down Syndrome Information Alliance provides support and resources to empower individuals with Down syndrome, their families, and our community.
8. **DREDF (Disability Rights, Education, and Defense Fund)** is the PTI for Alameda, Contra Costa, and **Yolo** counties in Northern California. Our Education Advocates provide technical assistance to parents in order to help guide them through the special education process. If you live in **Yolo** County you can call an Education Advocate at DREDF for assistance: 800-348-4232 (voice) 510-841-8645 (TTY), or email [iephelp@dredf.org](mailto:iephelp@dredf.org). [www.dredf.com](http://www.dredf.com)
9. **Alta California Regional Center** 916-978-6400 Comment Line 978-6416, Board Hotline 978-6638  
2241 Harvard Street, Sacramento, CA 95825 [www.altaregional.org](http://www.altaregional.org)  
Case management for people with developmental disabilities. Each consumer has a Service Coordinator. Contact Service Coordinator for assistance with IEP (Individual Education Plan) meetings, as needed.
10. **UCD Mind Institute – Center for Excellence in Developmental Disabilities**  
Main Line: 916-703-0280  
<http://www.ucdmc.ucdavis.edu/ddcenter>. The information online and in their Resource Center is helpful to parents, professionals, and the community. If you can't find it online, they can offer assistance in locating helpful resources for your specific needs. Their Resource Library is open Monday through Friday from 9am-5pm. Sign up for trainings and workshops they offer throughout the year.
11. **Office of Administrative Hearings** <http://www.dgs.ca.gov/oah/Home.aspx>. To provide a neutral forum for fair and independent resolution of administrative matters, ensuring due process and respecting the dignity of all. Has extensive resources on their website including past Due Process Hearings results. Click on Special Education and then on Search Decisions/Orders. Search by key

word. They also have a list of low-cost attorneys at:

<http://www.dgs.ca.gov/oah/SpecialEducation/Resources/SEAttorneyAdvocateList.aspx>

12. **Wrights Law** [www.wrightslaw.com](http://www.wrightslaw.com) Accurate, reliable information about special education law, education law, and advocacy for children with disabilities.
13. Advocates through the UCED (University Centers of Excellence) of the ThinkTransition at UCD Mind Institute.
  - a. Lynne Weissmann, Autism Spectrum Disorders Consultant. Independent consultant. May charge nominal fee for representation. Assists parents, caregivers, & diagnosed individuals with: identifying next steps; developing a plan of action to achieve meaningful goals; understanding the diagnosis in order to make informed choices; locating knowledgeable resources, programs, & providers. Offers advocacy support with school districts, regional centers, Dept. of Rehabilitation, & other providers. Delivers individual, parent & caregiver trainings including becoming familiar with evidence based practices. Call 916-682-1740 or [asdconsult@comcast.net](mailto:asdconsult@comcast.net) to discuss if she can assist you.
14. <http://rudermanknox.com/helpful-information/index.html> Ruderman & Knox, LLP, dedicates its practice exclusively to the representation of children and their families regarding special education law. There is a helpful section on their website on Evaluations/Assessments, Individualized Education Plan (IEP), Special Education Hearing Process, Resolution Session, Mediation, and Due Process Hearings. Visit their website or call them for more information 916-563-0100.
15. [www.cdc.gov](http://www.cdc.gov) Since the Americans with Disabilities Act was enacted in 1990; many social barriers have been removed or reduced for people with disabilities. But there is more work that needs to be done for people with disabilities to become more independent and involved in their world. Good health is important to be able to work, learn, and be engaged within a community. This web page provides information for people with disabilities about healthy living, safety, school, transitions, independent living, and finding support.
16. **Placer Independent Resource Services**, 11768 Atwood Road, #29, Auburn, CA 95603. 1-800-833-3453. Tink Miller (serves Placer County)
17. [www.youtube.com](http://www.youtube.com) In the search bar type: IEP. This will give you a list of a wide variety of videos on the IEP process. Type in <https://www.youtube.com/user/AreaBoard3Sacramento> and you will find 2 videos on Assessments produced by our office.
18. Also, please visit our website <http://www.scdd.ca.gov/sacramento.htm>. And send an email to [sonya.bingaman@scdd.ca.gov](mailto:sonya.bingaman@scdd.ca.gov) to be added to our email list.