



## RESOURCES TO HELP IF YOU FEEL YOUR MEDICATION RIGHTS ARE VIOLATED

- ❖ If you are over 18 years old, and live in any type of residential or healthcare facility, and feel you are being abused, with medication or any other way, call:

### **Long Term Care Ombudsman**

800-640-4661

- ❖ If you are over 18 years old, and live with your family or on your own, and feel you are being abused, with medication, or any other way, call:

### **Adult Protective Services**

800-510-2020

- ❖ For any child under 18 years of age, no matter where he or she lives, if you suspect abuse, with medication, or any other way, call:

### **Child Protective Services**

800-344-6000

858-560-2191

- ❖ **Office of Client's Rights Advocacy**

619-239-7877

Coordinates advocacy services at each of the 21 Regional Centers in CA

- ❖ **Disability Rights California**

619-239-7861

TTY 800-576-9269

Provides free legal advocacy services for people with mental and developmental disabilities