



**\*\*FREE\*\*FREE\*\*FREE\*\*FREE\*\***

# In Case of Emergency (ICE)

**Emergency contact cards available from UVAH on March 1, 2010**

(Ukiah Valley Association for Habilitation)

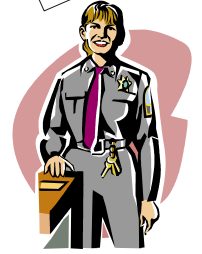
## What are they?

These cards are designed for children and adults with disabilities or people who have communication difficulties to carry.



## Why?

- When police, fire or health personnel respond to an emergency they want to intervene and resolve situations quickly and safely.
- If the person they are helping is unable to tell them who to call, the responders need phone numbers to contact family members or others right away.
- The back of the card has room to briefly list information that emergency responders may need to know, such as allergies, unable to talk, runs away when scared, likes to hug policemen.



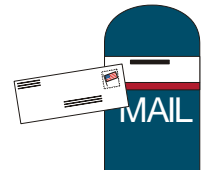
## How do I get one?

- Come to 990 S. Dora St. on Wednesdays, from 1:30-3:30 p.m. or Fridays from 10-11:30 a.m. to have your picture taken. If you have a group of people, call to arrange a visit to your location in order to take several pictures.
- Complete a short form with name, address, phone number and up to 3 emergency contact phone numbers. This information and picture will be on the front of the card. The back side will have space to briefly list any special needs or considerations, such as diabetic, runs away when scared, unable to talk clearly, medical ID bracelet; any information that would help emergency responders intervene and resolve the situation safely.



## When will I get my card?

- It may take a couple weeks to process the cards depending on the volume of business.
- You can return to pick up the card, leave a stamped, self-addressed envelope or give us 50 cents to mail it when it is done.



## Who can I call if I have more questions?

Call Candy at 468-8824 between 8:00a.m. - 3:00 p.m. Monday through Friday.



## EMERGENCY CONTACT CARDS NOW AVAILABLE IN MENDOCINO COUNTY

Ukiah Valley Association for Habilitation (UVAH) is pleased to announce that Emergency contact cards are now available for adults and children with disabilities and others who have communication difficulties. The cards will have a picture and address of the person along with telephone numbers of who to contact in case of emergency. This will give emergency responders the opportunity to call people who know the person right away when they need assistance. The purpose of the card is to help build relationships with people with disabilities, family members and others so that situations can be resolved quickly and safely.

The idea grew out of a planning meeting for a Community Education Workshop on connecting people with disabilities with law enforcement. The workshop was the second in a series of Community Education Workshops on Disability Services offered by UVAH in collaboration with the Mendocino College Foster and Kinship Care Education (KFCE) and the State Council on Developmental Disabilities Area Board 1.

The workshop focused on preparing children and adults with disabilities and law enforcement to ensure safe interactions. Sherriff Allman talked about the importance of taking the time to ensure that interactions with people with disabilities and law enforcement are handled in a way that results in a positive resolution. We hope the emergency cards will help achieve this end.

Thanks to the efforts of Police Chief Chris Dewey, the Ukiah Police Department purchased an identification machine for UVAH to make emergency cards for community members with disabilities at no charge.

Excerpt of the Press Release written by Pam Jensen, Executive Director of UVAH